Impact of Serum High Mobility Group Box 1 and Soluble Receptor for Advanced Glycation End-Products on Subclinical Atherosclerosis in Patients with Granulomatosis with Polyangiitis

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Abstract

The objective of this study was to evaluate whether levels of high mobility group box 1 (HMGB1) in granulomatosis with polyangiitis (GPA) patients are associated with carotid atherosclerosis, related to levels of soluble receptor for advanced glycation end-products (sRAGE) and influenced by immunosuppressive or lipid-lowering therapy. Twenty-three GPA patients and 20 controls were evaluated for HMGB1- and sRAGE levels and for carotid atherosclerosis using ultrasound to determine intima-media thickness (IMT). In vitro the effect of atorvastatin on the production of HMGB1 by lipopolysaccharide (LPS)-stimulated human umbilical vein endothelial cells (HUVEC) was assessed. Serum HMGB1 and sRAGE levels did not differ between patients and controls. A negative correlation was found between sRAGE and maximum IMT but HMGB1 and carotid IMT were not related. HMGB1 levels were reduced in GPA patients on statins and prednisolone. In vitro, atorvastatin reduced HMGB1 levels in supernatants of activated HUVEC. In conclusion, carotid IMT is inversely correlated with sRAGE levels but not with HMGB1 levels. Statins and prednisolone are associated with reduced serum HMGB1 levels and atorvastatin decreases HMGB1 release by activated HUVEC in vitro, indicating an additional anti-inflammatory effect of statins.

Citation: de Souza AWS, de Leeuw K, van Timmeren MM, Limburg PC, Stegeman CA, et al. (2014) Impact of Serum High Mobility Group Box 1 and Soluble Receptor for Advanced Glycation End-Products on Subclinical Atherosclerosis in Patients with Granulomatosis with Polyangiitis. PLoS ONE 9(4): e96067. doi:10.1371/journal.pone.0096067

Editor: Andreas Zirlik, University Heart Center Freiburg, Germany
Received December 6, 2013; Accepted April 3, 2014; Published April 28, 2014
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Funding: This study was sponsored by the GUIDE Institute and by the Jan Kornelis de Cock Institute. The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.
Competing Interests: The authors have declared that no competing interests exist.
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Introduction

High mobility group box 1 (HMGB1) is a nuclear non-histone DNA binding protein that upon cellular death or activation is released into the extracellular milieu and acts as an alarmin. Extracellular HMGB1 stimulates cytokine production, cell proliferation, chemotaxis, angiogenesis, and cell differentiation through binding to its receptors that include the receptor for advanced glycation end-products (RAGE) and Toll-like receptors (TLR)-2, TLR4 and TLR9 [1]. Increased levels of HMGB1 have been found in patients with granulomatosis with polyangiitis (GPA) with active disease, especially in patients with predominantly granulomatous manifestations and in patients without renal involvement at disease onset [2–4]. Individuals with subclinical atherosclerosis and cardiovascular (CV) events present high HMGB1 levels whereas atorvastatin decreases serum HMGB1 in hyperlipidemia [5,6].

RAGE is a multi-ligand surface molecule involved in the pathogenesis of vascular diseases. Soluble RAGE (sRAGE) is a decoy receptor for RAGE ligands and decreased sRAGE levels are associated with CV events [7]. Patients with GPA present increased advanced glycation end-products (AGEs) accumulation compared to controls and this accumulation is negatively correlated with sRAGE levels [8]. We hypothesized that serum HMGB1 levels contribute to subclinical atherosclerosis in GPA and that this process is influenced by sRAGE but also by treatment with prednisolone and statins.

Materials and Methods

Patients and controls

A cross-sectional study was performed on 23 GPA patients and 20 age- and gender-matched controls (Table 1) enrolled in a previous study to evaluate carotid atherosclerosis in GPA [9]. The study was approved by the Medical Ethical Committee (METC) of the University Medical Center Groningen (UMCG) and written informed consent was obtained from patients and controls. GPA
was classified according to the European Medicines Agency algorithm [10]. The mean disease duration was 131.2±60.2 months. Birmingham Vasculitis Activity Score (BVAS) was recorded for all patients during admissions and out-patient visits allowing assessment of cumulative BVAS scores from the charts. All GPA patients were evaluated during remission (BVAS = 0) to exclude influence of disease activity. Prednisolone was used by 8 patients (34.8%) at a median of 5 mg/day (3.7–10.0 mg). Statins were prescribed for 5 (21.7%) GPA patients. Healthy controls did not use any medication at the time of the study. Carotid ultrasound was performed to assess intima-media thickness (IMT) and carotid plaques as described previously [9,11]. Overall mean IMT (mean of IMT measurements performed on carotid bulb, common and internal carotid arteries) and overall maximum IMT (average of highest IMT values found in above mentioned segments) were used for analysis. Traditional CV risk factors were evaluated according to established guidelines [12]. Serum HMGB1 (Shino Test, Kanagawa, Japan) and sRAGE levels (R&D Systems, Minneapolis, USA) were measured by enzyme-linked immunosorbent assay (ELISA). Statistical analysis

Statistical analysis was performed with SPSS 18.0 software and graphs were built using GraphPad Prism 5. Continuous variables are presented as mean ± SD or as median and interquartile range. Categorical variables are presented as total number and percentage. Comparisons between groups were performed using chi-square test or Fisher’s exact test and Student’s t-test or Mann-Whitney U test as appropriate. Analysis of longitudinal data from in vitro experiments was performed by two-way ANOVA and Bonferroni’s test. Correlations were evaluated with Spearman’s rank correlation coefficient. Differences were considered significant when \( p < 0.05 \).

Results

HMGB1, sRAGE and subclinical atherosclerosis

Figure 1 shows similar serum HMGB1 levels in patients and controls whereas Figures 2A and 2B depicts similar overall mean IMT and maximum IMT in carotid arteries in GPA and controls. Furthermore, sRAGE levels and the prevalence of carotid plaques did not differ between patients and controls (Table 1). In GPA patients, no correlation was found between HMGB1 and overall maximum IMT in carotid arteries (\( \rho = 0.062; \ p = 0.820 \)). However, sRAGE levels were negatively correlated with overall maximum IMT in carotid arteries (\( \rho = -0.565; \ p = 0.035 \)). No

Table 1. Risk factors for cardiovascular disease, carotid ultrasound, HMGB1 and sRAGE levels in GPA patients and controls.

<table>
<thead>
<tr>
<th>Variables</th>
<th>GPA patients (N = 23)</th>
<th>Controls (N = 20)</th>
<th>( \rho )</th>
</tr>
</thead>
<tbody>
<tr>
<td>Median age at study, years</td>
<td>55.2 (45.7–62.4)</td>
<td>49.8 (43.0–57.4)</td>
<td>0.173</td>
</tr>
<tr>
<td>Females, n (%)</td>
<td>9 (39.1)</td>
<td>9 (45.0)</td>
<td>0.697</td>
</tr>
<tr>
<td>Age &gt;45 years for men and 55 years for women, n (%)</td>
<td>16 (69.6)</td>
<td>12 (60.0)</td>
<td>0.512</td>
</tr>
<tr>
<td>Mean total cholesterol, mmol/L</td>
<td>4.99 ±0.78</td>
<td>4.98±0.82</td>
<td>0.978</td>
</tr>
<tr>
<td>Mean HDL, mmol/L</td>
<td>1.41±0.37</td>
<td>1.51±0.33</td>
<td>0.359</td>
</tr>
<tr>
<td>Mean LDL, mmol/L</td>
<td>3.01±0.79</td>
<td>3.29±0.82</td>
<td>0.267</td>
</tr>
<tr>
<td>Median TGL, mmol/L</td>
<td>1.50 (1.00–2.00)</td>
<td>1.00 (1.00–2.00)</td>
<td>0.404</td>
</tr>
<tr>
<td>Mean systolic BP, mmHg</td>
<td>123.65±14.55</td>
<td>119.24±10.94</td>
<td>0.301</td>
</tr>
<tr>
<td>Mean diastolic BP, mmHg</td>
<td>70.61±9.38</td>
<td>75.12±8.07</td>
<td>0.120</td>
</tr>
<tr>
<td>Smoking, n(%)</td>
<td>2 (8.7)</td>
<td>1 (5.0)</td>
<td>0.635</td>
</tr>
<tr>
<td>Family history of premature CVD, n(%)</td>
<td>9 (39.1)</td>
<td>8 (40.0)</td>
<td>0.954</td>
</tr>
<tr>
<td>Median BMI, kg/m²</td>
<td>26.0 (24.0–28.0)</td>
<td>23.5 (22.0–26.5)</td>
<td>0.256</td>
</tr>
<tr>
<td>Previous CVD, n(%)</td>
<td>3 (13.0)</td>
<td>0 (0.0)</td>
<td>0.236</td>
</tr>
<tr>
<td>Carotid plaques, n (%)</td>
<td>7 (30.4)</td>
<td>3 (15.0)</td>
<td>0.203</td>
</tr>
<tr>
<td>Overall mean IMT, mm</td>
<td>0.833±0.256</td>
<td>0.765±0.133</td>
<td>0.357</td>
</tr>
<tr>
<td>Median overall maximum IMT, mm</td>
<td>0.875 (0.810–1.215)</td>
<td>0.880 (0.830–0.990)</td>
<td>0.953</td>
</tr>
<tr>
<td>HMGB1, ng/ml</td>
<td>2.13 (1.53–4.15)</td>
<td>2.42 (1.73–4.07)</td>
<td>0.827</td>
</tr>
<tr>
<td>sRAGE, pg/mL</td>
<td>1256.1±559.6</td>
<td>1483.3±399.8</td>
<td>0.155</td>
</tr>
</tbody>
</table>

Numerical data are presented as mean ± standard deviation or as median and interquartile range; BMI: body mass index; BP: blood pressure; CVD: cardiovascular disease; HDL: high-density lipoprotein; HMGB1: high mobility group box 1; IMT: intima-media thickness; LDL: low-density lipoprotein; n: number of individuals; sRAGE: soluble receptor for advanced glycation end-products; TGL: triglycerides.

doi:10.1371/journal.pone.0096067.t001
correlation was present between HMGB1 and sRAGE (rho = 0.068; p = 0.777), between overall mean carotid IMT and cumulative BVAS (rho = -0.050; p = 0.859) and between overall maximum IMT and time in remission since last relapse/presentation (rho = 0.338; p = 0.200). Also, no significant difference was found between patients with and without carotid plaques regarding HMGB1 [1.52 (1.20–2.89) ng/ml vs. 2.48 (1.74–4.22) ng/ml; p = 0.306] and sRAGE levels (1144.66±817.33 pg/ml vs. 1303.99±439.86 pg/ml; p = 0.574).

Impact of treatment on HMGB1 and sRAGE
Since HMGB1 and sRAGE levels did not differ between GPA patients in remission and controls, we evaluated whether therapy would have any influence on both biomarkers. Serum HMGB1 levels were lower in patients on statins [1.26 (1.16–1.68) ng/ml vs. 2.70 (1.75–4.76) ng/ml; p = 0.014] and on prednisolone [1.49 (1.21–2.61) ng/ml vs. 2.51 (1.79–5.61) ng/ml; p = 0.017] compared to patients without these drugs, respectively (Figure 3A and 3B). Although not significant, we observed higher serum HMGB1 levels in 12 GPA patients without statins or prednisolone compared with 20 controls (4.03±2.00 ng/ml vs. 2.84±1.58 ng/ml, p = 0.073). sRAGE levels did not differ between patients with and without statins (976.20±345.64 pg/ml vs. 1326.19±588.79 pg/ml; p = 0.275) or prednisolone (1366.96±450.80 pg/ml vs. 1196.55±619.08 pg/ml; p = 0.531).
To investigate the relation between statins and HMGB1, we tested the effect of atorvastatin on HMGB1-release from LPS-stimulated HUVEC. HMGB1 in supernatants gradually increased in time with a peak after 24 hours of LPS stimulation and a decrease at 48 hours (Figure 4A). Thus, we compared HMGB1 and IL-8 levels in supernatants of HUVEC pre-incubated with atorvastatin followed by LPS stimulation. HUVEC stimulated with LPS showed a significantly higher production of HMGB1 and IL-8 than unstimulated cells. Pre-incubation with 5 μM atorvastatin lowered HMGB1 and IL-8 levels significantly at 24 hours in HUVEC’s supernatants. Experiments were performed twice and in duplicate. Data are presented as median and range, *p<0.01 and **p<0.001.

doi:10.1371/journal.pone.0096067.g004

**Figure 4. Effect of atorvastatin on HMGB1 and IL-8 levels in HUVEC supernatants.**

A – A time curve was built to evaluate HMGB1 release from HUVEC upon LPS stimulation. HMGB1 intensity in supernatants increases 8 hours after stimulation and a peak is observed at 24 hours with a decrease at 48 hours. 2B and C – HMGB1 and IL-8 levels are significantly higher at 24 hours in supernatants from HUVEC treated with LPS in comparison to unstimulated HUVEC while pre-incubation with 5 μM atorvastatin followed by LPS stimulation lowered HMGB1 and IL-8 levels significantly at 24 hours in HUVEC’s supernatants. Experiments were performed twice and in duplicate. Data are presented as median and range, *p<0.01 and **p<0.001.

**HMGB1 and atorvastatin in HUVEC**

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24 hours in comparison to HUVEC stimulated by LPS only (Figures 4B and 4C).

Discussion

In this study, in GPA patients HMG1 levels were not correlated with overall carotid maximum IMT, whereas sRAGE levels were negatively correlated with IMT. Furthermore, statins or prednisolone use was associated with lower HMG1 levels.

In previous studies, GPA patients presented higher IMT levels in carotid arteries and an increased number of CV events compared to controls [11,14]. Accelerated atherosclerosis in GPA was not associated with traditional CV risk factors, rather enhanced levels of markers of vascular inflammation and remodeling were associated with atherosclerotic disease [11]. In this study, we evaluated HMG1 and sRAGE levels in GPA patients who had been enrolled in a follow-up study to evaluate progression of atherosclerosis [9]. Patients were in remission and a reduction of traditional CV risk factors was achieved during follow-up of these patients that possibly resulted in similar IMT and similar prevalence of carotid plaques compared to controls [9]. Also, cumulative BVAS scores and time in remission were not related to IMT values. Moreover, proteinase 3 antineutrophil cytoplasmic antibody (PR3-ANCA) status has been shown to have a protective role on the risk of CVE events in patients with ANCA-associated vasculitis and most of our patients were PR3-ANCA positive [13].

HMG1 and sRAGE have been implicated in the pathogenesis of atherosclerotic disease. Higher serum HMG1 levels are a potential marker of subclinical atherosclerosis and CVE events while lower serum sRAGE levels are associated with risk factors for CV disease and CVE events [5,7]. Thus, we evaluated the association between both biomarkers and atherosclerotic disease in GPA. sRAGE was associated with subclinical atherosclerosis whereas HMG1 was not. We hypothesized that due to its multifaceted nature, HMG1 is possibly more influenced by other factors such as therapy while sRAGE levels are more stable. Indeed, prednisolone or statins use were associated with lower serum HMG1 levels in our study.

Previous studies had also shown reduction of HMG1 levels upon statins in an experimental model of atherosclerosis and in serum HMGB1 levels in our study. Indeed, prednisolone or statins use were associated with lower HMGB1 levels suggesting an additional anti-inflammatory property of statins. As subclinical atherosclerosis was similar between patients and controls, we suggest that development of premature atherosclerosis in GPA patients might be postponed by sRAGE and use of statins or prednisolone. Since our study had a relatively low number of patients and had a cross-sectional design, further longitudinal studies are needed to evaluate if reduction of serum HMG1 levels might be important in CV risk management in GPA.

Acknowledgments

The authors thank, Hans L. A. Nienhuis, Andries J Smit, Paulina Sosicka for their contribution to this study. The authors also thank Henrik Moorlag from the Endothelial Cell Facility (UMCG, Groningen) for the HUVEC.

Author Contributions

Conceived and designed the experiments: JW PCL MB CGMK. Performed the experiments: AWSS MMvT JW. Analyzed the data: AWSS JW PCL MB CAS CGMK. Contributed reagents/materials/analysis tools: KL JW MMvT. Wrote the paper: AWSS.

References


