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## The Genito-Pelvic Pain/Penetration Disorder Paradigm and Beyond

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# PART

Appendices

V



**LIST OF  
ABBREVIATIONS**

**A**



PVD	Provoked vestibulodynia
GPPPD	Genito-pelvic pain/penetration disorder
NMDA	N-Methyl-D-Aspartate receptor antagonists
NRV	Dutch relationship questionnaire
FSFI	Female Sexual Function Index
FSDS	Female Sexual Distress Scale
DSM	Diagnostic and Statistical Manual of Mental Disorders
TENS	Transcutaneous Electrical Nerve Stimulation
ICM	Ischiocavernosus muscle
BCM	Bulbocavernosus muscle
EMG	Electromyography
VPA	Vaginal Pulse Amplitude
PFM	Pelvic floor muscles
GPPPS	Genito-pelviënepijn/penetratiestoornis
GABA	Gamma-aminobutyric acid
VAS	Visual Analogue Scale
MPQ-DLV	McGill Pain Questionnaire-Dutch Language Version



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Symen Kornelis Spoelstra was born in Leeuwarden, the Netherlands, on November 21st 1979. After finishing grammar school, he studied economics. Upon successful completion of this study, he studied medicine at the University of Groningen, the Netherlands, where he obtained his MD in 2012. During his medical training, he started working on a PhD research project in the field of genito-pelvic pain/penetration disorder, formerly known as female sexual pain disorders, at the Department of Psychosomatic Obstetrics and Gynaecology of the University Medical Centre in Groningen. Over the years, he presented published work at national and international congresses. In addition, he gave lectures to medical students at the Medical Faculty of the University of Groningen, he provides support to medical students writing scientific research theses and assisted individuals with their personal (professional) development. He also followed specialized courses in Sexual Medicine in Groningen, Amsterdam and Oxford, UK. In 2013 he started working as a psychiatry resident at the mental health care organization Lentis in Groningen.



**PUBLICATION  
OVERVIEW**

**E**





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