

## University of Groningen

### Picking up the pace

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Picking up the pace

FINISH

The development  
of pacing behaviour  
during adolescence

Stein Menting



# **Picking up the pace**

The development of pacing behaviour during adolescence

**Stein Menting**

Research presented in this thesis has been conducted at:  
The Center for Human Movement Sciences, part of the University Medical Center  
Groningen, University of Groningen, Groningen, The Netherlands, in cooperation with  
the Department of Sport, Exercise & Rehabilitation, Faculty of Health and Life Sciences,  
Northumbria University, Newcastle, United Kingdom.

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university of  
 groningen

# Picking up the pace

The development of pacing behaviour during adolescence

## PhD thesis

to obtain the degree of PhD at the  
 University of Groningen  
 on the authority of the  
 Rector Magnificus Prof. C. Wijmenga  
 and in accordance with  
 the decision by the College of Deans.

This thesis will be defended in public on

Wednesday 13 September 2023 at 12.45 hours

by

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