

University of Groningen

On edge: night and day. Understanding the association between poor sleep and aggression van Veen, Maaïke

DOI:
[10.33612/diss.248586077](https://doi.org/10.33612/diss.248586077)

IMPORTANT NOTE: You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.

Document Version
Publisher's PDF, also known as Version of record

Publication date:
2022

[Link to publication in University of Groningen/UMCG research database](#)

Citation for published version (APA):
van Veen, M. (2022). *On edge: night and day. Understanding the association between poor sleep and aggression*. [Thesis fully internal (DIV), University of Groningen]. University of Groningen.
<https://doi.org/10.33612/diss.248586077>

Copyright

Other than for strictly personal use, it is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license (like Creative Commons).

The publication may also be distributed here under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license. More information can be found on the University of Groningen website: <https://www.rug.nl/library/open-access/self-archiving-pure/taverne-amendment>.

Take-down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

Downloaded from the University of Groningen/UMCG research database (Pure): <http://www.rug.nl/research/portal>. For technical reasons the number of authors shown on this cover page is limited to 10 maximum.

Stellingen behorende bij het proefschrift

On edge: night and day

Understanding the association between poor sleep and aggression

1. Slaap schreeuwt om meer bewustzijn *-dit proefschrift-*.
2. Hoe meer slaapproblemen, hoe meer agressie *-dit proefschrift-*.
3. Dat het verband tussen slecht slapen en agressie sterker is bij mensen met een psychische kwetsbaarheid betekent niet dat de psychopathologie het verband verklaart - *dit proefschrift-*.
4. Als uw patiënt impulsief en prikkelbaar is, vraag dan naar zijn slaap *-dit proefschrift-*.
5. Wakker liggen ondermijnt forensische behandeling *-dit proefschrift-*.
6. Slaap valt niet eenvoudig te vatten *-dit proefschrift-*.
7. Dichotomiseren moeten we zo min mogelijk continueren.
8. Wetenschap biedt onzekerheid.
9. *Heavy metal* is adaptieve emotieregulatie.