

University of Groningen

Living with Rheumatoid Arthritis

Benka, Jozef

IMPORTANT NOTE: You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.

Document Version

Publisher's PDF, also known as Version of record

Publication date:

2012

[Link to publication in University of Groningen/UMCG research database](#)

Citation for published version (APA):

Benka, J. (2012). *Living with Rheumatoid Arthritis: do personal and social resources make a difference?*
s.n.

Copyright

Other than for strictly personal use, it is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license (like Creative Commons).

The publication may also be distributed here under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license. More information can be found on the University of Groningen website: <https://www.rug.nl/library/open-access/self-archiving-pure/taverne-amendment>.

Take-down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

Downloaded from the University of Groningen/UMCG research database (Pure): <http://www.rug.nl/research/portal>. For technical reasons the number of authors shown on this cover page is limited to 10 maximum.

About the author

Jozef Benka was born in Vranov nad Toplou, Slovakia, on May 13th, 1982. He completed his degree in psychology at the University of Presov with a Master thesis entitled “Religious coping in contextual and psychological characteristics”. After graduating, he started working as a researcher at Safarik University in Kosice. At the same time, he started a PhD program at the Medical Faculty, University of Groningen and joined the Kosice Institute for Society and Health. During his research he focused on quality of life among patients with chronic diseases especially regarding coping and social support. He is also interested in theoretical models of health related behavior. While doing his research he taught Personality psychology and Psychology of emotions and motivation. He is currently employed as a lecturer at the Department of Educational Psychology and Health Psychology, Faculty of Arts, P.J. Safarik University. He is married and has one son.

