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Unemployment and the health of Slovak adolescents

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Appendix

- some measures used within this thesis -

Long-standing illness

(derived from Glendinning, 1992)

'Do you have any long-standing illness (more than 3 months)?'

Possible answers for the question: 1) yes, 2) no.

VOEG – Questionnaire on Self Perceived Health

(derived from Jansen and Sikkels, 1994)

'How many times during the past four weeks have you had following complaints?'

- (1) Does your stomach often feel full and bloated?
- (2) Do you get out of breath easily?
- (3) Do you often have pains in the chest or heart region?
- (4) Do your bones or muscles ever ache?
- (5) Do you often feel tired?
- (6) Do you often have headaches?
- (7) Are you often troubled by backache?
- (8) Is your stomach regularly upset?
- (9) Do your arms and legs often go dead or get pins and needles?
- (10) Do you get tired sooner than you would consider normal?
- (11) Do you often feel dizzy?
- (12) Do you often feel listless?
- (13) Do you generally get up feeling tired and unrested in the morning?

Response scale for the measure: 1) never, 2) less than three times, 3) more than three times.

Long-term well-being

(Andrews, 1996)

'The following seven faces represent feelings. Mark the one which best represents your feelings during the past year.'

Possible answers for the question:



1



2



3



4



5



6



7

Perceived financial stress

(derived from Hagquist, 1998)

- (1) Has it happened to you at any time recently that you were unable to go out with friends because of lack of money?
- (2) Has it happened to you at any time recently that you were unable to do any sport because of lack of money?
- (3) Has it happened to you at any time recently that you were unable to buy certain cloths because of lack of money?
- (4) Has it happened to you at any time recently that you were unable to go to the disco because of lack of money?

Possible answers: 1) yes, 2) no.

Family affluence scale

(derived from Currie et al., 2000)

- (1) Do you have a telephone in the household (including mobile phones)?
- (2) Do you have a personal computer in the household?
- (3) Do you have a car in the household?
- (4) Do you have your own room in your house/ flat?

Response scale for the first three questions: 1) no, 2) yes one, 3) more than one.

Possible answers for the last question: 1) no, I share my room with another person, 2) yes.

Worries about finances

(derived from Hagquist, 1998)

'Are you sometimes worried that your family will experience financial hardship?'

Possible answers for the question: 1) very often, 2) often, 3) sometimes, 4) seldom, 5) never.

Parental support

(derived from Turner and Marino, 1994; the following six questions were used separately for mother and father /in total 12 questions/)

- (1) I feel very close to my mother/ father.
- (2) I have a mother/ father who would always take the time to talk over my problems, should I want to.
- (3) My mother/ father often lets me know that she/ he thinks I'm worthwhile person.
- (4) When I am with my mother/ father I feel completely able to relax and be myself.
- (5) No matter what happens I know that my mother/ father will always be there for me should I need her/ him.
- (6) I know that my mother/ father has confidence in me.

Response scale for the measure: 1) I definitely agree, 2) I agree, 3) I don't agree, 4) I definitely don't agree.

Loneliness

(derived from Currie et al., 2000)

'How often do you feel lonely and feel that nobody understands you?'

Possible answers for the question: 1) very often, 2) often, 3) sometimes, 4) seldom, 5) never.