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### Families at risk and the role of the care system

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## About the author



Jaroslava Macková was born on 27th of August in Liptovský Mikuláš, Slovakia. First, she received a bachelor's degree in social work, but then she decided to leave this field and started studying psychology. She received a bachelor's degree from the Catholic University in Ružomberok, then she moved to Bratislava and received a master's degree in psychology from the Comenius University in Bratislava. In the master thesis, she explored the phenomenon of dehumanisation and implicit and explicit prejudices towards the Roma population. During her studies,

she volunteered in several organisations, including the SAŠAP (Slovak Association of Psychology Students), worked in the editorial board of its journal, and daily psychiatric care.

After receiving her master's degree, she moved to Košice, and according to the bilateral agreement of universities, she became a PhD student at the Department of Health Psychology at the University of Pavel Jozef Šafárik and the University of Groningen. She participated in the Care4Youth study that mapped the care system for adolescents suffering from emotional and behavioural problems. She also took part in the Health Behaviour in School-aged Children study, and she coordinated the data collection in central Slovakia. Her main interest was first, how family-related adversities affected the development of adolescents and second, which roles were played by professionals working with adolescents and by parents in the care for adolescents. During her PhD, she also started long-term psychotherapeutic training. Additionally, she completed an internship in the Drug rehab clinic and worked at a helpline created during the pandemic by the non-profit organisation IPčko (Online counselling for young people). Currently, she works as a school psychologist and plans to continue participating in research on adolescents experiencing emotional and behavioural problems.



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