

University of Groningen

'What I really needed was a voice'

Steenbakkens, Annemarie Theodora

IMPORTANT NOTE: You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.

Document Version

Publisher's PDF, also known as Version of record

Publication date:

2018

[Link to publication in University of Groningen/UMCG research database](#)

Citation for published version (APA):

Steenbakkens, A. T. (2018). 'What I really needed was a voice': *The psychosocial needs of youth in family foster care and the impact of traumatic experiences*. Rijksuniversiteit Groningen.

Copyright

Other than for strictly personal use, it is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license (like Creative Commons).

The publication may also be distributed here under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license. More information can be found on the University of Groningen website: <https://www.rug.nl/library/open-access/self-archiving-pure/taverne-amendment>.

Take-down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

Downloaded from the University of Groningen/UMCG research database (Pure): <http://www.rug.nl/research/portal>. For technical reasons the number of authors shown on this cover page is limited to 10 maximum.

Stellingen

Propositions accompanying this dissertation

‘What I really needed was a voice’

The psychosocial needs of youth in family foster care and the impact of traumatic experiences

Anne Steenbakkers

1. Meeting the needs of youth in family foster care provides them with a stable and secure placement that contributes to their well-being and helps them cope with their traumatic experiences (this dissertation).
2. Youth in family foster care are more than the sum of their problems, focusing on their needs and how these can be satisfied is therefore more worthwhile and respectful (this dissertation).
3. Youth in family foster care have unique and varying views of their own needs and should thus participate in the decisions regarding their care (this dissertation).
4. Foster parents and care workers not always accurately perceive the needs of youth in family foster care (this dissertation).
5. Although a history of child sexual abuse is often considered as making youth more vulnerable, only some youth in family foster care with such a history have specific needs related to this (this dissertation).
6. It is important that youth in family foster care recognize the impact of traumatic experiences in their past. This promotes coping, help-seeking and processing these experiences (this dissertation).
7. In addition to negative impact, traumatic experiences can also lead to positive change (this dissertation).
8. Having a complete understanding of their history and experiences is an important need for youth in family foster care (this dissertation).
9. Only when the conditions of trust, interest, acceptance and skills are adequately met, are satisfactory conversations about the past of youth in family foster care possible (this dissertation).
10. You don't need to be a voice for the voiceless. Just pass the mic (Su'ad Abdul Khabeer).
11. Ervaring. Dat heb je of dat heb je niet (Johan Cruijff).