

University of Groningen

How is depression valued?

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- 1. When depression presents prior to the somatic condition, depression is considered more burdensome. This might be because then depression is perceived to be associated with the development of the somatic condition (Chapter 5)**
- 2. Previous studies show that somatically ill patients value the conditions they experience less negatively compared to the general population who imagine these conditions... we found that individuals with depression value (mild) depression more negatively than individuals without depression (Chapter 4)**
- 3. It is possible that individuals value depression as a condition, rather than the actual description of depression presented to them. (Chapter 6)**
- 4. Qualitative research dives into aspects of human life that could not adequately be covered by quantitative research; aspects such as culture, expression, beliefs, morality and imagination**
- 5. Depression also fulfils the criteria for a culture-bound syndrome, in westernised societies (C. Dowrick)**
- 6. Unless you have experienced something, you can never truly understand it.**
- 7. Researchers aim to produce knowledge. At the same time, they aim to produce publications. Balancing between these two aims can sometimes be a challenge.**
- 8. Men are disturbed not by things, but by the view which they take of them. (Epictetus, philosopher)**

- 9. Whatever good or bad fortune may come our way we can always give it meaning and transform it into something of value.
(Hermann Hesse, writer)**