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Distress and health-related quality of life in Indonesian type 2 diabetes mellitus outpatients

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Stellingen

1. Proven usefulness of the Bahasa version of DDS17 in this thesis warrants enhanced future use of the instrument in Indonesia (*Chapter 2*).
2. For Indonesian T2DM outpatients, spirituality acceptance and positive attitude are the most common coping mechanisms for reducing DD (*Chapter 3*).
3. Indonesian T2DM outpatients treated in primary care settings have higher diabetes distress scores compared to those in secondary care settings (*Chapter 4*).
4. The EQ-5D-5L performs better than the EQ-5D-3L in Indonesian T2DM outpatients regarding measurement and scoring properties and should therefore be preferred in future research (*Chapter 5*).
5. The EQ-5D index score in Indonesian T2DM outpatients was estimated on average 0.77 and moderated by level of care, educational level, dependency on a caregiver, therapy and occupation (*Chapter 6*).
6. A smile, patience, and a good word perfects one's intelligence.
7. If you can't explain it simply, you don't understand it well enough (Albert Einstein).
8. Often you hate something that is good for you and love something that is bad for you (Al Baqarah-216).
9. My family is my strength and my weakness (Aiswarya Ray).
10. To my mom: 'I am hungry, tired, sad, cold ...' To my dad: 'where is mom?'
11. I love badminton because it always starts with 'love all'.
12. Money does not make you happy, your attitude does (Arifin and Krabbe, 2018).