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Tribological properties of micro/nano-textured surfaces under physiological conditions

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SUMMARY

In the last decade, surface texturing in micro/nano scale has been extensively used in biomedical engineering to modulate mammalian cell adhesion and proliferation, implant integration with human body and infection prevention. However, the tribological implications of texturing under wet physiological conditions have not been well quantified. This thesis is designed to investigate and understand the fundamentals and general phenomena of the tribological effects of surface texturing with the typical ordered patterns (i.e., micro/nanopore and microline) on different materials, from the most commonly textured hard material and soft material (i.e., materials for fundamental study, such as hard silicon (Si), in **Chapter 2**, and soft polydimethylsiloxane (PDMS) in **Chapter 4**) to the trendiest type of material for cell study today (i.e., hydrogels, such as poly(2-hydroxyethyl methacrylate) (pHEMA) hydrogels in **Chapter 3** and **Chapter 5**) in tissue engineering and tribology, under physiologically relevant conditions. Throughout this thesis, ordered pattern for surface texturing is selected to be studied over random pattern; it is for a clear scope of the relationships between the pattern and surface tribological properties while limiting the random unpredictable behaviors during the tribological tests.

Chapter 2 investigates the tribological effects of micro- and nanopore patterns on hard hydrophilic silicon sliding against soft hydrophobic polydimethylsiloxane (PDMS) immersed in aqueous liquid with various viscosities, simulating the sliding of textured implant surface against soft tissue. The experimental results show that the silicon surfaces with pore textures at both micro- and nanoscale feature sizes confer a higher coefficient of friction (COF) than an untextured one. It is attributed to the texture's edge effect caused by the periodic pore patterns between the two sliding objects with a large difference in material stiffness. For the same solid area fraction, a nanopored surface shows higher COF than a micropored surface because of a significantly higher texture edge length per unit area. For micropored surfaces with a similar texture edge length per unit area, the increase in COF is more pronounced with an increase in the pore size because of the greater stress at the rims of the larger pores. The COFs of both micro- and nanoscale pores generally decrease from ~ 10 to 0.1 with an increase in surrounding aqueous viscosity transitioning from a boundary lubrication to mixed lubrication regime, whereas that of an untextured surface decreases from ~ 1 to 0.01 transitioning from a mixed lubrication to hydrodynamic lubrication regime. Compared to hydrophilic hard probe sliding against textured hydrophobic soft substrate, the hydrophobic soft probe sliding against textured hydrophilic hard substrate produces a significantly higher COF under similar physiological conditions due to the larger edge effect.

The applications of hydrogels in tissue engineering as implants have rapidly grown in the last decade. However, the tribological properties of hydrogels in physiologically relevant conditions, especially those of textured hydrogels, have remained largely unknown due to the complexity of their mechanical and chemical properties. In **Chapter 3**, we experimentally investigated the tribological properties of micropored poly (2-hydroxyethyl methacrylate) (pHEMA) with the lateral pore dimensions varied compared to untextured pHEMA, the most commonly used hydrogel in ophthalmology, under physiologically

relevant conditions. The pHEMA specimens were slid against a smooth glass curve under varying loads (6 - 60 mN, leading to an average contact pressure of 10 - 21 kPa) and sliding speeds (1 - 10 mm/s) in phosphate-buffered saline (PBS, pH 7.4) at 33°C to mimic the physiological conditions in human eyes. At relatively low loads and sliding speeds (e.g., 6 mN and 1 mm/s), the micropored pHEMA did not reduce the dissipated frictional energy significantly. However, at relatively high loads and sliding speeds (e.g., 60 mN and 10 mm/s), the micropored pHEMA resulted in significantly lower frictional energy (reduced by up to 68%) dissipation than the untextured pHEMA. The effect was more pronounced with the micropores with smaller dimensions. Those are attributed to the greater amount and retentivity of the interfacial fluid supported by the free water squeezed out of the micropores with the smaller dimensions under the higher load and sliding speed. These results suggest that the use of micropore texturing on hydrogels in practice, such as for ocular applications, can be leveraged to reduce friction and wear in physiological conditions and hence lower the chance of inflammation near eye implants or keratoprosthesis.

In **Chapter 4** we characterize the tribological properties of micropored PDMS under physiological conditions and investigate the effect of adsorbed lubricious molecules on friction. In this study, untextured and micropored PDMS surfaces were slid against curved smooth glass surfaces under the contact pressures of 10 to 400 kPa, sliding speeds of 0.1 to 5 mm/s in aqueous solutions with viscosity of 1 to 1000 mPa·s. Reconstituted human whole saliva (RHWS) at pH 7 and porcine gastric mucin (PGM) at both pH 2 and 7 were used as lubricious coatings on PDMS. While the micropore-texturing delayed the transition of lubrication regimes, it increased the COF. Although RHWS and PGM coatings decreased the COF significantly, the protein coatings could not help the COF of micropored surfaces getting lower than that of untextured surfaces. The results suggest textured polymeric surfaces could generate larger friction under physiological conditions and lead to a higher chance of inflammation nearby the implants.

During the last few decades, researchers in biomedical fields have had growing interest in applying hydrogels as soft implants and for tissue engineering applications due to their high biocompatibility and mechanical similarity with human tissue. Furthermore, microtextured hydrogel surfaces, e.g., microlined hydrogels have been tested and used on implant surfaces specifically to achieve a desired cell alignment. But some recent studies have shown that texturing could cause an increase in friction, which in the long run could induce wear of the surrounding soft tissue, leading to tissue inflammation and reducing the implant's lifetime. In **Chapter 5**, microlined pHEMA hydrogel (solid area fraction = 0.2 to 1) reveals that due to the open groove channels on the surface, microlined pHEMA textures can store the liquid inside the grooves, potentially lubricating the interface. The tribological properties of the microlined pHEMA got significantly affected by the applied load and its texture parameters. In this study, microline texturing resulted in reduced friction in most cases under the relatively high load. It was because most of the line textures underneath the contact interface were being fully compressed by the relatively

high load, which forced more of the liquid stored inside the grooves up directly into the contact interface when comparing to the relatively low load, while the rest of the liquid could still escape sideways along the grooves. Our study also reveals that texture width or scale (for ridges and grooves) plays a more important role than the textured depth or solid area fraction at the interface. These results suggest that the hydrogel surface with fine microlines, i.e., a relatively small width for both ridges and grooves could further provide a relatively steady contact and slow down sideways escape of the liquid underneath the contact interface through the groove channels, further helping to lower the friction.





SAMENVATTING

De micro/nano oppervlaktetextuur van een materiaal is een veel onderzochte materiaaleigenschap en heeft toepassingen in bijvoorbeeld het moduleren van hechting en proliferatie van lichaamcellen, de integratie van implantaten in het menselijk lichaam en infectiepreventie. De tribologische implicaties zijn hierin onderbelicht geweest en dan specifiek de effecten van gebruik van getextureerde oppervlakten in fysiologische omstandigheden. Dit proefschrift is het resultaat van onderzoek naar de effecten van materiaalinteractie tussen materialen met verschillende (micro/nano) texturen, onder fysiologisch relevante condities voor toepassingen in tissue engineering. Hiervoor zijn typische gestructureerde texturen (bijvoorbeeld micro- en nanoporiën of 'microlines') gemaakt op verscheidene materialen. Denk aan silicium (Si), een hard materiaal gebruikt in **Hoofdstuk 2**, of polydimethylsiloxaan (PDMS), een zacht materiaal gebruikt in **Hoofdstuk 4**, of hydrogelen zoals het poly(2-hydroxyethyl methacrylaat) (pHEMA) hydrogel, gebruikt in **Hoofdstuk 3** en **5**. In deze thesis is ervoor gekozen om met gestructureerde texturen te werken ten opzichte van willekeurige structuren om onvoorspelbaarheden tijdens wrijvingsmetingen te limiteren.

In **Hoofdstuk 2** zijn de tribologische effecten (wrijving, lubricatie en slijtage) onderzocht van hydrofiel silicium met microporie- en nanoporietexturen tegen een oppervlakte van PDMS in een vochtige omgeving met variërende viscositeit. In de experimenten werd het glijden van een implantaat tegen zacht weefsel nagebootst. De resultaten laten zien dat er meer wrijving plaats vindt bij de texturen met micro- en nanoporiën dan bij de texturen zonder deze poriën in de oppervlakte. De resultaten worden toegeschreven aan het randeffect. Bij het toepassen van kleine gaten (de micro- of nanoporiën) in het materiaal, ontstaan ook randen. Bij het glijden zorgen deze randen voor hogere wrijving. Als de wrijvingscoëfficiënten vergeleken worden tussen nanoporie- en microporietexturen, dan geldt voor dezelfde solide-oppervlaktefractie, een veel hogere wrijvingscoëfficiënt voor de nanoporietextuur. Het randeffect wordt verondersteld hiervoor verantwoordelijk te zijn omdat blijkt dat er significant meer randlengte is bij de nanoporietexturen dan bij de microporietexturen. Als een oppervlaktetextuur wordt gekozen in de micro-range, maar met dezelfde randlengte als bij de nanoporietextuur, geldt dat de wrijving hoger wordt. Dit is toe te wijzen aan de toegenomen poriegrootte. Dit geeft een hogere mate van stress op de randen doordat het materiaal dieper de porie ingeduwd wordt. Bij het verhogen van de viscositeit van de omgevingsvloeistof neemt de wrijvingscoëfficiënt af voor beide oppervlaktetexturen. Wanneer dezelfde textuur is aangebracht op het zachte PDMS en wanneer er gegleden wordt tegen een vlak silicium oppervlakte, dus omgedraaid in vergelijking met hierboven, geeft dat een lagere wrijvingscoëfficiënt. Het randeffect is hier minder aanwezig omdat de randen minder hard zijn.

Omdat er een snel stijgende toepassing van hydrogelen in de biomedische industrie is, zoals bijvoorbeeld voor implantaattechnologie in de oogheelkunde, hebben we in **Hoofdstuk 3** onderzocht wat de tribologische eigenschappen zijn van de (in de oogheelkunde veelgebruikte) pHEMA hydrogel, zowel ongetextureerd als met microporietexturen. pHEMA-monsters met gevarieerde porieafmetingen werden tegen

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een gladde, afgeronde glazen (silicium) oppervlakte bewogen. De drukkrachten en glij snelheden varieerden van 6 – 60 mN (resulterende in oppervlaktedruk van 10 – 21 kPa) en 1 - 10 mm/s en de experimenten werden gedaan in voor het oog fysiologisch relevante omstandigheden (in een fosfaat gebufferde zoutoplossing met pH 7,4 op 33°C). Onder lage druk en glij snelheden (zoals 6 mN en 1 mm/s) verschilde de energiedissipatie nagenoeg niet tussen ongetextureerd pHEMA vergeleken met pHEMA met microporietexturen. Dit was anders onder hoge druk en glij snelheden (zoals 60 mN en 10 mm/s), waar de pHEMA met microporietextuur het energieverlies door wrijving met 68% verminderde. Hoe kleiner de afmetingen van de microporiën waren, hoe hoger de reductie was. Verondersteld wordt dat in de kleinere poriën de in het glijvlak aanwezige vloeistof beter vastgehouden wordt en het aanwezige water dat zich in de poriën bevindt, er uitgeperst wordt. Dit zorgt voor de lagere energiedissipatie en dat betekent dat er minder wrijving en slijtage optreedt. Als deze bevindingen worden toegepast in de oogheelkunde, dan kunnen implantaten gemaakt worden die de kans op implantaat gerelateerde ontstekingen verkleinen.

In **Hoofdstuk 4** wordt de vraag gesteld wat het effect op de wrijving is van aangehechte lubricerende moleculen op PDMS. Hiervoor zijn van nature beschikbare lubricerende moleculen uit speeksel en maagslijmvlies gebruikt en in oplossing gebracht (pH 7 voor speeksel en pH 2 en pH 7 voor mucine uit de varkensmaag). De oplossingen werden gebruikt om lubricerende coatings aan te brengen op de PDMS met en zonder microporietextuur. Tijdens experimenten werd het PDMS tegen een gladde afgeronde glazen (silicium) oppervlakte gegleden onder invloed van 10 tot 400 kPa en glij snelheden van 0.1 tot 5 mm/s in waterige oplossingen met viscositeit variërend tussen 1 en 1000 mPa·s. De lubricerende moleculen verlaagden de wrijvingscoëfficiënt significant, maar zonder verschil tussen het PDMS met of het PDMS zonder microporietextuur. Zonder lubricerende coating blijft de PDMS met microporie textuur 'langer' in het grenslubricatieregime dan de ongetextureerde, resulterende in hogere wrijvingscoëfficiënten. Dit zou betekenen dat microporie-getextureerde PDMS door de hogere wrijving tot een hogere kans op ontstekingen bij implantaten kan lijden.

De interesse in het gebruik van hydrogelen in de biomedische industrie is de laatste jaren flink toegenomen. De biocompatibiliteit en de op weefsel gelijkende mechanische eigenschappen zijn daar de reden van. Specifieke 'microlined hydrogels' (hydrogelen met ribbeltexturen in de micrometer range) zijn al gebruikt om cellen in een gewenste oriëntatie te laten groeien. Hierboven en in andere studies werd al aangetoond dat het aanbrengen van textuur, meer wrijving, en dus mogelijk ontstekingen aan het zachte weefsel teweegbrengen. Dit kan de duurzaamheid van de implantaten aantasten. In **Hoofdstuk 5** zijn pHEMA hydrogelen met een microline-textuur (solide-oppervlakfracies van 0.2 tot 1) gebruikt. Dit hoofdstuk toont aan dat de microline-textuur kan fungeren als opslag van vloeistof en zo mogelijk de oppervlakte kan lubriceren. De tribologische waarden van de pHEMA veranderden significant onder de toenemende druk, maar ook naar mate de dimensies van de microlines aangepast werden. Doordat er relatief hoge druk op de microlines toegepast werd, werden ze dermate dichtgedrukt dat

de opgeslagen vloeistof in de contactoppervlakte geperst werd. Dit leidt ertoe dat in nagenoeg alle geteste pHEMA microline-texturen een lage wrijvingscoëfficiënt gemeten werd. Uit de studie blijkt ook dat de breedte van de microlines, of de schaal waarin ze toegepast zijn, een belangrijkere rol spelen dan de diepte van de tussenliggende ruimte of de solide-oppervlakfracie. De resultaten suggereren dat een fijne microline-textuur een stabiel contactoppervlakte bewerkstelligt en dat deze textuur de mogelijkheid biedt dat de vloeistof door de kanalen kan wegvloeien en daarmee kan helpen om wrijving te reduceren.



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