



University of Groningen

Communication Markers of Resilience

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DOI:

10.33612/diss.902618520

IMPORTANT NOTE: You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.

Document Version Publisher's PDF, also known as Version of record

Publication date: 2024

Link to publication in University of Groningen/UMCG research database

Citation for published version (APA):

Ivanovic, N. (2024). Communication Markers of Resilience: Activity, Timing, and Mechanisms of Effective Communication Amidst Adverse Events. [Thesis fully internal (DIV), University of Groningen]. University of Groningen, FEB Research Institute. https://doi.org/10.33612/diss.902618520

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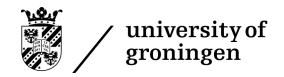
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Propositions accompanying the dissertation

Communication Markers of Resilience

Activity, timing, and mechanisms of effective communication amidst adverse events

by

Nevena Ivanović

- 1. Resilience is rooted in the daily, the mundane, the non-memorable, and the non-exceptional. (Chapter 1, 2 and 3)
- 2. While we possess perfected innate mechanisms for confronting threats as individuals, the collective instinctual responses to adversity are often flawed. (Chapter 3)
- 3. Openness and improvisation thrive on freedom but demand restraint amidst adversity. (Chapter 3 and 4)
- 4. The inherent spontaneity of communication defies systematic preplanning, presenting a paradox in strategizing for resilience. (Chapter 5)
- 5. The fragmented and ambiguous resilience field is at risk of "construct collapse" (Raetze et al., 2022). Such a field is no home for perfectionists. Adversity enthusiasts should either forgive their dysfunctional resilience family or find a different passion.
- 6. A PhD dissertation often appears as a juxtacortical intellectual mass with sharply defined borders that may contain popcorn, spotty, peripheral, or ring-and-arc calcifications characteristic of fitting initially unrelated projects together. The underlying logic appears eroded, thickened, or slightly saucer-shaped. The five-year prognosis appears good. (Chaabane et al., 2009)
- 7. Similar to certain rare medical conditions, an endogeneity threat has a good prognosis when handled with the right instrument. With the wrong instrument, the condition swiftly deteriorates and is better left untreated.
- 8. Dating apps may yield remarkable outcomes, yet no match-making algorithm outperforms a determined scholar striving to match theory with significant results.
- 9. In the near future, emotional chatbots may become essential to support overburdened mental health professionals. They might particularly assist anxious and desperate social science scholars compulsively integrating AI into their research due to fear of losing relevance.
- 10. Nurturing curiosity and playfulness regardless of our age can help deal with the AI anxiety and the fear of obsolescence.
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- Raetze, S., Duchek, S., Maynard, M. T., & Wohlgemuth, M. (2022). Resilience in Organization-Related Research: An Integrative Conceptual Review Across Disciplines and Levels of Analysis. *Journal of Applied Psychology*, 107(6), 867–897. https://doi.org/10.1037/apl0000952