Research output

Detecting impending symptom transitions using early warning signals in individuals receiving treatment for depression

Individual and common patterns in the order of symptom improvement during outpatient treatment for major depression

Anticipating manic and depressive shifts in patients with bipolar disorder using early warning signals

Prospective early warning signals to detect transitions to manic and depressive episodes in bipolar disorder

Recommendations for the use of long-term experience sampling in bipolar disorder care: a qualitative study of patient and clinician experiences

Single-Subject Research in Psychiatry: Facts and Fictions

Time to get personal? The impact of researchers choices on the selection of treatment targets using the experience sampling methodology: The impact of researchers choices on the selection of treatment targets using the experience sampling methodology

Virtual reality based cognitive behavioral therapy for paranoia: Effects on mental states and the dynamics among them

Transitions in Depression (TRANS-ID) Recovery: Study protocol for a repeated intensive longitudinal n = 1 study design to search for personalized early warning signals of critical transitions towards improvement in depression
Sudden Gains in Day-to-Day Change: Revealing Nonlinear Patterns of Individual Improvement in Depression

Early Warning Signals Based on Momentary Affect Dynamics can Expose Nearby Transitions in Depression: A Confirmatory Single-Subject Time-Series Study

Feasibility and predictors of change of narrative exposure therapy for displaced populations: a repeated measures design

Mindfulness Meditation is Associated with Decreases in Partner Negative Affect in Daily Life

The Relative Impact of 15-Minutes of Meditation Compared to a Day of Vacation in Daily Life: An Exploratory Analysis

Insights of Patients and Clinicians on the Promise of the Experience Sampling Method for Psychiatric Care

Acute stress responses after indirect exposure to the MH17 airplane crash

What Do Centrality Measures Measure in Psychological Networks?

De netwerkbenadering bij depressie: Veel noten op de zang of heilige graal?

Reciprocal associations between positive emotions and motivation in daily life: Network analyses in anhedonic individuals and healthy controls

Capturing the risk of persisting depressive symptoms: A dynamic network investigation of patients' daily symptom experiences

Explaining variability in therapist adherence and patient depressive symptom improvement: The role of therapist interpersonal skills and patient engagement

The Role of State and Trait Positive Affect and Mindfulness in Affective Reactivity to Pain in Chronic Migraine

Increasing Restlessness Signals Impeding Increase in Depressive Symptoms More than 2 Months before It Happens in Individual Patients
Explaining Variations in Mindfulness Levels in Daily Life

The reciprocity of prosocial behavior and positive affect in daily life

Exploring the emotional dynamics of subclinically depressed individuals with and without anhedonia: An experience sampling study

Affective reactivity to daily life stress: Relationship to positive psychotic and depressive symptoms in a general population sample


The Shape of Change in Perceived Stress, Negative Affect, and Stress Sensitivity During Mindfulness-Based Stress Reduction

The Impact of Treatments for Depression on the Dynamic Network Structure of Mental States: Two Randomized Controlled Trials

Can We Jump from Cross-Sectional to Dynamic Interpretations of Networks? Implications for the Network Perspective in Psychiatry

Group and Individual Mindfulness-Based Cognitive Therapy (MBCT) Are Both Effective: a Pilot Randomized Controlled Trial in Depressed People with a Somatic Disease

How Nuts Are The Dutch (HoeGekIsNL): A crowdsourcing study of mental symptoms and strengths

Change in daily life behaviors and depression: Within-person and between-person associations

Preserving subjective wellbeing in the face of psychopathology: Buffering effects of personal strengths and resources

Voor wie en waarom werken cognitieve gedragstherapie en mindfulnesstraining?
Time-Series Analysis of Daily Changes in Mindfulness, Repetitive Thinking, and Depressive Symptoms During Mindfulness-Based Treatment

Studying learning in the healthcare setting: the potential of quantitative diary methods

The Therapeutic Alliance Predicts Outcomes of Cognitive Behavior Therapy but Not of Mindfulness-Based Cognitive Therapy for Depressive Symptoms

Patients' Outcome Expectations Matter in Psychological Interventions for Patients with Diabetes and Comorbid Depressive Symptoms

The Temporal Order of Change in Daily Mindfulness and Affect During Mindfulness-Based Stress Reduction

Long-Term Effects of Individual Mindfulness-Based Cognitive Therapy and Cognitive Behavior Therapy for Depressive Symptoms in Patients with Diabetes: A Randomized Trial

Individual Mindfulness-Based Cognitive Therapy and Cognitive Behavior Therapy for Treating Depressive Symptoms in Patients With Diabetes: Results of a Randomized Controlled Trial

Understanding change in psychological treatments for depressive symptoms: The individual matters

Cognitive behavioral therapy and mindfulness-based cognitive therapy for depressive symptoms in diabetes patients: design of a randomized controlled trial

Discrepancies Between Patients' and Partners' Perceptions of Unsupportive Behavior in Chronic Obstructive Pulmonary Disease

Mindfulness training in perspectief

Press / Media
Neurotics Get an Extra Benefit From Being Extra Nice
Evelien Snippe
18/01/2017
This diary study just happened to be taking place when disaster struck, providing a rare insight into vicarious experience of traumatic events
Bertus Jeronimus, Evelien Snippe, Armando Celino Emerencia, Peter de Jonge & Elisabeth Bos
01/03/2019

What we learned in 2018: The individual patient gets more attention
Bertus Jeronimus, Peter de Jonge, Elisabeth Bos, Evelien Snippe, Klaas Wardenaar, Marije aan het Rot, Johanna Wigman, Frank Blaauw, Armando Celino Emerencia & Maria Wichers
21/12/2018

Education and research appointments

Education
2010 – 2014
PhD | Promotors: Prof. P.M.G. Emmelkamp & Prof. R. Sanderman, University of Groningen.Thesis (29-09-14): "Understanding change in psychological treatments for depressive symptoms: the individual matters."

2009 – 2010
Master| Clinical and Developmental Psychology| University of GroningenCum laude degree.


2004 – 2007
Bachelor| Psychology | University of Groningen

Research Appointments
2016 -now
Postdoctoral researcher | University of Groningen

2014 -2016
Postdoctoral researcher | Maastricht University

2013 – 2014
Research coordinator | University of Groningen