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Mental health, education, and work in Canada, the Netherlands, and the United States

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Propositions belonging to the PhD thesis

Mental health, education and work in Canada, the Netherlands, and the United States:

A comparative, life course investigation

Anita Minh

15-06-2021

1. The determinants and consequences of adolescent mental health cannot be understood without examining the interaction between developmental processes, the social environment, and society at large.
- *this dissertation*
2. To reduce mental health inequalities among adolescents and young adults, societies must invest in resources for families at the bottom of the socioeconomic ladder.
- *this dissertation*
3. Preventing mental health problems in adolescence will support young people when they enter higher education and the labour market.
- *this dissertation*
4. Young people with mental health problems will have greater success in education and the labour market if societies more equitably provide educational and employment opportunities.
- *this dissertation*
5. Improving support for the achievement of a basic educational qualification has the potential to improve the labour market participation of young people with mental health problems.
- *this dissertation*
6. Targeting the educational retention and engagement of adolescents with mental health problems can improve their future labour market participation, particularly in educational systems with vocational streams, where the link from school to work is especially strong.
- *this dissertation*
7. ...the childhood shows the man, / As the morning shows the day.
- *John Milton (1671), "Paradise Regained"*
8. There is no health without mental health.
- *The World Health Organization (2013), "Mental health action plan 2013–2020"*
9. Explanations for patterns of social inequality are only as strong as the models of educational attainment on which they depend.
- *Stephen L. Morgan (2005), "On the Edge of Commitment: Educational Attainment and Race in the United States."*
10. Failure to invest in the health of the largest generation of adolescents in the world's history jeopardises earlier investments in maternal and child health, erodes future quality and length of life, and escalates suffering, inequality, and social instability.
- *Resnick et al. (2012), "Seizing the opportunities of adolescent mental health", The Lancet's second Series on Adolescent Health*