Disgust trait modulates frontal-posterior coupling as a function of disgust domain

Charmaine Borg,1,2 Peter J. de Jong,1 Remco J. Renken,2 and Janniko R. Georgiadis3
1Department of Clinical Psychology and Experimental Psychopathology, University of Groningen, Groningen, 9712 TS 2Department of Neuroscience, Neuroimaging Centre (BCN-NiC), University of Groningen, Groningen, 9713 AW and 3Department of Neuroscience, section Anatomy, University Medical Centre Groningen (UMCG), Groningen, 9713 AV, the Netherlands

Following the two-stage model of disgust, ‘core disgust’ (e.g. elicited by rotten food) is extended to stimuli that remind us of our animal nature ‘AR disgust’ (e.g. mutilations, animalistic instincts). There is ample evidence that core and AR represent distinct domains of disgust elicitors. Moreover, people show large differences in their tendency to respond with disgust to potential disgust elicitors (propensity), as well as in their appraisal of experiencing disgust (sensitivity). Thus these traits may be important moderators of people’s response patterns. Here, we aimed to find brain mechanisms associated with these distinct disgust domains and traits, as well as the interaction between them. The right ventrolateral occipitotemporal cortex, which preferentially responded to visual AR, was functionally coupled to the middle cingulate cortex (MCC), thalamus and prefrontal cortex (medial, dorsolateral), as a function of disgust domain. Coupling with the anterior part of MCC was modulated by disgust propensity, which was strongest during AR. Coupling with anterior insula and ventral premotor cortex was weaker, but relied fully on this domain trait interaction. Disgust sensitivity modulated left anterior insula activity irrespective of domain, and did not affect functional connectivity. Thus a frontal-posterior network that interacts with disgust propensity dissected AR and core disgust.

Keywords: animal-reminder disgust; core disgust; propensity; sensitivity

INTRODUCTION
Disgust is conceptualized as an avoidant-defensive mechanism that evolved to prevent the body from contamination by spoiled foods. According to theories of disgust (Rozin and Fallon, 1987; Rozin et al., 1995; Curtis et al., 2004), this mechanism of ‘core disgust’ stretched to more complex domains such as socio-moral disgust and animal-reminder (AR) disgust. AR disgust may be triggered by reminders of mortality, mutilation and intrinsic animalistic instincts (Rozin et al., 2000); cues that remind us of our animal ancestry. This disgust-mediated rejection of our animal nature is argued to serve a defensive function for maintaining the hierarchical division between humans and animals (Haidt et al., 1994). Though often treated as a single category, core and AR disgust can be systematically distinguished as separate concepts in factor analytical studies (van Overveld et al., 2009), with distinct patterns of behavioural avoidance and associated psychopathologies like contamination-based Obsessive Compulsive Disorder (OCD) (Olatunji et al., 2007, 2008) versus blood-injury fears (de Jong and Merckelbach, 1998).

Brain areas consistently associated with disgust during neuroimaging studies include anterior insula, frontal operculum, amygdala, occipitotemporal cortex, orbitofrontal cortex, caudate-putamen and globus pallidus (Phan et al., 2002, Zald et al., 2002; Murphy et al., 2003), but few studies have taken disgust domains into account. Yet, recent evidence suggests that core and AR-like disgust experiences draw upon distinct peripheral physiological activity and separable responses in the anterior insula (Harrison et al., 2010), whereas core and moral disgust have been shown to elicit differential activation at the level of the amygdala (Moll et al., 2005; Schaich Borg et al., 2008). These studies provide further support that disgust carries subcategories that are fundamentally distinct. In direct comparisons between AR and core conditions, brain responses to AR-like stimuli (e.g. mutilation) tend to be stronger, most notably in occipitotemporal (Sarlo et al. 2005) and parietal (Wright et al., 2004; Schienle et al., 2006) cortices.

Of note, stimuli in these studies may have been suboptimal, in that they had not meticulously represented and distinguished AR and core disgust. For instance, a movie of a clean surgical procedure (Harrison et al., 2010) does not necessarily fall within the realm of AR. Additional complexity is introduced when we consider that individual differences in disgust traits have been found to critically modulate subjective (van Overveld et al., 2009) and physiological disgust responses (Rohrmann and Hopp, 2008; van Overveld et al., 2010), and that these traits seem to interact with disgust domain in the origin and maintenance of psychopathological symptoms (de Jong and Merckelbach, 1998; Sawchuk et al., 2000; Olatunji et al., 2005). Disgust traits comprise of individual differences regarding people’s threshold for experiencing disgust (propensity), as well as regarding their appraisal of the experienced disgust responses (sensitivity). That is, people not only vary in their tendency to experience the emotion of disgust more readily but also in their tendency to find the emotion of disgust unpleasant. High disgust propensity may increase the probability that stimuli acquire disgust-evoking properties that could lead to avoidance behaviour (e.g. de Jong and Muris, 2002). In turn, this avoidance would be specifically pronounced in individuals who appraise the experience of disgust as highly negative (e.g. van Overveld et al., 2010). Attesting further to the relevance of differentiating between disgust propensity and sensitivity, both traits have been shown to be differentially involved in psychopathology (e.g. Olatunji et al., 2007; Engelhard et al., 2011). Disgust-related brain responses that correlate with ‘propensity’ disgust trait include the insula, ventral pallidum and occipitotemporal cortex (Schienle et al., 2005; Calder et al., 2007; Mataix-Cols et al., 2008; Schafer et al., 2009), whereas ‘sensitivity’ disgust trait was negatively associated with medial and dorsolateral prefrontal activity (Schafer et al., 2009). However, the potentially important interaction between

The authors would like to thank George Azzopardi for technical support; Remke Bosman and Jozefien Breedvelt for assisting in the experiments and all the participants that made this study possible. This study is supported by the University of Groningen and University Medical Centre Groningen along with the Malta Government Scholarship Scheme (Grant Number MGS5_PHD_2009-12, partial funding to C.B.).

Correspondence should be addressed to Charmaine Borg, MSc, Department of Clinical Psychology and Experimental Psychopathology, Grote Kruisstraat 271, 9712 TS, University of Groningen, Groningen, the Netherlands. E-mail: c.borg@med.umcg.nl

Received 5 August 2011; Accepted 9 January 2012
Advance Access publication 18 January 2012

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specific disgust traits (propensity, sensitivity) and disgust domains (AR, core) has so far been overlooked.

All these accounts support the claim that disgust extends far beyond filth. Disgust responses seem (at least partly) domain-specific, and people show remarkable differences in their responsibility to potential disgust elicitors, as well as in their appraisals of the experience of disgust. Here, we aim to reveal the complexities/intricacies of disgust by searching brain mechanisms that express an interaction between disgust elicitors, as well as in their appraisals of the experience of disgust. Selection of non-IAPS pictures, which comprised the bulk of the stimuli, was done in a pre-structured process. Initially, more than 200 photographs were collected by the researchers themselves. Based on characteristics agreed on a priori, the research team selected 50 photographs that were sent for further validation conducted with 40 women via an online survey (www.esurvey.spro.com). A second validation was conducted with a set of new pictures for AR disgust to reduce noise in the category of AR—due to significantly high mean on both dimensions of fear and disgust in the first validation process. The research team matched the scenes for physical features such as complexity, brightness, contrasts, ethnicity and colour. In all photographs, models were kept faceless or with minimal focus on the face. Stimuli were presented in a block design, with each block consisting of 10 pictures representing the same category. Each photograph was presented for 1.4 s, with a 1 s interval between consecutive stimuli. Six blocks (split by 16-s inter-block intervals), corresponding to the six stimulus categories, were run in a pseudo-randomized sequence. Six of these functional runs were acquired for each participant, separated by 30-s intervals, adding up to a total duration of the fMRI experiment of 1458 s. For presentation of the experimental design, we used a psychtoolbox (http://psystoolbox.org) application implemented in Matlab (Version R2009a). The stimuli were presented on a translucent screen at the end of the scanner by means of a mirror attached above the participants’ head. Preceding the experiment, a training task was done inside the scanner with the aim to familiarize the participants with the procedure. Participants were instructed to look at the pictures presented and ‘melt’ with their emotions and not to suppress their emotions. Given the passive nature of the design participants were asked to respond (i.e. press a button) to an ‘*’ that was over-imposed on a (fixed) randomly-selected number of photographs (two per block). These responses were recorded, but were not used in the analysis. Post-scanning, participants were accompanied to a computer room where a Visual Analogue Scale (VAS) implemented on a computer was explained to them and then they were left in their own privacy to rate the stimuli. The VAS ranging from 0 (not at all—in Dutch language ‘helemaal niet’) to 100 (very much—in Dutch language ‘heel erg’) was included to rate their subjective evaluation, on two dimensions: disgust and fear. All stimuli were rated subjectively on the dimension of ‘general arousal’ post hoc from an independent sample of 25 women who did not differ in other demographic data. This was done post hoc due to connotations to sexual and positive arousal for the Dutch word (‘opwinding’) that we used in the experiment. When the experiment was completed, participants had a debriefing session with refreshments.

**Image acquisition**

Images were acquired on a Philips Intera 3T MR-scanner. A sense 8-channel head coil was used for radio frequency reception. A series of echo planar imaging (EPI) volumes were acquired to measure the blood oxygen level dependent (BOLD) effect, which entailed a T2*-weighted gradient echo sequence with a repetition time (TR) of 2000 ms and an echo time of 30 ms. Flip angle was 70° using whole-brain acquisition (matrix size 64 x 64 voxels) and interleaved slice acquisition order, with an inter-slice gap of 0 mm and plane thickness of 3 mm. EPIs were acquired at 3 x 3 mm in-plane resolution. The (axial) images (volumes) were acquired parallel to the anterior–posterior commissure plane. In total, 740 volumes were...
obtained per participant. A T1-weighted anatomical MRI (TR = 9 ms, TE = 3.5 ms, matrix size 256 × 256) and two diffusion tensor imaging (DTI) volumes of 55 slices each of 620 ms duration (with scan resolution of 96 × 96, flip angle 70°) were acquired after the EPI runs. The DTI measurements were not used in this manuscript.

**Behavioural and self-report analysis**

For the DPSS-R, two main variables namely, disgust propensity and disgust sensitivity are generated from the sum of the corresponding items provided on the scale (van Overveld et al., 2006).

**fMRI pre-processing**

For image pre-processing and analysis, we used the Statistical Parametric Mapping software (SPM8; University College London, UK; http://www.fil.ion.ucl.ac.uk) implemented in Matlab 7.2 (The MathWorks Inc., http://www.mathworks.com). For each participant, all EPI volumes were realigned to the first volume acquired, and a mean EPI image was created. The realignment parameters were inspected and if movements exceeded 2 mm in any direction, the participant was excluded from further analysis. The anatomical (T1) scan was manually co-registered to the mean EPI image, and subsequently all EPI images and the T1 image were spatially normalized to MNI (Montreal Neurological Institute) standard stereotactic space (Friston et al., 1995). Data were re-sampled to 2 × 2 × 2 mm (8 mm³) isotropic voxels. All volumes were smoothed with an isotropic Gaussian kernel of 8 mm full-width at half-maximum.

**Image analysis**

After pre-processing, analyses were performed using general linear models (GLM) at the first (subject) and second (group) level (Friston et al., 1995). Two analytic tracks were followed. First, we identified brain regions predominantly associated with core and AR disgust. Furthermore, parametric modulation was used to find BOLD responses correlating with individual disgust trait. Second, we analysed the functional connectivity and its interaction with disgust trait, of areas showing a clear and consistent bias towards AR and core disgust processing.

For the first strategy, we computed a GLM for each participant, which included regressors for the six conditions (including conditions that are not used in any of the contrasts) and also one for the inter-run instructions, convolved with a canonical haemodynamic response function. Rotational and translational head movements were added as nuisance variables (six covariates). For each voxel a high-pass filter (cut-off 128 s) was applied to remove low-frequency noise. A binarized version of the standard grey matter mask provided by SPM8 was used as an explicit mask. The following contrasts (contrast images) were computed: core > neutral, AR > neutral, fear > neutral. To assess haemodynamic changes at the group level (random effects) the results of these weighted contrasts were entered into a second-level flexible factorial model. We specified two factors, ‘Subject’ (independence ‘yes’; variance ‘equal’) and ‘Condition’ (independence ‘no’; variance ‘equal’). The factor ‘Condition’ contained three levels representing the three contrast images. As covariates, we entered the individual scores for DDQ-R disgust propensity and DPSS-R disgust sensitivity. We specified one main effect (Condition) and two interaction effects (propensity × Condition, sensitivity × Condition). All contrasts [(core > fear); (AR > fear); (core > AR); (AR > core)], as well as the interactions with disgust trait [(core > neutral) × propensity; (AR > neutral) × propensity; (core > neutral) × sensitivity; (AR > neutral) × sensitivity], were initially tested at P < 0.001, uncorrected.

For the functional connectivity analysis, we used psychophysiological interaction (PPI) to assess how activity in areas of interest covaries with that in other areas in the brain, as a function of the psychological context that the participants were exposed to (Friston et al., 1997). Since we aimed at distinguishing between core and AR disgust, we focused on the contrasts between these two disgust stimuli. PPI seed regions were selected as follows: BOLD responses were considered to be biased to AR when they showed consistent and significant activation in AR > core and AR > fear comparisons. Likewise, core-bias was inferred from significant and consistent activation in core > AR and core > fear comparisons. Only one area met these stringent criteria: the right ventrolateral occipitotemporal cortex (vOT, MNI coordinates 50 – 60 – 8) showed a clear AR-bias. We used the AR > neutral contrast to identify this vOT seed area at the subject level (P < 0.05, uncorrected), which could be achieved in 19 out of 20 women scanned. For each selected participant, a summary time course (first eigenvariate) was extracted from the right vOT seed region using a sphere centred on the coordinates above (sphere radius: 5 mm). PPI’s were calculated as the element by element product, convolved with the haemodynamic response function, of these summary time courses and a vector coding for the psychological context (AR vs core). Subsequently, this interaction term together with the summary time course of the seed region and the vector coding for the psychological context were entered as regressors in a first level GLM, which also included the six-head motion parameters as nuisance variables. The contrast images for each of these three regressors entered a random effects second level flexible-factorial model. Two factors were specified, ‘Subject’ (independence ‘yes’, variance ‘equal’) and ‘PPI’ (independence ‘no’; variance ‘equal’). The factor ‘PPI’ had three levels representing (i) the seed region’s time course, (ii) the psychological vector and (iii) the interaction term (PPI). As covariates we entered the individual scores for DPSS-R disgust propensity and DPSS-R disgust sensitivity. We specified one main effect (factor ‘PPI’) and two interaction effects (propensity × ‘PPI’, sensitivity × ‘PPI’). By setting the appropriate contrasts to the parameter weights, we were able to explore areas whose functional connectivity (with vOT) was different for AR and core disgust. Critically, we sought to investigate whether this functional connectivity would correlate with individual trait disgust propensity and sensitivity. The initial threshold was set to P < 0.001, uncorrected, for all PPI analyses.

Clusters were considered significant if they reached P < 0.05, Family-wise error (FWE) corrected for multiple comparisons, either for the whole brain, or within a reduced search space representing the most consistently reported areas in disgust studies (‘disgust mask’). The significance threshold was more stringent for correlations with disgust trait to reduce the risk of type I error (two traits tested, critical α/2 = P < 0.025). For correlations with disgust trait we also mention marginal effects (0.025 < P < 0.05). The ‘disgust mask’ (7798 voxels) comprised globus pallidus, caudate-putamen, anterior insula, amygdala, ventral occipitotemporal cortex, frontal operculum and orbitofrontal cortex. It was built using information from different sources. A bilateral frontal operculum Region of Interest, ROI (BA44) was adopted from the SPM Anatomy toolbox (Eickhoff et al., 2005), whereas a ROI representing bilateral anterior (agranular and dysgranular) insula was hand-drawn on a brain template following the anatomical description in Nanetti et al. (2009). Bilateral occipitotemporal ROIs were also hand-drawn, which was guided by the results of an F-test over disgust vs neutral contrasts of the present study (that gave very strong occipitotemporal effects). This strategy did not lead to ‘double dipping’ (Kriegeskorte et al., 2009), because task-relevant occipitotemporal (OT) activity reached significance using a threshold with a FWE correction for the whole brain (Table 3). Caudate, putamen, amygdala and globus pallidus ROIs were taken from the
Harvard–Oxford Subcortical Atlas (http://www.cma.mgh.harvard.edu/). Because of substantial susceptibility artefact in the area of the orbitofrontal cortices (OFC), the latter was not included in the mask.

RESULTS

Self-report measures

Table 1 illustrates the subjective evaluation of each stimulus-type on the dimensions of disgust and fear. A mixed-between-within subject ANOVA to assess the appraisal of categories of pictures (AR, core, fear, neutral) on two dimensions (disgust, fear).

Table 1 Subjective evaluation for each dimension as a function of stimulus type

<table>
<thead>
<tr>
<th>Emotion</th>
<th>Core, M (s.d.)</th>
<th>AR, M (s.d.)</th>
<th>Fear, M (s.d.)</th>
<th>Neutral, M (s.d.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Disgust</td>
<td>79.3 (13.2)²</td>
<td>84.7 (14.5)³</td>
<td>33.7 (23.5)²</td>
<td>0.60 (0.7)¹</td>
</tr>
<tr>
<td>Fear</td>
<td>27.5 (19.4)⁴</td>
<td>54.7 (29.6)⁵</td>
<td>74.2 (19.4)⁴</td>
<td>1.2 (3.1)¹</td>
</tr>
</tbody>
</table>

²³⁴ Indicate significant difference between stimulus categories within a dimension. For instance, the 'a' on Core and the 'b' on AR elicitors on the first row indicates that they do differ significantly from each other on the dimension of disgust. The second letter (x, y) applies to relevant comparisons across columns. For instance the 'x' of the AR on the dimension of disgust with the 'y' on Fear elicitors on the dimension of fear indicates significant difference between the two. Means (M) and standard deviations (s.d.) of the subjective ratings for each stimulus-type (AR disgust, core disgust, fear and neutral) on two dimensions (disgust, fear).

Fig. 1 Correlation between BOLD activity induced by AR and core disgust elicitors and self-reported disgust sensitivity. Note that correlates of disgust sensitivity occur in the same area of the left anterior dorsal insula irrespective of disgust domain.

areas showing interactions between disgust domain and individual disgust trait

The only significant interaction was observed in the dorsal-most part of the left anterior insula (Figure 1 and Table 2). The specific nature of this interaction was that both when subjects watched AR and core stimuli, their activity in this part of the insula was modulated by disgust sensitivity, but not propensity. In the right counterpart, this effect was only marginal. No significant or meaningful negative correlations were identified.

Areas predominantly associated with core and AR disgust

For core > AR, significant clusters were found in the posterior part of the middle temporal gyrus (pMTG), bilaterally and in the most-dorsal part of the posterior cingulate cortex. For the reverse contrast, AR > core, significant clusters were found in the left lingual gyrus, the posterior part of the right inferior temporal gyrus (ventrolateral occipitotemporal cortex, vLO), the right middle occipital gyrus, the right postcentral gyrus extending into supramarginal gyrus and bilaterally in the cerebellar hemisphere.

To further specify the disgust-related brain responses, we included Fear as an aversive and arousing, but not disgusting control category. For core > fear, significant clusters were found in bilateral fusiform gyri and the right ventral pallidum (that spread to include the right amygdala and contra-lateral ventral pallidum). For AR > fear, results largely resembled the AR > core comparison. Significant clusters were present in the left lingual gyrus, vLO, inferior parietal lobule and inferior frontal gyrus (frontal operculum) corresponding to the location of the premotor cortex in the right hemisphere. All effects are listed in Table 3.

Right vLO functional connectivity

No area correlated stronger with the right vLO during AR disgust relative to core (Table 4). However, we identified a network of areas whose functional connectivity with the right vLO was weaker during AR than during core disgust. Clusters where the strength of this
culinary disgust was significant were the left thalamus (extending into the striatum), anterior (aMCC) and posterior (pMCC) parts of the middle cingulate cortex, the right superior frontal gyrus (dIPFC, dorsolateral prefrontal cortex). Marginal effects were observed in the right superior frontal gyrus (dIPFC, dorsolateral prefrontal cortex). Marginal effects were observed in the right superior frontal gyrus.

### Table 2 Interaction between disgust domain and disgust trait

<table>
<thead>
<tr>
<th>Side region (MNI)</th>
<th>k</th>
<th>x</th>
<th>y</th>
<th>Z-score</th>
<th>FWE P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Disgust Sensitivity × core disgust</td>
<td>L Anterior insula</td>
<td>37</td>
<td>−26</td>
<td>−28</td>
<td>16</td>
</tr>
<tr>
<td>Disgust Sensitivity × AR disgust</td>
<td>L Anterior insula</td>
<td>37</td>
<td>−28</td>
<td>26</td>
<td>14</td>
</tr>
</tbody>
</table>

*P < 0.025 FWE, for a disgust-relevant reduced search volume. | Marginaly significant (0.025 < P < 0.05). Activity in AR > neu and core > neu contrasts was correlated against self-reported disgust 'propensity' and 'sensitivity', following the DPSS-R questionnaire. Significance threshold was P < 0.025 FWE corrected because of two traits tested (critical α/2). Clusters are listed with coordinates of the peak voxel in standard (MNI) space, and size (k voxels). The peak Z-scores are given along with FWE corrected P-values. No significant or expected correlations were found with disgust propensity. MNI, Montreal Neurological Institute.

### Table 3 Areas predominantly associated with AR and core disgust processing

<table>
<thead>
<tr>
<th>Side region (MNI)</th>
<th>k</th>
<th>x</th>
<th>y</th>
<th>Z-score</th>
<th>FWE P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Core disgust &gt; AR disgust</td>
<td>L Middle temporal gyrus</td>
<td>1159</td>
<td>−58</td>
<td>−54</td>
<td>10</td>
</tr>
<tr>
<td>Core disgust &gt; AR disgust</td>
<td>R Middle temporal gyrus</td>
<td>826</td>
<td>59</td>
<td>−40</td>
<td>10</td>
</tr>
<tr>
<td>Core disgust &gt; AR disgust</td>
<td>L Posterior cingulate cortex</td>
<td>906</td>
<td>−12</td>
<td>42</td>
<td>48</td>
</tr>
<tr>
<td>Core disgust &gt; fear</td>
<td>L Fusiform gyrus</td>
<td>1273</td>
<td>−28</td>
<td>−46</td>
<td>10</td>
</tr>
<tr>
<td>Core disgust &gt; fear</td>
<td>R Ventral pallidum/amygdala</td>
<td>1187</td>
<td>18</td>
<td>0</td>
<td>−12</td>
</tr>
<tr>
<td>Core disgust &gt; fear</td>
<td>R Fusiform gyrus</td>
<td>1078</td>
<td>28</td>
<td>−48</td>
<td>10</td>
</tr>
<tr>
<td>AR disgust &gt; core disgust</td>
<td>L Lingual gyrus/cerebellum</td>
<td>1933</td>
<td>−10</td>
<td>−92</td>
<td>−4</td>
</tr>
<tr>
<td>AR disgust &gt; core disgust</td>
<td>R Postcentral gyrus</td>
<td>462</td>
<td>42</td>
<td>30</td>
<td>40</td>
</tr>
<tr>
<td>AR disgust &gt; core disgust</td>
<td>R Inferior temporal gyrus (vlOT)</td>
<td>262</td>
<td>50</td>
<td>−60</td>
<td>−8</td>
</tr>
<tr>
<td>AR disgust &gt; core disgust</td>
<td>R Middle occipital gyrus</td>
<td>236</td>
<td>36</td>
<td>−78</td>
<td>8</td>
</tr>
</tbody>
</table>

Core and AR were contrasted against each other and against fear. Listed clusters reached P < 0.05, FWE corrected. Clusters are listed with coordinates of the peak voxel in standard (MNI) space, and size (k voxels). The peak Z-scores are given along with FWE corrected P-values. MNI, Montreal Neurological Institute; R, right hemisphere; vlOT, ventralotemporal occipitotemporal cortex; Z, Z-value.

### Table 4 Right vlOT functional connectivity (PPI) of core relative to AR disgust

<table>
<thead>
<tr>
<th>Side region (MNI)</th>
<th>k</th>
<th>x</th>
<th>y</th>
<th>Z-score</th>
<th>FWE P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Core disgust &gt; AR disgust</td>
<td>L Thalamus/putamen/globus pallidus</td>
<td>586</td>
<td>−14</td>
<td>−8</td>
<td>20</td>
</tr>
<tr>
<td>Core disgust &gt; AR disgust</td>
<td>R/L Middle cingulate cortex, ant (aMCC)</td>
<td>439</td>
<td>2</td>
<td>28</td>
<td>22</td>
</tr>
<tr>
<td>Core disgust &gt; AR disgust</td>
<td>R/L Middle cingulate cortex, pos (pMCC)</td>
<td>340</td>
<td>8</td>
<td>−18</td>
<td>40</td>
</tr>
<tr>
<td>Core disgust &gt; AR disgust</td>
<td>R Superior frontal gyrus (dIPFC)</td>
<td>318</td>
<td>22</td>
<td>38</td>
<td>36</td>
</tr>
<tr>
<td>Core disgust &gt; AR disgust</td>
<td>R Rolandic operculum</td>
<td>230</td>
<td>60</td>
<td>−20</td>
<td>18</td>
</tr>
<tr>
<td>Core disgust &gt; AR disgust</td>
<td>R Superior medial gyrus (mPFC)</td>
<td>228</td>
<td>6</td>
<td>62</td>
<td>8</td>
</tr>
</tbody>
</table>

The psychophysiological interaction (pPI) of the right vlOT with the rest of the brain was calculated, with the psychological context vector set to AR > core. No area correlated stronger with the right vlOT during AR relative to core disgust. Clusters are listed with appropriate anatomical label, size (k voxels) and peak voxel location in MNI coordinates (relative to anterior commissure, AC). Negative sign for x, y and z indicates left, posterior and ventral to AC, respectively. AR, animal-reminder disgust elicitors; core, core disgust elicitors; ant, anterior; aMCC, anterior mid cingulate cortex; dIPFC, dorsolateral prefrontal cortex; L, left hemisphere; MNI, Montreal Neurological Institute; mPFC, medial prefrontal cortex; R, right hemisphere; sup, superior; vlOT, ventrolateral occipitotemporal cortex; Z, Z-value.

**DISCUSSION**

In the present study, we used brain imaging to shed more light on the complex nature of disgust, a complexity that has recently also gained interest as a relevant factor in the origin and maintenance of psychopathology (Olatuji and McKay, 2009). Specifically, we aimed to find brain mechanisms associated with distinct disgust domains (core, AR) and traits (propensity, sensitivity), as well as the interaction between them. A series of behavioural and psychometric studies already showed that core and AR disgust represent distinct classes of disgust elicitors (e.g. van Overveld el al., 2009). Here, we present evidence that core and AR can also be discerned at the brain network level. The right vlOT, which responded most robustly to visual AR, showed disgust domain-dependent functional coupling with a network comprising thalamus, aMCC and pMCC and dorsal prefrontal areas. Disgust propensity, but not sensitivity, modulated the strength of vlOT coupling and this modulation was strongest during AR. Specifically, this modulation was found to be strongest for the vlOT–aMCC coupling, which is interesting in the light of behavioural flexibility and other functions ascribed to the aMCC. The same domain–trait interaction revealed coupling with anterior insula and ventral premotor cortex (areas known to play a pivotal role in disgust processing), though this modulation was found to be only marginally significant (0.025 < P < 0.05). On the other hand, disgust sensitivity modulated left anterior insula activity irrespective of domain, and did not affect functional connectivity. These results not only support the idea that AR and core disgust are fundamentally distinct (Haidt et al., 1994), they also stress the significance of disgust traits as modulators of the disgust response.

The anterior insula generally responds to elicitors of both types of disgust (Heining et al., 2003; Schienle et al., 2006) and this response tracks with the severity of both individual traits (Schienle et al., 2005; Calder et al., 2007) and experienced disgust (Harrison et al., 2010). We concur with these findings, showing that left dorsal anterior insula activity correlated with individual disgust sensitivity, but not propensity (Figure 1). These findings are also in line with the suggestion that the dorsal anterior insula processes disgust experience (Harrison et al., 2010) rather than recognition (of facial disgust expressions), which preferentially recruits ventral anterior insula (Phillips et al., 1998; Jabbi et al., 2008; Von dem Hagen et al., 2009).

Recently, evidence was presented to argue that the psychophysiological origins of AR and core disgust responses are fundamentally distinct. Specifically, the left anterior insula showed conjugated activity between experienced AR disgust and AR-induced reduction of parasympathetic heart activity (‘dizziness’), whereas core-induced dysregulated gastric muscular activity (‘stomach turning’) and experienced core disgust shared activity in the right anterior insula (Harrison et al., 2010). We followed a different approach, exploiting individual differences in disgust trait (which is likely to be connected to higher-order cortical functions) to further set apart AR and core disgust at the level of brain networks.
et al. argue against the suggestion that occipitotemporal activity. The finding that subjective arousal was not significantly different between AR and core, suggests that occipitotemporal coupling gains activate more prominently during exposure to AR than to core or fear

The only systematic bodily difference between stimuli was that distortions were absent in all stimuli except AR—where they were abundant (injury, mutilation). Enhanced vLOT responses during AR may therefore reflect the severe violation of the general body scheme that is characteristic of mutilated bodies or body envelope injury. If the vLOT indeed contributes to decoding of the danger message conveyed by body injury (Pessoa, 2005), it seems reasonable to propose that the vLOT constitutes a cortical gateway of major interest in the context of AR.

Functional coupling of the right vLOT with other parts of the brain was driven not only by disgust domain, but also by disgust trait. Specifically, individual disgust propensity, but not sensitivity, modulated the psychophysiological interaction—coupling with the right vLOT being stronger during AR than core disgust—especially in the aMCC. For left dorsal anterior insula and the interior frontal gyrus (ventral premotor cortex), functional connectivity with the right vLOT was 'only' revealed when disgust propensity was taken into account. Though less prominent than the modulation of vLOT–aMCC connectivity, this finding is capturing from the perspective that the ventral premotor cortex (vPM), insula and vLOT are part of a putative network implicated in social cognition, action imitation and empathic ability (Keeler et al., 2010; Keysers and Gazzola, 2010; Zaki et al., 2010).

Disgust propensity is likely to depend on cognitive resources more than disgust sensitivity. It is interesting that individual disgust propensity, but not sensitivity, modulated functional connectivity between right vLOT and aMCC, an area heavily associated with behavioural flexibility (Bush et al., 2002; Georgiadis et al., 2010; Zaki et al., 2010). During certain expectation of a negative stimulus, e.g. the aMCC gets activated and aMCC–occipitotemporal coupling gains strength (Herwig et al., 2007; Onoda et al., 2008). This could serve to prevent a motor response, like withdrawal or avoidance, which does not meet environmental demands.

Based on the network of areas communicating with the right vLOT, and recalling that those high in disgust propensity rated AR stimuli as

### Table 5

<table>
<thead>
<tr>
<th>Side region (MNI)</th>
<th>k</th>
<th>x</th>
<th>y</th>
<th>z</th>
<th>Z-score</th>
<th>FWE P</th>
</tr>
</thead>
<tbody>
<tr>
<td>L aMCC</td>
<td>570</td>
<td>-13</td>
<td>30</td>
<td>30</td>
<td>4.35</td>
<td>0.000</td>
</tr>
<tr>
<td>R Inferior frontal gyrus (frontal operculum)</td>
<td>198</td>
<td>60</td>
<td>14</td>
<td>6</td>
<td>4.11</td>
<td>0.038*</td>
</tr>
<tr>
<td>L Anterior insula</td>
<td>71</td>
<td>32</td>
<td>12</td>
<td>14</td>
<td>4.06</td>
<td>0.046*</td>
</tr>
</tbody>
</table>

*P < 0.025 FWE, for a disgust-relevant reduced search volume, marginally significant (0.025 < P < 0.05). The psychophysiological interaction (PPI) of the right vLOT with the rest of the brain was calculated, with the psychological vector set to AR > core. Modulation by disgust propensity was calculated by calling the interaction term (PPI × disgust propensity) in the flexible factorial model. Significance threshold was P < 0.025 FWE corrected because of two traits tested (critical α/2). Clusters are listed with coordinates of the peak voxel in standard (MNI) space, and size (k voxels). The peak Z-scores is given along with FWE corrected P-values. Disgust sensitivity did not modulate right vLOT connectivity, aMCC, anterior part of middle cingulate cortex; MNI, Montreal Neurological Institute; R, right hemisphere; vLOT, ventrolateral occipitotemporal cortex; Z, Z-value.

As mentioned in the Introduction section, previous studies comparing core and AR-like disgust elicitors have found neocortical responses generally inclined to AR and restricted to posterior neocortical areas like the occipitotemporal cortex (Sarlo et al., 2005) and inferior (Schenke et al., 2006) and superior parietal lobule (Wright et al., 2004). We identified a cluster in the right vLOT cortex that activated more prominently during exposure to AR than to core or fear stimuli that made us conclude that this area exhibited ‘AR-specific activity’. The finding that subjective arousal was not significantly different between AR and core, argues against the suggestion that occipitotemporal activity reflects emotion-induced arousal and, therefore, does not carry a specific emotional signature (Mourao-Miranda et al., 2003; Wright et al., 2004). The location of the vLOT cluster corresponds with that of the extrastriate and fusiform body areas (EBA/FBA), which contain neurons that preferentially respond to body parts (Downing et al., 2001; Orlov et al., 2010) and bodily shapes, but also body scheme distortions (Wagner et al., 2003; Uher et al., 2005).
more disgusting, what could be the mechanism that determines AR disgust? A recent study used a response conflict design with both contextual and nonverbal (bodily) information, and demonstrated that individuals who relied more on nonverbal cues to resolve a conflict not only activated the vlOT more strongly, but also had stronger positive functional coupling between aMCC and ventral premotor cortex (Zaki et al., 2010). Though not an exact copy of our result, it does present a remarkably similar network that correlates with cognitive decisions based on interpretation of bodily information, and such interpretations may be important to the effectiveness of AR stimuli. When we plotted the strongest functional connection, vlOT—aMCC, we made an important observation. It appeared that women with ‘low’ disgust propensity were driving the correlation, showing weak vlOT—aMCC functional connectivity during AR relative to core disgust (Figure 2). This may have been due to AR-induced ‘vlOT uncoupling’ in these women. First, the correlation between right vlOT and aMCC was positive across all conditions (result not shown), so we assume right vlOT to exhibit positive connectivity both during AR and core disgust. Second, across subjects, this coupling was reduced during AR, relative to baseline, whereas during core disgust it was similar to baseline (see Results section). This suggests that AR—and not core—was the condition driving the observed modulation of vlOT connectivity by disgust propensity.

Assuming other functional connections were modulated in a similar way, but in appreciation of the fact that this modulation was not equally prominent for all areas (Table 5), one might take the liberty to argue that individuals with low disgust propensity (who report infrequent disgust responses) are ‘safeguarded’ against AR-disgust. Weaker coupling between vlOT and ventral premotor cortex could indicate different interpretation of this particular kind of bodily information. In turn, this would less likely necessitate enhanced behavioural flexibility (e.g. to adhere to the experiment), represented by reduced coupling with aMCC. These individuals could be less liable to experience disgust, which is supported by reduced coupling with the dorsal anterior insula, an area strongly related to disgust experience (Harrison et al., 2010).

No area could be specifically linked to core disgust processing, at least not according to the criteria used here. An interesting observation is that the amygdala and dorsally-adjacent ventral pallidum exhibited a subsignificant (i.e. significant for core > fear, but only a trend for core > AR) preference for core disgust stimuli (Figure 2). This supports findings that the amygdala responds strongly to disgusting tastes and smells (Zald and Pardo, 1997; Zald et al., 2002), but not to higher-order moral disgust (Moll et al., 2005; Schaich Borg et al., 2008). Together with evidence that the posterior part of ventral pallidum processes food-related disgust (Calder et al., 2007), a more primal route in the brain for contamination-related input may be suggested. This may represent yet another neural distinction between AR and core disgust, even when the present results are not sufficiently consistent to fully resolve this issue.

Several comments are in order with respect to the current study: first, in this study we preferred the DPSS-R over content-dependent trait disgust measures, as it prevents artificial relationships between the measure of trait disgust and actual disgust responding during the experiment due to content overlap of stimuli (van Overveld et al., 2010). Moreover, it is the only instrument available that differentiates between disgust propensity and disgust sensitivity. Attesting to the relevance of differentiating between both disgust traits, the correlation between both subscales approached zero. Furthermore, sustaining both the validity and reliability of the DPSS-R, the subscales showed a meaningful pattern with state disgust showing that only disgust propensity was associated with the level of subjective disgust that was elicited in the present experiment. It should be acknowledged, however, that the internal consistency of the DPSS-R subscales for our sample was relatively low, which might have reduced the sensitivity of our study to detect relevant interactions between trait disgust and particular patterns of disgust-related brain activity. In addition, it points to the possibility that the trait-brain interactions that were evident in this study may only depend on particular aspects of the propensity and sensitivity constructs.

Second, core and AR differed in their potency to elicit fear; AR stimuli were rated as more fearful than core disgust stimuli. Thus, where we find differences between AR and core at the central level, this could, at least partially, be due to fear-related processing. Yet, fear may be an intrinsic component of the emotions that are elicited by stimuli generally considered representatives of core, and particularly AR disgust. Note that imprecise labelling of emotional feelings is not uncommon for fear and disgust (e.g. Woody and Teachman, 2000). If indeed fear is an intrinsic component of the emotional feelings that are elicited particularly by AR disgust stimuli (compared with core disgust) it is impossible to control for that. Perhaps it is also relevant to note that fear and disgust are not properties of the stimulus materials per se. Stimuli might elicit fear because they relate to impending harm, but also because they may give rise to contamination. Hence, in the present context it may not be very helpful to think in terms of pure emotional feelings—rather it seems more worthwhile to use proper stimuli well representative of the categories of interest.

The final considerations concern the brain imaging data. PPI is not a measure of effective connectivity (Friston et al., 1997), making inferences about causality impossible. Moreover, the current implementation of PPI in SPM does not allow one to check the sign of the correlation between regions ‘within’ a task. In that respect, claims about weaker connectivity between right vlOT and other areas are somewhat speculative. In this study we were specifically interested in two distinct disgust traits, but we had no a priori hypothesis about how their distinctiveness would affect brain effects and connectivity patterns. Some of the effects (indicated in Tables 2 and 5) should therefore be approached with more caution. In the light of current interpretations of the results, we further acknowledge that we did not gather subjective information on, e.g. social cognition, or reliance on bodily information. Finally, due to the homogeneity of our participants in terms of gender, age, education, menstrual phase and no sexual complaints, generalizability may be restricted.

Taken together, the present findings advance our understanding of disgust by showing that AR and core disgust can be distinguished at the brain network level. Specifically, functional connectivity in a frontal-posterior network was modulated by trait disgust propensity, and this seemed to be driven by the AR condition. It is possible that this finding reflects the different attitudes and emotional responses (disgust, fascination, enjoyment) people may show towards AR.

Conflict of Interest
None declared.

REFERENCES


