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Migrant and asylum-seeker children returned to Kosovo and Albania: predictive factors for social–emotional wellbeing after return

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ABSTRACT

The return of rejected asylum seekers has a high priority on the national agendas of European States. In order to make well-informed asylum decisions involving children, knowledge of how asylum-seeker children fare after their return to their countries of origin is needed. This study aims to gain knowledge about the child-rearing environment and the social–emotional wellbeing of migrant children who have returned to Kosovo and Albania after a stay in a European host country. Based on a sample of 106 returned families, the study investigated the predictive factors for children’s social–emotional wellbeing using regression analyses. The findings show that procedural characteristics and ethnicity predict wellbeing, mediated through the quality of the child-rearing environment. The most vulnerable children did not have a stable resident status in the host country, belonged to a minority ethnic group and were older adolescents. The findings indicate that the wellbeing of returned children is not only dependent on conditions after repatriation, but also on the conditions which the families left in the host country. To enable sustainable return in a child’s best interests, the needs of vulnerable families and children should be thoroughly assessed prior to return, and reintegration support should be tailored to their situation.

Introduction

Half of the world’s asylum seekers are children (UNHCR 2016). The return of asylum seekers who have been denied residency has become a high priority on the national agendas of host states; once the situation in the country of origin is considered to be safe, asylum seekers are encouraged to return ‘home’.

The situation of families and children who have returned to post-conflict societies is not formally monitored (ECRE and Save the Children 2011), resulting in a lack of knowledge about the living circumstances of returned children and the impact of repatriation on their...
lives. Therefore, insight into how asylum-seeker children fare after return to their countries of origin and into the factors associated with this is lacking. Such knowledge could contribute to making well-informed decisions in asylum claims in which children are involved, and – if the claim to asylum has been denied – provide suggestions about the best strategies to support children before and after return.

Studies of the circumstances of adult returnees in post-conflict societies report obstacles and disappointment, such as changes in the homeland or negative attitudes from the local population, lack of social services and health care, no social network, unemployment, poor living conditions, an insecure and politically unstable situation, vulnerability as a returnee, and continuing persecution or discrimination (Carr 2014; Ghanem 2003; Huttunen 2010; Lie 2004; Riiskjaer and Nielsson 2008; Toscani et al. 2007; Webber 2011). The few studies focusing solely on returned youngsters (Bowerman 2017; Cornish, Peltzer, and MacLahlan 1999; Gladwell and Elwyn 2012; Hasanović, Sinanović, and Pavlović 2005; Knaus 2012) or in which children are included with adults (Lie 2004; Riiskjaer and Nielsson 2008), report additional problems for returnee children. These include difficulties adjusting to living in poverty, problems regarding access to education, language difficulties, the feeling of being a stranger in an unknown country, being bullied by peers, and severe social–emotional and psychological problems.

Asylum-seeker children may also be vulnerable to developing social–emotional problems before repatriation to the country of origin, such as through adversities in the country of origin before they fled, the journey itself, and during their stay in the host country (Bronstein and Montgomery 2011; Fazel et al. 2012; Hodes 2000; Van Os et al. 2016). The situation in which the family and the children find themselves in the host country has also been found to likely affect the reintegration process and living situation after return to the country of origin (Ruben, Van Houte, and Davids 2009; Van Houte and De Koning 2008).

**Procedural characteristics and living situation in the host country**

Negative influences during the stay in the host country are related to acculturation difficulties and the rights and obligations ensuing from the asylum procedure, such as restrictions on housing, social contact, welfare benefits and employment opportunities, frequent relocation, uncertainty and setbacks during the asylum procedure, and language difficulties (Hodes 2000; Nielsen et al. 2008; Ryan, Benson, and Dooley 2008; Silove, Steel, and Watters 2000). Asylum seekers who are involved in a protracted asylum procedure and spend a long time in an asylum-seeker centre have greater risks of developing mental health problems (Hallas et al. 2007; Laban et al. 2004). Parents’ stress levels may increase the longer they are subjected to a constant sense of insecurity concerning their right to stay, which in turn may impact on their capacity to raise their children well (Nielsen et al. 2008; Van Essen and Bala 2007). Families who have an irregular status and are obliged to leave the host country, often have few social ties and live in poverty. Contacts with childcare institutions or other officials are usually avoided in order not to be detected (Bloch, Sigona, and Zetter 2014; Yoshikawa 2011).

A stable residence permit, in contrast, gives a family the chance to settle in the host country, opportunities for employment and more successful integration (Bakker, Dagevos, and Engbersen 2014). In turn, this influences the level of independence and
self-esteem of the family (Bloch, Sigona, and Zetter 2014). Studies of adult returnees have found that being able to support oneself during the stay in the host country and not having to rely on social benefits provides greater resilience after return (Carr 2014; Van Houte and De Koning 2008).

The outcome of the asylum procedure also influences the degree of voluntariness of the return. Forced return is expected to be the most disadvantageous kind of departure as asylum seekers are unable to mobilise resources beforehand (Cassarino 2004). In addition, the often precarious economic and political situation ‘back home’ limits their possibilities (Lietaert, Derluyn, and Broekaert 2014). Additionally, for children particularly, the forced return can be a traumatic experience (Knaus 2012).

**Child and contextual characteristics**

Apart from procedural factors, characteristics related to the child and the context in which the child lives may be associated with a child’s social–emotional wellbeing. Studies on the association between gender and mental health in asylum-seeker children show wide variation. In a review on displaced children in low and middle-income countries girls seemed to suffer from more internalising and emotional problems than boys (Reed et al. 2012), whereas in a similar review regarding children in high-income countries this was only found in about half of the studies (Fazel et al. 2012). Research on the situation of returnees suggests that adolescents face greater reintegration difficulties than younger children (King 1977; Vathi and Duci 2016). In addition, belonging to an ethnic group that is considered to be at risk of persecution or serious harm in the country of origin negatively affects wellbeing after return (Knaus 2012). Studies of adult returnees found that they feel safer when they are part of the majority ethnic group, or when experiencing anonymity in a big city. When they are ‘seen to be different’, returnees can be subjected to stigmatisation, discrimination and persecution (Carr 2014, 9; Van Houte and De Koning 2008). Thus, the area in which they live after return may also have an impact on a child’s wellbeing. Returning to a remote rural area with few leisure opportunities, or areas where children are exposed to harsh responses from local citizens and strict social rules, may be detrimental to the returned child’s psychosocial wellbeing (Vathi and Duci 2016). In particular, children who were born or spent a long period of time in the host country are likely to experience acculturation problems as they return to an ‘unknown country’ (Kalverboer, Zijlstra, and Knorth 2009). In addition, the length of time that has passed since the family returned may have an influence on the living situation and wellbeing.

**Characteristics related to the child-rearing environment**

In addition to the procedural, child and contextual characteristics, Wiegersma, Stellinga-Boelen, and Reijneveld (2011) found that factors related to family conditions are important predictors of the psychosocial wellbeing of asylum-seeker children. These include factors such as family size, broken families due to the decision to flee, mental health of the parents and education of the child.

Such factors determining the family context were also part of the assessment of the quality of the child-rearing environment in studies by Zijlstra et al. (2012, 2013). The
scale with which the quality of the child-rearing environment was assessed (the ‘Best Interests of the Child-Questionnaire’: BIC-Q; Zijlstra et al. 2012, 2013) is based on ecological theories that view child development as constructed through children’s interaction with their environment. Conditions at the micro-level environment of a child’s upbringing (i.e. relationships and circumstances in the family context) as well as conditions at the macro-level (i.e. relationships and circumstances in the societal context) are assessed through the BIC-Q (Zijlstra 2012).

In the study of the situation of asylum-seeking children in the Netherlands, a negative relationship was found between the quality of the child-rearing environment and children’s emotional problems: the lower the quality of the rearing environment, the more the child suffered internalising behavioural symptoms during their stay in the host country (Zijlstra et al. 2013).

**Aim and expectations**

In the current study, we aim to gain insight into the child-rearing environment and social–emotional wellbeing of migrant and asylum-seeker children once they have been returned to their countries of origin after a stay in a European host country. Our main research questions concern the quality of the child-rearing environment that migrant and asylum-seeker children return to, and how they fare after their return to the country of origin. In addition, we wish to determine which factors predict the quality of the child-rearing environment and the social–emotional wellbeing of migrant and asylum-seeker children after return.

Figure 1 presents our conceptual model of the factors predicting the quality of the child-rearing environment and the social–emotional wellbeing of returned migrant and asylum-seeker children. In line with the literature described above, we expect that procedural characteristics affect the quality of the child-rearing environment as well as the child’s social–emotional wellbeing. As found in the study by Zijlstra et al. (2013), we expect the quality of the child-rearing environment to be a predictor of the social–emotional wellbeing of returned children and, thus, to mediate the relationship between the procedural characteristics and the child’s wellbeing. Previous research has shown that certain child and contextual characteristics are potential predictors of migrant and asylum-seeker children’s wellbeing. These include age, ethnicity,
gender and the area in which they live after the return. It might also be possible that relationships between the procedural characteristics and the dependent variables differ for various subgroups. We therefore included the child and contextual characteristics as moderators of the relationships between the procedural characteristics and the quality of the child-rearing environment, as well as of the relationship between the procedural characteristics and social–emotional wellbeing.

**Method**

This study has a cross-sectional design (Hulley et al. 2013) and was conducted in Kosovo and Albania. The data was collected between November 2012 and December 2014.

**Population**

The target population consists of migrant and asylum-seeker children who returned to Kosovo and Albania with their parents after a stay in a European host country. The Western Balkans was one of the highest source regions of asylum seekers in the European Union at the time the study was conducted. Asylum seekers from the Western Balkans mostly belong to the ethnic Albanian and the Roma populations, and face the lowest recognition rates of all asylum applicants in the European Union (EASO 2013).

The data were collected within a European project to develop a monitoring toolkit for returned migrant children – the Monitoring Returned Minors (MRM) project. The aim of the MRM project was to develop a monitoring toolkit for returnee children, with which the needs and challenges of children after repatriation could be identified. This monitoring toolkit was developed in Kosovo and Albania. After this project ended, seven additional cases in Kosovo were found. The same interviewers were involved and the methodology of the MRM project was used.

**Sample**

In total, 106 families participated in this research, of which the majority lives in Kosovo \( n = 85 \) and a smaller group in Albania \( n = 21 \). We included families with children who stayed in European Union host countries, returned between 2008 and 2013, and had children between the ages of 11 and 18 years old at the time of the research. In Kosovo, children belonging to the Roma minority and to the Kosovar–Albanian majority ethnic group were both included. In Albania, only children with an Albanian ethnicity were included. We included children according to an equal distribution of age groups (11–14 years old and 15–18 years old), gender, and rural or urban area.

Only one child per family was included. Therefore, siblings were randomly excluded. The children had lived in 12 different countries in the European Union – mostly in Sweden, Belgium, Germany, Italy and France – and the period in which they, or their parents, left the country of origin ranged from 1982 until 2013 (Table 1).
Variables and measurements

Child and contextual characteristics

Three child-specific characteristics were included in this study: the age of the child (continuous), gender (female = 1, male = 0) and belonging to a majority or minority ethnicity (Roma = 1 or Albanian = 0).

Four contextual characteristics were included: the living area after return (rural = 1 or urban = 0), country of return (Albania = 1 or Kosovo = 0), the child’s length of stay in the host country (continuous) and the duration since return (continuous).

Procedural characteristics

Five procedural characteristics were included in this study:

The outcome of the migration procedure in the host country: the participants in our sample lived in different host countries, with each country offering different review systems and entitlements for asylum seekers and migrants. Therefore we did not include the type of migration procedure in our study, but focused on the degree of

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Table 1. Sample characteristics of the total research group (N = 106).

<table>
<thead>
<tr>
<th>Child and contextual characteristics</th>
<th>N (%)</th>
<th>Min.</th>
<th>Max.</th>
<th>Mean (SD)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gender</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Boy</td>
<td>59 (56%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Girl</td>
<td>47 (44%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ethnicity</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Roma (in Kosovo only)</td>
<td>30 (28%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Albanian (in Albania and in Kosovo)</td>
<td>76 (72%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Living area after return</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rural living area</td>
<td>36 (34%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Urban living area</td>
<td>70 (66%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Country of return</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kosovo</td>
<td>85 (80%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Albania</td>
<td>21 (20%)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Age</td>
<td>11.3</td>
<td>18.7</td>
<td>14.4 (1.9)</td>
<td></td>
</tr>
<tr>
<td>Child’s length of stay in the host country (years)</td>
<td>0.2</td>
<td>18.3a</td>
<td>5.9 (4.9)</td>
<td></td>
</tr>
<tr>
<td>Length of return in the country of origin (years)</td>
<td>0.1</td>
<td>6.5</td>
<td>2.1 (1.3)</td>
<td></td>
</tr>
</tbody>
</table>

Procedural characteristics

Outcome migration procedure

| Stable residence permit | 21 (20%) |
| No stable residence permit | 85 (80%) |

Type of return

| Voluntary return | 42 (40%) |
| Forced return   | 64 (60%) |

Family income in the host country

| Family income | 36 (34%) |
| Social benefits only | 70 (66%) |

Residence situation in the host country

| Private house at some point during the stay | 83 (78%) |
| Reception facilities for asylum seekers only | 22 (21%) |
| Unknown | 1 (1%) |

Assistance before or after return

| Yes | 72 (68%) |
| No | 30 (28%) |
| Unknown | 4 (4%) |

a The child’s length of stay in the host country is skewed: 25% of the sample stayed between 2 months and 2 years in the host country, 25% between 2 and 3.4 years, 25% between 3.4 and 10.8 years, and 25% up to 18.3 years abroad (the majority of the children in this last group stayed between 10 and 15 years in the host country).
stability of the residence permit: whether the family obtained a stable residence permit (1) or not (0). Families who did not have a stable residence permit were either denied residency, obtained residency for a restricted period only, or were still involved in an asylum procedure.

*The type of return:* whether the family returned voluntarily (1) or by force to the country of origin (0).

*Employment and income in the host country:* whether parents or family members were employed in the host country and earned the whole or part of their income in the host country through employment (1) or relied on social benefits only (0).

*Residence situation in the host country:* whether the family lived in a private dwelling at some point during their stay in the host country (1) or only lived in reception facilities for asylum seekers (0).

*Assistance before or after the return:* whether the family received any type of assistance before or after return to the country of origin (1) or no assistance (0).

### Quality of the child-rearing environment

Kosovar professionals assessed the quality of the child-rearing environment that the asylum-seeker children returned to in Kosovo and Albania using the ‘Best Interests of the Child-Questionnaire’ (BIC-Q; Zijlstra et al. 2012, 2013).

A study into the content validity of the BIC-Q child-rearing conditions indicated that these conditions are considered important in child-rearing practices in the cultural context of the Western Balkans (Zevulun et al. 2015). A study into the construct validity of the BIC-Q shows a strong scale ($H = .73; \text{Rho} = .97$) in the Kosovar and Albanian cultural context (Zevulun, Post et al. Submitted for publication). The separate samples in these two validation studies are also part of the current study.

The BIC-Q consists of seven conditions in the context of the child’s family upbringing, and seven conditions in the societal context. Professionals complete the BIC-Q after observations of the circumstances in which the child is being brought up and through an interview with the parents and the children. It assesses the quality of the child-rearing environment in relation to the following 14 child-rearing conditions: (1) adequate physical care; (2) safe direct physical environment; (3) affective atmosphere; (4) supportive, flexible child-rearing structure; (5) adequate examples by parents; (6) interest; (7) continuity in upbringing conditions, future perspective; (8) safe wider physical environment; (9) respect; (10) social network; (11) education; (12) contact with peers; (13) adequate examples in society; (14) stability in life circumstances, future perspective.

The criteria for qualifying the child-rearing items are: ‘unsatisfactory’ (0), ‘moderate’ (1), ‘satisfactory’ (2) or ‘good’ (3). The total quality of the rearing environment can be summed up: the higher the total score on the BIC-Q, the higher the quality of the child-rearing environment. A total score of 0 means that all 14 conditions were qualified as ‘unsatisfactory’, and a score of 42 means that all conditions were qualified as ‘good’.

### Social–emotional wellbeing

The social–emotional wellbeing of the children after return was measured using the self-report version of the ‘Strengths and Difficulties Questionnaire’ (SDQ; Goodman 1997), applicable for children between 11 and 17 years old.
The SDQ is a screening instrument that provides indications of social and emotional strengths and difficulties of children. The questionnaire consists of 25 items with 5 subscales: emotional problems, conduct problems, hyperactivity and attention difficulties, problems getting along with peers, and kind and helpful behaviour. The questionnaire gives a total score of social–emotional problems and provides cut-off points based on a UK community sample (close to average, slightly raised, high, very high). The SDQ has good psychometric properties and has been used in other studies of culturally diverse populations in both Western and non-Western countries (Goodman, Renfrew, and Mullick 2000; Mullick and Goodman 2001). The instrument has been used before with migrant children in EU host countries (Derluyn, Broekaert, and Schuyten 2008; Wiegensma, Stellinga-Boelen, and Reijneveld 2011), including Albanian migrant children (Motti-Stefanidi et al. 2008).

As the children spoke various languages, they could choose to complete the SDQ in the language that was most familiar to them. The questionnaire is available and validated in different languages. There is, however, no self-report version of the SDQ in Albanian as yet. For the purpose of this study, we translated the questionnaire into Albanian in the case a child preferred to complete the questionnaire in this language. Following the procedure described by Beaton et al. (2000), the questionnaire was forward and back translated (from English into Albanian, and back into English) by independent translators. Subsequently, two Kosovar professionals checked the Albanian translation. The psychometric properties of the self-report version in the Albanian language were not investigated.

**Procedure**

Four Kosovar professionals were trained by two of the authors (AEZ and DZ) in the assessment procedure using the BIC-Q during a two-day training programme in January 2013. The professionals worked for non-governmental organisations in the field of mental health care and reintegration of returnees, with one interview pair having a background in psychiatry and medical sciences, and the other pair in education, management and economics.

Returnees to Kosovo and Albania were not automatically registered. The professionals contacted municipalities and regional officers in all seven regional districts of Kosovo and in one district in northern Albania to obtain contact information for returnees known to the municipality. The quality and details of the information varied for each municipality, and in some districts it was more challenging to find participants through this procedure. Therefore, in Albania and in one district in Kosovo, children were also recruited through schools. In another district in Kosovo, several cases were identified by a social worker working with returned families.

The returned families were visited and interviewed in their homes. The professionals conducted a semi-structured interview focusing on the 14 child-rearing conditions, which lasted between 1 and 2 hours per family. One of the professionals mainly focused on the parents, and the other on the child.

The professionals started the conversation with the parents and child together, focusing on factual information concerning their migration history, such as demographics, family size, dates of departure and return, and which languages the child spoke. If possible, the
children and parents were then split up to allow the child to speak freely with the interviewer and complete the SDQ independently of the parents.

After the interviews with the parents and child, the interview pairs discussed the child-rearing conditions based on the interviews and observations of the environment, and considered how they would qualify the 14 child-rearing items according to their local perspective on child-rearing. The results of the SDQ were not used for the qualification of the child-rearing environment in the BIC-Q.

**Ethical considerations**

This study was part of a project approved by the European Commission, and executed in line with the applicable regulations. Several ethical concerns played a role in our research. As other scholars noted, asylum seekers’ responses may be part of a ‘survival strategy’ (Jacobsen and Landau 2003) and there may be unspoken reasons and interests for them to participate in the research (e.g. hoping to gain assistance). Therefore, we had to take care that the families were well informed that the purpose of the home visits was to undertake research. In general, we noted that families wanted to participate as their stories and experiences related to the repatriation could be listened to. Informed consent was sought verbally before the home visit and at the start of the interviews. Before signing informed consent forms, all participants were informed that participation was voluntary, that they could withdraw from the research at any time without an explanation, and that everything they said during the interview would remain confidential and analysed anonymously. In cases where there were great concerns about the children, the professionals involved in this study provided assistance in 32 cases (for an evaluation of this assistance, see Zevulun, Zijlstra et al. Submitted for publication). All families received 10 Euros per child participating in the research.

**Data analysis**

Firstly, we obtained the means and standard deviations of the SDQ and BIC-Q scores, and calculated the correlations between all predictors and moderators. There was a large overlap between all procedural variables, and with some of the child and contextual characteristics. We combined these variables into a new procedural variable ‘outcome by procedure and ethnicity’ with four categories: ‘children with a stable residence permit in the host country, Albanian’ (0), ‘without a permit in the host country, Roma’ (1), ‘without a permit in the host country and returned voluntarily, Albanian’ (2), ‘without a permit in the host country and returned by force, Albanian’ (3) (see Table A1 in Appendix 1). All the predictors overlapping with this new variable were removed from further analyses. Subsequently, we tested the complete conceptual model in three steps.

**Step 1: Univariate associations of the predictors with BIC-Q and SDQ**

We established univariate associations through $t$-tests, ANOVA tests and linear regression analysis of the procedural, child and contextual characteristics with the dependent variables: (1) ‘quality of the child-rearing environment’ (BIC-Q total score), (2) ‘emotional problems’ and (3) ‘peer problems’ (the SDQ subscales for which the returned children showed the highest problem scores, see Table 2). In addition, we measured the association...
between the BIC-Q and SDQ subscales through linear regression analysis. The model assumptions were checked through distribution of the residuals.

Step 2: Multiple linear regression analysis on BIC-Q and SDQ

We conducted a multiple linear regression analysis of the quality of the child-rearing environment and on emotional and peer problems, with the significant predictors (at 10% level) from Step 1, including interaction effects. Subsequently, we added the quality of the child-rearing environment as a predictor variable to the multiple linear regression model of emotional and peer problems to determine which variables could be included as moderators or confounders in the final model.

Step 3: The final model including mediator, moderator and confounder

We explored how ‘outcome by procedure and ethnicity’ affected the social–emotional wellbeing of returned children and through which other mediator or moderator variables, using Hayes’ (2013) PROCESS macro in SPSS. The interested reader may contact the authors for further details into the data analysis.

Results

Descriptive statistics

Regarding the quality of the child-rearing environment, the average score was 26 ($SD = 12$) out of 42 (see Table 2). Thus, on average, the conditions were scored just below ‘satisfactory’. Child-rearing conditions often of a moderate or unsatisfactory quality were ‘education’, ‘stability in life circumstances’ and ‘adequate physical care’. Child-rearing conditions with an often satisfactory or good quality were ‘safety in the wider environment’ and ‘respect’.

Regarding the social–emotional wellbeing, one child in our research sample could not complete the SDQ due to cerebral palsy. Most children scored within the close to average thresholds of the SDQ subscales (see Table 2). The children showed the highest scores on

| Table 2. Descriptive statistics of the BIC-Q ($N = 106$) and SDQ ($N = 105$) scores for the total research group. |
|---------------------------------------------------------------|---------------------|---------------------|---------------------|---------------------|
| **BIC-Q**                                                   | **Mean** | **SD** | **Median** | **Min** | **Max** |
| Total quality of the child-rearing environment$^a$            | 25.9     | 12.0   | 25.0       | 2.0     | 42.0    |
| SDQ                                                         |          |        |            |         |         |
| Total problems score$^b$                                     | 11.3     | 6.6    | 11.0       | 0.0     | 28.0    |
| Emotional problems$^c$                                      | 3.9      | 2.8    | 4.0        | 0.0     | 10.0    |
| Peer problems$^d$                                            | 2.6      | 2.1    | 2.0        | 0.0     | 9.0     |
| Conduct problems$^e$                                         | 2.1      | 1.5    | 2.0        | 0.0     | 8.0     |
| Hyperactivity$^f$                                            | 2.7      | 2.1    | 3.0        | 0.0     | 7.0     |

$^a$Sum score of all the 14 BIC-Q child-rearing conditions. Scoring categories are unsatisfactory (0), moderate (1), satisfactory (2), or good (3). The higher the total quality score, the higher the quality of the child-rearing environment after return (min. = 0, max. 42).

$^b$The total problems score is the sum score of all four subscales (min. = 0, max. = 40). Thresholds for the total problems score as indicated on the scoring form: Close to average (0–14), slightly raised (15–17), high (18–19) and very high (20–40).

$^c$Thresholds for the emotional problems score: Close to average (0–4), slightly raised (5), high (6), very high (7–10).

$^d$Thresholds for the peer problems score: Close to average (0–2), slightly raised (3), high (4), very high (5–10).

$^e$Thresholds for the conduct problems score: Close to average (0–3), slightly raised (4), high (5), very high (6–10).

$^f$Thresholds for the hyperactivity score: Close to average (0–5), slightly raised (6), high (7), very high (8–10).
Table 3. Regression coefficients and mean scores BIC-Q (N = 106) and SDQ (N = 105) for returned children, specified by child, contextual and procedural characteristics.

<table>
<thead>
<tr>
<th>Child, contextual and procedural characteristics</th>
<th>BIC-Q: Quality of child-rearing environment</th>
<th>SDQ: Emotional problems</th>
<th>SDQ: Peer problems</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>b (SE)</td>
<td>b (SE)</td>
<td>b (SE)</td>
</tr>
<tr>
<td>Age</td>
<td>.42 (.63)</td>
<td>.09 (.15)</td>
<td>.23 (.11)c</td>
</tr>
<tr>
<td>Duration since return in the country of origin</td>
<td>.98 (.92)</td>
<td>−.19 (.21)</td>
<td>−.02 (.16)</td>
</tr>
<tr>
<td>Gender</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Boy (n = 59)</td>
<td>25.7 (12.1)</td>
<td>3.8 (2.8)</td>
<td>2.7 (2)</td>
</tr>
<tr>
<td>Girl (n = 47)</td>
<td>26.2 (12)</td>
<td>4 (2.8)</td>
<td>2.6 (2)</td>
</tr>
<tr>
<td>Living area after return</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rural (n = 36)</td>
<td>28.8 (10.3)d</td>
<td>4.4 (2.6)</td>
<td>2.9 (2.1)</td>
</tr>
<tr>
<td>Urban (n = 70)</td>
<td>24.4 (12.7)</td>
<td>3.7 (2.9)</td>
<td>2.5 (2.1)</td>
</tr>
<tr>
<td>Outcome by procedure and ethnicity</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>With permit, Albanian (n = 21)</td>
<td>39.4 (4.2)e</td>
<td>1.6 (2.5)e</td>
<td>1.3 (1.2)e</td>
</tr>
<tr>
<td>Without permit, Roma (n = 30)</td>
<td>15.9 (7.7)</td>
<td>4.7 (2.7)</td>
<td>3.5 (2.3)</td>
</tr>
<tr>
<td>Without permit returned voluntarily,</td>
<td>28.1 (9.6)</td>
<td>4.3 (2.3)</td>
<td>2.6 (2)</td>
</tr>
<tr>
<td>Albanian (n = 16)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Without permit returned by force, Albanian</td>
<td>25.4 (11.3)</td>
<td>4.5 (2.6)</td>
<td>2.7 (2.1)</td>
</tr>
<tr>
<td>(n = 39)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Note: Associations tested through linear regression analysis, independent samples T-test, and ANOVA test.

The higher the score on the BIC-Q, the higher the quality of the child-rearing environment after return.

The higher the scores on the SDQ, the more emotional problems and peer problems a child faces after return.

Significant correlation between age and peer problems (p = .038). Positive coefficient indicates that the older the child, the more peer problems.

Significant association between living area after return and the quality of child-rearing environment (p = .076).

Significant association between outcome by procedure and ethnicity and the quality of child-rearing environment, and emotional problems (p < .001) and peer problems after return (p = .004).

‘emotional problems’ and ‘peer problems’. A separate analysis showed that around 32.4% of the children had high or very high scores on emotional problems, and 29.5% high or very high scores on peer problems. ‘Emotional problems’ and ‘peer problems’ were therefore selected as dependent variables in our subsequent analysis of social–emotional wellbeing.

Univariate associations of the predictors with BIC-Q and SDQ

Table 3 shows that ‘outcome by procedure and ethnicity’ is associated with the ‘quality of the child-rearing environment’, ‘emotional problems’ and ‘peer problems’ (p < .001, respectively p = .004). The ‘age of the child’ is associated with ‘peer problems’ (p = .038) and ‘the living area after return’ is associated with ‘quality of the child-rearing environment’ (p = .076).

Selection of moderators and confounders through multiple linear regression analysis

The multiple linear regression analysis showed that ‘outcome by procedure and ethnicity’ remained a significant predictor of the ‘quality of the child-rearing environment’, ‘emotional problems’ and ‘peer problems’ when ‘age’ and ‘living area after return’ were included in the model. In addition, the findings showed that ‘age’ could be included as a moderator in the final model, and ‘living area after return’ as a confounder (see Appendix 2).
The final models for ‘emotional’ and ‘peer’ problems

The results of the final model show that ‘outcome by procedure and ethnicity’ affected the ‘emotional problems’ and ‘peer problems’ a child faces through the ‘quality of the child-rearing environment’ (see Figures 2 and 3). In addition, ‘age’ influenced the ‘peer problems’ and showed a different relation for the subgroups in the outcome by procedure and ethnicity.

Children who did not have a permit in the host country and who were of Roma ethnicity had a 23.5 point lower score on the quality of the child-rearing environment than the children who had a permit and who were of Albanian ethnicity (see \( a_1 = -23.5, \ SE = 1.7 \)). Also, children who did not have a permit and who were of Albanian ethnicity (both the voluntarily and forced returnees) returned to an 11 and 13 point lower quality of child-rearing environment, respectively, than the children who had a permit in the host country (\( a_2 = -11.3, \ SE = 2.65 \); respectively \( a_3 = -13.51, \ SE = 2.03 \)).

The quality of the child-rearing environment was found to influence both the emotional and peer problems a child experienced. The scores decreased 0.12 points, respectively 0.09 points, with every point that the quality of the child-rearing environment increased (see \( b_1 = -0.12, \ SE = 0.03 \) for the emotional problems in Figure 2, respectively \( b_1 = -0.09, \ SE = 0.02 \) for the peer problems in Figure 3).

The outcome by procedure and ethnicity variable affected emotional and peer problems through the quality of the child-rearing environment (see the indirect effects (ab) in the captions of Figures 2 and 3). In addition, there was no significant direct effect of outcome by procedure and ethnicity on emotional problems (\( c_1' = .23, \ SE = 1.08; \).

Figure 2. Final model for predicting emotional problems. **p < .001; \( b \) = unstandardised coefficient; \( N = 105 \) (see Appendix 3 for specification of model coefficients). The indirect effect of X on Y through M is \( b (a_1^*b_1) = 2.79, \ SE = .67, 95\% \ CI [1.41, 4.07] \) for Roma children, \( b (a_2^*b_1) = 1.34, \ SE = .41, 95\% \ CI [.66, 2.28] \) for Albanian children without a permit and returned voluntarily, and \( b (a_3^*b_1) = 1.60, \ SE = .44, 95\% \ CI [.74, 2.52] \) for Albanian children without a permit and returned by force. Quality of the child-rearing environment: \( R^2 = .47, F(3, 101) = 67.84, p < .001 \). Emotional problems child: \( R^2 = .38, F(9, 95) = 11.80, p < .001 \).
The age of the child and the interaction between age and outcome by procedure and ethnicity showed no significant effect on emotional problems. However they did influence the peer problems. The relation differs for the children in the various subgroups. For children with a permit, the score on peer problems decreases with higher age ($c_4' = -.34$, $SE = .15$). For the other groups the score on peer problems increased with age, respectively with 0.41, 0.35 and 0.43 (i.e. ($c_4' + c_5'$); ($c_4' + c_6'$) and ($c_4' + c_7'$) in Figure 3).

Children returning to a rural living area had slightly higher emotional and peer problem scores than children returning to urban areas ($c_8' = .93$, $SE = .56$ in Figure 2, respectively $c_8' = .48$, $SE = .44$ in Figure 3). However, these effects were not significant.

### Discussion

In this study, we investigated the quality of the child-rearing environment and the social–emotional wellbeing of migrant and asylum-seeker children returned to Kosovo and Albania, and the factors predicting how the children fare after return. The findings show that the stability of the residence permit in the host country and belonging to a majority or minority ethnic group predict the social–emotional wellbeing of returned children, mediated through the quality of the child-rearing environment. The children who had a stable residence permit in the host country had a higher quality child-rearing environment and less emotional and peer problems. This is likely to be explained by the opportunities that asylum seekers are given in host countries, dependent on their residence permit. Families who did have a permit were in a better position in the host
country – they were able to work, build up their lives, and returned completely voluntarily to the country of origin.

Of all the returnee children **who did not have a residence permit in the host country**, the children belonging to the Roma minority ethnicity faced the lowest quality child-rearing environment. This finding was also expected based on other studies, notably conducted by non-governmental organisations. Generally known as a marginalised community in European countries (FRA 2016), the Roma population in Kosovo – especially the returnees – live in poor socioeconomic circumstances and are often segregated from the rest of society (Human Rights Watch 2010).

The Roma children in our sample had not obtained a stable residence permit in the host country, and were mostly returned by force. For the Albanian children who did not obtain a residence permit in the host country, we could not find indications that the specific return procedure affected the quality of the child-rearing environment and the social–emotional wellbeing of the children: the Albanian children without a permit who returned voluntarily were in a similar situation and expressed a similar level of social–emotional wellbeing as the Albanian children without a permit who returned by force. This indicates that the decision to return voluntarily, as the result of having exhausted all legal possibilities to stay in the host country, may not be a completely voluntary and open choice to return to the country of origin (Webber 2011).

The age of the child was related to the peer problems a child faces. The findings show that the peer problems score of children who had not received a permit in the host country increased with age, while a negative relation is shown for Albanian children who had a permit. We do not know exactly why this moderating effect was found for this group of children. A possible explanation could be related to the fact that the children who had a permit, generally had a more stable and secure life during their stay in the host country. These children often visited their countries of origin during holidays, and as a result were often familiar with the Kosovar and Albanian language and culture, and knew where they were returning to. The children who stayed in the host country without a residence permit generally grew up in insecure and unstable life environments, and might have been less connected with Kosovo or Albania, or a social network, before returning. Nevertheless, future research should provide more insight into the effect of age on social–emotional wellbeing after return, and to the role of a residence permit in the host country in this regard.

Returning to a rural or urban living environment showed no significant effect on the social–emotional wellbeing of returned adolescents. In this study, the categorisation into ‘rural’ and ‘urban’ living environment may not have been sufficiently specific to capture specific deprived areas in the country or within cities (Reijneveld, Verheij, and de Bakker 2000). For example, some families were living in a town or city but far from facilities such as health or day care, which could have an impact on a child’s opportunities for healthy development. Thus, future studies into the situation of returnee children could consider creating a different category to estimate the effect of the living environment after return on the child’s social–emotional wellbeing.

**Strengths and limitations**

Few academic studies focus on the situation of returned migrant and asylum-seeker children in their countries of origin. While return is often considered as the most ‘durable
solution’ for the host country and for rejected asylum seekers, ‘the experiences of returnees themselves remain completely lacking in government discourses as well as in return programmes’ (Lietaert, Derluyn, and Broekaert 2014, 146–147). This study was a first exploration of how children are faring after return to the country of origin and the factors associated with this return. This knowledge can assist policymakers in host countries to make better-informed decisions in asylum procedures, and how children can best be supported in their return.

One limitation of the study is the cross-sectional design. Moreover, the children were not subjected to a clinical investigation of their social–emotional wellbeing. We used the SDQ to determine whether there were indications of mental health problems from the child’s perspective. Nevertheless, a more thorough investigation using multi-informant information could provide better evidence on each child’s social–emotional wellbeing. As psychometric properties and cut-off scores may vary across populations, we only assessed the continuous scores in our analysis (see Vostanis 2006).

The analysis that we conducted assumes that the mediator of ‘quality of the child-rearing environment’ was measured without any measurement errors, which may be difficult to completely guarantee. The relatively small sample size does, however, not permit more advanced models.

As returnees are often not monitored or structurally registered after their return, it proved difficult to include a large number of returned families through a truly random procedure. Returnees that were unknown to the municipalities were not included. They may concern, for example, returnees who were not in need of reintegration assistance, who mistrusted the authorities, or who had plans to re-migrate. In our sample in Northern Albania, we may have missed returnee children who were not going to school. Nevertheless, most findings in this study are supported by the existing literature and research on child development and migration studies, and we therefore assume the findings to be valid. More research is needed, however, into the factors predicting the social–emotional wellbeing of migrant children after return, in particular with regard to the differing effect of age across the subgroups. Due to the small subgroups in our sample, we had to reduce the number of factors included in our model. As a result, certain variables might have been overlooked in our analysis, which could also be important explanatory factors of children’s wellbeing (e.g. events that parents and children experienced before, during or after migration).

Implications for research and practice

Future studies might consider including factors at different levels and in different phases of the migration process. Firstly, the security situation and circumstances for returnees in their countries of origin are expected to be important factors influencing children’s wellbeing and reintegration after return. Though the countries in this study can be unstable due to poverty and high unemployment, high crime rates, societal problems or inter-ethnic tensions (EASO 2016a, 2016b), Kosovo and Albania are both considered as ‘safe countries of origin’ by many European Union member states. Future studies into the situation of returned children – both those who were unaccompanied minors and those who were accompanied by their families in the host countries – should be conducted in other regions to which asylum-seeker families are repatriated. These returnees may face a
different situation after return with regard to issues of safety or discrimination and mistrust by the local community (see also Bowerman 2017; Carr 2014; Van Houte 2014). In addition, specific child-rearing values and practices can be different across cultures (e.g. regarding gender roles or the acceptance of corporal punishment for disciplining children; see Lancy 2015), and may vary across migrant children’s countries of origin. It would therefore be interesting for future studies to include control groups of local non-returnee children, as well as of children still residing in host countries.

In addition, the children participating in this study lived in different host countries within the European Union – with each country having different policies and measures regarding asylum seekers (Bronstein, Montgomery, and Dobrowski 2012; EMN 2014) and return assistance (Beltman 2012). Therefore, future research could consider including variables that determine a child’s situation during the stay in the host country, such as the duration of stay (Kalverboer, Zijlstra, and Knorth 2009) and the parents’ and children’s wellbeing and the quality of the child-rearing environment before return (see also Zijlstra 2012). In addition, the differences in cultural standards and child-rearing practices between the host country and the country of origin, and the specific impact this might have on the individual child, should be taken into account (Zevulun et al. 2015). Furthermore, the involvement of the child in the decision to return (Vathi and Duci 2016), and their preparedness for the situation after return may also be important determinants of a child’s wellbeing after return. Finally, we did not consider the reasons for leaving the home country, nor which specific reasons were decisive for the issuing of a residence permit in the host country (e.g. for labour purposes, or status as a refugee or temporary protection). Children in families who fled their homes due to socioeconomic circumstances may face different kinds of difficulties after return than children who fled due to war or other humanitarian reasons.

Our findings have implications for migration policies and practices. The world’s leaders recently reasserted their commitment to protect the rights of all migrant children in the New York Declaration for Refugees and Migrants – ‘regardless of their status, and giving primary consideration at all times to the best interests of the child’ (UN General Assembly 2016, para 32). Despite the principle of the best interests of the child (i.e. article 3 CRC 1989) being included in the European regulations on asylum policy, there is still a lack of consideration of children within the asylum procedure in various European countries (Kalverboer 2014; Montgomery and Foldspang 2005). Making up around 30% of asylum applicants in the European Union (European Commission 2017) – and their wellbeing and future prospects often being an important reason for parents to seek a better future through migrating abroad (Suárez-Orozco and Suárez-Orozco 2002) – children will remain an important group on which to focus in the field of migration.

Currently, the situation and wellbeing of returned asylum-seeker children and families is not formally monitored. Monitoring the situation after return can provide valuable insights, not only for policy and practice regarding the repatriation of rejected asylum seekers, but also regarding asylum-seeking and migrant families who are currently residing in host countries. The findings suggest that the children in families who had a stable residence permit and were able to build up their lives in the host country, fare better after return. This is supported by research that shows that the adult returnees who were best integrated and able to work in host countries, were more resilient and embedded after their return (Carr 2014; Van Houte and De Koning 2008). Asylum-seeker parents
who did not obtain a residence permit often face stress and insecurity during their stay in the host country, experiencing powerlessness and a lack of autonomy to build their own lives (Ghorashi 2005), and being emotionally less available for their children (Van Essen and Bala 2007). Thus, the wellbeing of returned migrant and asylum-seeker children is not only dependent on the conditions after repatriation, but also on the socioeconomic conditions under which the families lived in the host country.

In order to improve the sustainability of return, the needs of vulnerable families and children should be assessed prior to return (Carr 2014). Our findings indicate that asylum-seeker children who are most vulnerable after return are those who belong to a minority ethnic group, who did not have a permit in the host country and who are older adolescents. These families and children should be supported with reintegration. In a future study, we will analyse how returned adolescents value the reintegration assistance they received, and how children and families could best be supported, to ascertain good development opportunities after return and considering their rights. Above all, any type of return should ‘respect the rules of international law and must in addition be conducted in keeping with the best interests of children and with due process’ (UN General Assembly 2016, para 58). Migrant children’s interests and opportunities for development in the country of origin should therefore be taken into account before the actual repatriation, to enable a beneficial and durable situation after return.

Notes
1. During 2013 and 2014, 9725 people returned to Kosovo (either voluntarily or by force). In 2014, 429 returnees were school-aged children (6–17 years old), accounting for almost 10% of the Kosovar returnees in that year (The Government of the Republic of Kosovo 2015, 83–85). In Albania, 133,544 adult returnees were registered between 2009 and 2013 (INSTAT and IOM 2014, 29).
2. The MRM project was financed by the European Return Fund and ran from November 2012 until February 2014. The project partners consisted of Dutch, German and Kosovar organisations that work with migrants in EU host countries, and in the field of return and reintegration in the country of origin.
3. Most of the Kosovar participants left Kosovo after the war. Recent asylum seekers from Albania and Kosovo usually leave due to the high-unemployment rate and difficult access to the labour market, societal problems, blood feud practices, lack of social infrastructure and health care, or education-related problems (EASO 2013).

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References


**Appendices**

**Appendix 1**

**Table A1.** Cross-tabulation showing multicollinearity of the four most significant predictors.

<table>
<thead>
<tr>
<th>Outcome of the migration procedure</th>
<th>Type of return</th>
<th>Country of return</th>
<th>Ethnicity</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>No stable permit</td>
<td>Forced return</td>
<td>Kosovo</td>
<td>Roma</td>
<td>25</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Albanian</td>
<td>36</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Albania</td>
<td>Roma</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Albanian</td>
<td>5</td>
</tr>
<tr>
<td>Voluntary return</td>
<td>Kosovo</td>
<td>Roma</td>
<td>Albanian</td>
<td>13</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Roma</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Albanian</td>
<td>15</td>
</tr>
<tr>
<td>Stable permit</td>
<td>Forced return</td>
<td>–</td>
<td>Roma</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Albanian</td>
<td>15</td>
</tr>
<tr>
<td></td>
<td>Voluntary return</td>
<td>Kosovo</td>
<td>Roma</td>
<td>–</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Albanian</td>
<td>–</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>Roma without a stable permit</td>
<td>30</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Albanian without a stable permit</td>
<td>55</td>
<td></td>
</tr>
</tbody>
</table>
Appendix 2

Multiple Linear Regression Analysis on BIC-Q and SDQ

Table A2 shows that the only significant predictor of ‘quality of the child-rearing environment’ in the multiple linear regression analysis is ‘outcome by procedure and ethnicity’. The interaction effects of age and living area do not affect the quality of the child-rearing environment.

Table A2. Multiple linear regression analysis on quality of the child-rearing environment (BIC-Q).

<table>
<thead>
<tr>
<th>Predictor</th>
<th>b (SE)</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>Constant</td>
<td>40.94 (2.67)</td>
<td>[35.64, 46.24]</td>
</tr>
<tr>
<td>Outcome by procedure and ethnicity (With permit, Albanian is ref. category)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Without permit, Roma</td>
<td>−25.96 (3.27)</td>
<td>[−32.45, −19.47]*</td>
</tr>
<tr>
<td>Without permit returned voluntarily, Albanian</td>
<td>−15.76 (4.76)</td>
<td>[−25.22, −6.31]*</td>
</tr>
<tr>
<td>Without permit returned by force, Albanian</td>
<td>−16.49 (3.23)</td>
<td>[−22.91, −10.06]*</td>
</tr>
<tr>
<td>Living area after return (urban is ref. category)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rural</td>
<td>−2.61 (4.13)</td>
<td>[−10.80, 5.59]</td>
</tr>
<tr>
<td>Rural * Without permit, Roma</td>
<td>6.61 (5.89)</td>
<td>[−5.09, 18.31]</td>
</tr>
<tr>
<td>Rural * Without permit returned voluntarily, Albanian</td>
<td>7.48 (6.80)</td>
<td>[−6.02, 20.98]</td>
</tr>
<tr>
<td>Rural * Without permit returned by force, Albanian</td>
<td>5.58 (5.19)</td>
<td>[−4.73, 15.89]</td>
</tr>
<tr>
<td>Age (centred around mean)</td>
<td>−.69 (1.15)</td>
<td>[−2.97, 1.60]</td>
</tr>
<tr>
<td>Age * Without permit, Roma</td>
<td>−.18 (1.45)</td>
<td>[−3.05, 2.70]</td>
</tr>
<tr>
<td>Age * Without permit returned voluntarily, Albanian</td>
<td>−.28 (1.85)</td>
<td>[−3.94, 3.39]</td>
</tr>
<tr>
<td>Age * Without permit returned by force, Albanian</td>
<td>.88 (1.43)</td>
<td>[−1.95, 3.71]</td>
</tr>
</tbody>
</table>

Linear regression analysis shows that, as expected, ‘quality of the child-rearing environment’ associates significantly with social–emotional wellbeing after return (b = −.12 and b = −.09; p < .001): the higher the quality of the child-rearing environment, the less emotional- and peer problems a child faces. Therefore, the score on the BIC-Q is included as a predictor in Table A3 and A4, to assess how the other predictors affect ‘emotional problems’ and ‘peer problems’ when the ‘quality of the child-rearing environment’ is included in the model.

Table A3 shows that the outcome by procedure and ethnicity is a significant predictor of ‘emotional problems’, but only when quality of the child-rearing environment (BIC-Q) is excluded as a predictor in the model. After inclusion of the quality of the child-rearing environment, ‘age’ seems to moderate the relationship between ‘outcome by procedure and ethnicity’ and ‘emotional problems’ however has a significant effect for one subgroup only, namely the children without a permit and who returned by force (of Albanian ethnicity).

Table A4 shows that the outcome by procedure and ethnicity is also a significant predictor of ‘peer problems’, but only when quality of the child-rearing environment (BIC-Q) is excluded as a predictor in the model. ‘Age’ moderates the relationship between ‘outcome by procedure and ethnicity’ and ‘peer problems’ for all subgroups, with or without inclusion of the ‘quality of the child-rearing environment’ in the model.

‘Living area’ is not a significant moderator of the relationship between ‘outcome by procedure and ethnicity’ and ‘emotional problems’ or ‘peer problems’. This variable is therefore not included as a moderator in the final model, but instead as a confounder only.

Table A3. Multiple linear regression analysis on emotional problems (SDQ), without and with quality of the child-rearing environment (BIC-Q) as a predictor.

<table>
<thead>
<tr>
<th>Predictor</th>
<th>Without BIC-Q as predictor</th>
<th>With BIC-Q as predictor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Constant</td>
<td>1.13 (.74)</td>
<td>5.85 (1.29)</td>
</tr>
<tr>
<td>95% CI</td>
<td>[−.34, 2.59]</td>
<td>[3.30, 8.40]</td>
</tr>
<tr>
<td>Outcome by procedure and ethnicity (With permit, Albanian is ref. category)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Without permit, Roma</td>
<td>3.66 (.90)</td>
<td>.67 (1.08)</td>
</tr>
<tr>
<td>95% CI</td>
<td>[1.87, 5.45]*</td>
<td>[−1.48, 2.81]</td>
</tr>
<tr>
<td>Without permit returned voluntarily, Albanian</td>
<td>3.43 (1.31)</td>
<td>1.61 (1.28)</td>
</tr>
<tr>
<td>95% CI</td>
<td>[1.82, 6.04]*</td>
<td>[−.93, 4.14]</td>
</tr>
<tr>
<td>Without permit returned by force, Albanian</td>
<td>3.03 (.90)</td>
<td>1.23 (.92)</td>
</tr>
<tr>
<td>95% CI</td>
<td>[1.25, 4.82]*</td>
<td>[−.61, 3.07]</td>
</tr>
</tbody>
</table>

(Continued)
### Table A3. Continued.

<table>
<thead>
<tr>
<th>Predictor</th>
<th>Without BIC-Q as predictor</th>
<th>With BIC-Q as predictor</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$b$ (SE) 95% CI</td>
<td>$b$ (SE) 95% CI</td>
</tr>
<tr>
<td>Living area after return (urban is ref. category)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rural</td>
<td>1.75 (1.14) [−.52, 4.01]</td>
<td>1.45 (1.05) [−.63, 3.52]</td>
</tr>
<tr>
<td>Rural * Without permit, Roma</td>
<td>−2.08 (1.63) [−5.31, 1.15]</td>
<td>−1.32 (1.50) [−4.30, 1.66]</td>
</tr>
<tr>
<td>Rural * Without permit returned voluntarily, Albanian</td>
<td>−2.05 (1.88) [−5.78, 1.67]</td>
<td>−1.19 (1.73) [−4.63, 2.25]</td>
</tr>
<tr>
<td>Rural * Without permit returned by force, Albanian</td>
<td>−.67 (1.44) [−3.52, 2.19]</td>
<td>−.13 (1.32) [−2.76, 2.5]</td>
</tr>
<tr>
<td>Age (centred around mean)</td>
<td>−.29 (.32) [−.92, .34]</td>
<td>−.37 (.29) [−.95, .21]</td>
</tr>
<tr>
<td>Age * Without permit, Roma</td>
<td>.58 (.40) [−.21, 1.38]</td>
<td>.56 (.37) [−.16, 1.29]</td>
</tr>
<tr>
<td>Age * Without permit returned voluntarily, Albanian</td>
<td>.61 (.51) [−.4, 1.62]</td>
<td>.58 (.47) [−.35, 1.50]</td>
</tr>
<tr>
<td>Age * Without permit returned by force, Albanian</td>
<td>.67 (.40) [−.12, 1.45]</td>
<td>.80 (.36) [.08, 1.52]</td>
</tr>
</tbody>
</table>

### Table A4. Multiple linear regression analysis on peer problems (SDQ), without and with quality of the child-rearing environment as a predictor.

<table>
<thead>
<tr>
<th>Predictor</th>
<th>Without BIC-Q as predictor</th>
<th>With BIC-Q as predictor</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$b$ (SE) 95% CI</td>
<td>$b$ (SE) 95% CI</td>
</tr>
<tr>
<td>Constant</td>
<td>1.20 (.56) [.09, 2.31]</td>
<td>4.68 (.98) [2.73, 6.62]</td>
</tr>
<tr>
<td>Outcome by procedure and ethnicity (With permit, Albanian is ref. category)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Without permit, Roma</td>
<td>2.26 (.68) [.91, 3.62]</td>
<td>.06 (.82) [−1.58, 1.69]</td>
</tr>
<tr>
<td>Without permit returned voluntarily, Albanian</td>
<td>1.75 (1.0) [−.23, 3.72]</td>
<td>.41 (.97) [−1.53, 2.34]</td>
</tr>
<tr>
<td>Without permit returned by force, Albanian</td>
<td>1.53 (.68) [1.8, 2.89]</td>
<td>.20 (.70) [−1.19, 1.60]</td>
</tr>
<tr>
<td>Living area after return (urban is ref. category)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rural</td>
<td>.92 (.86) [−.80, 2.63]</td>
<td>.70 (.80) [−.89, 2.28]</td>
</tr>
<tr>
<td>Rural * Without permit, Roma</td>
<td>−.46 (1.23) [−2.91, 1.99]</td>
<td>.10 (1.14) [−2.17, 2.37]</td>
</tr>
<tr>
<td>Rural * Without permit returned voluntarily, Albanian</td>
<td>−1.40 (1.42) [−4.23, 1.42]</td>
<td>−.77 (1.32) [−3.39, 1.85]</td>
</tr>
<tr>
<td>Rural * Without permit returned by force, Albanian</td>
<td>−.72 (1.09) [−2.89, 1.44]</td>
<td>−.33 (1.01) [−2.33, 1.68]</td>
</tr>
<tr>
<td>Age (centred around mean)</td>
<td>−.29 (.24) [−.76, .19]</td>
<td>−.34 (.22) [−.78, .10]</td>
</tr>
<tr>
<td>Age * Without permit, Roma</td>
<td>.76 (.30) [1.16, 1.36]</td>
<td>.75 (.28) [1.19, 1.30]</td>
</tr>
<tr>
<td>Age * Without permit returned voluntarily, Albanian</td>
<td>.79 (.39) [−.02, 1.56]</td>
<td>.77 (.36) [−.06, 1.47]</td>
</tr>
<tr>
<td>Age * Without permit returned by force, Albanian</td>
<td>.68 (.30) [−.09, 1.28]</td>
<td>.78 (.28) [−.23, 1.33]</td>
</tr>
</tbody>
</table>

### Appendix 3

**Table A5.** Model coefficients for the final models in Figures 2 and 3.

<table>
<thead>
<tr>
<th>Predictor variables</th>
<th>M Quality of the child-rearing environment</th>
<th>Y Emotional problems child</th>
<th>Y Peer problems child</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$b$ (SE)  $p$</td>
<td>$b$ (SE)  $p$</td>
<td>$b$ (SE)  $p$</td>
</tr>
<tr>
<td>$X = 1$ (Without permit, Roma)</td>
<td>$a_1$</td>
<td>$-23.50$  $1.70$  $0.00$</td>
<td>$c_1^\prime$</td>
</tr>
<tr>
<td>$X = 2$ (Without permit returned voluntarily, Albanian)</td>
<td>$a_2$</td>
<td>$-11.30$  $2.65$  $0.00$</td>
<td>$c_2^\prime$</td>
</tr>
<tr>
<td>$X = 3$ (Without permit returned by force, Albanian)</td>
<td>$a_3$</td>
<td>$-13.51$  $2.03$  $0.00$</td>
<td>$c_3^\prime$</td>
</tr>
<tr>
<td>W (Age)</td>
<td>$-12.0$  $0.3$  $0.0$</td>
<td>$b_1$</td>
<td>$-0.9$  $0.2$  $0.0$</td>
</tr>
<tr>
<td>Age $\times X = 1$</td>
<td>$c_4^\prime$</td>
<td>$-0.37$  $0.41$  $0.37$</td>
<td>$c_4^\prime$</td>
</tr>
<tr>
<td>Age $\times X = 2$</td>
<td>$c_5^\prime$</td>
<td>$0.54$  $0.48$  $0.26$</td>
<td>$c_5^\prime$</td>
</tr>
<tr>
<td>Age $\times X = 3$</td>
<td>$c_6^\prime$</td>
<td>$0.48$  $0.52$  $0.36$</td>
<td>$c_6^\prime$</td>
</tr>
<tr>
<td>Control (Living area after return)</td>
<td>$c_7^\prime$</td>
<td>$0.81$  $0.45$  $0.08$</td>
<td>$c_7^\prime$</td>
</tr>
<tr>
<td>Constant</td>
<td>$i_1$</td>
<td>$39.43$  $0.93$  $0.00$</td>
<td>$i_2$</td>
</tr>
</tbody>
</table>

$R^2 = .47$, $F (3, 101) = 67.84$, $p < .001$

$R^2 = .38$, $F (9, 95) = 11.80$, $p < .001$

$R^2 = .38$, $F (9, 95) = 7.45$, $p < .001$