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### Defective FXR-FGF15 signaling and bile acid homeostasis in cystic fibrosis mice can be restored by the laxative polyethylene glycol

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1 **Defective FXR-FGF15 signaling and bile acid homeostasis in cystic fibrosis mice**  
2 **can be restored by the laxative polyethylene glycol**

3

4 **Running title:** Laxative restores FXR-FGF15 signaling in CF mice

5

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26

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28 interpreted data. HJV, JWJ, FAJAB, MD and IPvdP designed the experiments. HJV, JWJ,  
29 FAJAB, HdJ and MB supervised research and interpreted data. AB, IPvdP, HJV and JWJ  
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39

40 **ABSTRACT**

41 The gastrointestinal phenotype of cystic fibrosis (CF) features intestinal bile acid (BA)  
42 malabsorption, impaired intestinal farnesoid X receptor (FXR) activation and consequently  
43 reduced fibroblast growth factor 19 (FGF19, FGF15 in mice) production. The osmotic  
44 laxative polyethylene glycol (PEG) has been shown to decrease intestinal mucus  
45 accumulation in CF mice and could, by doing so, improve BA reabsorption. Here we  
46 determined the effect of PEG on BA excretion and FXR-FGF15 signaling in CF mice. Male  
47 *Cftr*<sup>-/-tm1Unc</sup> (CF) and wild type (WT) littermates were administered PEG 4000 in drinking  
48 water and fed either chow or a semisynthetic diet. PEG was withdrawn for three days  
49 before termination. Fecal BA excretion was measured at PEG dosages of 37 g/L (100%)  
50 and 0 g/L (0%). Ileal FXR activation was assessed by gene expression of its downstream  
51 targets *Fgf15* and *Shp*. In CF mice, PEG withdrawal increased fecal BA excretion on either  
52 diet as compared to full PEG dosage (chow, 2-fold,  $p=0.06$ ; semisynthetic, 4.4-fold,  
53  $p=0.007$ ). PEG withdrawal did not affect fecal BA excretion in WT mice on either diet. After  
54 PEG withdrawal, gene expression levels of intestinal FXR target genes *Fgf15* and *Shp*  
55 were decreased in CF mice, but unaffected in WT littermates. PEG did not affect the gene  
56 expression of the main intestinal BA transporter ASBT. PEG treatment ameliorates  
57 intestinal BA malabsorption in CF mice and restores intestinal FXR-FGF15 signaling,  
58 independently from *Asbt* gene expression. These findings highlight the potential of PEG in  
59 the prevention and treatment of the gastrointestinal phenotype of CF.

60

61 **New & Noteworthy:** A gastrointestinal feature of cystic fibrosis is bile acid malabsorption  
62 and consequent impairment of FXR-FGF15 signaling. FXR-FGF15 signaling regulates  
63 various metabolic processes and could be implicated in metabolic and gastrointestinal  
64 complications of cystic fibrosis, such as diabetes and liver disease. In cystic fibrosis mice,

65 treatment with the osmotic laxative polyethylene glycol is associated with decreased fecal  
66 bile acid loss and restoration of FXR-FGF15 signaling.

67

68 **Keywords:** cystic fibrosis, bile acids, FXR, FGF15, polyethylene glycol

69

## 70 INTRODUCTION

71 Cystic fibrosis (CF) is an autosomal recessive disease caused by mutations in the  
72 *CFTR* gene. CFTR functions as an ion channel to regulate chloride and bicarbonate  
73 transport and water volume on epithelial surfaces (25). In CF, reduced CFTR function in  
74 the epithelia of mucin-producing organs leads to the accumulation of viscous mucus,  
75 which promotes obstruction, infection and inflammation (12). Although the main cause of  
76 death in CF is lung disease (25), metabolic and gastrointestinal manifestations are  
77 becoming more frequent due to increased life expectancy thanks to improved treatment of  
78 pulmonary complications. The most prominent metabolic complication is CF-related  
79 diabetes mellitus (CFRD), affecting one third of patients (16). The CF gastrointestinal  
80 phenotype is characterized by obstruction, microbial dysbiosis and inflammation (21).  
81 Gastrointestinal complications include meconium ileus in the first days of life, as well as  
82 malnutrition in infancy. Exocrine pancreatic insufficiency and various degrees of CF-  
83 related liver disease (CFLD) mostly ensue during childhood. As patients age, abdominal  
84 pain, constipation and the more severe distal intestinal obstruction syndrome (DIOS)  
85 further decrease their quality of life (25). Impairment of gut health affects numerous  
86 processes in the body (34). In CF, intestinal dysbiosis and subsequent chronic low-grade  
87 inflammation are linked to gastrointestinal malignancies, CFLD, CFRD, osteoporosis, and  
88 increased cardiovascular risk (19). Improving gut health in CF may thus improve several  
89 complications of this multiorgan disease.

90 The gastrointestinal phenotype of CF is further characterized by increased fecal loss of  
91 bile acids (BA) in both patients (24) and CF mouse models (3, 4, 6, 11, 36). BAs are  
92 synthesized by the liver and secreted into the duodenum, where they aid in fat absorption.  
93 Under physiological conditions, ~95% of secreted BAs are reabsorbed by the small  
94 intestine, mostly via the apical sodium-dependent bile acid transporter (ASBT, SLC10A2),  
95 to be returned to the liver and thereby complete the enterohepatic circulation (18). In CF,

96 intestinal reabsorption of BAs is impaired, resulting in increased fecal BA loss (3, 4, 6, 11,  
97 24, 36). Besides their role in fat absorption, BAs exert important metabolic effects, mainly  
98 via the BA-sensing farnesoid X receptor (FXR) and its target fibroblast growth factor 19  
99 (FGF19 in humans, FGF15 in mice) (18). Upon reabsorption, BAs activate FXR in ileal  
100 enterocytes, resulting in FGF15/19 production. FGF19 travels to the liver via portal blood  
101 to exert negative feedback on BA synthesis (18). In CF, BA malabsorption and possibly  
102 other mechanisms result in defective FXR-FGF19 signaling, as suggested by reduced ileal  
103 *Fgf15* mRNA levels in mice (8) and reduced serum FGF19 in patients (28). In patients,  
104 reduced FGF15/19 levels are associated with high fasting plasma glucose and type 2  
105 diabetes (10). In lean mice, *Fgf15* deficiency resulted in glucose intolerance and  
106 diminished hepatic glycogen storage (17). Additionally, FGF19 administration protects  
107 against sclerosing cholangitis (38) and steatosis (39), lesions similar to those observed in  
108 CFLD. Impaired FXR-FGF19 signaling may therefore be implicated in the development  
109 and/or progression of CF complications such as CFLD and CFRD. Thus, restoring BA  
110 homeostasis in CF is an attractive avenue to improve CF complications.

111 The mechanism underlying BA malabsorption in CF is unclear, however two  
112 hypotheses prevail. Firstly, the thickened intestinal mucus layer could impair the  
113 translocation of BAs from the lumen to the epithelium for their reabsorption. Secondly,  
114 intestinal dysbiosis could promote bacterial BA deconjugation and thereby decrease BA  
115 reabsorption, as ASBT preferentially transports conjugated rather than deconjugated BAs  
116 (13). Moreover, CF-mediated changes in ASBT expression or functionality could be  
117 involved. Some of the factors mentioned in these hypotheses were improved in CF mice  
118 upon treatment with the osmotic laxative polyethylene glycol (PEG) (22). PEG is routinely  
119 administered to mice lacking *Cftr* expression to prevent development of lethal intestinal  
120 obstruction (7). PEG decreased mucus accumulation in the small intestine, intestinal  
121 bacterial load, and the expression of certain inflammatory genes (22). We therefore

122 hypothesized that PEG treatment could improve the reabsorption of BAs in CF. In this  
123 study, we aimed to determine the effect of PEG treatment on BA malabsorption and FXR  
124 signaling in CF mice. Our results indicate that indeed PEG treatment is associated with  
125 decreased fecal BA loss, as well as increased FXR-FGF15 signaling.  
126



127 **METHODS**

128

129 *Animals*

130 Male *Cftr*<sup>-/-</sup> (*Cftr*<sup>tm1UNC</sup> on a >99% C57BL/6 background, CF) mice (n=15) and wild-type  
131 (WT) littermates (n=15) aged 8-20 weeks obtained from an in-house breeding colony were  
132 housed individually under conventional (non-specific pathogen-free) housing conditions in  
133 a light- and temperature-controlled facility (12-hour light-dark cycles, 21°C) with *ad libitum*  
134 access to water and food. Two diets were used to account for outcome dependency on  
135 dietary factors. The mice received either chow [RM3 (E) FG, Special Diet Services,  
136 England; composition by proximate analysis: fat 4.3% (cholesterol 0.05%), protein 22.4%,  
137 fiber 4.2% (of which 25% cellulose, 57% hemicellulose, 9% pectin, and 9% lignin),  
138 nitrogen-free extract 51.2%), or a semisynthetic diet (No. 4063.02, AB diets, The  
139 Netherlands; composition: fat 5.2% (cholesterol 0.01%), protein 17.3%, fiber (100%  
140 cellulose) 10.5%, nitrogen-free extract 55.7%]. Animal experiments were approved by the  
141 Ethics Committee for Animal Experiments of the University of Groningen. All experiments  
142 were performed in accordance with relevant guidelines and regulations (including  
143 laboratory and biosafety regulations).

144

145 *Experimental procedures*

146 PEG (polyethylene glycol 4000 with electrolytes, Ipsen Farmaceutica, The Netherlands,  
147 containing, in g/l: 32 PEG 4000, 0.73 NaCl, 0.375 KCl, 0.84 NaHCO<sub>3</sub>, and 2.85 Na<sub>2</sub>SO<sub>4</sub>,  
148 tot. 37g/l) was administered via drinking water in decreasing concentrations. All mice,  
149 irrespective of their genotype, were administered PEG (37 g/l water) since weaning to  
150 prevent the intestinal obstruction often observed in these CF mice (7). On day 0, PEG  
151 dosage was decreased by 50% (18.5 g/l water) to determine the PEG-dependency of CF  
152 mice. On day 7, PEG treatment was stopped for three days until termination. Fecal pellets  
153 were collected over a 24-hour period before decreasing PEG dosage (day 0, 100% PEG)

154 and daily from day 8 to 10 (0% PEG). This procedure was followed for both groups, the  
 155 one receiving chow (CF n=5, WT n=4) and the other receiving semisynthetic diet (CF n=3,  
 156 WT n=5). Additionally, a separate group of mice (CF n=7, WT n=6) fed semisynthetic diet  
 157 was administered PEG at full dosage (37 g/L water) until termination and was included for  
 158 ileal gene expression only. Mice were anesthetized with isoflurane and euthanized by  
 159 cervical dislocation. Terminal blood samples were collected in EDTA-coated tubes.  
 160 Tissues were collected and immediately frozen in liquid nitrogen.

161

162 *Analytical methods*

163 *Neutral sterol (NS) and bile acid (BA) analyses.* NS and BAs were extracted and  
 164 measured by gas chromatography (GC) as previously described (32). Total amounts were  
 165 calculated as the sum of the individual species. BA species included:  $\alpha$ -muricholic acid,  $\beta$ -  
 166 muricholic acid, chenodeoxycholic acid, cholic acid, deoxycholic acid, hyodeoxycholic acid,  
 167  $\omega$ -muricholic acid and ursodeoxycholic acid. NS species included: cholesterol, coprostanol  
 168 and dihydrocholesterol.

169 *Gene expression analysis.* The small intestine was divided into three segments of equal  
 170 length. Total RNA was isolated from mid-sections of the most distal of the three segments  
 171 (ileum) with TRI-Reagent (Sigma, St. Louis, MO, USA) and quantified by NanoDrop  
 172 (NanoDrop Technologies, Wilmington, DE, USA). Primers were designed using Primer-  
 173 BLAST and optimized for use with Hi-ROX SensiMix™ SYBR Green master mix (Bioline,  
 174 Taunton, MA, USA). Primers used are listed in **Table 1**. Real-time qPCR analyses were  
 175 performed on a StepOnePlus™ Real-Time PCR system (Applied Biosystems, Foster City,  
 176 CA, USA). Gene expression levels were normalized to 36B4 (*Rplp0*).

| Gene         | Forward primer 5'---3'     | Reverse primer 3'---5'        |
|--------------|----------------------------|-------------------------------|
| <i>Fgf15</i> | GCC ATC AAG GAC GTC AGC A  | CTT CCT CCG AGT AGC GAA TCA G |
| <i>Shp</i>   | AAG GGC ACG ATC CTC TTC AA | CTG TTG CAG GTG TGC GAT GT    |

|              |                             |                                    |
|--------------|-----------------------------|------------------------------------|
| <i>Asbt</i>  | ACC ACT TGC TCC ACA CTG CTT | CCC GAG TCA ACC CAC ATC TT         |
| <i>Gata4</i> | GAG ATG CGC CCC ATC AAG     | GAC ACA GTA CTG AAT GTC TGG GAC AT |
| <i>Rplp0</i> | CTG TTG GCC AAT AAG GTG CC  | GGA GGT CTT CTC GGG TCC TA         |

177 **Table 1** - qPCR primer sequences used in this study.

178

179 *Statistical analyses.* GraphPad Prism v6.0 for Macintosh (GraphPad Software, La Jolla,  
180 CA, USA) was used for data analyses. We analyzed data using a mixed-model ANOVA  
181 with genotype as between-subjects factor, and PEG treatment as within-subjects factor  
182 using SPSS v25.0 for Windows IBM SPSS Statistics for Windows, Version 25.0 (IBM,  
183 Armonk, NY). Statistical differences were subsequently tested using the Student's T-test  
184 for unpaired data and the paired T-test for paired data. For correlation analyses,  
185 Spearman's rank correlation coefficient was used. Alpha was set at 0.05. In figures 1-4,  
186 data concerning 100% PEG dosage refers to 24-hour feces collected on day 0. Data  
187 concerning 0% PEG dosage represents the average of 24-hour feces collected on days 8,  
188 9 and 10.

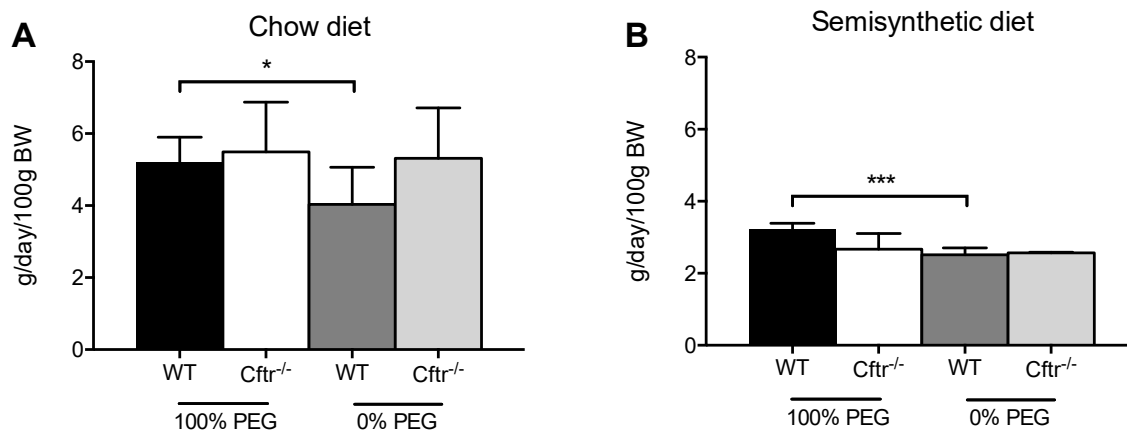
189

190 **RESULTS**

191

192 **PEG treatment ameliorates bile acid malabsorption in CF mice**

193 To investigate the effect of PEG on BA malabsorption in CF mice, PEG was reduced  
194 stepwise until complete withdrawal. All mice survived without signs of bowel obstruction or  
195 overt diarrhea. The body weight of CF mice tended to be lower than that of WT, however  
196 statistical significance was not reached (data not shown). The fecal output was higher in  
197 mice fed chow compared to mice fed the semisynthetic diet (**Fig. 1A vs. 1B**), despite  
198 similar food intake (data not shown). PEG withdrawal decreased the fecal output in WT  
199 mice on either diet (**Fig. 1A,B**), but not in CF mice.



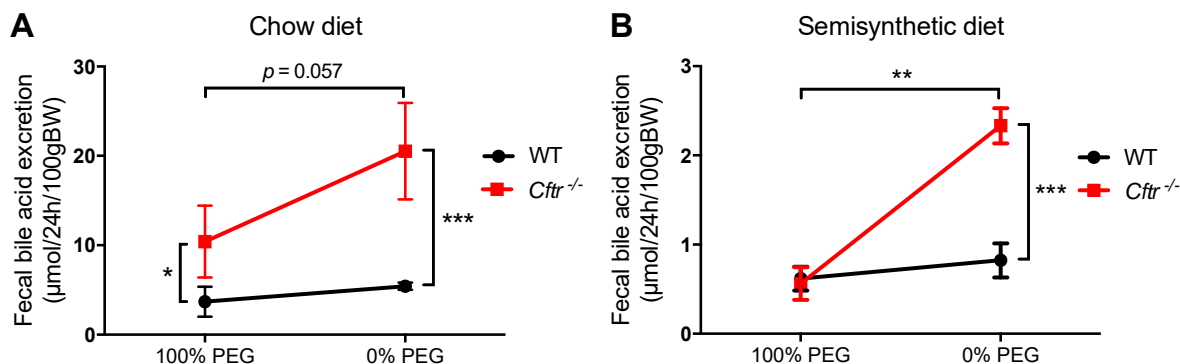
200

201 **Figure 1.** Effect of PEG on fecal output in WT and CF mice maintained on (A) chow and  
202 (B) semisynthetic diet. Data refers to dry fecal weight and was normalized to body weight.  
203 Data are presented as mean±SD, n=3-5. Data of WT mice was compared with that of CF  
204 mice by Student's T test. Within-individual mouse changes in fecal output with 100% or 0%  
205 PEG treatments were compared by paired T test. PEG: polyethylene glycol.

206

207 PEG withdrawal increased fecal BA excretion by two-fold in CF mice receiving a chow  
208 diet (**Fig. 2A**). In contrast, PEG withdrawal exerted little effect on the fecal BA excretion in  
209 WT mice (**Fig. 2A**).

210 In CF mice, there is high variability in the absolute amount of fecal BAs observed in  
 211 previous studies (3, 4, 6, 11, 36), which might be related to the diet, genetic background or  
 212 environmental factors. In a previous study, fecal BA excretion was lower in rats fed a  
 213 semisynthetic diet compared to chow (14). To investigate dependency of the outcome on  
 214 diet, we also performed the same experiment with a semisynthetic diet, which has a  
 215 different fiber content and composition. Compared to the groups maintained on chow,  
 216 mice receiving semisynthetic diet showed a 5-to-10-fold lower fecal excretion of BAs (**Fig.**  
 217 **2A vs. 2B**). With PEG, fecal BA excretion was similar between CF and WT mice on a  
 218 semisynthetic diet (**Fig. 2B**), whereas in those fed chow this was different between the  
 219 genotypes (**Fig. 2A**). In CF mice fed a semisynthetic diet, PEG withdrawal increased fecal  
 220 BA excretion by about 4-fold (**Fig. 2B**). As observed on chow, PEG did not affect fecal BA  
 221 excretion in WT mice (**Fig. 2B**). These findings indicate that PEG improves BA  
 222 malabsorption in CF mice, on either diet.

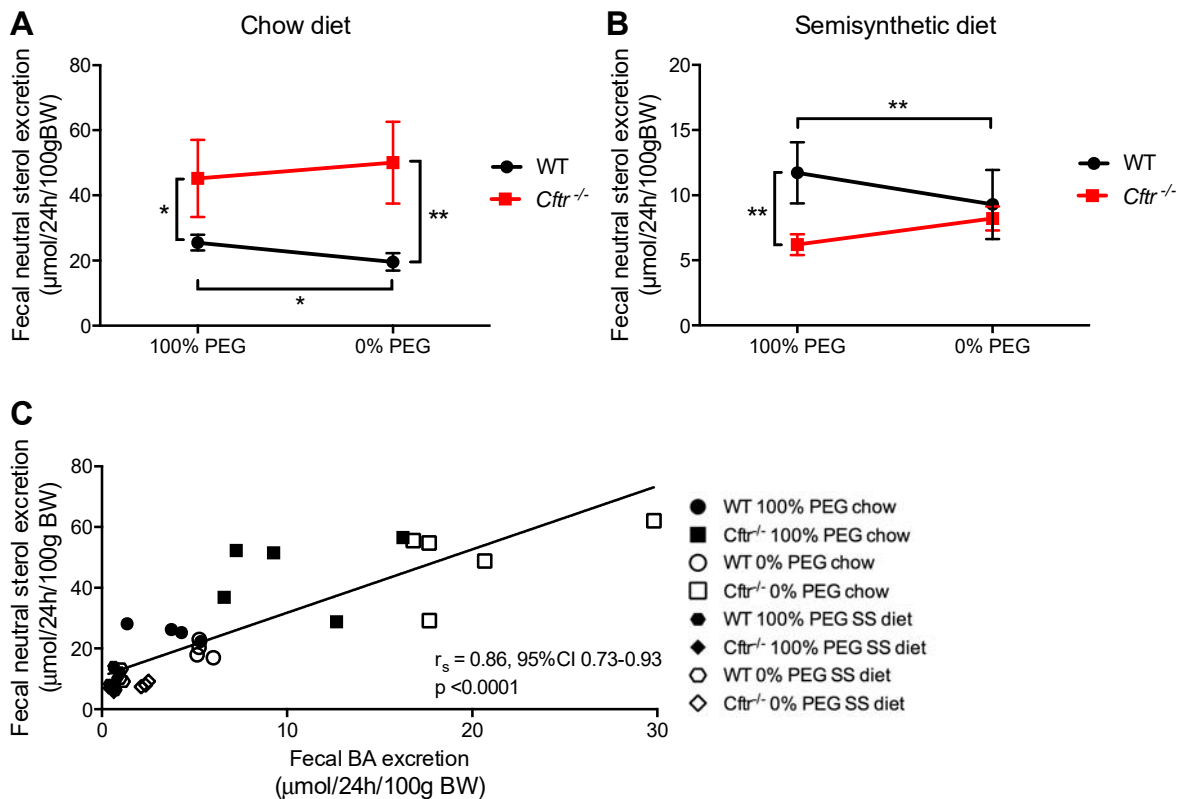


223  
 224 **Figure 2.** Effect of PEG on fecal BA excretion in WT and CF mice maintained on (A) chow  
 225 and (B) semisynthetic diet. Fecal BA excretion was determined by gas chromatography  
 226 and normalized to body weight. Data are presented as mean±SD, n=3-5. Data of WT mice  
 227 was compared with that of CF mice by Student's T test. Potential changes in fecal BA  
 228 excretion in individual animals, as a result of PEG withdrawal, were assessed by a paired  
 229 T test.

230

### 231 PEG treatment does not affect fecal neutral sterol excretion

232 Since BAs are essential for intestinal absorption of fat, including cholesterol, fecal  
233 neutral sterol (NS) excretion was determined (**Fig. 3**). This was lower in mice receiving  
234 semisynthetic diet as compared to chow (**Fig. 3A vs. 3B**). In WT mice on either diet, PEG  
235 withdrawal was associated with a decrease in fecal NS excretion (**Fig. 3A,B**). Fecal NS  
236 excretion was higher in CF as compared to WT mice fed chow, independent of PEG  
237 treatment (**Fig. 3A**). Upon semisynthetic diet, fecal NS excretion was similar between CF  
238 and WT mice and was unaffected by PEG in CF mice (**Fig. 3B**). We found a positive  
239 relationship between fecal BA and NS excretion (**Fig. 3C**). Interestingly, coprostanol, a  
240 cholesterol metabolite formed by intestinal microbial conversion, was only found in 1 out of  
241 8 mice fed a semisynthetic diet, whereas it was found in all mice of either genotype fed  
242 chow (data not shown).



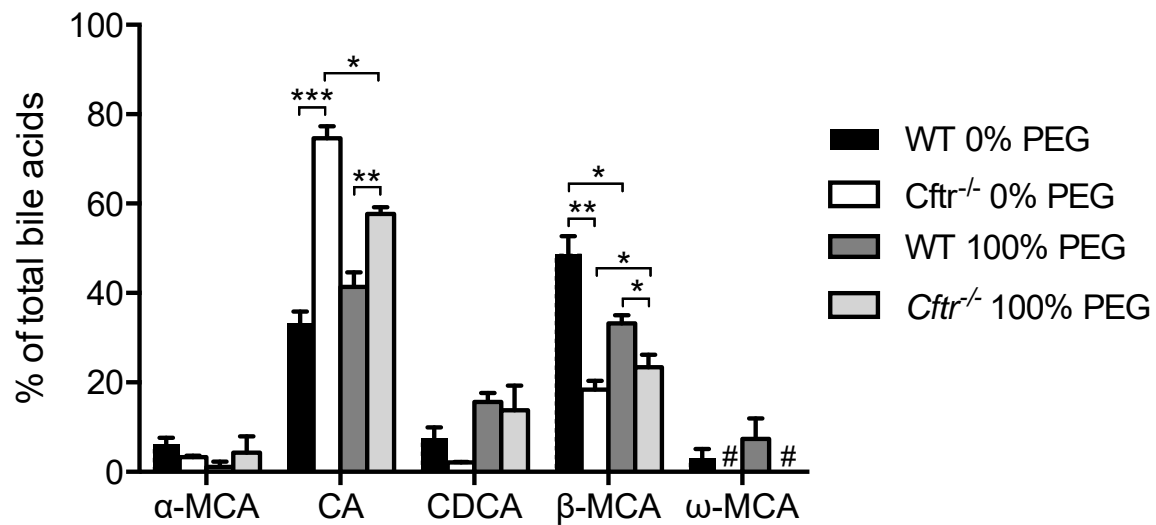
243

244 **Figure 3.** Effect of PEG and diet on fecal neutral sterol (NS) excretion in WT and CF mice  
245 maintained on (A) chow and (B) semisynthetic diet. Fecal NS excretion was determined by  
246 gas chromatography and normalized to body weight. Data is presented as mean $\pm$ SD, n=3-  
247 5. Data of WT mice was compared with that of CF mice by Student's T test. Within-  
248 individual mouse changes in fecal NS excretion while receiving 100% or 0% PEG  
249 treatment were compared by paired T test. (C) Correlation plot between fecal NS excretion  
250 and fecal BA excretion, including data from Fig. 2A,B and Fig. 3A,B. For correlation  
251 analyses, Spearman's rank correlation coefficient was used. PEG, polyethylene glycol.

252

### 253 **PEG treatment partly normalizes the fecal BA composition in CF mice**

254 The fecal BA composition is altered in CF patients and mice, in whom the contribution  
255 of the primary BA cholic acid (CA) is high and that of deoxycholate (DCA) is generally low  
256 (4, 33, 36). We also found that the contribution of CA to the fecal BA composition was  
257 substantially higher in untreated CF as compared to WT mice (**Fig. 4**), and this difference  
258 in CA contribution among the two genotypes was reduced by PEG treatment (**Fig. 4**). PEG  
259 treatment decreased the CA contribution in CF mice (**Fig. 4**). The contribution of the  
260 primary BA chenodeoxycholic acid (CDCA), a potent FXR activator, to the fecal BA  
261 composition, tended to be lower in untreated CF as compared to WT mice, and tended to  
262 be increased by PEG treatment in CF mice (**Fig. 4**). The contribution of  $\beta$ -muricholic acid  
263 ( $\beta$ -MCA) to the fecal BA composition was decreased in untreated CF as compared to WT  
264 mice, and was increased by PEG in CF mice (**Fig. 4**). Together, these findings indicate  
265 that PEG partially restored imbalances in the fecal BA composition in CF mice. In contrast  
266 with previous studies in CF and WT mice fed a liquid diet (4, 36), no fecal deoxycholic acid  
267 (DCA) was detected.



268

269 **Figure 4.** Effect of PEG on the fecal BA composition in mice fed semisynthetic diet. Data  
 270 is shown as percentages of total fecal bile acids. Individual BA species were detected by  
 271 gas chromatography. Bile acid species include: α-MCA, α-muricholic acid; CA, cholic acid;  
 272 CDCA, chenodeoxycholic acid; β-MCA, β-muricholic acid; ω-MCA, ω-muricholic acid. n=3-  
 273 5. Data of WT mice was compared with that of CF mice by Student's T test. Within-  
 274 individual mouse changes in fecal BA composition while receiving 100% or 0% PEG  
 275 treatment were compared by paired T test. PEG, polyethylene glycol.

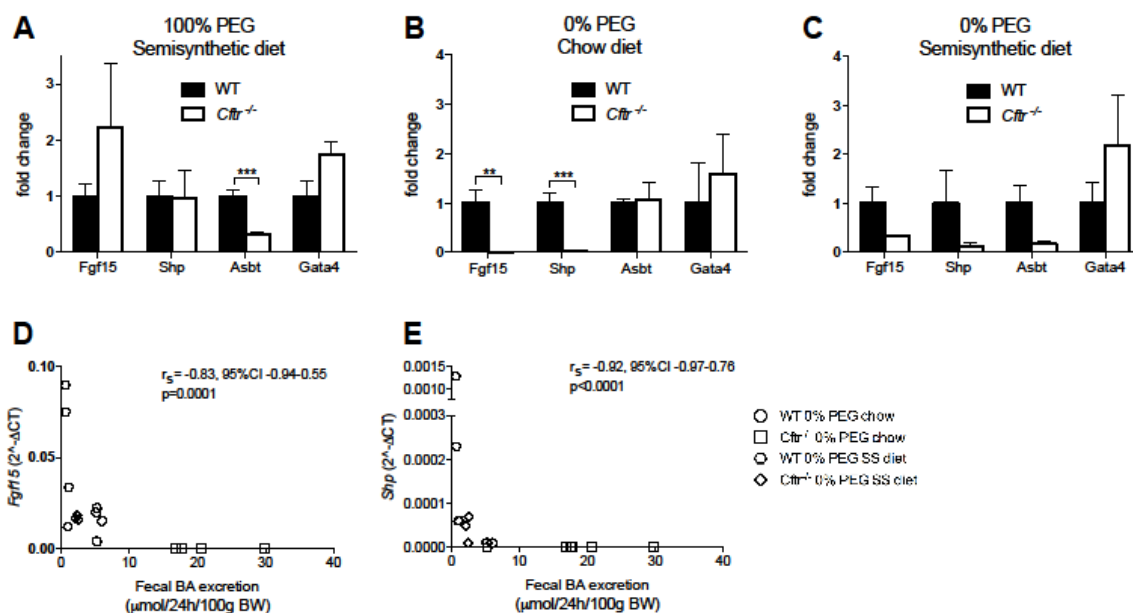
276

### 277 **PEG treatment restores FXR-FGF15 signaling in CF mice**

278 To investigate the effect of decreased fecal BA excretion on FXR signaling, we  
 279 measured ileal gene expression levels of its downstream targets, *Fgf15* and small  
 280 heterodimer partner (*Shp*, *NR0B2*) in the ileum, where BA reabsorption is most  
 281 pronounced. With PEG treatment, *Fgf15* and *Shp* mRNA levels were similar between CF  
 282 and WT mice fed a semisynthetic diet (**Fig. 5A**). In contrast, after PEG withdrawal, both  
 283 *Fgf15* and *Shp* expression were suppressed in CF compared to WT mice. This  
 284 suppression was stronger in mice receiving chow (**Fig. 5B,C**). In WT mice, PEG treatment  
 285 did not affect *Fgf15* or *Shp* gene expression. We found a strong inverse correlation



286 between fecal BA excretion and *Fgf15* expression and between fecal BA excretion and  
 287 *Shp* expression, indicating that increased fecal BA excretion was associated with lower  
 288 gene expression of the FXR target genes *Fgf15* and *Shp* (**Fig. 5D,E**). No correlation was  
 289 observed between CDCA levels and *Fgf15* gene expression (data not shown).  
 290 Interestingly, PEG had no major effect on the expression of the main intestinal BA  
 291 transporter, *Asbt*. However, without PEG treatment, its expression tended to be lower in  
 292 CF mice fed semisynthetic diet as compared to WT mice (**Fig. 5A,C**). The transcription  
 293 factor *Gata4*, known to repress expression of *Asbt* (27), was unchanged in CF as  
 294 compared to WT mice on both diets (**Fig. 5A-C**). Accordingly, we found no correlation  
 295 between *Asbt* and *Gata4* gene expression (data not shown). Additionally, no correlation  
 296 was found between *Asbt* and *Shp* (data not shown). Together, these findings indicate that  
 297 improvement of BA malabsorption in CF mice by PEG treatment is associated with  
 298 restored FXR-FGF15 signaling independent of *Asbt* expression.



299  
 300 **Figure 5.** Effect of PEG on ileal gene expression in WT and CF mice (A) on 100% PEG  
 301 treatment with semisynthetic diet, n=3-5 (B) on 0% PEG with chow, n=4-5 and (C) on  
 302 100% PEG with semisynthetic diet, n=6-7. Primers used are listed in Table 1. Data are

303 normalized to the housekeeping gene *Rplp0* (36B4) and are expressed relative to WT  
304 values. Data are shown as mean  $\pm$  SE. (D) Correlation plot between fecal BA excretion  
305 and *Fgf15* and (E) Correlation plot between fecal BA excretion and *Shp*. For correlation  
306 analyses, Spearman's rank correlation coefficient was used. PEG, polyethylene glycol;  
307 *Fgf15*, fibroblast growth-factor 15; *Shp*, small heterodimer partner; *Asbt*, apical sodium-  
308 dependent bile acid transporter; *Gata4*, GATA-binding factor 4.  
309

## 310 **DISCUSSION**

311 In this study we show that PEG treatment completely prevented BA malabsorption in  
312 CF mice fed a semisynthetic diet, whereas this was partially prevented on a chow diet. In  
313 concomitance with improved BA absorption, FXR-FGF15 signaling was restored in CF  
314 mice fed a semi-synthetic diet by PEG treatment.

315 There are several mechanisms that can explain the decrease in fecal BA loss by PEG  
316 treatment. In CF, mucins remain abnormally aggregated, adhere strongly and accumulate  
317 on the epithelium (30). Such a thickened mucus layer could impair BA reabsorption by  
318 acting as a poorly penetrable barrier. PEG has previously been shown to reduce mucus  
319 accumulation in the intestine of CF mice (22) and could have therefore facilitated BA  
320 reabsorption in our study. Decreased intestinal transit time was proposed as underlying  
321 mechanism (22). We, however, did not assess the effect of PEG on mucus accumulation  
322 in intestinal crypts in the current study.

323 Decreased ASBT-mediated BA reuptake in CF could also be responsible for BA  
324 malabsorption. This, however, was not supported by our data. Previous studies have  
325 shown changes in *Asbt* expression in CF mouse models, either decreased or increased  
326 expression (2, 8, 20). In the current study, expression tended to be lower in CF mice upon  
327 semisynthetic diet and was unchanged upon a chow diet, suggesting that dietary factors  
328 may influence *Asbt* expression. Intestinal FXR activation has been shown to inhibit *Asbt*  
329 expression via *Shp* (23). However, here, as well as in a previous study (8), *Asbt*  
330 expression in CF mice tended to be reduced concomitantly with reduced *Shp*, suggesting  
331 that the regulation of *Asbt* expression by FXR-SHP may not be pivotal in CF. *Asbt*  
332 expression is also affected by gut microbiota, which represses expression via the  
333 transcription factor *Gata4* (26). We found no correlation between *Asbt* and *Gata4*  
334 expression. These findings suggest that other factors besides FXR and GATA4 regulate  
335 *Asbt* expression in CF. Whereas PEG treatment decreased fecal BA loss and restored

336 FXR-FGF15 signaling in CF mice, the ileal expression of *Asbt* was still decreased upon  
337 PEG treatment, indicating that the effects of PEG on BA homeostasis were not mediated  
338 by changes in *Asbt* expression. We cannot exclude, however, that ASBT protein function  
339 is compromised in CF and partially restored by PEG.

340

341 Impaired FXR-FGF15 signaling in untreated CF mice is reflected in the fecal BA  
342 composition, where an increased contribution of CA observed by us and others (4, 33, 36)  
343 reflects increased hepatic BA synthesis, likely due to lack of inhibition by FGF15 signaling.  
344 PEG treatment was associated with restoration of FXR-FGF15 signaling in CF mice. Our  
345 finding that PEG reduced the contribution of CA to the fecal BA pool in CF mice could  
346 reflect the increased FXR-FGF15 signaling observed upon PEG treatment. The strong  
347 correlation between fecal BA excretion and *Fgf15* and *Shp* expression suggests that FXR-  
348 FGF15 signaling was restored by improved BA reabsorption.

349 PEG could also have affected FXR-FGF15 signaling in CF by affecting the gut microbial  
350 composition (37). Microbiota-induced changes in the BA pool composition can modulate  
351 FXR stimulation, as microbiota-dependent BAs such as the secondary BA deoxycholic  
352 acid (DCA) are FXR agonists (31). Small intestinal bacterial overgrowth (SIBO) has been  
353 reported in CF mice fed a liquid diet (22), therefore increased BA deconjugation could be  
354 expected. Since ASBT preferentially transports conjugated rather than deconjugated BAs  
355 (13), greater fecal BA loss could be expected in CF mice with SIBO. PEG was shown to  
356 decrease SIBO in CF mice (22) and to decrease secondary BAs such as DCA in WT rats  
357 (37). Although in previous studies DCA was found in small amounts in the feces of WT and  
358 CF mice (4, 5), we could not detect any DCA or coprostanol (both microbial metabolites)  
359 upon semisynthetic diet, suggesting that the catabolic activity of the gut microbiota was  
360 decreased. This could be due to the fact that, although the semisynthetic diet contains  
361 cellulose, refined cellulose is digested poorly by the microbiota compared to cellulose

362 derived from dietary fiber, at least in humans (32). Furthermore, no correlation between  
363 fecal CDCA levels and Fgf15 gene expression was found, suggesting that the changes in  
364 FXR activation were not due to increased activation by CDCA. Together, these findings  
365 suggest that restoration of FXR-FGF15 signaling in CF mice occurred as a consequence  
366 of improved BA reabsorption upon PEG treatment, rather than microbiota-dependent  
367 changes in the BA composition that could have heightened FXR stimulation.

368

369 In line with previous observations (14), we found that fecal BA excretion in both  
370 genotypes was up to 10-fold higher in mice receiving chow as compared to a  
371 semisynthetic diet. The macronutrient composition, including fat, was similar across the  
372 two diets used, although more simple rather than complex carbohydrates were found in  
373 the semisynthetic diet. The fiber content and composition, however, differed greatly. By  
374 proximate analysis, the semisynthetic diet contained 10.5% of fiber, consisting exclusively  
375 of cellulose. Chow contained 4.2% of fiber, composed of cellulose (25%), hemicellulose  
376 (57%), pectin (9%) and lignin (9%). *In vitro* binding of BAs by dietary fiber has been  
377 demonstrated. Cellulose, the sole fiber in the semisynthetic diet, does not bind BAs,  
378 whereas other fibers such as pectin and lignin do, to varying extents (35). Therefore, the  
379 higher fecal BA excretion observed in chow-fed mice could be due to the presence of BA-  
380 binding fibers such as pectin and lignin in chow. Whereas we found an up to 10-fold  
381 increase in fecal BA excretion upon chow compared to semisynthetic diet, other studies  
382 reported 2-to-5-fold increases in fecal labelled cholate excretion upon chow compared to  
383 semisynthetic diet (14, 29). Besides the lack of BA-binding fiber, another mechanism that  
384 could contribute to the decreased fecal BA excretion upon semisynthetic diet compared to  
385 chow is a decrease in the microbial catabolic activity in the intestine upon feeding a  
386 semisynthetic diet. Our data show that upon semisynthetic diet there was a decrease in

387 coprostanol and complete lack of the secondary bile acid deoxycholic acid, suggesting that  
388 the microbial catabolic activity was decreased.

389 Compared to semisynthetic diet, besides increased fecal loss of BAs upon chow, we  
390 also observed increased loss of fecal NS upon chow. This could be due to the higher  
391 cholesterol content in chow (0.05%) compared to semisynthetic diet (0.01%), to decreased  
392 cholesterol absorption upon chow due to increased fecal BA loss, or to binding of  
393 cholesterol by dietary fiber along with BAs. As for binding of BAs, binding of cholesterol by  
394 cellulose was reported as negligible (15). The strong correlation between fecal BA and NS  
395 excretion could reflect all mechanisms. However, since in CF mice PEG treatment did not  
396 affect fecal NS to the extent it affected fecal BA excretion, this suggest that the effect of  
397 cholesterol binding by dietary fiber and difference in cholesterol content in the diet  
398 contributes more to this correlation.

399

400 Our study shows that, in CF mice, the osmotic laxative PEG is associated with  
401 decreased BA malabsorption and restoration of FXR-FGF15 signaling, independently from  
402 *Asbt* expression. PEG is the most commonly prescribed and most effective osmotic  
403 laxative for constipation (1) and, as constipation is common in CF and its incidence  
404 increases with age (9), CF patients are already frequently prescribed PEG. PEG is virtually  
405 free of important side effects at standard dosage (27). Besides its indication for  
406 constipation in CF, based on the evidence provided in CF mice so far, PEG could also be  
407 useful for reducing SIBO and the consequences of gut dysbiosis and inflammation in CF  
408 (22). Our study shows that FXR-FGF15 signaling can be restored by PEG in CF. Given the  
409 metabolic implications of FXR-FGF19/15 signaling, it remains to be established whether  
410 this could improve CF-related complications such as cystic fibrosis-related diabetes  
411 (CFRD) and cystic fibrosis-related liver disease (CFLD).

412

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420

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