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# Auditory hallucinations in adults with hearing impairment: a large prevalence study

M. M. J. Linszen<sup>1-3</sup>, G. A. van Zanten<sup>4</sup>, R. J. Teunisse<sup>5</sup>, R. M. Brouwer<sup>1</sup>,  
P. Scheltens<sup>2</sup> and I. E. Sommer<sup>1,3,6</sup>

## Original Article

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### Author for correspondence:

Mascha MJ Linszen, E-mail: [m.m.j.linszen@umcutrecht.nl](mailto:m.m.j.linszen@umcutrecht.nl)

<sup>1</sup>Department of Psychiatry and Brain Center Rudolf Magnus, University Medical Center Utrecht, Utrecht University, Utrecht, The Netherlands; <sup>2</sup>Alzheimer Center and Department of Neurology, Neuroscience Campus Amsterdam, VU University Medical Center, Amsterdam, The Netherlands; <sup>3</sup>Department of Neuroscience, University of Groningen, University Medical Center Groningen, Groningen, The Netherlands; <sup>4</sup>Department of Otorhinolaryngology and Head & Neck Surgery and Brain Center Rudolf Magnus, University Medical Center Utrecht, Utrecht University, Utrecht, The Netherlands; <sup>5</sup>Department of Geriatric Psychiatry, Dementia, Deventer, The Netherlands and <sup>6</sup>Division of Psychiatry, Haukeland University Hospital, Bergen, Norway

## Abstract

**Background.** Similar to visual hallucinations in visually impaired patients, auditory hallucinations are often suggested to occur in adults with hearing impairment. However, research on this association is limited. This observational, cross-sectional study tested whether auditory hallucinations are associated with hearing impairment, by assessing their prevalence in an adult population with various degrees of objectified hearing impairment.

**Methods.** Hallucination presence was determined in 1007 subjects aged 18–92, who were referred for audiometric testing to the Department of ENT-Audiology, University Medical Center Utrecht, the Netherlands. The presence and severity of hearing impairment were calculated using mean air conduction thresholds from the most recent pure tone audiometry.

**Results.** Out of 829 participants with hearing impairment, 16.2% ( $n = 134$ ) had experienced auditory hallucinations in the past 4 weeks; significantly more than the non-impaired group [5.8%;  $n = 10/173$ ;  $p < 0.001$ , odds ratio 3.2 (95% confidence interval 1.6–6.2)]. Prevalence of auditory hallucinations significantly increased with categorized severity of impairment, with rates up to 24% in the most profoundly impaired group ( $p < 0.001$ ). The corrected odds of hallucination presence increased 1.02 times for each dB of impairment in the best ear. Auditory hallucinations mostly consisted of voices (51%), music (36%), and doorbells or telephones (24%).

**Conclusions.** Our findings reveal that auditory hallucinations are common among patients with hearing impairment, and increase with impairment severity. Although more research on potential confounding factors is necessary, clinicians should be aware of this phenomenon, by inquiring after hallucinations in hearing-impaired patients and, conversely, assessing hearing impairment in patients with auditory hallucinations, since it may be a treatable factor.

## Introduction

Twenty years ago, a large prevalence study reported that 12% of patients with visual impairment experienced visual hallucinations: the Charles Bonnet syndrome (Teunisse *et al.* 1996). This finding supported the hypothesized association between impaired sensory perception and the tendency to hallucinate. Several decades before, studies that induced sensory deprivation already noted this association, as they found high prevalence rates of hallucinations during periods of deprivation, especially in the visual modality (Bexton *et al.* 1954; Smith, 1962). This raises the question whether the association between decreased perceptual input and an increased tendency to hallucinate would also apply to the auditory domain.

Hearing impairment affects around 500 million people worldwide (Stevens *et al.* 2013), largely surpassing the global prevalence of visual impairment (World Health Organization, 2014). In addition, impaired hearing on average commences at a younger age, as it affects both adults and children (World Health Organization, 2014, 2015). Investigating whether hearing impairment is associated with auditory hallucinations may contribute to further understanding of the underlying pathogenesis. This is especially relevant since auditory hallucinations can be highly invalidating in many patients with psychiatric and neurological disorders, and current treatment options still fall short in many cases (Larøi *et al.* 2012; McCarthy-Jones *et al.* 2014). If hearing impairment is indeed associated with auditory hallucinations, treatments to improve hearing may decrease hallucinations in affected patients.

So far, few studies have reported on the presence of auditory hallucinations in hearing-impaired populations. Those that did included small samples and applied definitions of auditory hallucinations that were either too restrictive (Teunisse & Olde Rikkert, 2012) or

too extensive (Cole *et al.* 2002). Unsurprisingly, prevalence rates of auditory hallucinations reported in these samples varied widely, with rates of 3.5 (Teunisse & Olde Rikkert, 2012) and 32.8% (Cole *et al.* 2002). In a recent meta-analysis of several population-based studies, we reported a positive association between hallucinations and impaired hearing (Linszen *et al.* 2016). Updating our search and analysis showed a similar association (Subramaniam *et al.* 2016; Robles Bayon *et al.* 2017). However, most included studies used subjective or retrospective measures of hearing impairment, and either exclusively involved, or entirely excluded the elderly population (Linszen *et al.* 2016; Subramaniam *et al.* 2016; Robles Bayon *et al.* 2017). Presently, it is still unclear whether objectified hearing impairment is associated with auditory hallucinations, whether more severe impairment is associated with higher prevalence rates of hallucinations, and which type of hallucinatory content is experienced in patients with hearing impairment.

## Methods

### Objectives

This study aimed to test the potential association between hearing impairment and auditory hallucinations. We assessed prevalence, content, and associated factors of auditory hallucinations in a large adult population aged 18–92, in whom hearing thresholds were quantified with objective audiometric testing.

### Design

We used an observational, cross-sectional design to test our objectives. The Local Research Ethics Committee from the University Medical Center Utrecht exempted this study from full review (13-282/C). Conductance and report of the study was performed according to the STROBE statement (von Elm *et al.* 2007).

### Population

All individuals aged 18 or over, referred to the Department of ENT-Audiology of the University Medical Center Utrecht for audiometric testing between June 2013 and January 2015, were eligible for participation. After audiometric testing, audiology technicians invited eligible participants for further study consultation with one of the interviewers. Informed consent was obtained after the procedure had been fully explained.

Potential participants were excluded if cognitive impairment or language barriers kept them from answering reliably, based on subjective impression by the interviewer during the informed consent procedure or the interview itself. In order to maximize the coverage of our study population, pre-existing psychiatric comorbidity was no reason for exclusion.

Reasons for non-participation were documented. Data on age, sex, and audiometry were collected anonymously from the non-participating group, to enable control of representation of the sample. A large sample size was aimed for in order to increase study generalizability, and to prevent power issues due to potentially low prevalence rates (Teunisse & Olde Rikkert, 2012).

### Auditory hallucinations

Presence of auditory hallucinations in the past 4 weeks was the primary outcome measure. We measured this with a 14-item

semi-structured interview (online Supplementary questionnaire 1a,b), used in previous studies (Schakenraad *et al.* 2006; Teunisse & Olde Rikkert, 2012) and adjusted from a comparable questionnaire applied in a study on Charles Bonnet syndrome (Teunisse *et al.* 1996). Auditory hallucinations were defined as the perception of complex sounds without the presence of a likely external source. If auditory hallucinations had been present in the past 4 weeks, they were considered currently present. Otherwise, they were accounted for in lifetime prevalence.

The interview contained an open question about hallucination content. Auditory hallucinations were distinguished from tinnitus on the basis of complexity of their content: perceived sounds had to have a meaningful quality, and thus be related to a specific source in the external world (e.g. a device, animal, or human being). All interviewers were trained to avoid potentially stigmatizing or distressing terms such as ‘hallucinations’ and ‘psychotic symptoms’, to make the topic more discussable and prevent false negatives through under-reporting of hallucinations.

All interviewers received structural training prior to the application of the interview. After completion of the interviewing phase, three authors (RT, IS, ML) systematically reviewed the answers of all participants to ensure consistent appliance of the definition of auditory hallucinations. Discrepancies between authors were solved by consensus, blinded for the participant’s hearing status.

### Hearing impairment

All participants underwent audiometric testing upon referral. Testing was performed prior to study participation, and therefore, independent of the outcome of the hallucination interview. Severity of hearing impairment was defined by using the outcome of the most recent pure tone audiometry, calibrated according to ISO standards (ISO, 8253-1:2010, 2010).

Hearing impairment was defined as a loss of more than 25 dB, in at least one ear (World Health Organization, 2015). The average loss was calculated by using the High Fletcher Index (average of unaided air-conduction thresholds at 1000, 2000, and 4000 Hertz) of each ear (Teunisse & Olde Rikkert, 2012). The maximum impairment level at each frequency was set at 125 dB.

### Associated factors

Data on age, sex, and presence of tinnitus (in the past 4 weeks and lifetime) were collected during the interview.

### Data analysis

Clopper–Pearson’s exact method (Clopper & Pearson, 1934) was used to calculate 95% confidence intervals (95% CIs) for overall 4-week and lifetime prevalence, using R version 3.2.0, package PropCIs.

All other analyses were conducted with IBM SPSS Statistics version 24. Participants with and without hallucinations were compared on several potentially contributing factors using univariate analyses:  $\chi^2$  tests for categorical variables, and either Mann–Whitney *U* or independent sample *t* tests for continuous variables (dependent on normality of data).

Additionally, multivariate logistic regression analysis was performed to check for a potential dose–effect association between a continuous measure for hearing impairment and presence of hallucinations, while also correcting for potential confounding

factors, such as age (Gates & Mills, 2005) and tinnitus (Hoare *et al.* 2014).

We used an  $\alpha$  level of 0.05 or below to define statistical significance.

### Participation and response rates

Out of 1847 eligible participants, 1007 adults were interviewed about the presence of auditory hallucinations. Reasons for non-participation and further descriptive statistics are described in Fig. 1. and online Supplementary table S1.

Hearing impairment was present in 832 subjects with varying degrees of impairment severity. The 175 participants without impairment served as the control group. Data on hallucination frequency were missing in five participants with auditory hallucinations. These participants could only be included for the calculation of lifetime prevalence rates of hallucinations.

## Results

### Prevalence

In the complete group (1007 with and without hearing impairment), the prevalence of auditory hallucinations in the past 4 weeks was 14.4% (95% CI 12.3–16.7;  $n = 144/1002$ ). The lifetime prevalence was 20.8% (95% CI 18.3–23.4;  $n = 209/1007$ ).

The group with hearing impairment had a significantly higher percentage of auditory hallucinations in the past 4 weeks (16.2%;  $n = 134/829$ ) than the group with unaffected hearing (5.8%;  $n = 10/173$ ;  $p < 0.001$ ,  $\chi^2 = 12.8$ ,  $df = 1$ ), with an odds ratio (OR) of 3.2 (95% CI 1.6–6.1).

### Associated factors

The prevalence of auditory hallucinations in the past 4 weeks increased with categorical degrees of impairment severity ( $p < 0.001$ ,  $\chi^2 = 24.6$ ,  $df = 5$ ), with a prevalence rate of 24% in the group with profound impairment (Fig. 2).

Table 1 shows the results of univariate analyses of several potentially associated factors on the presence of auditory hallucinations in the past 4 weeks. In comparison with the non-hallucinating group, the hallucinating sample had a significantly higher continuous severity of hearing impairment, and a significantly higher prevalence of tinnitus (both lifetime and in the past 4 weeks). The groups with and without hallucinations showed no significant differences with regard to age, sex, or

side of most severe impairment (i.e. left or right ear), although we observed a statistical trend for female sex in the hallucinating group.

Additionally, these factors were incorporated in a multivariate logistic regression model (Table 2). Female sex, presence of tinnitus in the past 4 weeks, and severity of hearing impairment were significantly associated with the current presence of auditory hallucinations. For each dB increase of impairment in the best ear, the odds of having auditory hallucinations increased 1.02 times (Table 2). This means that, theoretically, in someone with 40 dB of impairment in the best ear, the corrected OR of having auditory hallucinations would be 2.0 (95% CI 1.6–2.7) in comparison with a 0 dB reference.

### Auditory hallucinations

Table 3 contains categorized content of auditory hallucinations occurring in the past 4 weeks, within the entire sample ( $n = 144$ ). The majority of participants described hearing voices (49%;  $n = 70$ ). Other frequently described hallucinations concerned hearing music (36%;  $n = 52$ ), and doorbells or telephones (24%;  $n = 34$ ). The remaining hallucinations mostly encompassed environmental sounds (Table 3).

### Sensitivity analyses

Around 14% of the included subjects ( $n = 141$ ) did not receive pure tone audiometry on the same day as they were interviewed about hallucinations. In theory, the results of these audiograms might not be entirely representative for their hearing status during study participation, as hearing might have intermittently worsened or improved. Similarly, out of the participants without auditory hallucinations in the past 4 weeks, 65 participants had experienced lifetime auditory hallucinations, which may have obscured the results within this group. Nonetheless, in both cases, iteration of analyses after omission of these subgroups from the total sample did not reveal relevant alterations (online Supplementary Table S2a,b; results of uni- and multivariate analyses upon request).

In the main multivariate regression analysis (Table 2), we used a continuous measure for impairment severity, thereby assuming that impairment severity and auditory hallucinations were linearly correlated. In sensitivity analyses, we substituted this continuous measure with a categorical measure for impairment severity (as previously applied in Fig. 2). In comparison to the non-impaired control group, each category of impairment severity was

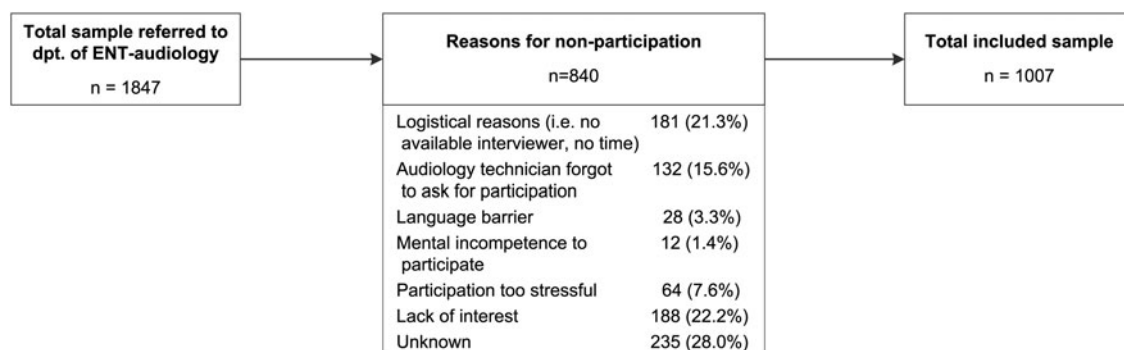
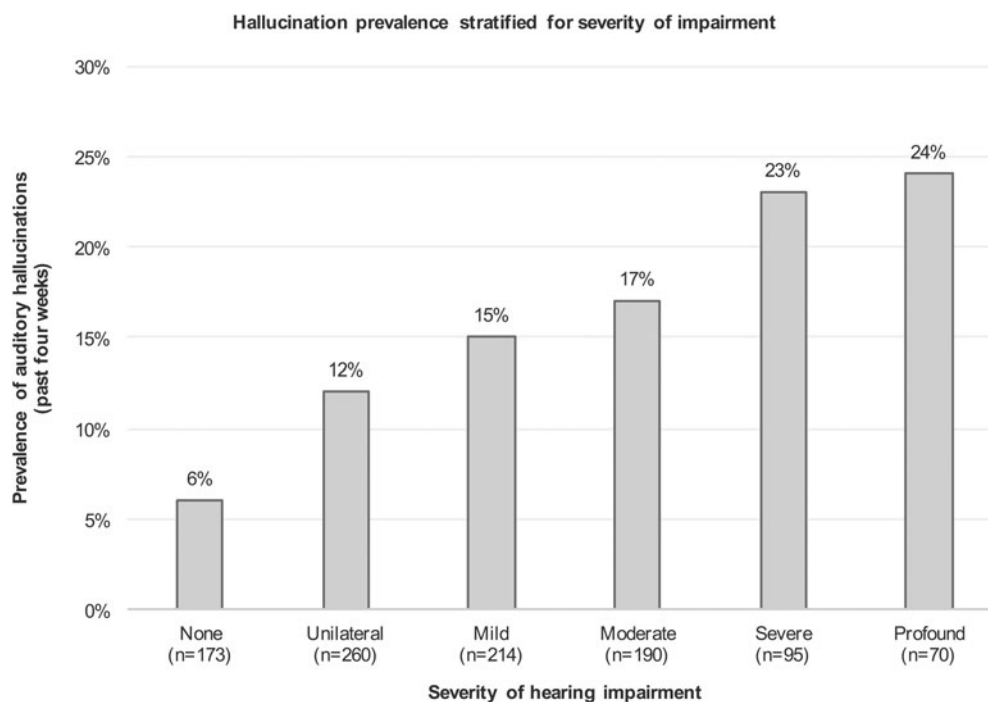


Fig. 1. Flow chart of inclusion procedure, including reasons for non-participation.



**Fig. 2.** Prevalence of auditory hallucinations in the past 4 weeks after stratification for severity of impairment. Distribution significantly differs from a uniform distribution ( $\chi^2=24.5$ ,  $p<0.001$ ,  $df=5$ ; two-tailed  $p$  value). The following categories of hearing impairment severity have been applied. None: High Fletcher Index (HFI) of both ears 0–25 dB. Unilateral: HFI best ear 0–25 dB, HFI worst ear >25–125 dB. Mild: HFI best ear >25–40 dB. Moderate: HFI best ear >40–60 dB. Severe: HFI best ear >60–80 dB. Profound: HFI best ear >80–125 dB.

significantly associated with the presence of hallucinations (online Supplementary Table S3).

Lastly, considering the increasing risk for both hearing impairment and neurodegenerative disease at older ages (Hedden & Gabrieli, 2004; Gates & Mills, 2005), we repeated all uni- and multivariate analyses in subjects aged 65 and over (online Supplementary Table S4a,b,c). Although this selection impaired the number of subjects within the normal-hearing control group ( $n=9/312$ ) and subsequent statistical power, the presence of auditory hallucinations still significantly increased with both categorized (online Supplementary Table S4a) and continuous

(online Supplementary Table S4b,c) measures of severity of hearing impairment.

## Discussion

Our findings demonstrate a strong association between auditory hallucinations and the presence of hearing impairment in a large adult population, regardless of age. We observed a positive association between the severity of impairment and the presence of auditory hallucinations, suggesting an underlying dose-dependent mechanism. The prevalence of auditory hallucinations

**Table 1.** Univariate comparison of potentially associated factors in hallucinations in the past 4 weeks ( $n=1002$ )

Factor		Hallucinations ( $n=144$ )	No hallucinations ( $n=858$ )	Odds ratio (95% CI)	$\chi^2$	$p^a$	df
Sex	Female; no. (%)	78 (54.2)	395 (46.0)	1.4 (0.97–2.0)	3.3	0.071	1
Tinnitus	Ever present; no. (%)	126 (87.5)	667 (77.7)	2.0 (1.2–3.4)	7.1	0.008	1
	Present in the past 4 weeks; no. (%)	116 (80.6)	603 (70.3)	1.8 (1.1–2.7)	6.4	0.011	1
Hearing lateralization	Impairment more severe in left ear; no. (%)	73 (50.7)	416 (48.5)	1.1 (0.8–1.6)	0.24	0.62	1
					$Z$	$p^b$	
Hearing impairment severity	Severity of impairment in the best ear; HFI, in dB; median (IQR)	40.8 (22.1–63.3)	28.3 (15.0–48.3)	–	–4.7	<0.001	–
Age	In years; median (range)	59.5 (18–87)	56 (18–92)	–	–0.82	0.41	–

95% CI, 95% confidence interval; df, degrees of freedom; no., number; IQR, interquartile range; HFI, High Fletcher Index; dB, decibel.

<sup>a</sup>Pearson's  $\chi^2$ , two-tailed  $p$  value.

<sup>b</sup>Mann-Whitney  $U$  test, two-tailed  $p$  value.

**Table 2.** Potentially associated factors in hallucinations in the past 4 weeks; multivariate logistic regression analysis ( $n = 1002$ )<sup>a,b</sup>

Factor		OR (95% CI)	$\beta$	SE $\beta$	Wald's $\chi^2$	df	$p$
Sex	Female	1.5 (1.0–2.1)	0.38	0.19	4.2	1	0.041
Tinnitus	Present in the past 4 weeks	2.0 (1.3–3.1)	0.69	0.23	9.1	1	0.003
Hearing	Impairment more severe in left ear	1.1 (0.8–1.6)	0.080	0.19	0.19	1	0.66
	Severity of impairment in the best ear (HFI, in dB)	1.02 (1.01–1.03)	0.017	0.004	25	1	<0.001
Age	In years	0.99 (0.98–1.01)	–0.006	0.006	1.1	1	0.29

OR, odds ratio; 95% CI, 95% confidence interval; SE, standard error; df, degrees of freedom; HFI, High Fletcher Index; dB, decibel.

<sup>a</sup>Constant variable:  $\beta = -2.9$ , SE  $\beta$  0.41, Wald  $\chi^2$  50, df 1,  $p < 0.001$ ,  $\exp(\beta)$  0.057.

<sup>b</sup>Nagelkerke's  $R^2$  0.061, Cox and Snell's  $R^2$  0.034, Hosmer and Lemeshow's goodness of fit 0.34.

ranges from 12% in the group with unilateral hearing impairment to 24% in the most severely impaired group. The group with hallucinations had significantly increased percentages of tinnitus in comparison to the non-hallucinating population. Voices were the most frequently described content of hallucinations, followed by music.

This is the first study to confirm an association between objectively measured hearing impairment and complex auditory hallucinations in a large sample. Although the existence of such an association has been suggested for a long time [with reports of deaf patients hearing music or voices dating back to the early nineteenth century (Berrios, 1990)], the few studies that have investigated this phenomenon so far lack validity and reliability due to design limitations (Linszen *et al.* 2016).

Our results also show that auditory hallucinations in hearing impairment are more comparable to auditory hallucinations in psychiatric diagnoses than previously thought; almost half of the hallucinating subjects with hearing impairment heard voices, a phenomenon often thought to be characteristic for psychiatric disorders (Waters *et al.* 2012). Only in one-third of the cases, hallucinations had a musical content, traditionally associated with hearing impairment (Berrios, 1990; Evers & Ellger, 2004; Teunisse & Olde Rikkert, 2012). This implicates that, based on their content, auditory hallucinations in patients with hearing impairment cannot always be distinguished from those associated with psychiatric illness.

The presence of tinnitus is positively associated with auditory hallucinations, even after correction for the severity of hearing impairment. Previous studies have suggested that in patients with hearing impairment, simple auditory hallucinations (such as tinnitus) and complex auditory hallucinations (such as music or voices) may represent different phenomena within the same spectrum, and may share etiological mechanisms, such as deafferentation (Vanneste *et al.* 2013; McCarthy-Jones *et al.* 2014; Linszen *et al.* 2016). Although our findings do not directly prove the existence of such a spectrum, it deserves further study.

Considering the observed high prevalence rates of hallucinations in our sample and the frequent occurrence of hearing impairment, clinicians should be aware of the strong association between the two, regardless of their area of expertise.

First, hearing impairment needs to be implemented within the differential diagnosis of auditory hallucinations. In current practice, mental health care professionals do not systemically inquire into hearing impairment in patients presenting with auditory hallucinations. Evaluation of hearing function is desirable within the diagnostic assessment of patients that present with auditory hallucinations, as it may be a treatable contributing factor (Sommer *et al.* 2014). Options in treating hearing impairment have improved drastically

within the past decades (Blazer *et al.* 2016). Indeed, some studies mention improvement of hallucinations (Coebergh *et al.* 2015), and even full recovery of psychosis following treatment of hearing impairment with cochlear implantation (Sommer *et al.* 2014).

Secondly, clinicians should inquire after the presence of auditory hallucinations in people with impaired hearing, as the threshold for patients to report these phenomena spontaneously may be high. The presence of hallucinations is often regarded as a sign of being mentally ill (Vilhauer, 2015), which may create an extra barrier for clinicians to inquire after their presence (McCarthy-Jones & Davidson, 2013). The fear of being mentally ill may also discourage individuals that experience hallucinations to discuss their experiences with a medical professional (McCarthy-Jones & Davidson, 2013). Because our findings show that auditory hallucinations are clearly prevalent in a large population referred for somatic purposes, it is important to make hallucinations a discussable topic during clinical counseling; especially since numerous case reports have stressed the need for treatment of auditory hallucinations in patients with hearing impairment, as they can cause distress (Sommer *et al.* 2014; Coebergh *et al.* 2015). In addition to clinical awareness, our findings can be used to improve community awareness of this phenomenon. Currently, in the general Western population, the presence of auditory hallucinations is still surrounded by stigma and incomprehension, and thus, for people who experience them, a potential cause for fear, embarrassment, and even avoidance of care (Vilhauer, 2015, 2017). Increasing community knowledge and understanding of auditory hallucinations in hearing impairment may contribute to destigmatize hallucinations and encourage those with need for care to seek professional treatment.

Lastly, with the confirmation of the existence of a long-time suggested phenomenon, an essential direction of future studies would be to increase understanding of hallucinations in hearing-impaired patients, and learn their prognosis and response to treatment. A first step in future studies on understanding hallucinations in hearing impairment would be further phenomenological assessment. Systematic assessment of their frequency, experienced distress, or functional impairment caused by hallucinations can provide essential clinical starting points to further recognize those in need for treatment and to monitor their treatment response. Those and other phenomenological hallucination characteristics (i.e. patient's insight in their unreal character and the presence of delusions and hallucinations in other modalities) also contribute to increase knowledge about their comparability with hallucinations in other populations. Another important future step is to examine potentially contributing factors to this phenomenon in more detail, in order to provide more targeted options in treating and assessing hallucinations in hearing-impaired patients. These vary from factors related to the ear and hearing (i.e. type and onset of

**Table 3.** Categorized content of auditory hallucinations in the past 4 weeks within the hallucinating sample ( $n = 144$ )

Category	Sounds	<i>n</i>	% of total	Category	Sounds	<i>n</i>	% of total
Voices	Murmuring crowd	11	49% ( $n = 70$ )	Bells	Doorbell	23	24% ( $n = 34$ )
	Hearing one's name	16			Telephone	9	
	Indistinctive voices	17			Church bells	2	
	Indistinctive voice	4			Triangle	2	
	Indistinctive male voice	3			Bells, unspecified	2	
	Single distinctive words	5		Machines	Stationary car	2	7% ( $n = 10$ )
	Question from acquaintance	3			Helicopters	2	
	Children's voices	2			Washing machine	2	
	Wife's voice	1			Motorcycle	1	
	Threatening voices	1			Truck	1	
	News bulletin	1			Road sweeper	1	
	Screaming	1			Industrial sounds	1	
	Clairaudient messages	1			Passing train	1	
	Rhymes	1			Vacuum cleaner	1	
	Arabian prayer	1			Clinging metal pipe	1	
	Dangerous assignments	1		Coffee machine	1		
	Voices/voice, unspecified	11					
Music	Music previously heard	7	36% ( $n = 52$ )	Animals	Whistling birds	3	5% ( $n = 7$ )
	Radio with musical excerpts	4			Chirping crickets	2	
	Singing (choir)	3			Buzzing fly	1	
	Orchestras	3			Barking dogs	1	
	Male choir	2		Other	Sirens/ambulance	6	23% ( $n = 33$ )
	Christmas carols	2			Crying children	4	
	Children's songs	2			Radio, unspecified	3	
	Modern/pop songs	2			Running water	3	
	Classical music	2			Alarm clock	2	
	Instrumental music	2			Children playing	2	
	Club/discotheque music	2			Footsteps	2	
	Bach	1			Falling stuff	2	
	Ave Maria	1			Gusts of wind/storm	2	
	Violin music	1			Closing door	2	
	Harp music	1			Rumbling in cellar	1	
	Singing (solo)	1			Clattering of fence	1	
	Organ music	1			Alarm, unspecified	1	
	Folk music	1			Radio, white noise	1	
	German opera	1			Opening door	1	
	Psalms	1			Rain against window	1	
Techno beat	1	Deflating air valve	1				
Big band	1	Explosions	1				
Melodic voices	1	Whistle of late husband	1				
Nostalgic music	1	Clock	1				
Female choir	1						
Melodious Christmas' bells	1						

impairment) to factors generally associated with hallucinations (i.e. loneliness, visual impairment, schizotypal personality traits, cognitive impairment), as well as studying neurocognitive and neuroimaging markers to test potentially underlying mechanisms, such as disturbances in source monitoring and deafferentation (Linszen *et al.* 2016).

### Strengths and limitations

A core strength of this study is its sample size. Apart from strengthening the statistical power of our analyses, we could include a sample with a wide distribution of hearing impairment across different levels of severity, while the age range is high. This increases the generalizability of our findings.

The practical design of the study, modeled to comparable pioneering studies on musical hallucinations (Teunisse & Olde Rikkert, 2012) and Charles Bonnet syndrome (Teunisse *et al.* 1996), allows for easy availability of high-quality, objectified assessment of hearing impairment, obtained regardless of study participation.

A potential limitation of the study is the use of a commonly used, yet non-validated questionnaire to assess auditory hallucinations. Despite this, we deliberately chose this interview as it is specifically designed to assess hallucinations in patients with hearing deficits. This is contrary to the questionnaires commonly used in schizophrenia, which are typically designed to solely assess auditory verbal hallucinations and thus appeared less applicable.

In order to enhance participation rates and maximize coverage of the approached population, the study design did not allow for assessments other than those on hearing and on auditory hallucinations. Hence, it was not possible to objectively assess other factors that may be of influence on the observed association between auditory hallucinations and impaired hearing, in particular cognitive functioning and visual impairment. In older adults, hearing impairment is associated with cognitive decline (Lin *et al.* 2013), and co-occurrence of visual impairment is common (Schneider *et al.* 2011). As both factors have been previously suggested to underlie hallucinations (Teunisse *et al.* 1996; Ffytche, 2007; Waters *et al.* 2012), they may have confounded our observations. Also, since we have no sufficient data on the functioning of other senses and the presence of hallucinations in other modalities, it is uncertain whether the observed phenomenon is specific to the auditory modality. Further research is necessary to unravel the influence of such potential confounding factors, as they may provide important alternative clinical targets and scientific explanations to the ones suggested in this paper.

The study has been carried out in patients referred to a tertiary center for audiometric testing. While its comparability to a more general population cannot be measured directly, the observed prevalence rate of hallucinations in the non-impaired group is similar to the rates in the general population (Linscott & van Os, 2013), suggesting generalizability.

Not all patients that visited the Department of ENT-Audiology during active recruitment could participate in this study. We cannot rule out the possibility that this has influenced our results, although demographic and audiometric data of non-participants were not substantially different from participants (online Supplementary Table S1) and most reasons for non-participation are likely to be random (i.e. not enough time between appointments, no available interviewer, audiology technician forgot to ask for participation).

Finally, due to the cross-sectional design of this study, it is not possible to draw time-related conclusions to the observed associations. Future longitudinal studies on auditory hallucinations in hearing-impaired patients can be of added value to further understand this phenomenon, by learning more about its natural course, prognosis, and response to decreasing or increasing changes in levels of hearing impairment, either due to the course of disease or to hearing interventions.

### Conclusion

Auditory hallucinations occur in 16% of adults with hearing impairment, with a strong association between the severity of impairment and the prevalence of hallucinations, reaching 24% in the most severe group. Given the substantial prevalence rates, auditory hallucinations should be assessed in patients with hearing impairment. Our findings also stress that patients with auditory hallucinations should be evaluated for the presence of hearing impairment, since this a potentially treatable factor in hallucinations.

**Supplementary material.** The supplementary material for this article can be found at <https://doi.org/10.1017/S0033291718000594>

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**Conflicts of interest.** None.

**Ethical standards.** The authors assert that all procedures contributing to this work comply with the ethical standards of the relevant national and institutional committees on human experimentation and with the Helsinki Declaration of 1975, as revised in 2008.

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