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Self-reported health and health risky behaviour of Roma adolescents in Slovakia

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Appendix

Items used in the survey:

SELF-RATED HEALTH (SF-36, Ware et al., 1993)

Item: In general, would you say your health is:

Answer: excellent (1), very good (2), good (3), fairly good (4), bad (5).

HEALTH COMPLAINTS (Bothmer & Fridlund, 2003)

Item: Have you during the last month been bothered by any of the following symptoms?

- Headache
- stomach ache
- cold
- flu
- symptoms from muscles
- back-pain
- anxiety
- coughing
- fatigue
- sleeplessness
- stress
- constipation
- diarrhoea
- allergy
- others

Answer: yes, no

HEALTHCARE USE

Items: 1. Have you had to see a doctor during the last month because of serious sickness?

2. Have you been in hospital during the last year?

Answer: yes, no

ACCIDENTS AND INJURIES

Items: 1. Have you burnt yourself so badly that you had to see a doctor during the last year?

2. Have you cut yourself by accident so badly you had to see a doctor during the last year?

3. Have you broken a bone during the last year?

Answer: yes, no

MENTAL AND BEHAVIORAL HEALTH (Strengths and Difficulties Questionnaire, Goodman, 1998)

- Items:
1. I try to be nice to other people. I care about their feelings
 2. I am restless, I cannot stay still for long
 3. I get a lot of headaches, stomach-aches or sickness
 4. I usually share with others (food, games, pens etc.)
 5. I get very angry and often lose my temper
 6. I am usually on my own. I generally play alone or keep to myself
 7. I usually do as I am told
 8. I worry a lot
 9. I am helpful if someone is hurt, upset or feeling ill
 10. I am constantly fidgeting or squirming
 11. I have one good friend or more
 12. I fight a lot. I can make other people do what I want
 13. I am often unhappy, down-hearted or tearful
 14. Other people my age generally like me
 15. I am easily distracted, I find it difficult to concentrate
 16. I am nervous in new situations. I easily lose confidence
 17. I am kind to younger children
 18. I am often accused of lying or cheating
 19. Other children or young people pick on me or bully me
 20. I often volunteer to help others (parents, teachers, children)
 21. I think before I do things
 22. I take things that are not mine from home, school or elsewhere
 23. I get on better with adults than with people my own age
 24. I have many fears, I am easily scared
 25. I finish the work I'm doing. My attention is good

Answer: not true (1), somewhat true (2), certainly true (3)

SOCIAL DESIRABILITY (SDRS-5, Hays et al., 1989)

- Items:
1. I am always courteous even to people who are disagreeable.
 2. There have been occasions when I took a advantage of someone.
 3. I sometimes try to get even rather than forgive and forget.
 4. I sometimes feel resentful when I don't get my way.
 5. No matter who I'm talking to, I'm always a good listener.

Answer: definitely true (1), mostly true (2), don't know (3), mostly false (4), definitely false (5)

DISCRIMINATION (ISRQ questionnaire, Zhang et al., 2000)

Item: Have you ever treated you badly because of your religion or the language you speak, or the colour of your skin?

Answer: No, never (1), once (2), sometimes (3), often (4)

HOPELESSNESS SCALE (Brief hopelessness scale, Bolland, 2003)

- Items:
1. All I see ahead of me are bad things, not good things.
 2. There is no use in really trying to get something I want because I probably won't get it
 3. I might as well give up because I can not make things better for myself

4. I do not have good luck now and there is no reason to think I will when I get older

5. I never get what I want, so it is dumb to want anything

Answer: agree, disagree

SATISFACTION WITH LIFE (Satisfaction with Life Scale, Diener et al., 1985)

Items: 1. In most ways my life is close to my ideal.

2. The conditions of my life are excellent.

3. I am satisfied with my life.

4. So far I have gotten the important things I want in life.

5. If I could live my life over, I would change almost nothing.

Answer: strongly agree (1), agree (2), slightly agree (3), neither agree nor disagree (4), slightly disagree (5), disagree (6), strongly disagree (7)

AGGRESSIVE BEHAVIOR (The Aggression Questionnaire, Nakano, 2001 (orig. Buss & Perry, 1992))

Items: 1. Once in a while I can't control the urge to strike another person

2. Given enough provocation, I may hit another person

3. If somebody oneys, I hit back

4. I get into fights a little more than the average person

5. If I have to resort to violence to protect my rights, I will

6. There are people who pushed me so far that we came to blow.

7. I can think of no good reason for ever hitting a persona

8. I have threatened people I know

9. I have become so mad that I have broken things

10. I am sometimes eaten up with jealousy

11. At times I feel I have gotten a raw deal out of life

12. Other people always seem to get the breaks

13. I wonder why sometimes I feel so better about things

14. I know that "friends" talk about me behind my back

15. I am suspicious of overly friendly strangers

16. I some times feel that people are laughing oney behind my back

17. When people are especially nice, I wonder what they want

Answer: extremely uncharacteristic of me (1) up to extremely characteristic of me (5)

DELINQUENCY (Zhang et al., 2000)

Items: 1. Did you ever damage on purpose something, such as a bus shelter, a window, a car or a seat in the bus or train?

2. Did you ever steal something from a shop or a department store?

3. Did you ever break into a building with the purpose to steal something?

4. Did you ever steal a bicycle, moped or scooter?

5. Did you ever steal something out of or from a car?

6. Did you ever snatch a purse, bag or something else from a person?

7. Did you ever carry a weapon, such as a stick, knife, or chain (not a pocket-knife)?

8. Did you ever threaten somebody with a weapon or to beat them up, just to get money or other 9. things from them?

10. Did you ever participate in a group fight on the school playground, a football stadium, the streets or in any public place?

11. Did you ever intentionally beat up someone, or hurt him with a stick or knife, so bad that he had to see a doctor?

Answer: Never (1), yes but longer than 12 months ago (2), yes, during last 12 months once (3), two times (4), three times and more (5)

SUBSTANCE USE

Item: Have you ever smoked a cigarette? (Tuinstra et al., 1998)

Answer: no never (1), yes, I have tried it (2), yes, I used to smoke but I have quit (3), yes, I smoke occasionally but not daily (4), yes, I smoke every day (5)

Item: Have you been drunk during the last 4 weeks?

Answer: no (1), 1-2 times (2), 3 times and more (3)

Item: Have you ever tried any other drugs?

Answer: yes, no

PHYSICAL INACTIVITY

Item: How often do you have physical activity per week? (Physical activity is a sporting activity longer than 20 minutes; do not include physical education in school)

Answer: never (1), once a week (2), at least 2-3 times a week (3), every day (4)

PERCEIVED SOCIAL SUPPORT FROM PARENTS (items adapted from the 'Spouse/partner perceived social support' subscale of PSSS, Turner & Marino, 1994)

- Items:
1. I feel very close to my mother.
 2. My mother would always take the time to talk over my problems, should I want to.
 3. My mother often lets me know that she thinks I'm a worthwhile person.
 4. When I am with my mother I feel completely able to relax and be myself.
 5. No matter what happens I know that my mother will always be there for me should I need her.
 6. I know that my mother has confidence in me.
 7. I feel very close to my father.
 8. My father would always take the time to talk over my problems, should I want to.
 9. My father often lets me know that he thinks I'm a worthwhile person.
 10. When I am with my father I feel completely able to relax and be myself.
 11. No matter what happens I know that my father will always be there for me should I need him.
 12. I know that my father has confidence in me.

Answer: fully agree (4), agree (3), disagree (2), fully disagree (1).

PERCEIVED SOCIAL SUPPORT FROM SIGNIFICANT OTHER (Significant others' subscale of the Multidimensional Scale of Perceived Social Support, Blumethal et al., 1987)

- Items:
1. There is a special person who is around when I am in need.
 2. There is a special person with whom I can share joys and sorrows.
 3. I have a special person who is a real source of comfort to me.
 4. There is a special person in my life who cares about my feelings.

Answer: Very Strongly Disagree (1), Strongly Disagree (2), Mildly Disagree (3), Neutral (4), Mildly Agree (5), Strongly Agree (6), Very Strongly Agree (7)

