

## University of Groningen

### On edge: night and day. Understanding the association between poor sleep and aggression van Veen, Maaike

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# ON EDGE: NIGHT AND DAY

UNDERSTANDING THE ASSOCIATION  
BETWEEN POOR SLEEP  
AND AGGRESSION

Maike M. van Veen



rijksuniversiteit  
 groningen

# **On edge: night and day**

Understanding the association  
 between poor sleep and aggression

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