

University of Groningen

Inhibition and detection of 15-lipoxygenase-1

Eleftheriadis, Nikolaos

IMPORTANT NOTE: You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.

Document Version

Publisher's PDF, also known as Version of record

Publication date:

2017

[Link to publication in University of Groningen/UMCG research database](#)

Citation for published version (APA):

Eleftheriadis, N. (2017). *Inhibition and detection of 15-lipoxygenase-1*. [Thesis fully internal (DIV), University of Groningen]. University of Groningen.

Copyright

Other than for strictly personal use, it is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license (like Creative Commons).

The publication may also be distributed here under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license. More information can be found on the University of Groningen website: <https://www.rug.nl/library/open-access/self-archiving-pure/taverne-amendment>.

Take-down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

Downloaded from the University of Groningen/UMCG research database (Pure): <http://www.rug.nl/research/portal>. For technical reasons the number of authors shown on this cover page is limited to 10 maximum.

Acknowledgements

Everybody thinks that doing a PhD is very difficult and demanding. Maybe they are right or maybe they are not. Personally, I believe that we are the ones to decide if something is going to be difficult or easy and this actually refers to everything in this world, being something like a general law of nature. Of course as everybody knows "every start is difficult" and I wasn't an exception to that. However, if you realize how blessed you are to do your hobby as a job, things will go much better. Another important parameter to this equation is the people that are around you and support you. To my opinion, this parameter is the most important. So, I would like to refer to these people and thank them from the bottom of my heart for all their support! By the way, for me that's the most difficult part of my thesis.

First of all, I would like to thank my supervisor **Prof. dr. Frank J. Dekker**. I will always remember the day that I came to your office for my PhD interview. I think you immediately realized how extremely nervous I was and you tried to calm me down. You offered me a cup of coffee and then you started explain me what was the project about. But then, I was even more nervous because I realized that not only the project was interesting but also my potential supervisor "suffered" from the same thing as I did; the love for scientific research. Frank, thank you very much for everything. I learned a lot of things from you. First of all, staying focused and finishing one by one the things that I have to do. You teach me how to work systematically, be patient, stay optimistic and have faith to our projects. All these years you were always eager to help and advise me in each and every problem that I faced. I wish to you and to your lovely family health and happiness.

I would also like to thank my promotor **Prof. dr. H.J. Haisma**. Hidde, thank you for your help and guidance during these 4 years. I really enjoy the group outings which were organized mainly from your initiatives. I think these events are important for the group bonding.

Next, I would like to thank a person that I don't know in which category suits the best. He is one of the reasons that I did my PhD. Many years ago I had the honor to be his student during my bachelor studies. His passion for chemistry and research inspired me and opened a new way for me that till then it was not in my mind. Of course I am referring to my paranymp, co-author, psychologist ☺, advisor but more than all my best friend **dr. Constantinos G. Neochoritis**. Dinos, thank you being for me all the above mentioned! Saturday's coffee was always the holy moment of the week, it worked like a broad-spectrum antibiotic, curing everything. I think you should stay in academia to inspire more people and transfer them your passion about science.

I would like to continue with our small Greek community. Many thanks to my friend **Tryfonas** for his support in and out of the university. He was always willing to help me with a big smile! With him, we

explored the famous Groningen night life. I would also like to thank **Marilena**. Thank you for making me see some things from another point of view. This will help me for the rest of my life. Many thanks to **Evi** and **George** for their mature advices and support. I would like also to thank and welcome the new members in our Greek community, **Markella** and **Chrysovalantou-Anastasia**.

Many thanks to all the members of our group. Starting with the people that I annoyed the most, the people that I was sharing the office with. **Hannah** and **Robbert**, I would like to apologize to you and thank you being so patient with me. Thank you that you didn't say anything when I was listening music and singing, when I was talking in Greek to you or to me (I think I should stop). I would also like to thank our lab manager **Petra** for her help all these years. To our secretary, **Janine**, thank you for helping me with all the administration things. Of course, I would also like to thank my fellow PhD students, **Thea**, **Martijn**, **Hao**, **Bin** and **Olivia**, our postdoc **Niek** as well as the other students of our group, **Joram**, **Philbert**, **Wouter**, **Solomon**, **Kim**, **Anouk**, **Stefano**, **Fransesca** and **Alesia**, for being so nice to me and for the excellent atmosphere in the lab. I would also like to thank my students **Johan**, **Stephanie** and **Hessel**. Every each of you is special and has something different. I am sure that all of you can easily continue for a PhD. Good luck to all of you! You definitely deserve it!

Next, I would like to thank the people from the group of **Prof. dr. Alexander Dömling**. Firstly, I would like to thank **Alex** for being so nice to me, for his useful advices and for inviting me with his group to all these lovely dinners with wine. There are so many people that I want to thank that I am afraid that I will forget somebody. Let's see.. Many thanks to **Edwin**, **Andre**, **Natalia**, **Pravin**, **Eman**, **Ting**, **Ajay**, **Kareem**, **Vishnu**, **Chary**, **Yuanze**, **Santosh**, **Silvia**, **Ariana**, **Max**, **Ewa**, **Prof. Matthew**, **Sergey**, **Jack**, **Marten**. I wish to all of you good luck!

I would like to thank the people from the group Pharmaceutical Biology. Actually, we belong in the same group now, so I could also say my colleagues from the group of Chemistry and Pharmaceutical Biology. The people of **Prof. dr. G.J. Poelarends**, **Prof. dr. W.J. Quax** and **dr. Y.L. Boersma** but also themselves were always very kind to me. I was always welcomed to the 9th floor and you always were willing to help me.

I would also like to acknowledge the smiley people from the 3rd floor! Their positive energy contributed significantly to the excellent working environment. Special thanks to **Jan Visser**, **Eduard**, **Catharina**, **Roberta**, **Laura**, **Daphne**, **Fransien**, **Gillian**, **Viktoriiia**, **Carien**, **Amirah** and **Valentina**. Thanks a lot and good luck!

I would like to express my gratitude to my reading committee, **Prof. dr. M. Seemann**, **Prof. dr. A.J. Minnaard** and **Prof. dr. R.P.H. Bischoff** for their willingness to read and correct my thesis.

Back to Greece again, I would like to thank my former supervisors **Prof. dr. J. Stephanidou-Stephanatou** and **Prof. dr. C.A. Tsoleridis**. They taught me many things and gave me useful supplies and knowledge that I was using all these years during my PhD. I would like to thank my childhood friends **Theo** and **Kostas** for being next to me both in good and bad moments in my life. I am remembering them since the time that I actually remember myself. Guys, you were, are and will be true friends! I would also like to thank two other very important people that I met a bit later in my life. So, in the beginning of my bachelor studies I met two people whom initially I didn't like. But I was totally wrong, because later I realized how unique they were. I am referring to my best friends **John** and **Antonis**. Thank you very much for being such good friends all these years. I had to choose one of all of you as my second paronymph. Antonis, you are the one that always motivating me to continue for a PhD, so I think you deserve it.

For the end, I left the most important! My beloved family and especially my father, mother and sister. I would like to say that I am very proud of you, much more than you are of me. I would like to thank you for everything that you did for me. You teach me to respect the others and be grateful with small things in life. You are always next to me when I need you. What I am, it is because of you. What I succeed, it was because of you. What I will do, it will be because of you. I will always love you with all my heart.

Νομίζω όλοι περίμεναν να γράψω και κάτι στα ελληνικά. Ε λοιπόν, ναι! Σωστά προβλέψατε. Θα ήθελα να ευχαριστήσω από τα βάθη της καρδιάς μου όλους τους ανθρώπους που με στήριξαν σε αυτή την προσπάθεια. Να τους πω ότι θα είμαι πάντα εκεί για αυτούς όποτε με χρειαστούν, όπως ήταν και αυτοί για εμένα. Να είστε όλοι καλά και καλή τύχη σε ότι και αν κάνετε!

Nikolaos, 01/09/2016

