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Anxiety in late-life depression

van der Veen, Date Claudius

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ANXIETY IN LATE-LIFE DEPRESSION

- 1 Anxious depression should be acknowledged as a subtype of depression and studied separately (this thesis).
- 2 Different comorbid anxiety disorders determine different treatment strategies (this thesis).
- 3 Anxiety in late-life depression deserves specific attention for it could reflect desperation and may induce suicidal gestures (this thesis).
- 4 Coping with life-events should be part of the treatment strategy for patients with an anxious depression (this thesis).
- 5 Curiosity could be an important key to mental health.
- 6 The network approach to psychopathology is appealing to clinicians because it graphically depicts the complexity of clinical reality.
- 7 The team involved in the treatment of patients with complex psychopathology should consist of a holy trinity: the patient, the clinician, and the researcher/methodologist.