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Capturing complex processes of human performance

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Curriculum Vitae

Ruud den Hartigh was born in Nieuw-Beijerland, on August 16th, 1984. After finishing his secondary education, he worked on a full-time tennis career for two years. After this period, Ruud moved to Groningen, where he started his studies in Psychology in 2004, and was involved in various student committees and boards. After his bachelor's program at the University of Groningen, Ruud moved to Amsterdam in 2008 for the pre-master's and a master's program in Human Movement Sciences (Sport, Exercise, and Health) at the VU University, which he combined with the program 'European Masters in Exercise and Sport Psychology'. During this period, he did a research internship at Montpellier 1 University, where he wrote his two master's theses on the dynamics of psychological momentum in sports. After a successful application for a PhD position in Montpellier in 2011, based on a collaboration between the Universities of Groningen and Montpellier, Ruud wrote his dissertation in alternate periods at these two universities. In March 2015, Ruud started a position as Assistant Professor Talent and Creativity at the University of Groningen.

Publications

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