

# Meet the experts: Comorbidities of ADHD in adults



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Individuals with anxiety, depression, substance use, mood disorders, or obesity often have an underlying condition of ADHD and should be screened for ADHD symptoms. Conversely, ADHD patients and their providers should be on the lookout for symptoms of the mental disorders listed above.

How do we know this?

Thanks to the **COCA Project** (Comorbid Conditions of ADHD).

COCA is a consortium of 17 medical institutions in 8 European countries studying the comorbidities (co-occurring medical conditions) of ADHD. In addition, the project is studying the effects of light therapy and exercise to see what effects these have on symptoms.

[Learn more](#)

Join us as **Drs Catharina Hartman** and **Andreas Reif** describe what's being studied, the methods, and what they have found to date.

## Online Seminar

**Tuesday, 02 November 2021**

**17:00 h CET | 16:00 h GMT | 11:00 h EDT**

## Comorbidity of adult ADHD – central or curio?

### Findings from the CoCA consortium

### End of session

**18:30 CET | 17:30 h GMT | 13:30 h EDT**

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