

## University of Groningen

### Who cares?

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## **Stellingen**

Propositions accompanying the dissertation

### **Who cares?**

Research into maintaining, strengthening, and expanding the informal social networks of people with profound intellectual and multiple disabilities

#### **Aafke Kamstra**

1. Professionals who maintain and expand the informal social networks for people with profound intellectual and multiple disabilities are offering indirect emotional support (this dissertation).
2. The aim of the professionals should be to make sure that parents are no longer worried about what will happen to their child if they (the parents) are no longer around (this dissertation)
3. Even though professionals do consider informal social networks important for people with profound intellectual and multiple disabilities, this does not necessarily mean that they consider it part of the daily support (this dissertation).
4. People with profound intellectual and multiple disabilities can be considered a highly vulnerable group of people, their fragile informal social networks make them even more vulnerable (this dissertation).
5. Facilitating interactions between people with profound intellectual and multiple disabilities and their group members should always be on the agenda of the professionals (this dissertation).
6. The optimal informal social network of people with profound intellectual and multiple disabilities consists of people from the personal, nominal and extensive network (this dissertation).
7. Being visible in society is a precondition for expanding informal networks (this dissertation).
8. When collaborating with parents, professionals need to realise the burden of being the most important informal contact person in the life of their child with profound intellectual and multiple disabilities.
9. Als je promotie traject alleen maar leuk is, is het niet de volledige PhD-experience (Richard Rijnks).
10. Wie wil zoekt een mogelijkheid. Wie niet wil, zoekt een reden (Russisch gezegde).