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The role of the X chromosome in infectious diseases

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Abstract

Many infectious diseases in humans present with a sex bias. This bias arises from a combination of environmental factors, hormones and genetics. In this study, we review the contribution of the X chromosome to the genetic factor associated with infectious diseases. First, we give an overview of the X-linked genes that have been described in the context of infectious diseases and group them in four main pathways that seem to be dysregulated in infectious diseases: nuclear factor kappa-B, interleukin 2 and interferon γ cascade, toll-like receptors and programmed death ligand 1. Then, we review the infectious disease associations in existing genome-wide association studies (GWAS) from the GWAS Catalog and the Pan-UK Biobank, describing the main associations and their possible implications for the disease. Finally, we highlight the importance of including the X chromosome in GWAS analysis and the importance of sex-specific analysis.

Key words: X chromosome; infectious diseases; GWAS

Introduction

The role of the X chromosome in complex diseases

A long list of human infectious and autoimmune diseases are more prevalent in one sex than the other [1–3]. Various environmental factors have an effect on this sex bias, for instance smoking, travel, access to health care and adherence to treatment [3]. Concomitantly, sex chromosomes constitute the genetic basis for the difference between males and females. In humans, the Y chromosome contains only around 100 genes, whereas the X chromosome harbors over 1500 genes, with a high density of loci modulating the immune response [3–5]. Since females have two copies of the X chromosome and males only have one, it is vital for proper function to realign the difference in dosage of gene expression between sexes. This role is made evident in X-dosage imbalances caused by aneuploidies of the X chromosome such as Turner syndrome (45, X) and Klinefelter syndrome (47, XXY) [6]. Individuals with either condition have an increased risk to develop autoimmune diseases [6–9], and recent research begins to elucidate the shared regulatory network affected in both conditions [9].

The dosage discrepancy between sexes is ordinarily compensated via several mechanisms, most importantly the process of X chromosome inactivation in females during early embryonal development [4]. Normally, one random X chromosome is silenced and females become functional mosaics for expression of the X chromosome [4]. The X chromosome inactivation process is mediated by X-inactive specific transcript (Xist), a long intergenic non-coding RNAs (lincRNA) encoded in the X chromosome inactivation center. LincRNAs are non-coding transcripts of more than 200 nucleotides in length. Xist causes the silencing of a large proportion of the X chromosomes [10] through long-range chromatin interactions that bind two distal genomic regions together [11]. However, up to 15% of genes on the X chromosome escape silencing [6]. The dosage difference in such genes is the suspected genetic cause of the differences between males and females in response to complex diseases.

A striking X chromosome-specific characteristic is that it contains 10% of all genomic micro-RNAs (miRNA), a disproportionately high amount considering its size compared to the rest of the chromosomes [2, 3]. In humans, as well as in other

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seven mammalian species, the density of miRNA on the X-chromosome is greater than two-fold of those from the autosomal chromosomes [12]. These miRNAs are small non-coding RNA molecules with a regulatory function, achieved by targeting complementary sequences in usually multiple mRNAs and altering splicing, instigating their degradation or blocking translation [2, 3, 6]. Some miRNAs are located in genes escaping X chromosome inactivation and, considering their effects on diverse signaling cascades, have the potential to be major regulators of sex differences [6]. In contrast, the Y chromosome does not appear to contain any miRNAs [12]. Most miRNAs on the X chromosome have yet to be described; however, their suppression of protein synthesis appears to be an important regulatory step in many cancer, fertility and immune-related pathways [6, 7, 13].

While mutations on the X chromosome contribute to almost 10% of Mendelian disorders [14], the number of known associations on the X chromosome with complex diseases is lower than associations on the autosomes. For example, a few years ago, a study found that if we compare the X chromosome to chromosome 22, which is three times smaller, chromosome 22 has four times more reported associations in the GWAS catalog [5]. Associations on the X chromosome are scarce as it is often excluded from GWAS due to its sex-specific characteristics and concomitant technical difficulties: Dosage differences of the sex chromosomes present difficulties to statistical analysis between males and females, as well as sex chromosomes compared to autosomes [3, 5]. X chromosome inactivation and sometimes skewed or tissue-specific inactivation patterns in females present a challenge for association variants with individual phenotypes, because standard sequencing technologies cannot differentiate between the silenced and the active X chromosome [5, 14]. Moreover, the density of markers on the X chromosome in the genotyping platforms was very small compared to other chromosomes, though this has since improved [5, 14]. Finally, there was simply a lack of power and available software to perform robust associations of the X chromosome [3, 5, 14]. Nevertheless, 437 associations to 268 diseases or traits have been reported in the GWAS catalog [15] by November 2020. Including some immunological and neurological diseases such as celiac disease, vitiligo, Type 1 diabetes, bipolar disorder, Schizophrenia and Alzheimer's disease, among others [16–20].

Beyond the genetic level, it has been proposed that sex hormones act as an additional compensatory mechanism to ameliorate the effect of gene dosage discrepancies [4]. Testosterone, present at higher concentrations in males, is anti-inflammatory, and the estrogens more produced in females are primarily pro-inflammatory [2, 3]. Interestingly, characteristic sex differences in the microbiome have been shown to develop after puberty, i.e. at the same time that sex hormone levels rise [2]. While the effect of the immune system on the microbiome is not a new discovery, the influences of the microbiome on the immune system are becoming increasingly recognized in complex diseases including cancer, autoimmune disorders and microbial infections, among others [21–24]. Further, the mitochondria have an important role in innate and adaptive immune cell regulation and, in particular, antiviral defense [2]. Though mitochondrial DNA is separate from genomic DNA, this is of note in sex-dependent immune responses since mitochondria are maternally inherited and as such display bias towards variations advantageous to females, even when deleterious to males [2].

This evidence combined purports multifaceted interactions between diverse environmental and genetic factors that contribute to the sex bias observed in many complex diseases. The influence of environmental factors and hormones is bigger

than the influence of genetics on the majority of complex diseases; nevertheless, the underlying genetic differences cannot be ignored, especially those of the X chromosome. Thus, further studies are needed to elucidate the role of X-linked genes in disease pathogenesis.

Importance of the X chromosome in infectious diseases

Females are more susceptible to developing autoimmune disorders; however, they perform better in defense against infectious diseases [3, 4, 6, 7]. This makes sense, considering the evolutionary bias of the X chromosome towards benefitting females and its high density of immune genes. Though sex hormones appear to contribute to this phenomenon, they do not fully explain it [3]. Apart from the dosage difference of certain X-linked genes, the biallelic expression of X-linked genes makes females non-phenotypical for recessive mutations and is thought to increase the genetic diversity of immune cells [4]. This diversity may be advantageous for the detection of infectious pathogens.

In the following, we briefly review X-linked genes with a role in susceptibility to infectious diseases that have been described in published literature. This is followed by a detailed assessment of SNP associations on the X chromosome affecting traits related to infectious diseases. To this end, we evaluate the relevant associations published in the GWAS Catalog to date (November 2020), as well as the associations published by the Pan-UK Biobank [25]. The latter is a large genetic association database based on a cohort of 500 000 individuals, for which the UK Biobank collected various samples and health information.

X-linked genes associated with infectious diseases

Genes on the X chromosome involved in central host defense pathways

Many X-linked genes with a role in susceptibility to infectious diseases have been described, and even longer is the list of immune genes with potential impact on the response to infection; we give an overview of the most important genes (Figure 1, Supplementary Table 1). In the following, we highlight four integral pathways in the immune response to infection and the related genes on the X chromosome.

NF- κ B

Nuclear factor kappa-B (NF- κ B) is a transcription factor central to many cellular processes, including the inflammatory response to pathogens [26, 27]. The NF- κ B essential modulator (NEMO) is encoded by the X-linked Inhibitor of NF- κ B Kinase γ (*IKBKG*) gene and inhibits an NF- κ B kinase, thereby upregulating the expression of NF- κ B [4, 27]. Amorphic mutations are male lethal, while milder mutations in *IKBKG* cause primary immunodeficiencies in diseased individuals [4, 28]. Clinically these mutations manifest as a Mendelian susceptibility to mycobacterial infections, often accompanied by ectodermal dysplasia [4, 28]. Interestingly, the ectodysplasin gene (*EDA*) and its receptor *EDA2R*, both located on the X chromosome, are upstream of NEMO and NF- κ B in this signaling pathway [27, 29]. Mutations in this gene and receptor can likewise result in ectodermal dysplasia, though there are no reports of immunodeficiencies, potentially due to compensatory signals in the cascade [6, 27]. NF- κ B can also be upregulated by miR-18, an X-linked miRNA involved in cancer and immunity [6, 30]. In contrast, NF- κ B Repressing Factor

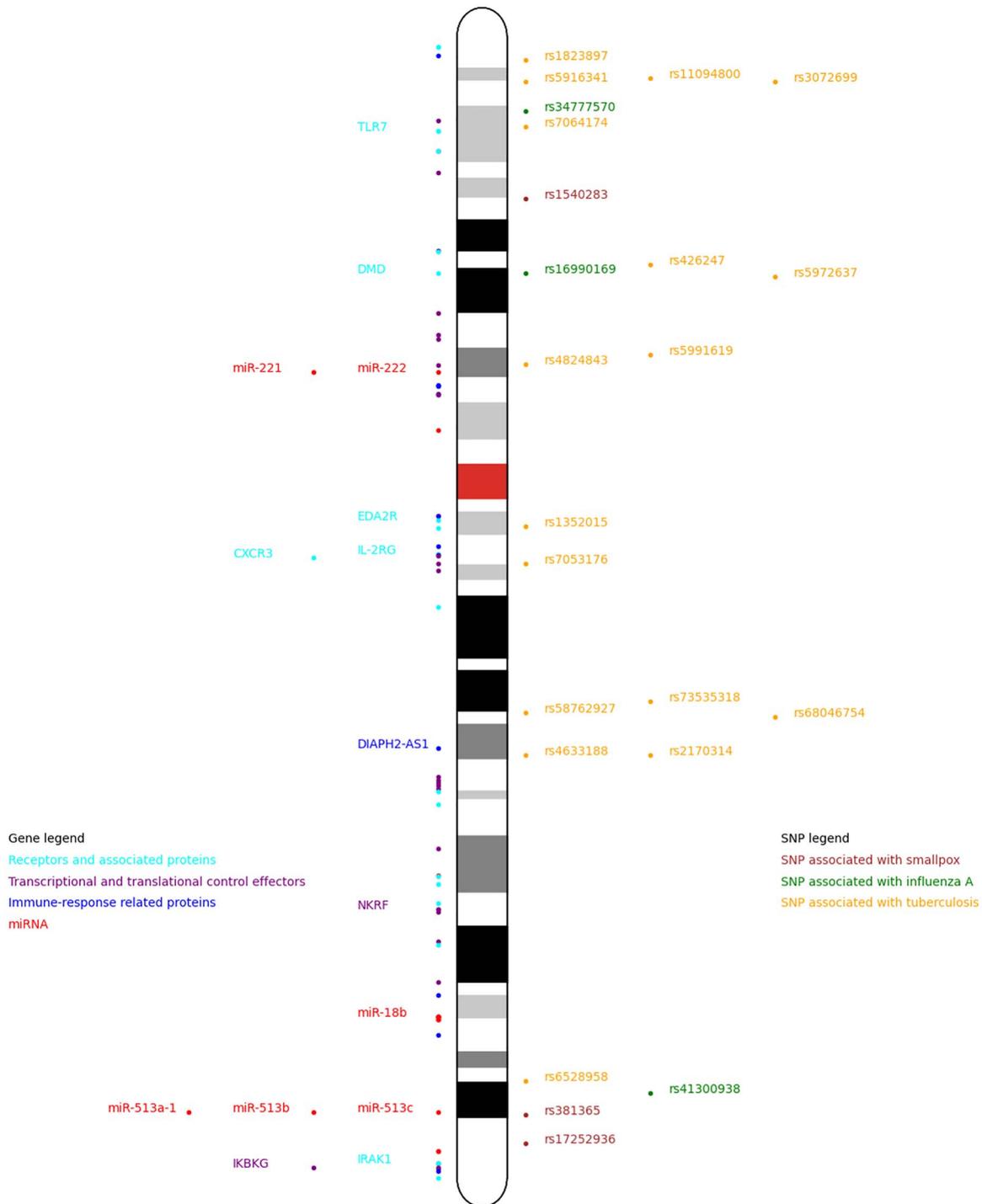


Figure 1. Ideogram of the X chromosome. Genes (left) and SNPs (right) associated with susceptibility to infectious diseases discussed in this review are highlighted and labeled. The asterisk marks two SNPs both located in the DMD gene, which is hypothesized to be involved in a common condition in both diseases: muscle wasting. Further genes involved in the immune response to infectious diseases are highlighted (for the detailed list refer to Supplementary Table 1). Categorization inspired by Fish et al. [1].

(NKRF) is an X-linked inhibitor of NF- κ B and exerts an anti-inflammatory effect [1, 31]. Specifically, excess levels of NKRF impede the immune response to *Mycobacterium tuberculosis* by inhibiting NF- κ B-dependent induction of the cytokines Interferon γ -induced protein 10 (IP-10) and Interleukin-8 (IL-8) in monocytes [32].

IL-2/IFN γ

The cytokines IL-2 and interferon γ (IFN γ) are part of a signaling cascade that downregulates immune cells, especially T_{helper}17 cells [33]. This subset of T cells is involved in the host defense to extracellular microbes, and moreover, there are several studies linking mutations in IFN γ receptor gene to

increased susceptibility to the intracellular *Mycobacteria* [33–36]. Stimulation with *M. tuberculosis* antigens correlates with increased IFN γ expression, and this response is dependent on IL-2 [37]. Beyond the bacterial realm, IL-2 is a ‘key component of effective immunity’ for instance in T cell susceptibility to the Human Immunodeficiency Virus (HIV) [38]. Mutations in the IL-2 receptor subunit γ gene (*IL2RG*), located on the X chromosome, are associated with severe X-linked immuno-deficiencies [4, 26, 39].

Toll-like receptors

Toll-like receptor (TLR) pathways play an important role in the innate immune response by recognizing pathogen-specific molecular patterns with downstream activation of NF- κ B and its pro-inflammatory network [40, 41]. TLR7 is such a pattern-recognition receptor, located on endosomes, and specifically detects the presence of viral single-stranded RNA and DNA [1, 41, 42]. For instance, TLR7 is a protein integral to recognition of Influenza virus A infection [43, 44]. Though TLR7 is normally acknowledged for its viral recognition, it can also efficiently recognize bacterial RNA in conventional dendritic cells, leading to the expression of pro-inflammatory cytokines [42]. Another X-linked gene, IL-1 receptor-associated kinase (*IRAK1*) performs a key regulatory function downstream of TLR7 in the TLR-dependent signaling pathway [3, 41]. Although no genome-wide significant associations have been associated with infectious diseases in TLR genes from GWAS, candidate studies support this association. For example, a meta-analysis of 32 candidate gene studies investigating the influence on TLR and tuberculosis susceptibility comprising 18 907 individuals reported 6 significant associations in TLR1, TLR2, TLR4 and TLR9 [45].

Interestingly, variants in TLR have been associated with infectious diseases in a sex-specific manner. For instance, a study involving 23 SNPs located in 5 TLR genes comprising 729 tuberculosis cases and 487 healthy controls from a South African population, identified 5 SNPs within TLR8 that have sex-specific effects. Three variants were associated only in females, while two were specific for males [46]. Similar sex-specific associations to TLR8 have been observed in different populations [47–49].

More recently, rare variants in TLR7 have been associated with critical Covid-19 in males below the age of 60 years disrupting the type I and II IFN (interferons) responses [50–53]. In a case control study of 156 young males (<60 years) from the Italian GEN-COVID cohort, 5 out of 79 male patients have rare missense variants predicted to impact protein function and none in 77 oligo-asymptomatic Covid-19 patients that did not require hospitalization [50]. Similar results were observed in another study, where enrichment of very rare or private nonsynonymous variants in TLR7 was observed in 1.8% of male patients below the age of 60 years with critical Covid-19 pneumonia [51]. These studies highlight the importance of sex-specific analysis in infectious diseases.

PD-L1

The programmed death ligand 1 (*PD-L1*) gene has a well-described role in tumor immune evasion, but also has a complex role in the antiviral immune response [54, 55]. *PD-L1* effectively downregulates the immune response in persistent infections, which is achieved by lowering the stimulatory ability of dendritic cells, expressing the ligand, and T cells, expressing the receptor *PD-1* [56–58]. *PD-L1* is partly induced by *STAT3* [58, 59]. This

pathway is subject to inhibition by three X-linked miRNAs: *miR-221* and *miR-222* interfere with *STAT3*, while *miR-513* targets the *PD-L1* mRNA directly [6, 30, 55].

There are two additional genes of interest in the context of this review. Firstly, the chemokine receptor gene *CXCR3* is expressed in effector T cells and escapes X chromosome inactivation specifically during infection [60–62]. And secondly, diaphanous-related formin 2, antisense RNA 1 (*DIAPH2-AS1*) plays a role in early lymphoid activation [1, 63]. Both *CXCR3* and *DIAPH2-AS1* are discussed further on with specific SNP associations.

Among this selection of X-linked genes with a role in host defense to infectious pathogens, a number have been observed to escape silencing of the X chromosome in females (*miR-221* during meiotic sex chromosome inactivation [64], *TLR7* [61, 65], *IRAK1* escape reports are inconsistent [4, 61], *IKBKG* [4] and *EDA2R* in some individuals [66]). Though escape or reactivation is not an immutable status, the genes that do escape inactivation might have dosage differences between sexes and are potential contributors in sex-biased responses to infectious agents.

Genetic associations with infectious diseases in the GWAS Catalog

Since 2008, the GWAS Catalog curates SNP-trait associations from published studies and makes them widely accessible [15]. We use these data as a primary source to assess the currently available information on SNP associations on the X chromosome with phenotypes pertaining to infectious diseases. After filtering for X chromosome associations, the phenotypes listed in the GWAS Catalog were manually curated for phenotypes linked with infectious diseases.

Our findings implicate 65 associations on the X chromosome with 20 infectious diseases with suggestive level of significance (Supplementary Table 2). Among these associations, we find 70 unique SNPs, which encompasses 12 SNP \times SNP interactions. The majority of these are intronic (34 SNPs) or intergenic (27 SNPs), though we find four variants in regulatory regions, two variants in 3' UTRs, two missense variants and one synonymous coding variant. These results are in accordance with previous observations in GWAS studies, where it has been shown that the majority of GWAS SNPs colocalize with regulatory regions [67]. These 65 associations are a conglomerate of 17 studies, only 6 of which included non-European cohorts: Hispanic, African American, South African, Oceanian individuals and Individuals with African and Asian ancestry. Notably, just a single study has been replicated with a larger cohort.

For further analysis, the criteria were narrowed down to SNPs of genome-wide significance ($P \leq 5 \times 10^{-8}$), resulting in 18 unique associations encompassing 23 SNPs associated with three infectious diseases: three SNP associations with smallpox virus infection, three with influenza virus A subtype H1N1, and 12 SNP \times SNP interactions associated with tuberculosis (Table 1). In the following, we discuss these 23 SNPs in detail.

Associations with the smallpox virus

The smallpox virus was endemic until widespread vaccination with live pox viruses was achieved in 1980, though the campaign was not without some adverse events [68]. Taking advantage of the new technological possibilities GWAS offers, Kennedy et al. investigated the cytokine response to vaccinia virus in individuals that have been vaccinated against smallpox to inform the safety of future inoculations. On the X chromosome, three

Table 1. Genome-wide significant SNP associations with infectious diseases on the X chromosome published in the GWAS catalog

| Phenotype | Sample size | Mapped/nearest gene | SNPs | Risk allele | P-value | OR | Regulatory motifs altered [99] | Reference |
|---|--|--|--------------------------------|-------------|---------|-------|---|-----------|
| Immune response to smallpox (secreted IFN- α) | Up to 512 European ancestry individuals, up to 199 African American individuals | Z97180.1 - CXorf51B | rs381365 | A | 2E-12 | NA | Foxa, Foxj2, Foxk1, GATA, Pou2f2 | [68] |
| Influenza A (H1N1) infection | 49 European ancestry severe cases, 107 European ancestry mild cases, 549 | MAMLD1 | rs17252936 | G | 6E-10 | NA | NSRF, Pax-5 | [79] |
| | | PHEX | rs1540283 | G | 9E-09 | NA | Egr-1, RBP-J κ | |
| Mild influenza (H1N1) infection | 107 European ancestry mild cases, 549 | DMD | rs16990169 | A | 4E-11 | 11.05 | Foxo, YY1 | [102] |
| | | DMD | rs16990169 | A | 5E-14 | 14.55 | Foxo, YY1 | |
| Severe influenza A (H1N1) infection | 49 European ancestry severe cases, 549 | WWC3 - CLCN4 | rs34777570 | Gindel | 1E-09 | NA | EBF, Irf-1, Pax-4, Zic | [102] |
| | | SLITRK4 | rs41300938 | T | 2E-16 | NA | NF- κ B | |
| Tuberculosis (SNP \times SNP interaction) | 242 South African admixed female cases, 168 South African admixed male cases, 223 South African admixed female controls, 182 South African admixed male controls | DMD \times UBE2V1P9 - RNU6-555P | rs5972637 \times rs73535318 | ? | 2E-11 | NA | DMRT2, DMRT4, E2F, Foxp1, Homez, Pou2f2, TATA | [102] |
| | | EDA2R \times PCDH11X | rs1352015 \times rs68046754 | ? | 2E-11 | NA | FAC1 \times PLZF | |
| Tuberculosis (SNP \times SNP interaction) | 242 South African admixed female cases, 168 South African admixed male cases, 223 South African admixed female controls, 182 South African admixed male controls | NLGN4X \times PCDH11X | rs5916341 \times rs68046754 | ? | 3E-11 | NA | Fox, Foxa, Foxf1, Foxl1, Foxj2, Foxk1, Foxl1, Foxp1, HNF1, Nkx3, PEBP, TATA, Zfp105 \times PLZF | [102] |
| | | NLGN4X \times PCDH11X | rs3072699 \times rs68046754 | ? | 3E-11 | NA | PLZF \times PLZF | |
| Tuberculosis (SNP \times SNP interaction) | 242 South African admixed female cases, 168 South African admixed male cases, 223 South African admixed female controls, 182 South African admixed male controls | AC112653.1 - LINC01546 \times CXCR3 - BX276092.7 | rs1823897 \times rs7053176 | ? | 3E-11 | NA | \times GCNF, SF1, YY1, Zfp410 | [102] |
| | | AC112653.1 - LINC01546 \times FRMPD4 | rs1823897 \times rs7064174 | ? | 7E-14 | NA | \times GCNF, SF1, YY1, Zfp410 | |
| Tuberculosis (SNP \times SNP interaction) | 242 South African admixed female cases, 168 South African admixed male cases, 223 South African admixed female controls, 182 South African admixed male controls | TAB3 - FTHL17 \times PCDH11X | rs426247 \times rs68046754 | ? | 2E-12 | NA | Maf, RFX5 \times PLZF | [102] |
| | | AL023574.1 \times UBE2V1P9 - RNU6-555P | rs5991619 \times rs73535318 | ? | 6E-12 | NA | Pou2f2, Pou5f1 | |
| Tuberculosis (SNP \times SNP interaction) | 242 South African admixed female cases, 168 South African admixed male cases, 223 South African admixed female controls, 182 South African admixed male controls | AC110995.1 \times PCDH11X | rs11094800 \times rs68046754 | ? | 7E-12 | NA | \times PLZF | [102] |
| | | PCDH11X \times AL031073.2 | rs68046754 \times rs6528958 | ? | 8E-12 | NA | PLZF \times PU.1, STAT | |
| Tuberculosis (SNP \times SNP interaction) | 242 South African admixed female cases, 168 South African admixed male cases, 223 South African admixed female controls, 182 South African admixed male controls | FUNDC1 - CHTF8P1 \times PCDH11X | rs4824843 \times rs58762927 | ? | 1E-11 | NA | Alx4, GATA, Gfi1 \times AIRE | [102] |
| | | FUNDC1 - CHTF8P1 \times PCDH11X | rs4824843 \times rs58762927 | ? | 1E-11 | NA | AIRE | |

SNPs affecting IFN α secretion in response to challenge with the vaccinia virus were identified in a cohort of circa 200 individuals of African American ancestry [68].

The two genes Z97189.1, which appears to encode a non-protein coding transcript, and CXorf51B, a protein-coding gene expressed only in the testes, map closely to the intergenic variant rs381365, which is the strongest association in the locus [69, 70]. Although there are no studies suggesting a role of these genes in the host response to infectious diseases, the SNP contains altered regulatory motifs for four transcription factors (FoxA, FoxK, Pou2f2 and GATA) that have been implicated in host response or recovery from pathogenic challenge [71–75]. Further investigation is required to rule out the relevance of this SNP.

The second association corresponds to rs17252936, an SNP that locates to an intron of the mastermind-like domain-containing protein 1 (MAMLD1) gene, which appears to be involved hypospadias (a malformation of the urethra) in males and has not been described in the context of infection [76].

The third SNP identified by Kennedy et al., rs1540283, is linked with the phosphate-regulating gene with homologies to endopeptidase on the X chromosome (PHEX) gene. This gene is known for its role in phosphate metabolism and rickets and has not been implicated in the host defense [77]. However, PHEX was observed to be downregulated in response to *Mycobacterium leprae*, making it a putative candidate for the neuropathy and bone deformities experienced chronically as a consequence of leprosy [78].

Existing literature does not yet validate an effect of these three SNPs on host susceptibility or immune response to infectious agents, thus further functional studies are needed to clarify their roles in immune challenge with the smallpox virus.

Associations with influenza A virus subtype H1N1

H1N1 is the strain of influenza A virus that was pandemic in 2009, which distinguished itself from other influenza viruses especially in its severity in children and certain adult populations [79]. While no genetic risk factor specific for disease severity could be identified by comparing 49 severely affected patients to 107 patients with mild disease progression, Garcia-Etxebarria et al. identified three SNPs on the X chromosome that were more common in combined influenza cases (49 severe and 107 mild) compared to a control group of 549 individuals of a general European population.

rs16990169 was significantly associated with both mild and all influenza cases compared to the general population. This SNP represents a missense variation (arginine to cysteine) in the Duchenne Muscular Dystrophy (DMD) gene, which encodes an essential structural protein in striated muscle cells called dystrophin [79]. Mutations in this gene can result in severe muscle weakness and can be causative for the equally named DMD disorder [80]. Interestingly, patients suffering from this disease experience high morbidity from respiratory infections [81]. A zebrafish model supports the hypothesis that the immune system could exacerbate muscle wasting, suggesting a synergistic effect of influenza A infection and DMD deficiency [82]. Therefore, existing literature hints at an involvement of dystrophin in H1N1 infection and merits experimental investigation.

rs34777570 is an intergenic variant associated with mild influenza cases compared to the general population sample. The SNP is located upstream of the WW and C2 domain containing 3 (WWC3) gene and downstream of chloride channel 4 (CLCN4) [79]. WWC3 regulates cell proliferation and particularly low expression of this gene is a common marker of lung cancers [83]. CLCN4 encodes a chloride channel, where mutations can

be causal for intellectual disability and epilepsy [84]. While both genes have been researched extensively, no implication in infectious diseases has been reported.

The synonymous variant rs41300938 is associated with severe influenza compared to the general population. It maps to the SLIT and NTRK-like family, member 4 (SLITRK4) gene, which encodes a transmembrane protein highly expressed in the central nervous system [85]. This SNP contains an altered regulatory motif for NF- κ B, which is a common target of viruses to 'hijack' cellular pathways, making this locus attractive for further investigation [86].

Though there have been numerous studies investigating the sex-specific response to the influenza virus, results are inconsistent and may differ between populations [87]. A consensus exists that young boys are more affected than girls and that pregnancy poses a substantial risk in the context of viral infection, and several studies have found women of reproductive age to be more strongly affected by influenza than males of the same age group in some, but not all populations [87, 88]. On the individual level, women mount a higher inflammatory response to influenza infection than men. This is advantageous for females unless the response becomes excessive and causes tissue damage (immunopathogenic), whereas males are more at risk of an insufficient immune response [89]. It has been proposed that this immunosuppression in males may be regulated in part by steroid hormone receptors on immune cells and their (proinflammatory) downstream effector protein NF- κ B, as well as by steroid hormone regulation of miRNAs, for example by estradiol [89]. Additional genetic studies in diverse populations, as well as sex- or age-stratified analyses might lead to the discovery of new associations.

Associations with tuberculosis

Tuberculosis (TB) is a deadly bacterial infection with strong sex bias towards men. Therefore, Schurz et al. set a particular focus on the overlooked X chromosome in their sex-stratified TB susceptibility GWAS in an admixed South African population sample of circa 400 cases and controls each. There was no genome-wide significant association of a single SNP on the X chromosome, potentially due to the complexity of the disease, yet the group identified 12 SNP \times SNP interactions below this threshold. As the authors note, there is no established significance threshold for these epistatic SNPs, and despite additional correction, these interactions are not directly comparable with individual SNPs. Potential involvement of these SNPs in infection reported in published literature is summarized in Table 2.

Conclusions on the associations reported in the GWAS Catalog

We have discussed all 6 genome-wide significant SNP associations and 12 SNP \times SNP interactions on the X chromosome that are associated with three infectious-disease phenotypes in the GWAS Catalog (as of November 2020). Not surprisingly, several undescribed genes, pseudogenes and non-coding genes were nearby the SNPs identified in the corresponding studies. However, it has been shown that non-coding RNAs can play an important role in the immune response to pathogens [90, 91].

In the context of X-specific high density of miRNAs, we probed for overlap of the previously discussed SNPs with miRNA using SNP Nexus, although we did not find any matches with annotated miRNAs [92–96]. It is worth mentioning that both pseudogenes and lncRNA can act as decoys for miRNAs [97, 98]. Crosstalk between lncRNAs and miRNAs has gained interest in recent years and expanded our view of complex regulatory

Table 2. Literature reports on the SNPs involved in significant SNP × SNP interactions in tuberculosis as identified by Schurz et al. [102]

| SNP | Variant | SNP | Variant |
|------------|---|------------|--|
| rs68046754 | Intronic variant in the Protocadherin 11 X-linked (<i>PCDH11X</i>) gene [102]. <i>PCDH11X</i> is a transmembrane protein pertaining to the cell adhesion superfamily that has been implicated in cell-cell recognition, speech, cerebral asymmetry and connectivity [110–112], and is highly expressed in the female brain [113]. <i>PCDH11X</i> has previously been identified as a suggestive association with the host response to HIV [114] | rs1352015 | Intronic variant in the ectodysplasin-A2 receptor (<i>EDA2R</i>). <i>EDA2R</i> is involved in hair follicle development, hair loss and its ligand was found to induce apoptosis in osteosarcoma [115–117]. <i>EDA2R</i> plays a role upstream of NF- κ B, though consequences for infectious disease susceptibility have not been reported [27]. |
| | | rs6528958 | Intronic variant in the scarcely described, unprocessed pseudogene <i>AL031073.1</i> [118]. <i>AL031073.1</i> and the close-by, protein-coding gene <i>Melanoma-associated Antigen C2 (MAGEC2)</i> appear to be expressed regularly in the testes and overexpressed in various cancers, where the latter promotes tumor metastasis [118, 119]. So far, no connection to infectious diseases has been published for this SNP. |
| | | rs11094800 | Maps most closely to an intron of the long non-coding RNA <i>AC110995.1</i> , that has not been characterized in detail [120]. The nearest coding gene is <i>Neurologin-4 (NLGN4)</i> , further discussed in context with the two following epistatic associations with rs68046754 [15]. |
| | | rs5916341 | Two intronic variants in the synaptic cell adhesion protein encoded by <i>NLGN4</i> , which has been established as causal in X-linked cases of autism and mental retardation in humans and replicated in a murine model of monogenic autism [121, 122]. Autism is sex-biased towards males, which is common in (partially) X-linked diseases [123]. There are several parallels between <i>NLGN4</i> and <i>PCDH11X</i> . In terms of protein function the proteins perform a similar task, and both have a close homolog on the Y chromosome. However, the homologs cannot compensate for a deficiency in the X-linked gene [123]. Nevertheless, a mechanism involving the proteins in the response to infection is unclear. Still, a controversial body of evidence exists implicating certain viral infections in causing autistic disorder, analogous to the more accepted concept that infections can trigger immune disorders [124–126]. The Genome-Wide Repository of Associations Between SNPs and Phenotypes (GRASP) reports one eQTL (expression quantitative trait locus) hit for rs5916341 with <i>C19orf6</i> , a transmembrane protein in lymphoblastoid cell lines ($P = 9.8 \times 10^{-8}$) [127]. |
| | | rs3072699 | Localizes to an intergenic area closest to the <i>TAK1-Binding Protein gene (TAB3)</i> upstream and the <i>Ferritin Heavy Chain-Like 17 gene (FTHL17)</i> downstream of the SNP [15]. The <i>TAB3</i> protein forms part of the <i>TAK1</i> complex, essential for NF- κ B activation and subsequent cytokine expression [128]. |
| | | rs426247 | Lei et al. show interference in this signaling cascade by enterovirus 71 by cleavage of the <i>TAB</i> proteins, resulting in suppression of the cytokine response [128]. <i>FTHL17</i> , on the other side, is an iron transport protein. Iron withholding is a key factor in defense against bacterial infection, making it a reasonable candidate gene that has previously been identified in an RNAi screen investigating the <i>in vitro</i> response of human epithelial cells to the bacterial pathogen <i>Salmonella enterica</i> [129]. Thus, both <i>TAB3</i> and <i>FTHL17</i> are good candidate genes for involvement in infectious disease susceptibility. |

Continued

Table 2. Continued

| SNP | Variant | SNP | Variant |
|------------|--|-----------|---|
| rs1823897 | It maps to a region between AC112653.1, an unexplored gene, and LINC01546, which is a long non-coding RNA (lncRNA) induced by the Akt/STAT3 pathway and associated with poor prognosis in lung adenocarcinoma [130]. RNA sequencing data show its regular expression pattern specifically in brain and skin [131]. Although the closest coding gene to this SNP is the arylsulfatase F (ARSF) gene, Schurz et al. also report ARSE as a potential causal gene in the GWAS Catalog [102, 132]. The genes are close homologs that putatively contribute to <i>Chondrodysplasia punctata</i> , where the latter gene is considered causative of the bone deformities [133]. Among the possible gene associations, no involvement in infection has been described in published literature for these genes. | rs7064174 | Intronic variant in the FERM And PDZ Domain Containing 4 gene (FRMPD4) [15]. It encodes a neural scaffolding protein critically involved in glutamatergic signaling and mutations in this gene can cause for X-linked intellectual disability [134]. Located in a regulatory region [15]. Its most proximate gene is CXCR3, which encodes a chemokine receptor expressed on various T-cell subsets and affects their trafficking and function [60, 135]. Because of its role in inflammation, dysfunction of this gene can manifest in autoimmune disorders and more recently was shown to impede the host response to <i>Salmonella enterica</i> in murine models [136]. |
| rs73535318 | Interacts with two further SNPs. Information about this region is scarce, as the SNP is located between two inferred and still undescribed pseudogenes, UBE2V1P9 and RNU6-555P [137, 138]. | rs5991619 | An intronic variant rs5991619 in a long non-coding RNA (lncRNA), ALO23574.1, which appears to be a novel gene [139]. However, fine-mapping efforts link this SNP with the downstream monoamine oxidase A gene (MAOA), responsible for lowering serotonin, norepinephrine and dopamine levels in the brain [140]. MAOA deficiency is linked to aggressive and antisocial behavior in mouse models as well as human cases [140, 141]. Expression may be downregulated by infection with Epstein-Barr virus, which enhances metastasis in nasopharyngeal carcinoma, though the tumor-suppressive or promoting effect of MAOA varies in different cancers [142]. |
| | | rs5972637 | A variant within the DMD gene, whose potential involvement in infection has been discussed previously in context with H1N1. Notably, tuberculosis infection is often associated with severe muscle wasting and a study investigating this shared symptom between muscular dystrophies and cancer cachexia suggests that the causal mechanisms of muscle wasting may be shared across several chronic diseases, e.g. HIV, multiple sclerosis, sepsis and tuberculosis [143, 144] |

Continued

Table 2. Continued

| SNP | Variant | SNP | Variant |
|------------|--|-----------|--|
| rs58762927 | Intronic variant in <i>PCDH11X</i> (discussed in detail with the SNP rs68046754) | rs4824843 | An intergenic SNP rs4824843 located between <i>FUN14</i> Domain Containing 1 (<i>FUNDC1</i>) and a largely undescribed pseudogene <i>CHTF8P1</i> [145]. <i>FUNDC1</i> is a mitochondrial membrane protein crucially involved in mitophagy, a process which removes damaged mitochondria [146, 147]. Disturbances in mitophagy are associated with neurodegenerative and metabolic disorders, and <i>FUNDC1</i> overexpression was observed in certain cancers [147–149]. <i>FUNDC1</i> expression was increased in tumorigenic cells after bovine papillomavirus infection, and in addition human parainfluenza virus 3 has also been shown to 'hack' the process of mitophagy, though the latter has not been shown to act directly on <i>FUNDC1</i> [148, 150]. |
| rs4633188 | | rs2170314 | Two epistatic variants both in the intergenic region between <i>DIAPH2-AS1</i> (<i>Diaphanous-related formin 2—antisense RNA 1</i>) and the pseudogene <i>AL354685.1</i> . In a previous study, a human hepatocyte cell line (<i>PH5CH8</i>) was challenged with <i>IFNβ</i> to investigate the proinflammatory immune response elicited by the cytokine, and <i>AL354685.1</i> was among the genes found to be upregulated 12 hours after <i>IFNβ</i> signaling, indicating its potential involvement in the process of inflammation. This increased expression is more pronounced in <i>IRF1</i> -deficient cells in the same study, and it is suggested that <i>IRF1</i> is involved in early antiviral mechanisms and induction of chemokines to recruit immune cells [151]. On the other hand, <i>DIAPH2-AS1</i> encodes four lncRNAs, which are thought to often regulate the expression of their gene complement [152, 153]. <i>DIAPH2</i> was recently found to be upregulated in latent tuberculosis infection in a separate study [154]. <i>DIAPH2-AS1</i> itself is connected with early lymphoid cell activation [63]. Whether there is a direct connection between <i>DIAPH2-AS1</i> and tuberculosis remains to be elucidated. |

networks [98]. Only one SNP yielded an eQTL hit using HaploReg [99]. Analysis of published literature surrounding the close-by genes revealed a number of good candidate genes for further investigation. However, none of the studies reporting these associations studied cohorts larger than a few hundred individuals, and none have been replicated in populations of the same or different ancestry.

Genetic associations with infectious diseases in the pan-UK biobank

We hypothesized that the low number of associations on the X chromosome with infectious diseases might be in part due to a lack of power from previous studies, as most of the GWAS conducted on infectious diseases had relatively small sample sizes. Thus, we analyzed a large UK-based study: the Pan-UK Biobank. The UK Biobank contains genotypes obtained from roughly half a million UK residents between 40 and 69 years of age, including >20 000 individuals of non-European ancestry [100]. Non-European populations are often omitted from GWAS, thereby putting these populations at a disadvantage in disease-risk analyses based on results from European population studies and overlooking important insights [101]. Using the UK Biobank data on all available populations, the Pan-UK Biobank team conducted GWAS on over 7000 distinct phenotypes and made the data publicly available [25].

We identified 84 phenotypes associated with infectious diseases among over 7000 phenotypes in the Pan-UK Biobank and extracted only the SNPs on X chromosome from each per-phenotype file. Filtering the Pan-UK Biobank data for genome-wide significance ($P \leq 5 \times 10^{-8}$), against expectations, yielded no associations matching the criteria. Due to the sheer size of the study and higher power of analysis among diverse populations, we had anticipated to substantiate some results published in the GWAS Catalog or identify new associations.

For a closer look, we identified the phenotypes comparable to smallpox virus, influenza virus and tuberculosis. Associations with the smallpox virus were not explored in the Pan-UK Biobank, so the following analysis is limited to influenza virus and tuberculosis.

Influenza

Although we found 68 SNPs with suggestive associations ($P \leq 5 \times 10^{-5}$) with influenza viruses in the Pan-UK Biobank (Supplementary Table 3), strains of the influenza virus were not specified, thus the results cannot be compared to the results from the GWAS on influenza A strain H1N1. Additionally, in the study by Garcia-Etxebarria et al., only one SNP () was associated to differences between cases and controls, the other two SNP only became significant after comparing with in mild or severe cases.

Even though the GWAS in the Pan-UK Biobank was performed on a population of European ancestry, same as in the study by Garcia-Etxebarria et al. and the Pan-UK Biobank report the associations for ~900 000 SNP tested, the three SNPs associated to influenza A, subtype H1N1, from the GWAS Catalog were not included in the published results. It could be that the SNPs were excluded during quality control because the three variants have a very low frequency in the general population with minor allele frequency below 1% and they were mainly present in the cases.

Tuberculosis

Among 31 SNPs with suggestive associations ($P \leq 5 \times 10^{-5}$) with tuberculosis identified from the Pan-UK Biobank,

none of them overlap with the associations by Schurz et al. (Supplementary Table 3). Although 16 of the 17 associations were tested in the Pan-UK Biobank, only one was significant (rs4633188, $P=0.02$) in Europeans, two SNPs (rs7064174 and rs426247, $P=0.01$) were significant in a population of Central/South Asian ancestry.

Since the Pan-UK Biobank did not analyze SNP \times SNP interactions, the results are not directly comparable, and it is expected from the study by Schurz et al. that the SNPs individually do not exert a strong effect on tuberculosis pathogenesis. Furthermore, the SNP interactions shown in the GWAS Catalog were identified in an admixed South African population [102]. The Pan-UK Biobank team performed GWAS to tuberculosis on both European and Central/South Asian populations, which may well diverge and hence do not necessarily replicate results in other population of other ancestries [101].

Conclusions

Limitations to replicating outcomes of GWAS Catalog using the pan-UK biobank

We have examined the significant genetic associations on the X chromosome with smallpox immune response, severity of influenza virus A infection subtype H1N1, and susceptibility to tuberculosis in detail. Although we look for replication of these results in a larger study, it was not possible due to differences in study design concerning phenotype, population ancestry and methodology.

The size of the study cohort affects the power of the analysis, where smaller studies are more prone to delivering false positives. In this case, we cannot conclude that any associations from the GWAS Catalog were false positives, as the studies differ in several factors impeding comparability. In the study by Garcia-Etxebarria et al., it was intriguing that such a low-frequency variants with such a small cohort were found (49 severe and 107 mild influenza cases against a general population of 549 individuals). Without replication, however, the results should be taken with caution due to the small sample size. As discussed previously, results do not always apply across populations and replication studies should ideally be performed in populations of similar ancestry [101]. Even varying methodology to ascribe individuals to a specific ancestry could diminish comparability between studies. The same concern is valid regarding methodology in quality control, for example accounting for age and sex. In the context of this review, especially the method of analyzing the X chromosome may warp results. Further factors complicating analysis are X chromosome inactivation and possible skewed inactivation.

The enormous complexity of infectious diseases also contributes to the difficulty in replicating GWAS to these diseases. This is supported by the observation that GWAS has been applied less for infectious diseases than 'non-communicable' diseases [103]. Many factors play a role in such complex diseases, including environmental circumstances, genetic predisposition, microbiota, as well as sex differences on the genetic, hormonal and environmental level [2, 3, 21, 22, 103]. Specifically in infectious diseases, variation in the pathogen altering the interaction with the host at the DNA, RNA or protein level must also be taken into account [13, 103, 104]. Among these factors, non-Mendelian heritable traits are the needle in the haystack. Despite the challenges, GWAS are the best approach currently available and should be further pursued.

The role of the X chromosome in infectious diseases warrants further investigation

On the basis of individual associations, summary statistics and background literature, we conclude that the X chromosome remains persistently underexplored in GWAS, despite the availability of the necessary technology. Numerous observations implicating the X chromosome in the host response to infectious diseases mandate its inclusion in large-scale studies, and importantly, the necessity of replication studies including diverse populations. While there is no uniform method of analysis for the X chromosome, a variety of tools is available. As statistically robust analysis becomes possible, we make the case that including the X chromosome in GWAS analysis can be expected to merit the additional effort. To this end, researchers conducting GWAS should be encouraged to include the X chromosome and an analysis pipeline should be developed to ensure ease, clarity and comparability of the studies.

Moreover, most of the current studies that include the X chromosome analyze males and females together, including sex as a covariate to correct for the co-funding factor. Most However, one of the limitations of this approach is that it does not allow the identification of sex-specific effects. Out of the 17 studies with reported associations in the GWAS catalog to infectious diseases on the X chromosome, only one performed a sex-stratified analysis. Schurz *et al.* performed sex-stratified analyses of the X chromosome in three different ways using the XGWAS software [3]. In the first analysis, the authors compared the frequency of alleles between cases and controls to determine if a specific allele co-occurs with a phenotype. In the second, they compared the effect size of a variant between the sexes to determine if a variant has a different effect on the risk between the sexes. In the third, they included X chromosome inactivation states as covariates. The authors showed that the first two approaches were able to identify sex-specific suggestive associations, while the analysis including X-inactivation states resulted in inflated p values and increased the chance of type 1 errors. Interestingly, many of these sex-specific effects showing different directions of the effects.

While the combined approach has been preferred mainly because with a bigger sample size comes bigger power to detect the associations, it is a tradeoff for the identification of sex-specific associations. If the sex-specific association is very strong in one sex, we might be able to capture it with the combined analysis, but this is usually not the case. While we acknowledge that the sample included in infectious diseases analysis is rather small compared to other complex diseases, we propose that additionally to the combined analysis, the authors perform sex-stratified analysis and then combine the results, as this approach has proven to be useful for other complex diseases.

Future perspectives

Different methodologies have been suggested for interpretation of GWAS results, one of which is the integration of the SNPs with quantitative trait locus (QTL) mapping. This type of analysis correlates the SNP genotype with for instance gene expression (eQTL), protein levels (pQTLs), cytokine levels (cQTLs) and methylation levels (meQTLs), allowing us to gain more insight into the disease biology. Unfortunately, most of the QTL studies published in the past years did not include the X chromosome into the analysis, since the underlying GWAS studies often excluded the X chromosome due to its sex-specific characteristics and concomitant technical difficulties. However, QTL studies

can be designed to take into account more than just genotype-phenotype correlations [105]. Genotype-by-sex analysis as well as epistatic interactions between QTLs (here in comparison with tuberculosis SNPs) would be particularly well suited for analysis of sex differences caused by the X chromosome.

In a recent analysis of sepsis GWAS, Le *et al.* demonstrate the added value of QTL mapping and functional data [106]. From 39 independent loci with a suggestive association in the GWAS, they integrated eQTL data from blood samples to identify genes affected by the 39 SNPs. Several of these eQTL genes were then examined for differential expression in the transcriptome of peripheral blood mononuclear cells stimulated by one of three pathogens. As a result, 55 candidate genes were identified from eQTL mapping and correlation with RNA sequencing data. Though cytokines are thought to play an important role in sepsis, cQTL mapping showed that only nine of the 39 loci were shown to affect inflammatory cytokine levels. Genes nearby the 39 identified loci were enriched in the adherence junction pathway, which is an important factor in sepsis for maintaining the integrity of vasculature, and around half of these nearby genes overlapped with the 55 sepsis-associated genes [106]. This neatly illustrates the additional insight into biological effects of GWAS SNPs that can be achieved by incorporating functional study data.

Functional analysis including the X chromosome is gaining traction. Kukurba *et al.* exemplify eQTL mapping for the X chromosome, where they identified a depletion of cis-eQTLs on the X chromosome compared to autosomes and an enrichment of sex-interacting eQTLs on the X chromosome, especially in regulatory functions. Further, they show that the effect size of the same genotype can vary between sexes, prominently observed in autoimmune diseases [107]. This study underlines the importance of sex-stratified analysis and functional mapping to further our understanding of complex disease. Still, studies attempting functional genomics approaches on the X chromosome are scarce and we found none doing so in the context of infectious diseases [107]. Thus, we expect an important role of regulatory elements on the X chromosome. This is significant to QTL analysis since it has been shown that regulatory variants are often context-specific [108].

For functional integration of the GWAS SNPs discussed in this study, we could perform eQTL and cQTL mapping on the X chromosome using the 500FG cohort data by the Human Functional Genomics Project [109]. This cohort is suitable for investigation of disease-susceptibility QTLs since it incorporates a detailed set of data including pathogenic stimulation of immune cells in three distinct populations. The results of this analysis would be very interesting with respect to the possible shared molecular response ensuing in muscle wasting between influenza A and tuberculosis (marked * in Figure 1). In conclusion, research should not only assess the genetic important of X chromosomes in GWAS studies, but also to make sure that it is included in all genomic studies and functional studies, which might lead to a better interpretation of the association results.

Key Points

- Known and tentative involvements of X-linked genes in infectious diseases are reviewed.
- The exclusion of the X chromosome from GWAS limits our understanding of its role in infectious diseases.
- Integrative tools are required to facilitate the inclusion of the X chromosome in large-scale analyses.

Supplementary data

Supplementary data is available at BRIFUN Journal online.

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