

University of Groningen

Families at risk and the role of the care system

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DOI:
[10.33612/diss.198180262](https://doi.org/10.33612/diss.198180262)

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Document Version
Publisher's PDF, also known as Version of record

Publication date:
2022

[Link to publication in University of Groningen/UMCG research database](#)

Citation for published version (APA):
Macková, J. (2022). *Families at risk and the role of the care system*. [Thesis fully internal (DIV), University of Groningen]. University of Groningen. <https://doi.org/10.33612/diss.198180262>

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Stellingen

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Families at risk and the role of the care system

Jaroslava Mackova
16th of February

1. Family is a complex system where actors are interrelated; adverse events happening between parents may create a sense of hopelessness in adolescents.

-This thesis

2. The negative expectations of the future related to a sense of hopelessness may explain why young people from an adverse family environment are more prone to get involved in violent behaviour.

-This thesis

3. If parents are overwhelmed by their own problems, it is difficult for them to help their children with solving problems or to show how to do that.

-This thesis

4. A distrustful and blaming atmosphere between psychosocial care providers and parents needs to be addressed with urgency as this is likely to be harmful for adolescents who need help.

-This thesis

5. Professionals may find themselves in the position of helplessness when their expert role meets with the discourse of patients' rights.

-This thesis

6. Discourses of behaviourism and institutional care relate to old-fashioned procedures to get control over adolescents.

-This thesis

7. "Parents, deliberately or unaware, teach their children from birth how to behave, drink, feel and perceive. Liberation from these influences is no easy matter."

-Eric Berne

8. "Safety is the most basic task of all. Without sense of safety, no growth can take place. Without safety, all energy goes to defense."

-Torey Hayden

9. "You have power over your mind – not outside events. Realize this, and you will find strength."

-Marcus Aurelius

10. "I am not what happened to me, I am what I choose to become."

-Carl Gustav Jung