

## University of Groningen

### Alcohol septal ablation

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# Stellingen

*Behorend bij het proefschrift*

## **Alcohol Septal Ablation**

Improving the Treatment of Obstructive  
Hypertrophic Cardiomyopathy

1. Twenty years after the introduction of alcohol septal ablation (ASA) for the treatment of obstructive hypertrophic cardiomyopathy (HCM), the arrhythmogenicity of the ablation scar appears to be overemphasised.
2. An adequately powered randomised trial comparing long-term benefits of myectomy and ASA in severely symptomatic patients with obstructive HCM is not feasible and unlikely to be undertaken at any time. (I. Olivotto, JACC 2007)
3. It matters less whether the left ventricular outflow tract obstruction is eliminated by means of myectomy or ASA, the most important considerations are the safety of the procedure and the final haemodynamic result.
4. ASA alcohol volumes ranging between 1.5 and 2.5 mL are well balanced in terms of efficacy and safety for most patients.
5. Given the favourable outcome of ASA in patients <50 years of age, and the unavailability of high-volume myectomy programs in many geographic regions, the time has come to liberalise the indication for ASA in younger patients. (M. Fifer, JACC Intv 2017)
6. The HCM Risk-SCD model for prediction of sudden cardiac death in HCM can be used in patients undergoing ASA.
7. Multicenter collaborations at a larger scale will be mandatory to optimise future sudden cardiac death risk prediction models for patients with HCM.
8. You have to think anyway, so why not think big. (D. Trump)
9. Alcohol can be the cause of - and solution to - all of life's problems. (H. Simpson)

Max Liebrechts