

## University of Groningen

### Which Breast is the Best?

Eltahir, Yassir

DOI:  
[10.33612/diss.204256365](https://doi.org/10.33612/diss.204256365)

**IMPORTANT NOTE: You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.**

*Document Version*  
Publisher's PDF, also known as Version of record

*Publication date:*  
2022

[Link to publication in University of Groningen/UMCG research database](#)

*Citation for published version (APA):*

Eltahir, Y. (2022). *Which Breast is the Best? Patient reported quality of life, satisfaction, and outcomes, after autologous versus alloplastic breast reconstruction*. [Thesis fully internal (DIV), University of Groningen]. University of Groningen. <https://doi.org/10.33612/diss.204256365>

#### Copyright

Other than for strictly personal use, it is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license (like Creative Commons).

The publication may also be distributed here under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license. More information can be found on the University of Groningen website: <https://www.rug.nl/library/open-access/self-archiving-pure/taverne-amendment>.

#### Take-down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

Downloaded from the University of Groningen/UMCG research database (Pure): <http://www.rug.nl/research/portal>. For technical reasons the number of authors shown on this cover page is limited to 10 maximum.

- 1- Decision for risk reducing mastectomy in gene mutation carriers depends mainly on age, having had breast cancer previously, or from having a family member with breast cancer. (Chapter 2)
- 2- Breast reconstruction improves quality of life and satisfaction with breast in women who have had mastectomy. (Chapter 3)
- 3- Autologous breast reconstruction outcome in terms of QoL and satisfaction with breast is superior compared to alloplastic breast reconstruction outcome. (Chapter 4 and 5)
- 4- Alloplastic breast reconstruction still has a prominent role in breast reconstruction. (Chapter 5)
- 5- Every woman with breast cancer should have the opportunity to be fully informed about Breast Reconstruction, in order to make an informed decision about her treatment plan. (Chapter 5)
- 6- A comprehensive scoring system for breast reconstruction cosmetic outcomes is needed. (Chapter 6)

7- There is no minor surgery, but only minor surgeons. (Prof. dr. B. van der Lei)

8- مَنْ سَلَكَ طَرِيقًا يَبْتَغِي فِيهِ عِلْمًا سَهَّلَ اللَّهُ لَهُ طَرِيقًا إِلَى الْجَنَّةِ، وَإِنَّ الْمَلَائِكَةَ لَتَضَعُ أجنحتها لطالب العلم رضا بما يصنع

For the person who takes a path upon which he seeks knowledge, Allah facilitates an easy path to Paradise. And indeed the angels lower their wings in approval to the one seeking knowledge. (*Prophet Muhammad*, Source: : Sunan Abī Dāwūd 3641)

9- *Az orvos tevékenységében, a gyógyításban van olyan tényező, amit nem lehet tanulni, aminek nincs neve, csak hatása, s ezért a gyógyítás nem csupán tudomány, hanem művészet is.*

There is a factor in the medical treatment, that cannot be taught, that has no name, only an effect, and therefore treatment is not only a science but also an art. (Prof. dr. Zoltán Zsebők)