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Histopathological comparison of Sjögren-related features between paired labial and parotid salivary gland biopsies of sicca patients

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3 **Histopathological comparison of Sjögren-related features between paired labial and**
4 **parotid salivary gland biopsies of sicca patients**
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ABSTRACT

Objectives - To compare focus score (FS) and other histopathological features between paired labial and parotid salivary gland biopsies in a diagnostic cohort of suspected Sjögren's disease (SjD) patients.

Methods - Labial and parotid salivary gland biopsies were simultaneously obtained from patients with sicca complaints, suspected of having SjD. Biopsies were formalin fixed and paraffin embedded. Sections were stained with haematoxylin & eosin (H&E) and for CD3, CD20, CD45, cytokeratin, CD21, Bcl6, activation induced deaminase (AID), and IgA/IgG. FS and other histopathological features characteristic for SjD were analysed.

Results – Based on the expert opinion of three experienced rheumatologists, 36 patients were diagnosed as SjD and 63 as non-SjD sicca patients. When taking all patients together, absolute agreement of various histopathological features between labial and parotid biopsies was high and varied between 80% (FS) and 93% ((pre-)lymphoepithelial lesions (LELs)). More labial gland biopsies had a FS \geq 1 compared to their parotid counterpart. Accordingly, the area of infiltrate was larger in labial gland biopsies. When considering only SjD patients, labial glands contained significantly less B-lymphocytes, GCs/mm² and less severe LELs compared to parotid glands.

Conclusion – Labial and parotid glands from SjD patients contain similar histopathological key features, and thus both glands can be used for diagnosis and classification of SjD. However, parotid salivary glands reveal more evident B-lymphocyte related features, while labial glands exhibit more inflammation, which may be partially unrelated to SjD.

Key words: Sjögren's disease, histopathology, gland biopsy, sicca, labial gland, parotid salivary gland

KEY MESSAGES

- Histopathological key-features characteristic for SjD were observed at a similar frequency in both labial and parotid glands from SjD patients.
- Parotid glands reveal more evident histopathological signs of B-cell hyperactivity compared to labial glands.
- Labial gland biopsies showed more inflammation, however, this might not be completely related to SjD.

INTRODUCTION

Sjögren's disease (SjD) is a systemic auto-immune disease, characterized by chronic inflammation of salivary and lacrimal glands. Patients typically present with dryness complaints such as xerostomia and keratoconjunctivitis sicca.(1) In salivary glands of SjD patients, the chronic inflammation is a focal lymphocytic sialadenitis characterized by lymphocytic foci commonly associated with striated ducts.

Traditionally, a labial salivary gland biopsy is obtained for diagnosis and classification. A parotid biopsy has comparable sensitivity and specificity to a labial biopsy, making it a good alternative.(2) The patient-reported postoperative change in sensibility and pain in the area of the parotid and labial gland biopsy are minor and comparable.(3) The applicability of the parotid biopsy has increased since the introduction of ultrasound guided core needle biopsies, showing comparable results to incisional parotid gland biopsies.(4) Moreover, parotid gland biopsies have several advantages including the possibility to perform a repeated biopsy from the same gland and the higher likelihood of detecting a mucosa-associated lymphoid tissue (MALT) lymphoma compared to labial gland biopsies.

Salivary gland biopsies have a prominent position in the American College of Rheumatology – European League Against Rheumatism (ACR-EULAR) classification criteria

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3 for SjD.(5) In these criteria, histopathological classification of SjD is only based on the focus
4 score (FS).(6,7) A focus is defined as a cluster of ≥ 50 lymphocytes and the FS is the number
5 of foci per 4 mm² salivary gland tissue. In both labial and parotid gland biopsies, a FS ≥ 1 is
6 considered positive for SjD. While FS is used as a classification tool, it is only based on the
7 number of foci and does not consider the size of the inflammatory infiltrates. Therefore, others
8 have proposed to use the total size of these focal infiltrates as an alternative for the FS, thereby
9 providing a better quantification of the extent of glandular inflammation.(8,9)
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19 Although lymphocytic foci are characteristic for SjD, they are certainly not the only
20 histopathological key-feature of the inflammatory infiltrate. Lymphocytic foci potentially evolve
21 under influence of chemokines and cytokines into ectopic lymphoid structures that exhibit
22 segregated T- and B-cell areas with follicular dendritic cell (FDC) networks and possibly even
23 germinal centres (GCs).(10,11) GCs typically express transcription factor Bcl-6 and the
24 enzyme activation induced deaminase (AID), the enzyme responsible for somatic
25 hypermutation and class switch recombination in the IgG genes of B-lymphocytes.(12) Other
26 characteristic histopathological features found in salivary glands of SjD patients comprise a
27 relative increase in the number of IgG producing plasma cells with a concomitant relative
28 decrease in the number of IgA plasma cells (the so-called plasma cell immunoglobulin isotype
29 shift), and the presence of lymphoepithelial lesions (LELs).(13,14) LELs are defined as striated
30 ducts infiltrated by B-lymphocytes with concurrent hyperplasia of the ductal epithelium.(15) B-
31 lymphocytes infiltrating the ductal epithelium may precede hyperplasia of the epithelium and
32 ducts with intraepithelial B-lymphocytes, but without hyperplasia, are therefore called pre-
33 LELs.(16) Presence of GCs, plasma cell shift and LELs reflect the hallmark finding of B-
34 lymphocyte hyperactivity in SjD.(10,17) Recently, we have demonstrated that addition of two
35 of these histopathological features to the FS increases diagnostic accuracy of the labial gland
36 biopsy for SjD (van Ginkel et al., in press).(18)
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57 While all these histopathological features can be seen in both minor (labial) and major
58 (parotid) salivary glands, it is unclear whether all these features develop simultaneously in both
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3 gland types in an individual patient. This might be relevant for classification, diagnosis and
4 prognosis, and also may increase our understanding of the pathogenesis of the disease.
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6 Therefore, the aim of this study was to compare FS and other histopathological features
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8 between paired labial and parotid salivary gland biopsies of SjD and non-SjD sicca patients.
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15 **METHODS**

16 **Patients**

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21 In this prospective study, consecutive patients with oral and/or ocular sicca complaints,
22 suspected of having SjD, who underwent a full diagnostic workup at the University Medical
23 Center Groningen (UMCG), a tertiary referral centre and centre of expertise for SjD, were
24 included between 2014 and 2017. Labial and parotid gland biopsies were simultaneously
25 obtained under local infiltration anaesthesia by the same oral and maxillofacial surgeon
26 (FKLS).(19) Exclusion criteria for this study were: presence of another associated auto-
27 immune disease, positive hepatitis C serology, salivary gland MALT lymphoma, sclerosing
28 sialadenitis and insufficient biopsy material (total surface area of sections <1 mm²).
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30 Participants gave written consent according to the declaration of Helsinki. The study was
31 approved by the Medical Research Ethics Committee of the UMCG, the Netherlands
32 (METc2013.066).
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45 **Clinical evaluation**

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48 All patients were diagnosed as SjD or non-SjD sicca based on the expert opinion of three
49 experienced rheumatologists (HB, AJS, LB). The expert panel had access to anonymized
50 clinical vignettes including all signs and symptoms, medication use, lab tests clinical
51 parameters and FS of labial and parotid gland biopsies. Disagreement was resolved during a
52 consensus meeting (for details see van Ginkel et al., in press).(18)
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59 **Histochemical- and immunohistochemical staining**

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3 Biopsy material was formalin fixed (4%), paraffin embedded and serially sectioned at 3 μ m
4 thickness. After deparaffinisation, sections were stained for haematoxylin & eosin (H&E) or by
5 immunohistochemistry. Immunohistochemical staining was performed either manually or using
6 an automated staining platform (Benchmark XT, Ventana Medical Systems, Inc.) (see
7 Supplementary Table S1, available at *Rheumatology* online). For manual
8 immunohistochemical staining antigen retrieval was carried out by incubating the tissue
9 sections for 15 minutes with EDTA buffer, pH of 8.0. Endogenous peroxidase activity was
10 blocked using H₂O₂. Hereafter, slides were incubated with primary antibodies for 75 min and a
11 poly-HRP labelled secondary antibody (Thermo Fisher Scientific). Activation-Induced cytidine
12 Deaminase (AID) staining was performed as follows: after deparaffinisation, antigen retrieval
13 was performed overnight using Tris-HCl buffer with a pH of 9.0 at 80 °C. Endogenous
14 peroxidase activity was blocked using H₂O₂. Hereafter, slides were incubated with primary
15 antibody, rat anti-human AID, for 30 min. After incubation with a HRP-labelled rabbit anti-rat
16 IgG secondary antibody (Invitrogen), a HRP-labelled goat anti-rabbit IgG tertiary antibody
17 (Dako) and HRP-labelled rabbit anti-goat IgG quaternary antibody (Dako). Antibodies for all
18 manual stainings were visualized by using DAB (3,3' diaminobenzidine) and slides were
19 counterstained with haematoxylin. Automated staining was performed according to the
20 manufacturer's protocols. All stained slides were digitized using a Philips UFS slide scanner
21 (Philips, Best, The Netherlands) and assessed using Philips IntelliSite Pathology Solution
22 software. The FS was calculated on a whole H&E-stained salivary gland section (BvdV, EH).
23 Discrepancies were resolved during a consensus meeting.

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48 Quantitative digital image analyses (DIA) of salivary gland sections stained for CD3⁺ T-
49 lymphocytes, CD20⁺ B-lymphocytes and CD45⁺ lymphocytic infiltrates were performed using
50 QuPath v0.1.2.(20) For each section, the total area of parenchyma was evaluated by defining
51 regions of interest using the Simple Tissue Detection application (threshold 215), excluding
52 extra and intra-parenchymal areas with adipose tissue. Hereafter, atrophic and extra-
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3 parenchymal fibrotic areas were manually excluded. All algorithms were verified by an
4
5 experienced head and neck pathologist (BvdV).
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8 **Histopathological analyses**

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11 To assess the area of the parenchyma that was infiltrated by CD45⁺ lymphocytic infiltrates, the
12 so-called "cytokeratin annotation" function in QuPath was used to select DAB positive areas.
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14 The threshold between CD45 positive and negative areas was set to 0.15. The area of CD45⁺
15
16 infiltrate was calculated as a percentage of the area of parenchymal tissue (Supplementary
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18 Figure S1A-B, available at *Rheumatology* online).
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22 Positive Cell Detection algorithm was used to select DAB-positive cells and an Object Classifier
23
24 was used to adjust the algorithm. Hereafter the number of CD3 and CD20 DAB-positive cells
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26 was calculated per mm² of parenchymal tissue (supplementary figure S1C-D).
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30 FDC-networks were identified by positive CD21 staining, and the number of FDC-networks per
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32 mm² parenchymal tissue was manually counted. GCs were identified by positive Bcl6 staining.
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34 GCs were defined as a cluster of ≥ 5 Bcl6-positive cells.(11) The number of GCs/mm² was
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36 manually assessed. All sections with a CD21⁺ FDC-network were stained for AID as an
37
38 alternative functional marker for GCs. GCs were defined as a cluster of ≥ 5 AID positive cells.
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40 As a negative control, 10 sections with foci but without a CD21⁺ FDC-network were also
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42 stained.
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46 In order to estimate the percentages of IgA⁺ and IgG⁺ plasma cells, biopsies were double
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48 stained for IgA and IgG and manually evaluated. A percentage of >30% IgG⁺ plasma cells of
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50 all IgA and IgG plasma cells was considered as a threshold for an IgA/IgG shift.(13)
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53 The grade of organisation of the lymphocytic infiltrate was assessed for all individual foci and
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55 the highest grade was noted per section. Grade of organisation was defined as follows
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57 (Supplementary Figure S2, available at *Rheumatology* online): Grade 1: lymphocytic foci were
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59 present, but a clear T/B-lymphocyte segregation was lacking based on the CD3 and CD20
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3 stainings, and FDC-networks and GCs were absent. Grade 2: either T/B cell segregation within
4 a focus and/or an FDC-network was present, but without presence of a GC. Grade 3: grade 2
5 features accompanied by the presence of a GC.
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10 For the assessment of pre-LELs and LELs, high molecular weight cytokeratin (hmwCK) and
11 CD20 stainings were performed on consecutive sections. After alignment of sections, a DIA
12 algorithm in Visiopharm Integrator System (Hørsholm, Denmark), was used to identify pre-
13 LELs and LELs, as previously described.(16) Presence of intraepithelial CD20⁺ B-lymphocytes
14 was assessed manually when hmwCK and CD20-stained sections could not be aligned. The
15 number of (pre-) LEL/mm² and the maximum severity of LELs was scored as previously
16 described (16) with the addition of pre-LELs. LEL-stages were defined as follows: Stage 0 LEL
17 (i.e. pre-LEL): presence of intraepithelial B-lymphocytes without ductal hyperplasia. Stage 1
18 LEL: lymphocytic ductal infiltration and ductal hyperplasia affecting <50% of the epithelium.
19 Stage 2 LEL: lymphocytic ductal infiltration and ductal hyperplasia affecting between 50-100%
20 of the epithelium. Stage 3 LEL: lymphocytic ductal infiltration and fully circumferentially
21 hyperplastic epithelium without lumen.
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36 Sections were analysed by trained researchers (UN, MvG, SCL, EAH) under supervision of an
37 experienced head and neck pathologist (BvdV). Disagreements were resolved during a
38 consensus meeting.
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43 **Statistical analysis**

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45 Data were analysed using SPSS version 28 statistical software (SPSS Inc., Chicago, IL).
46 Results were expressed as number of patients (%), mean \pm SD, or median (IQR) for
47 categorical, normally distributed, and non-normally distributed data, respectively. Differences
48 in clinical and histopathological parameters between SjD and non-SjD sicca patients were
49 tested with Chi-Square or Fisher's Exact test, Independent Samples t-test and Mann-Whitney
50 U test when appropriate. Histopathological features of paired parotid and labial salivary gland
51 biopsies were compared with McNemar's test, Wilcoxon Signed-Rank test and by calculating
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3 the absolute agreement. The association between histopathological features in the parotid and
4 labial glands were analysed using Spearman correlation coefficient (ρ), and interpreted as poor
5 (0.0–0.2), fair (0.2–0.4), moderate (0.4–0.6), good (0.6–0.8) or excellent (0.8–1.0). P-values
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10 <0.05 were considered statistically significant.

11 12 13 14 15 **RESULTS**

16 17 18 **Patients**

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21 From a diagnostic cohort, 99 out of 111 consecutive patients with sicca complaints were
22 included in the analyses. Patients were excluded from this study due to presence of another
23 associated auto-immune disease (n=7), hepatitis C infection (n=1), parotid MALT lymphoma
24 (n=2), sclerosing sialadenitis (n=1) or insufficient biopsy material (n=1). Of the 99 included
25 patients, 36 patients were categorized as SjD and 63 patients as non-SjD sicca by the expert
26 panel. Demographic, serological and clinical characteristics of SjD patients and non-SjD sicca
27 patients are shown in table 1. As expected, clinical and serological disease characteristics
28 were more frequently present in SjD patients compared to non-SjD sicca patients.
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39 Among the patients diagnosed with SjD by the experts, nearly all patients were also
40 classified as SjD, according to the ACR-EULAR criteria. However, two of these patients did
41 not meet the ACR-EULAR classification criteria. Both patients presented with a positive
42 parotid gland biopsy, and one out of two also had a positive labial gland biopsy (see
43 Supplementary Table S2, available at *Rheumatology* online). The rationale for SjD diagnosis
44 by the expert for patient number 1, in addition to a positive parotid gland biopsy, was based
45 on high disease activity reflected by an ESSDAI score of 18. For patient number 2,
46 indications for SjD included a positive family history and the presence of Raynaud's
47 phenomenon.
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3 Among the non-SjD sicca patients, nine individuals did meet the ACR-EULAR classification
4 criteria. The total ACR-EULAR points of these patients ranged from 4-6. Five out of these
5 nine patients exhibited a FS \geq 1 in their labial gland biopsy along with one of the minor criteria
6 (Schirmer's test \leq 5mm/min or UWS \leq 0.1 ml/min) but without a positive parotid gland biopsy
7 or the presence of anti-SSA autoantibodies. One patient had both a positive labial gland and
8 parotid gland biopsy and officially tested positive for anti-SSA autoantibodies. Despite
9 meeting the classification criteria, experts opted not to diagnose SjD as the SSA titer was
10 only 17, and sicca complaints were attributed to comorbidities such as diabetes mellitus type
11 2. Three non-SjD sicca patients fulfilled the classification criteria based on anti-SSA positivity
12 in combination with minor items but lacked a positive labial or parotid gland biopsy.
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28 **Comparison of histopathological features between paired labial and parotid gland** 29 **biopsies**

30 *Total group of sicca patients suspected of having SjD*

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33 First, we performed a pairwise analysis of all labial and parotid biopsies from SjD patients and
34 non-SjD sicca patients together. Absolute agreement between labial and parotid glands was
35 high, being 80% for the FS, 89% for GCs, 84% for the IgA/IgG plasma cell shift and 93% for
36 (pre-)LELs (see table 2). In the total study population, a FS \geq 1 was more often observed in
37 labial glands compared to parotid glands (p=0.012). The presence of other histopathological
38 key features, namely presence of GCs, IgA/IgG plasma cell shift and (pre-)LELs, did not differ
39 significantly between the paired biopsies (table 2). The higher number of labial gland biopsies
40 with a positive FS was accompanied by a significantly higher FS (p<0.001), relative area of
41 CD45⁺ infiltrate (p<0.001), number of CD3⁺ T-lymphocytes/mm² (p<0.001) and number of
42 CD20⁺ B-lymphocytes/mm² (p=0.018) in labial gland biopsies compared to their paired parotid
43 gland biopsies. Labial salivary gland biopsies also more frequently exhibited CD21⁺ FDC-
44 networks (p=0.004). While Bcl6⁺ GCs were identified as often in the two salivary gland types,
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3 the number of Bcl6⁺ GCs/mm² was significantly higher in parotid gland biopsies (p=0.016)
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5 (table 3).
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8 *Subgroup diagnosed as SjD*

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10 Second, we compared the paired salivary gland biopsies of patients that were diagnosed as
11 SjD based on the decision of the expert panel. Absolute agreement between labial and parotid
12 glands was moderate to good, being 61% for the FS, 69% for GCs, 58% for the IgA/IgG plasma
13 cell shift and 81% for (pre-)LELs (see table 4). Higher FSs (p=0.06) and relative area of CD45⁺
14 infiltrates (p<0.001) were observed in the labial compared to parotid glands, in line with the
15 total study population (SjD and non-SjD sicca patients together) (figure 1A-B). Remarkably,
16 and in contrast to the total population, the number of CD20⁺ B-lymphocytes/mm² (p=0.046)
17 was lower in paired labial compared to parotid gland biopsies of SjD patients (figure 1C).
18 Number of CD3⁺ T-cells/mm² (p=0.29) (figure 1D) and the maximum organization grade of
19 infiltrates per section (p=0.65) were comparable between paired labial and parotid gland
20 biopsies of SjD patients. Although the number of biopsies which harboured GCs or (pre-)LELs
21 did not differ between the two types of glands, the number of GCs/mm² (p=0.016) and severity
22 of LELs were significantly lower in labial gland biopsies (p=0.026) (Figure 1E-F). Almost all
23 salivary gland biopsies (5/7 labial gland biopsies, 10/10 parotid gland biopsies) which exhibited
24 GCs as detected by Bcl6, also revealed clusters of ≥5 AID⁺ cells and vice versa. Of note, in
25 14/21 labial and 5/15 parotid salivary gland biopsies with CD21⁺ FDC networks, no Bcl6⁺
26 and/or AID⁺ clusters were observed (Supplementary Figure S3, available at *Rheumatology*
27 online).
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49 *Subgroup diagnosed as non-SjD*

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51 Third, we compared the paired biopsies non-SjD sicca patients. A significantly higher FS
52 (p<0.001), relative area of CD45⁺ infiltrates (p<0.001), number of CD3⁺ T-lymphocytes
53 (p<0.001) and CD20⁺ B-lymphocytes (p<0.001) was seen in labial salivary gland biopsies
54 compared to parotid gland biopsies (figure 1). The grade of organization of infiltrates was
55 comparable between the two paired salivary gland types in non-SjD sicca patients. GCs,
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3 IgA/IgG plasma cell shift or (pre-)LELs were virtually absent in non-SjD sicca patients, except
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5 for two parotid gland biopsies in which an IgA/IgG shift (n=1) or a pre-LEL (n=1) were observed.
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10 11 **Correlation analysis between paired labial and parotid gland biopsies**

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14 In order to assess to what extent the various histopathological features are present in the two
15 types of glands, associations of the features between paired labial and parotid gland biopsies
16 were determined. Correlation of all analysed parameters varied from fair to good in the total
17 study population. When taking only SjD patients into account, correlations were moderate to
18 good for most features, except for fair correlations for the number of FDC-networks/mm² and
19 GCs/mm². Interestingly, for the SjD patients, the number of CD20⁺ B-lymphocytes showed a
20 good correlation between the gland types, while for the non-SjD sicca patients a poor
21 correlation was observed ($\rho=0.73$ vs. $\rho=0.11$). This was mainly due to a discrepancy in B-
22 lymphocyte numbers between gland types in non-SjD sicca patients (figure 2). Similar
23 correlation coefficients were found for the total study population and SjD patients for FS and
24 area of CD45⁺ infiltrate (Supplementary Table S3, available at *Rheumatology* online).
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41 **DISCUSSION**

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44 In a diagnostic cohort of sicca patients from daily clinical practice, paired labial and parotid
45 salivary gland histopathology appeared comparable in SjD patients. Importantly, absolute
46 agreement of labial glands and parotid glands in terms of the SjD-related features, FS,
47 presence of GCs, plasma cell isotype switch and LELs was high and correlation of most
48 features between the two salivary gland types was generally moderate to good. However,
49 important histopathological differences were also observed.
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57 More and larger lymphocytic infiltrates were seen in labial glands compared to parotid glands,
58 not only in SjD patients, but also in non-SjD sicca patients. This was reflected by a higher FS,
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3 amount of infiltrate as well as numbers of T- and B-lymphocytes in the labial glands. The higher
4 number of infiltrating lymphoid cells in labial glands of non-SjD sicca patients argues that
5 lymphocytic infiltrates are frequently present in these glands irrespective of the presence of
6 SjD. The lymphocytic infiltrates in labial glands may develop in SjD patients on top of non-
7 autoimmune related infiltrates, resulting in a higher amount of infiltrate in labial glands also in
8 SjD patients. Reasons for the presence of non-autoimmune related infiltrates in labial glands
9 most clearly seen in non-SjD sicca patients are unknown, but possibilities are gland
10 dysfunction, worse oral health, infections or habitual lip biting.(21) Also dysbiosis in the buccal
11 mucosa microbiome observed in non-SjD sicca patients may contribute to inflammation in the
12 labial salivary glands.(22) Furthermore, labial salivary glands are more easily accessible to
13 microbes in comparison to the parotid gland, primarily due to anatomical differences such as
14 size and length of the excretory ducts. As a consequence of the presence of non-autoimmune
15 related infiltrates in labial glands, patients are potentially misclassified as SjD patients when
16 solely the labial gland FS is used as a histopathological diagnostic criterion. Specificity of the
17 labial gland biopsy for SjD is increased when not only the FS is taken into account, but also
18 other characteristic histopathological features of SjD, i.e., presence of GCs, plasma cell isotype
19 switch, and (pre-) LELs. (van Ginkel et al., manuscript in press).(18)

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22 In this study, we unequivocally showed the presence of bona fide GCs in both type of glands
23 by staining for Bcl6 and AID. The small discrepancy seen in the number of biopsies with GCs
24 in labial gland biopsies based on either Bcl6 or AID staining can be explained by the fact that
25 the sections stained for these two markers were not adjacent sections.

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28 In this study, we observed that while the number of biopsies with a GC did not significantly
29 differ between paired salivary gland biopsies, more GCs/mm² were found in parotid gland
30 biopsies. The higher number of GCs in parotid gland biopsies may indicate that there is a more
31 active humoral immune response in these glands, compared to the labial glands. In addition,
32 a higher absolute B-lymphocyte count was observed in parotid gland biopsies compared to
33 paired labial gland biopsies in SjD patients.

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3 A higher number of B-lymphocytes may have implications for other histopathological features.
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5 B-lymphocytes can invade the epithelium of the striated ducts, which probably drives the
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7 formation of LELs.(16) Haacke et al. showed that the majority of the intraepithelial B-
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9 lymphocytes in SjD patients express the inhibitory Fc-receptor like 4 (FcRL4) protein, which is
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11 also abundantly expressed by MALT lymphoma B-lymphocytes in SjD.(23) There are more
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13 FcRL4⁺ B-lymphocytes in parotid glands, compared to labial glands, and these cells actively
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15 clonally expand within the epithelium.(24,25) We hypothesized that during this expansion
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17 derailment of intraepithelial FcRL4⁺ B-lymphocytes may result in MALT lymphoma formation,
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19 in particular in the parotid gland environment.(25) Taken together, these findings indicate that
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21 within the parotid salivary glands there seems to be more pronounced B-lymphocyte activity
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23 which is at least partly responsible for the higher number of GCs, more severe LELs and MALT
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25 lymphoma development.
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30 The reason for differences in B-lymphocyte numbers and activity between the two types of
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32 glands in SjD remains to be elucidated. It is possible that higher levels of certain pro-
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34 inflammatory cytokines (e.g., IFN γ , IL-27, BAFF and APRIL) result in more attraction and/or
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36 activation of B-lymphocytes in parotid glands.(25) However, transcriptomic analysis of paired
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38 parotid and labial salivary gland biopsies of SjD patients showed a high degree of overlap in
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40 immune pathway activity between the two salivary gland types.(26)
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44 In conclusion, both labial and parotid gland biopsies have similar histopathological key features
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46 and both types of salivary glands can be used for diagnosis and classification of SjD. However,
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48 systematic analysis of paired salivary gland biopsies also revealed important differences
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50 between these two glands. Labial salivary glands seem to exhibit more non-SjD related
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52 inflammation which can obscure diagnosis and classification. In SjD, parotid salivary glands
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54 reveal more evident histopathological signs of B-lymphocyte hyperactivity. The results of this
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56 study offer novel insights into the pathophysiology of pSS and can be incorporated into
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58 guidelines for the histopathological analysis of salivary gland biopsies.
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Disclosure statement

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Data availability statement

Data available on request from the authors

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Table 1. Clinical and serological parameters of SjD patients and non-SjD sicca patients.

	SjD patients (n=36)	Non-SjD sicca patients (n=63)	p-value
<u>Clinical parameters</u>			
Age, years	51 ± 14	50 ± 13	0.38
Female, n (%)	35 (97.2)	54 (85.6)	0.09
Caucasian, n (%)	33 (91.7)	59 (93.7)	0.33
ACR/EULAR+	34 (94.4)	9 (14.3)	<u><0.001</u>
ESSDAI score	4 [2-12]	1 [0-3]	<u><0.001</u>
ESSDAI glandular domain	0 [0-2]	0 [0-0]	<u>0.001</u>
Schirmer ≤5mm, n (%)	36 (57.1)	29 (80.6)	<u>0.032</u>
OSS ≥5, n (%)	15 (44.1)	8 (12.7)	<u><0.001</u>
UWS <0.10ml/min, n (%)	20 (55.6)	24 (38.1)	0.10
<u>Serological parameters</u>			
Anti-SSA positive, n (%)	29 (80.6)	6 (9.5)	<u><0.001</u>
Anti-SSB positive, n (%)	16 (44.4)	0 (0)	<u><0.001</u>
RF positive, n (%)	25 (69.4)	3 (4.8)	<u><0.001</u>
IgG g/L	17.1 [12.6-20.0]	10.4 [8.7-12.3]	<u><0.001</u>
ESR mm/hour	25.0 [15.0-46.5]	9.5 [4.0-17.0]	<u><0.001</u>
CRP mg/L	2.5 [1.0-5.0]	1.1 [0.5-4.0]	0.06

Data are represented as mean ± SD, median [IQR] or number (%). Underlined values indicate P-values <0.05. Abbreviations: ESSDAI, European League Against Rheumatism SS Disease Activity Index; OSS, Ocular Staining Score; UWS, unstimulated whole saliva; SWS, stimulated whole saliva; RF, rheumatoid factor; ANA, antinuclear antibodies; SSA, Sjögren's syndrome antigen A; SSB, Sjögren's syndrome antigen B; ESR, erythrocyte sedimentation rate; CRP, C-reactive protein.

Table 2. Presence of histopathological key features in paired salivary gland sections of the total study population (non-SjD sicca and SjD patients, n=99).

		Labial salivary gland		
		FS \geq 1	FS<1	
Parotid salivary gland	FS \geq 1	19 (19.2)	4 (4.0)	
	FS<1	16 (16.2)	60 (60.6)	
			GC	No GC
	GC	3 (3.0)	7 (7.1)	
	No GC	4 (4.0)	85 (85.9)	
			IgA/IgG shift	No IgA/IgG shift
	IgA/IgG shift	11 (11.1)	5 (5.1)	
	No IgA/IgG shift	11 (11.1)	72 (72.7)	
			(Pre-)LEL	No (pre-)LEL
	(Pre-)LEL	13 (13.1)	4 (4.0)	
	No (Pre-)LEL	3 (3.0)	79 (79.8)	

Data is reported as n(%). FS, focus score; GC, germinal centre, LEL, lymphoepithelial lesion.

Table 3. Histopathological data of labial and parotid salivary gland biopsies in SjD and non-SjD sicca patients.

	SjD and non-SjD sicca patients (n=99)		
	Labial SG	Parotid SG	P-value
Surface area of salivary gland section*	11.1 (8.2-15.2)	9.6 (6.3-12.8)	0.021
Salivary gland section <4mm² (%)	1 (1)	7 (7)	<u>0.07</u>
Focus score*	0.5 (0.0-12.0)	0.0 (0.0-12.0)	<u><0.001</u>
Infiltrated area (CD45⁺cells) (%)	11.0 (7.0-19.2)	0.8 (0.3-6.2)	<u><0.001</u>
FDC-networks/mm²*	0.0 (0.0-0.6)	0.0 (0.0-1.2)	0.65
Presence of FDC-networks, n(%)	31 (31.3)	17 (17.2)	<u>0.004</u>
GCs/mm²*	0.0 (0.0-0.2)	0.0 (0.0-0.5)	<u>0.016</u>
Presence of GCs, n(%)	7 (7.1)	10 (10.1)	0.72
CD3/CD20 segregation, n(%)*	27 (27.3)	22 (22.2)	0.30
IgA/IgG plasma cell shift, n(%)*	28 (28.3)	20 (20.2)	0.08
LELs/mm²*	0.0 (0.0-0.4)	0.0 (0.0-1.0)	0.08
Presence of (pre-)LELs, n(%)	16 (16.2)	19 (19.2)	1.00
CD3⁺cells/mm²	332 (200-564)	144 (74-330)	<u><0.001</u>
CD20⁺cells/mm²	90 (44-236)	24 (11-179)	<u>0.018</u>

Data is reported as median (IQR), *median (range) or n(%). Underlined values indicate P-values <0.05. LEL, lymphoepithelial lesion; FDC, follicular dendritic cell; GC, germinal centre.

Table 4. Histopathological key features in paired salivary gland sections of SjD patients (n=36).

		Labial salivary gland		
		FS \geq 1	FS<1	
Parotid salivary gland	FS \geq 1	19 (52.8)	4 (11.1)	
	FS<1	10 (27.8)	3 (8.3)	
			GC	No GC
	GC	3 (8.3)	7 (19.4)	
	No GC	4 (11.1)	22 (61.1)	
			IgA/IgG shift	No IgA/IgG shift
	IgA/IgG shift	11 (30.6)	4 (11.1)	
	No IgA/IgG shift	11 (30.6)	10 (27.8)	
			(Pre-)LEL	No (pre-)LEL
	(Pre-)LEL	13 (36.1)	4 (11.1)	
	No (Pre-)LEL	3 (8.3)	16 (44.4)	

Data is reported as n(%). FS, focus score; GC, germinal centre, LEL, lymphoepithelial lesion.

FIGURE LEGENDS

Figure 1. Histopathological comparison of labial and parotid salivary gland biopsies.

Focus score (A), relative area of CD45⁺ infiltrates (B), CD20⁺ B-lymphocytes (C) and CD3⁺ T-cells (D) in SjD and non-SjD sicca patients and the number of Bcl6⁺ GCs per mm² (E) and the maximum severity of LELs (F) in salivary gland sections of only SjD patients. LEL stage 0= pre-LEL, lymphocytic infiltration without ductal hyperplasia, LEL stage 1= lymphocytic infiltration with ductal hyperplasia affecting <50% of the epithelium, LEL stage 2= lymphocytic infiltration with ductal hyperplasia affecting 50-100%, LEL stage 3= lymphocytic ductal infiltration and fully circumferentially hyperplastic epithelium without lumen.*p<0.05, ***p=<0.001.

Figure 2. Association between the number of CD20⁺ B-lymphocytes in paired labial and parotid salivary gland biopsies of non-SjD sicca patients and SjD patients.

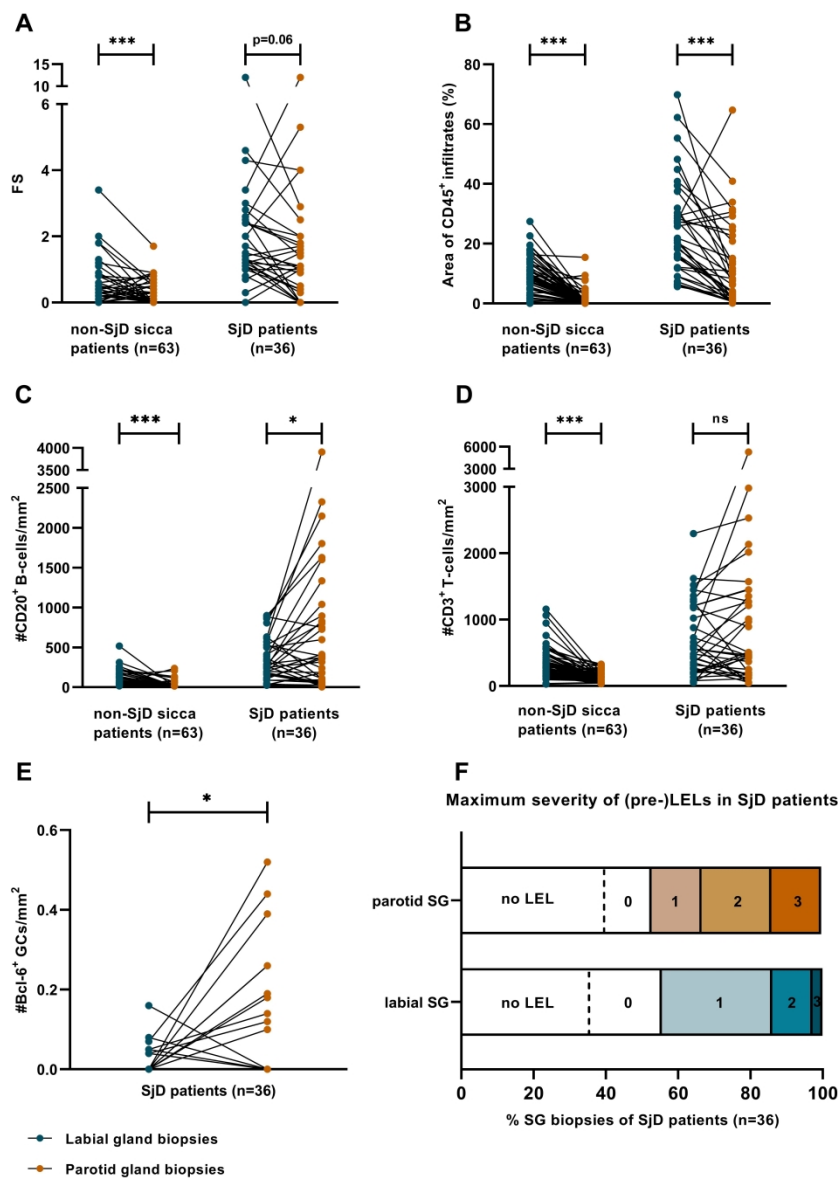


Figure 1. Histopathological comparison of labial and parotid salivary gland biopsies. Focus score (A), relative area of CD45⁺ infiltrates (B), CD20⁺ B-lymphocytes (C) and CD3⁺ T-cells (D) in SjD and non-SjD sicca patients and the number of Bcl6⁺ GCs per mm² (E) and the maximum severity of LELs (F) in salivary gland sections of only SjD patients. LEL stage 0= pre-LEL, lymphocytic infiltration without ductal hyperplasia, LEL stage 1= lymphocytic infiltration with ductal hyperplasia affecting <50% of the epithelium, LEL stage 2= lymphocytic infiltration with ductal hyperplasia affecting 50-100%, LEL stage 3= lymphocytic ductal infiltration and fully circumferentially hyperplastic epithelium without lumen. *p<0.05, ***p<0.001.

207x271mm (600 x 600 DPI)

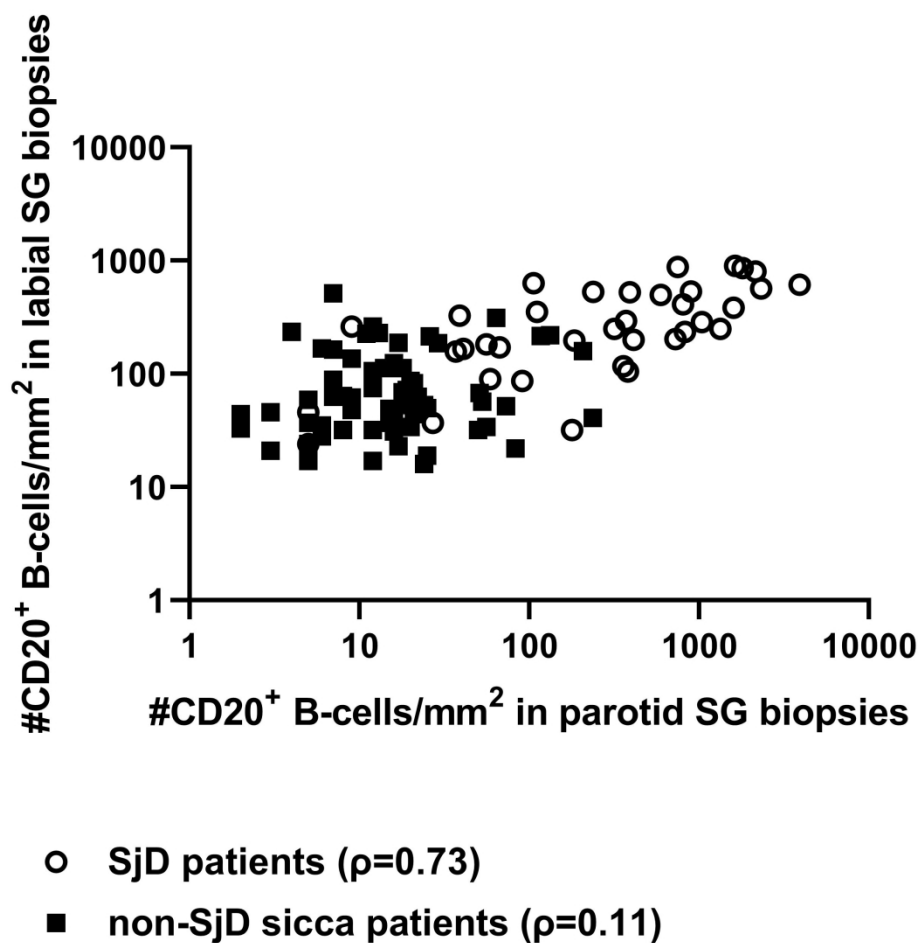


Figure 2. Association between the number of CD20+ B-lymphocytes in paired labial and parotid salivary gland biopsies of non-SjD sicca patients and SjD patients.

112x111mm (600 x 600 DPI)