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## Arrhythmogenic cardiomyopathy - beyond monogenetic disease

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# Arrhythmogenic cardiomyopathy beyond monogenetic disease

- 1 Everything changes, except change (*Heraclitus*)
- 2 The Lamin A/C p.(Arg331Gln) variant causes a laminopathy and reduces force development in cardiomyocytes by decreasing myofibril density (*this thesis*)
- 3 Atrial fibrillation is an important clinical characteristic of titin cardiomyopathy and can be the first symptom (*this thesis*)
- 4 Nonsense mediated decay appears to influence disease outcome in arrhythmogenic cardiomyopathy caused by truncating desmoplakin variants (*this thesis*)
- 5 Carrying more than one pathogenic desmosomal variant is associated with worse outcome in ARVC and therefore could be useful in risk prediction in ARVC (*this thesis*)
- 6 Life can only be understood backwards, but it must be lived forwards (*Søren Kierkegaard*)
- 7 Identification of sarcomeric variants in cardiomyopathy panels in ARVC should not be used in clinical decision making (*this thesis*)
- 8 Plectin is not a major ARVC gene (*this thesis*)
- 9 Een illusie verliezen is niet altijd een zekerheid verwerven (*Multatuli*)