Measuring non-cognitive predictors in high-stakes contexts: The effect of self-presentation on self-report instruments used in admission to higher education

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Abstract

Non-cognitive constructs such as personality traits and behavioral tendencies show predictive validity for academic performance and incremental validity over and above cognitive constructs. Therefore, non-cognitive predictors are increasingly used in admission procedures for higher education, typically measured using self-report instruments. It is well known that self-report instruments are sensitive to self-presentation, especially in high-stakes contexts. However, remarkably few studies investigated the effect of self-presentation on predictive validity. The effect of self-presentation in applicants to an undergraduate psychology program was studied using a repeated measures design. Respondents completed self-report questionnaires measuring non-cognitive predictors of academic performance before admission to the program, and again after admission. Scores were compared between contexts, as well as predictive validity, incremental validity, and potential hiring decisions. Results showed differences in scores between contexts on all scales, attenuated predictive validity for most scales, attenuated incremental validity when scores obtained in the admission context were used, and effects on admission decisions. In conclusion, validity results based on scores measured in low-stakes contexts cannot simply be generalized to high-stakes contexts. Furthermore, results obtained in a high-stakes context may result in self-presentation irrespective of whether participants are informed that their scores are used for selection decisions or not.

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1. Introduction

Non-cognitive characteristics such as personality and work styles are the most commonly assessed constructs in personnel selection (Ryan et al., 2015). With the increasing interest in using non-cognitive predictors in admission procedures to higher education in addition to cognitive predictors, this industry is expanding to the educational field (e.g., Kyllonen, Lipnevich, Burrus, & Roberts, 2014; Kyllonen, Walters, & Kaufman, 2005; Schmitt, 2012). Research has shown that non-cognitive predictors such as personality traits, motivation, and self-regulation are associated with academic performance and show incremental validity over and above cognitive predictors (e.g., Richardson, Abrahams, & Bond, 2012). Furthermore, non-cognitive measures are also used to predict broader outcomes than GPA, like job performance, leadership, and interpersonal skills (Lievens, 2013; Schmitt, 2012). The most common method to assess non-cognitive predictors is through self-report questionnaires. However, many studies have shown that self-report questionnaires are susceptible to self-presentation behavior (Viswesvaran & Ones, 1999). Very few predictive validity studies of non-cognitive admission instruments have been conducted with actual applicants. Data are usually collected for research purposes in low-stakes contexts, where the occurrence of self-presentation behavior is less common than in high-stakes selection contexts.

Self-presentation behavior can be intentional (impression management) or unintentional (self-deception; e.g., Paulhus, 1991; Pauls & Crost, 2004). Since it is difficult to distinguish these two kinds of behavior and we often do not know whether response distortions were deliberate or unconscious, we chose to use the neutral term self-presentation. Self-presentation in self-report questionnaires used for college admissions is rarely investigated. Furthermore, in both the educational literature and in the personnel selection literature there are very few studies that use the recommended (e.g., Ryan & Boyce, 2006) repeated measures design, actual applicants, and representative criterion data (for an exception see Peterson, Griffith, Isaacson, O’Connell, & Mangos, 2011). When self-report questionnaires are used for selection purposes it is important to have an understanding of the size of self-presentation effects on predictor scores, and whether self-presentation behavior affects the validity of predictor scores in operational settings. The aim of this study was to fill this gap and to investigate self-presentation
in non-cognitive questionnaires in a sample of actual college applicants, using a repeated measures design.

1.1. Some findings in the literature

1.1.1. Studies in personnel selection

Many studies concerning self-presentation in self-report instruments have been conducted in the context of personnel selection. In summary, these studies indicated that self-report instruments can easily be faked when respondents are instructed to do so (Viswesvaran & Ones, 1999). Furthermore, in their meta-analysis, Birnkan, Manson, Kisamore, Brannick, and Smith (2006) concluded that applicants showed self-presentation behavior in actual high-stakes selection on all Big Five personality constructs, with the largest effect sizes for Conscientiousness and Emotional stability. Also, there were individual differences in the extent of self-presentation behavior (McFarland & Ryan, 2000; Rosse, Stecher, Miller, & Levin, 1998), which affects the rank-ordering of applicants and inferences hiring decisions (Hartman & Grubb, 2011; Rosse, Stecher, Miller, & Levin, 1998). Applicants who show self-presentation tend to rise to the top of the rank order, which can negatively affect the utility of the selection procedure, especially when selection ratios are low (Mueller-Hanson, Heggestad, & Thornton, 2003).

Construct validity is also often affected by self-presentation; instruments measuring the Big Five often yield a sixth ‘ideal employee’ factor in applicant samples, with high loadings for items that describe desirable personality dimensions (Klehe et al., 2012; Schmit & Ryan, 1993). In addition, based on the literature it is difficult to draw a clear conclusion about the effect of self-presentation on predictive validity (Morgeson, Campion, Dipboye, Hollenbeck, Murphy, & Schmitt, 2007a, 2007b). Based on a meta-analysis correcting scale scores for social desirability, Ones, Viswesvaran, and Reiss (1996) concluded that self-presentation does not affect predictive validity, while other studies did find attenuating effects of self-presentation or test-taking motivation on predictive validity (e.g., O’Neill, Coffin, & Gellaty, 2010; Peterson, Griffith, Isacson, O’Connell, & Mangos, 2011). However, an important observation is that studies that found an attenuating effect mostly used between-subjects designs with an honest condition and a faking condition, whereas studies that found no effect mostly used one-sample designs and controlled non-cognitive scores for scores on a social desirability scale. Peterson et al. (2011) found that scores on a social desirability scale were not related to applicant faking, so results based on this approach may have underestimated the effect of self-presentation on predictive validity (Griffith & Peterson, 2008).

1.1.2. Studies in educational selection

Many individual studies and meta-analyses have shown that scores on non-cognitive predictors can predict academic performance and have incremental validity over and above cognitive tests scores and high school GPA. In their meta-analysis, Richardson, Abrahams, and Bond (2012) found correlations around r = 0.30 between college GPA and Conscientiousness, procrastination, academic self-efficacy, and effort regulation, and correlations of r ≥ 0.50 between college GPA and performance self-efficacy and grade goal. Such results promote the use of non-cognitive predictors in admission decisions (e.g., Kappe & van der Flier, 2012), and supplementing cognitive tests with non-cognitive questionnaires for admission or matching purposes is increasingly popular (e.g., Kylloren, Walters, & Kaufman, 2005; Kylloren, Lipnevich, Burrus, & Roberts, 2014; Schmitt, 2012). However, most predictive validity studies were not conducted in actual admissions contexts, but used volunteers for whom the stakes were low. The question is whether results of such studies can be generalized to high-stakes admission contexts. The literature on assessing non-cognitive predictors, either in personnel selection or in educational selection, does not provide an answer to this question. Furthermore, results based on personnel selection samples may not generalize to educational selection samples. Several studies have found a positive relationship between cognitive ability and self-presentation score inflation (e.g., Tett, Freund, Christiansen, Fox, & Coaster, 2012; Pauls & Crot, 2004). Given the above average cognitive ability of applicants to higher education they may show more score inflation than applicants in a personnel selection context.

In a study using respondents who were instructed to fake, self-presentation attenuated the predictive validity of GPA for a situational judgment test measuring study-related behavioral tendencies (Peeters & Lievens, 2005). Similar results were found for Big Five personality constructs (Huws, Reddy, & Talcott, 2009), except when an impasive scoring format was used (Hirsh & Peterson, 2008). However, these studies may overestimate the extent and effect of self-presentation because respondents who were instructed to fake tend to show more score inflation than actual applicants (Birkeland et al., 2006). The only study that used actual applicants instead of instructed self-presentation and a repeated-measures design was Griffin and Wilson (2012). In a sample of medical school applicants, they found higher scores in the high-stakes context than in the low-stakes context for all Big Five personality scales except for Agreeableness. Almost two-thirds of the applicants had higher scores in the selection context than in the research context on at least one subscale, and scores on the Conscientiousness scale showed the largest mean difference between the two settings. However, effects on predictive validity were not examined in this study.

1.1.3. Aim of the present study

So, in spite of the large body of literature about self-presentation, we still do not know if and to what extent self-presentation behavior affects predictive validity in operational contexts. As noted by Peeters and Lievens (2005), results based on participants who were instructed to fake may show the results of a worst-case scenario rather than realistic outcomes. Therefore, the main aim of this study was to investigate the effect of self-presentation on the predictive validity and incremental validity of non-cognitive predictors using actual applicants, using a repeated measures design. The Big Five personality traits, procrastination tendencies, perceived academic skills and academic competence, and grade goal were measured using self-report Likert-format questionnaires. We examined (1) to what extent self-presentation behavior occurred, (2) the effect of self-presentation on the predictive validity of the self-reported non-cognitive predictors, (3) the effect of self-presentation on the incremental validity of the self-reported non-cognitive predictors, and (4) the effect of self-presentation behavior on potential admission decisions and criterion performance of admitted applicants. Agreeableness, Neuroticism, Extraversion, and Openness tend to show no or small relationships with academic performance (Richardson et al., 2012), so they were not included in analyses involving predictive validity, incremental validity, or admission decisions, but we did study if self-presentation behavior occurred on these predictors.

2. Method

2.1. Respondents and procedure

All applicants to an undergraduate psychology program at a Dutch university in the academic year 2014–2015 were invited to complete several questionnaires before admission tests were administered and admission decisions were made. We refer to this measurement as the admission context. The applicants were informed that the aim of filling out these questionnaires was to measure non-cognitive constructs that were related to academic performance, but that their scores would not be used in admission decisions and were collected for research purposes only. Standard instructions for filling out the questionnaires were provided to the respondents. Five months later, after the start of the academic year, all students who completed the questionnaires before admission and who enrolled in the program could voluntarily participate in filling out the questionnaire a second time for course credit. Participants were told that the second administration of the questionnaires
was conducted to study the consistency of responses over time; they did not know that the specific interest was self-presentation, but they were informed about this after completing the questionnaires. We refer to this measurement as the research context. The instructions and questionnaires were identical to the first administration. Both administrations were conducted online via a survey tool.

There were 140 students who filled out the questionnaires at both time-points (21% of all first-year students). The mean age was 19 (SD = 1.4), and 81% was female. The proportion of females enrolled in this program is traditionally high, around 70%, thus women were slightly overrepresented in this study. The program consists of an English track and a Dutch track with similar course content. Thirty-one percent of the respondents were enrolled in the Dutch track. Thirty-four percent of the respondents were Dutch, 53% were German, 10% had another European nationality, and 3% had a non-European nationality.

2.2. Measures

The Big Five personality dimensions (Agreeableness, Extraversion, Neuroticism, Conscientiousness, and Openness to Experience) were assessed using the Big Five Inventory (BFI; John, Donahue, & Kentle, 1991). The BFI consists of 44 items with eight to ten items for each dimension. Each item was answered on a five-point Likert-scale (1 = strongly disagree through 5 = strongly agree). Cronbach’s alpha ranged from 0.64 (Openness) to 0.84 (Extraversion) when administered in a research context, and from 0.54 (Openness) to 0.78 (Extraversion) when administered in an admission context.

Procrastination tendencies were measured with Lay’s Procrastination Scale (Lay, 1986). This scale consists of 20 items and each item was answered on a five-point Likert-scale (1 = never through 5 = all of the time). Cronbach’s alpha was 0.82 in the research context and 0.72 in the admission context.

The Study Management and Academic Results Test (Kleijn, van der Ploeg, & Topman, 1994) was used to measure perceived academic skills (academic competence, test competence, time management, and strategic studying). The SMART contains 29 items and each item is answered on a five-point Likert-scale (1 = almost never through 4 = nearly always). Cronbach’s alpha ranged from 0.60 (strategic studying) to 0.79 (academic competence) in the research context and from 0.51 to (academic competence) to 0.68 (test competence) in the admission context. Grade goal was measured by one item asking for the expected mean grade in the first year of the psychology program on a scale from 1 to 10, with a 5.5 or higher representing a pass. Furthermore, to study incremental validity, scores on a trial-studying exam were collected. All respondents took this exam as part of the admission procedure to the program and it consisted of questions about two chapters from an introductory book about psychology. This exam was a good predictor of FYGPA (for further details see Niessen, Meijer, & Tendeiro, 2016; Meijer & Niessen, 2015).

Data for two relevant criteria were collected: academic performance and dropout during the first year. Academic performance was operationalized as first year GPA (FYGPA), that is, the mean grade across all course-grades obtained in the first year. Respondents provided informed consent and permission to obtain their grades and dropout records through the university administration.

2.3. Data-analysis

To assess whether self-presentation behavior occurred, mean scores for all scales obtained at each administration were computed and dependent samples t-tests were conducted. To investigate how many respondents showed self-presentation behavior, 95% confidence intervals were computed around each individual score obtained during administration in the research context. The confidence intervals were computed around the estimated true score (based on the reliability of the test, the observed score, and the mean observed score; Gulliksen, 1950) using Cronbach’s alpha. Respondents who obtained a score above the upper bound for positive predictors or below the lower bound for negative predictors in the admission context were classified as having shown self-presentation behavior. Grade goal was not included in this analysis since it was measured using one item.

In all further analyses, Agreeableness, Extraversion, Neuroticism, and Openness scores were not included because earlier research showed no or very small relationships with academic performance (e.g., Richardson et al., 2012). These predictors were included in the survey because Big Five questionnaires are usually not administered as separate scales and only administering the Conscientiousness items could affect self-presentation behavior. To assess the effect of self-presentation on predictive validity, correlations were computed between predictor scores obtained in the admission context or in the research context, and FYGPA and dropout. The correlations were compared using t-tests for dependent correlations (Steiger, 1980). The effect on incremental validity for predicting FYGPA was studied by conducting two hierarchical multiple regression analyses. In the first step, scores on a cognitive trial-studying exam were added. In the second step, either the non-cognitive predictor scores obtained in the admission context or the predictor scores obtained in the research context were added.

To investigate the influence of self-presentation on admission decisions we investigated to what extent the same decisions would be made about the applicants based on scores obtained in both contexts. All respondents were ranked according to their scores obtained in both contexts. Because scores on several predictors are often combined in actual admission procedures, and using single scales would result in many ties, we investigated admission decisions based on two composite scores. First, a composite score across all relevant non-cognitive predictors was computed (Conscientiousness, procrastination, the four SMART scales, and grade goal), with equal weights for each predictor. Second, a composite score based on the non-cognitive composite and the score on the trial-studying exam (that was not sensitive to self-presentation), with equal weights for the trial-studying score and the non-cognitive composite score. The scores on each predictor were standardized first. The sign of the standardized procrastination score was reversed, so that a high score on this scale indicated a low tendency to procrastinate and a low score indicated a high tendency to procrastinate. Based on the rankings and using several selection ratios, percentages of incorrectly rejected respondents and percentages of incorrectly admitted respondents were computed, assuming that scores obtained in the research context were true responses. Incorrectly rejected respondents were defined as respondents who would have been rejected based on their rank obtained in the admission context, but would have been accepted based on their rank obtained in the research context. Incorrectly accepted respondents were defined as respondents who would have been accepted based on their rank obtained in the admission context, but would have been rejected based on their rank obtained in the research context.

To study the effects on criterion performance, the mean FYGPA for selected applicants for different hypothetical selection ratios were computed, based on both the non-cognitive composite and the composite of the non-cognitive scores and the trial-studying exam obtained in both contexts.

3. Results

3.1. Occurrence, extent, and prevalence of self-presentation

Descriptive statistics for each predictor in both contexts, t-test results, and effect sizes for the differences in scores between both contexts are presented in Table 1. The differences between mean scores obtained

\[ X \pm t_{(df)} \times s.e. \times \sqrt{N} \]

1 For the calculation of effect sizes, we used the formula:

\[ \text{Cohen's } d = \frac{M_1 - M_2}{\text{pooled standard deviation}} \]

where

\[ M_1 \] and \[ M_2 \] are the means of the two groups, and

\[ \text{pooled standard deviation} = \sqrt{\frac{(n_1 - 1) s_1^2 + (n_2 - 1) s_2^2}{n_1 + n_2 - 2}} \]
in each context are all in the direction that was expected when self-presentation occurred. When comparing scores obtained in the admission context to scores obtained in the research context, it is clear that respondents scored higher on positively evaluated predictors like Conscientiousness and test competence, and lower on the negatively evaluated predictors Neuroticism and procrastination tendencies. All differences were statistically significant, with small to moderate effect sizes in terms of Cohen (1988). Thus, these findings suggested that self-presentation behavior occurred when the questionnaires were administered in an admission context.

Self-presentation behavior also occurred on the Big Five scales that are not or only weakly related to academic performance (Agreeableness, Extraversion, Neuroticism, and Openness), but to a slightly lesser extent. Table 1 shows the percentage of respondents that showed self-presentation for each scale, based on the 95% confidence intervals around their scores obtained in the research context, compared to their scores obtained in the admission context. Conscientiousness, test competence, and procrastination showed the largest percentages of self-presentation, but the differences in the prevalence of self-presentation between the subscales were small. Seventy-three percent of all respondents were identified as having shown self-presentation on at least one scale.

### 3.2. Self-presentation and predictive validity

Table 2 presents the correlations between predictor scores obtained in both contexts and the criteria. In the admission context, only Conscientiousness had a significant but small positive correlation with FYGPA. For scores obtained in the research context, test competence, time management showed small positive correlations with FYGPA, and procrastination showed small negative correlations with FYGPA. Conscientiousness showed a moderate positive correlation with FYGPA, and grade goal showed a large positive correlation with FYGPA. For predicting dropout, none of the predictors showed a significant correlation when obtained in the admission context, whereas Conscientiousness and grade goal showed significant small to moderate negative correlations when obtained in the research context. In addition, there were significant differences between the correlations in the admission contexts for five of the seven predictors for FYGPA and four of the seven predictors for drop out. These results showed that administering these self-report scales in an admission context significantly attenuated the predictive validity of most predictors.

### 3.3. Self-presentation and incremental validity

Hierarchical multiple regression analyses showed that the trial-studying exam alone predicted FYGPA with $R^2 = 0.20$ ($F_{(1138)} = 34.31, p < 0.01$). Adding the non-cognitive predictor scores obtained in the admission context in a second step yielded $\Delta R^2 = 0.06$ ($F_{(7131)} = 1.49, p = 0.18$, model $R^2 = 0.26$, $R^2_{adj} = 0.21$). Adding the non-cognitive predictor scores obtained in the research context in a second step yielded $\Delta R^2 = 0.19$ ($F_{(7131)} = 5.76, p < 0.01$, model $R^2 = 0.39$, $R^2_{adj} = 0.35$). Thus, in the admission context, the non-cognitive predictors added little explained variance over and above the trial-studying exam, but in the research context they explained an additional 19% of the variance in FYGPA.

### 3.4. Self-presentation and admission decisions

Table 3 shows the percentages of incorrectly rejected respondents and incorrectly accepted respondents for several selection ratios, assuming that scores obtained in the admission context were true responses. When a composite of the non-cognitive predictors would be used to select the respondents and the selection ratio is low, substantial proportions of respondents would be incorrectly admitted based on their scores obtained in the admission context. When the selection ratios are high, fewer respondents would be incorrectly accepted, but a substantial proportion of the rejected respondents would be incorrectly rejected. For example, when 10% of the applicants would be selected based on their rank obtained in the admission context, 57% of the selected applicants would not have been selected based on their rank obtained in the research context. When 80% of the applicants would be selected based on their rank obtained in the admission context, 61% of the rejected applicants would not have been rejected based on their rank obtained in the research context. Even when the non-cognitive composite scores were combined with a test score that was not susceptible to self-presentation, this result was still observed, but percentages of incorrectly rejected and incorrectly accepted applicants were smaller. Thus, self-presentation would affect the rank ordering of respondents, and, as a result, would affect admission decisions.
obtained in the admission contexts, the stricter selection was not

However, when inspecting the composite scores based on scores
context show some deviations, they roughly re
all graphs. Although the trends based on scores obtained in the research
criterion is positive. So, we would expect a descending trend in
performance of the selected group, given that the validity coef
ratios. Theoretically, stricter selection leads to higher criterion perfor-
used. What stands out is the distribution of the FYGPA’s across selection
were smaller when a composite including the trial-studying test was
pected based on the validity results discussed earlier. These differences
selected based on scores obtained in the admission context, as was ex-
scores obtained in a research context performed better than applicants
context, as expected based on the validity results discussed earlier. These differences
were smaller when a composite including the trial-studying test was
used. What stands out is the distribution of the FYGPA’s across selection
ratios. Theoretically, stricter selection leads to higher criterion perform-
ance of the selected group, given that the validity coefficient of the se-
lection criterion is positive. So, we would expect a descending trend in
all graphs. Although the trends based on scores obtained in the research
context show some deviations, they roughly reflect the expected ordering.
However, when inspecting the composite scores based on scores
obtained in the admission contexts, the stricter selection was not

3.5. Self-presentation and criterion performance

If self-presentation behavior negatively affects predictive validity
and admission decisions, it may also negatively affect the criterion per-
formance of admitted applicants. This hypothesis was explored by
looking at the mean criterion performance of admitted applicants for
several selection ratios, based on the non-cognitive composite scores
and the non-cognitive and trial-studying test composite scores, in
both contexts. Fig. 1 shows that overall applicants selected based on
scores obtained in a research context performed better than applicants
selected based on scores obtained in the admission context, as was ex-
pected based on the validity results discussed earlier. These differences
were smaller when a composite including the trial-studying test was
used. What stands out is the distribution of the FYGPA’s across selection
ratios. Theoretically, stricter selection leads to higher criterion perform-
ance of the selected group, given that the validity coefficient of the se-
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all graphs. Although the trends based on scores obtained in the research
context show some deviations, they roughly reflect the expected ordering.
However, when inspecting the composite scores based on scores
obtained in the admission contexts, the stricter selection was not

Table 3

<table>
<thead>
<tr>
<th>SR</th>
<th>Non-cognitive composite</th>
<th>Non-cognitive/test composite</th>
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<tr>
<td></td>
<td>IA%</td>
<td>IR%</td>
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<td>5</td>
</tr>
<tr>
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<tr>
<td>0.90</td>
<td>9</td>
<td>79</td>
</tr>
</tbody>
</table>

Note. SR = selection ratio. IA% is the percentage of incorrectly admitted respondents (as a percentage of all admitted respondents given the selection ratio). IR% is the percentage of incorrectly rejected respondents (as a percentage of all rejected respondents given the se-
lection ratio). IA% and IR% are not independent, IR% = IA%*(SR/1-SR), and IA% = IR%*(1-
SR/SR).

4. Discussion

The results showed that scores on non-cognitive predictors were in-
flated when obtained in an admission context compared to scores ob-
tained in a research context, but with smaller effect sizes than often
found in instructed faking studies (Birkeland et al., 2006). On each
scale, approximately 20% of the respondents significantly inflated their
scores in the admission context. Also, the reliabilities of the scales
were often lower in the admission context than in the research context.
This shows that the same respondents behaved differently on non-cog-
nitive questionnaires depending on the context in which these ques-
tionnaires were administered. Furthermore, the non-cognitive predictors showed substantial predictive validity and incremental validity
over and above the trial-studying test when measured in a low-
stakes research context, as expected based on the results discussed in
existing studies (e.g. Richardson et al., 2012). However, while score in-
flation in the admission context was not large, the predictive validity
and incremental validity were attenuated for most scales when scores
were obtained in the admission context. The most striking difference
was found for grade goal, which did not significantly predict FYGPA or
dropout when measured in the admission context, but showed a high
positive correlation with FYGPA and a moderate negative correlation
with dropout when measured in a research context. An explanation for the
seemingly contradictory findings of this attenuation effect on the
one hand and the small to moderate differences between effect sizes
across contexts on the other, may be that self-presentation behavior is
not restricted to score inflation (Kiefer & Benit, 2016). For instance, an
applicant who perceives an item as irrelevant for the position they are
applying to may choose a neutral response option instead of an option
that reflects the applicant's characteristics, changing the score without
necessarily inflating it (Ziegler, 2011). Finally, admission decisions based
on a composite score of the non-cognitive predictors, or on a composite
score also including a non-self-report exam, were affected by self-presen-
tation behavior. This showed the possible impact of using self-presentation
measures on individual applicants. Applicants can be rejected as a
result of other applicant’s self-presentation behavior, leading to fairness
issues. In addition, this can also lead to decreased criterion performance

Fig. 1. Mean criterion performance (FYGPA) for each hypothetical selection ratio, for predictor composites obtained in the admission context and in the research context.
in the selected group, making the utility of the selection procedures smaller or even negative, especially when selection ratios are low.

4.1. Practical solutions for self-presentation

Our results confirmed that certain personality traits and behavioral tendencies predict academic performance, and have incremental validity over and above cognitive predictors, such as scores on an exam. However, these results cannot simply be applied and generalized to selection practices and high-stakes assessment, as some studies have implied (e.g., Chamorro-Premuzic & Furnham, 2003; Schmitt, 2012).

Self-report measures using Likert-scales may be the most ‘fakable’ instruments available, and there are some methods that may be used to reduce self-presentation behavior. Examples are providing warnings that self-presentation can be detected (e.g. Burns, Fillipowski, Morris, & Shoda, 2015), using other-ratings rather than self-reports (Ziegler, Danay, Schölmerich, & Bühner, 2010), indirect measures, such as conditional reasoning tests (James, 1998) and, often mentioned as the most viable solution, using forced-choice or ipsative item formats (Hirsh et al., 2008; O’Neill et al., in press; Stark et al., 2014). However, these methods remain understudied in actual applicant samples and thus far results are far from unanimous. Respondents tend to show the same response biases in other ratings as in self-ratings (Brown, 2016), and indirect measures were found susceptible to faking when their purpose was disclosed (Bowler & Bowler, 2014; O’Neill et al. (in press) compared actual applicants’ scores to honest respondents’ on a Likert-format personality questionnaire and a forced-choice personality questionnaire and found differences with medium to large effects sizes for both instruments.

Furthermore, developing a psychometrically sound instrument based on forced-choice items takes a lot of time and effort. The development and research of forced-choice instruments is still preliminary. These instruments might contribute to a solution to the self-presentation problem, but more research is needed before such conclusions can be drawn and we are certainly not there yet (Brown, 2016). Another risk is that, as Kyllonen et al. (2005, p. 177) discussed, “the coaching industry would quickly crack the code on any non-cognitive measure and translate that into a successful strategy for defeating the measure if it were a self-assessment”. This could lead to even more problematic results. For instance, Zickar and Robie (1999) found that respondents who were coached to fake showed more score inflation than respondents who were instructed to fake, but not coached.

4.2. Limitations

Our sample was obtained from one cohort of psychology students and female applicants were overrepresented. Therefore, we encourage replication studies that use larger and more representative samples from educational and personnel selection contexts. Furthermore, only applicants who enrolled in the program were asked to participate in the second administration. It would have been valuable to include applicants who decided not to enroll. Furthermore, an alternative explanation for our findings is that the applicants actually changed, for example, with respect to their motivation between both measurements, as a result of their transition to higher education. However, given the direction of the change (lower score on desirable traits and higher scores on undesirable traits after starting higher education), this seems unlikely and is also inconsistent with findings in the literature about changes in personality across the lifespan (Roberts, Walton, & Viechtlbauer, 2006). It could also be possible that scores obtained during the second measurement were better predictors because the participants gained more insight in their own characteristics and behavior after starting higher education, and were able to provide more accurate self-assessments. This would, however, yield the same conclusion about the predictive validity of self-reported non-cognitive predictors in admission contexts.

In this study, applicants completed the questionnaires for research purposes in both administrations and the scores obtained in the admissions context were not used to make admission decisions. This may not be entirely representative for situations where such questionnaires are actually used to select students. This implies that the self-presentation effect will likely to be at least as strong when these questionnaires are actually used for selection. Note that we assumed that completing these instruments in an applicant context, even when it was clearly communicated that it was for research purposes, would induce self-presentation and, therefore served as a proxy for high-stakes assessment. However, Stark et al. (2014) assumed that such a situation serves as a proxy for low-stakes assessment. Stark et al. (2014) studied self-presentation in forced-choice personality tests developed for the U.S. military by comparing scores obtained by applicants for selection purposes to scores obtained by applicants for research purposes. They found small differences between scores obtained in both groups. The results of our study indicated that responses collected for research purposes in an applicant situation resemble those typical for a high-stakes context, and may not be suitable to serve as a proxy for low-stakes assessment in self-presentation research. An important alternative explanation for the small differences found by Stark et al. (2014), is that self-presentation occurred in both samples, opposed to concluding that the instrument was ‘self-presentation proof’.

4.3. Conclusion

In conclusion, personality traits and behavioral tendencies are vital in understanding performance in various domains, including academic performance. Therefore, it is appealing to include these variables when making high-stakes decisions, such as admission decisions. However, we conclude that at the moment there are no undisputed valid ways to measure these constructs validly in high-stakes contexts. Ignoring the context when using self-report instruments in high-stakes selection can have negative effects with respect to fairness and utility. In future research, authors should explicitly state the intended use of non-cognitive self-report instruments, and most importantly, conduct validation research in the intended context of use. Such a practice would aid the generalizability and replicability of the findings in our field.

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