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Physical activity and depressive symptoms

Stavrakakis, Nikolaos

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Document Version

Publisher's PDF, also known as Version of record

Publication date:

2015

[Link to publication in University of Groningen/UMCG research database](#)

Citation for published version (APA):

Stavrakakis, N. (2015). *Physical activity and depressive symptoms: is a healthy body necessary for a healthy mind?*. [S.n.].

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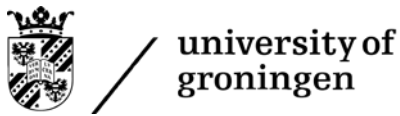
Physical Activity and Depressive Symptoms

Is a healthy body necessary for a healthy mind?

Nikolaos Stavrakakis

The infrastructure for the TRacking Adolescents' Individual Lives Survey (www.TRAILS.nl) has been financially supported by grants from the Netherlands Organization for Scientific Research NWO (Medical Research Council program grant GB-MW 940-38-011; ZonMW Brainpower grant 100-001-004; ZonMw Risk Behaviour and Dependence grants 60-60600-97-118; ZonMw Culture and Health grant 261-98-710; Social Sciences Council medium-sized investment grants GB-MaGW 480-01-006 and GB-MaGW 480-07-001; Social Sciences Council project grants GB-MaGW 452-04-314 and GB-MaGW 452-06-004; NWO large-sized investment grant 175.010.2003.005; NWO Longitudinal Survey and Panel Funding 481-08-013; NWO Vici 016.130.002; NWO Gravitation 024.001.003), the Dutch Ministry of Justice (WODC), the European Science Foundation (EuroSTRESS project FP-006), Biobanking and Biomolecular Resources Research Infrastructure BBMRI-NL (CP 32), the Gratama foundation, the Jan Dekker foundation, the participating universities, and Accare Centre for Child and Adolescent Psychiatry.

Financial support for the publication of this dissertation was kindly provided by the research school of Behavioural and Cognitive Neurosciences (BCN), the Rijksuniversiteit Groningen and University Medical Center Groningen.



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Design and printing

METROPOLIS Graphic Arts S.A., Athens, Greece

ISBN (print): 978-90-367-7600-4

ISBN (digital): 978-90-367-7599-1



university of
 groningen

Physical Activity and Depressive Symptoms

Is a healthy body necessary for a healthy mind?

PhD thesis

to obtain the degree of PhD at the
 University of Groningen
 on the authority of the
 Rector Magnificus Prof. E. Sterken
 and in accordance with
 the decision by the College of Deans.

This thesis will be defended in public on

Monday 9 March 2015
 at 16.15 hours

by

Nikolaos Stavrakakis

born on 23 June 1981
 in Cholongos, Greece

Supervisors

Prof A.J. Oldehinkel

Prof P. de Jonge

Co-supervisor

Dr. A.M. Roest

Assessment committee

Prof A. Steptoe

Prof B.W. Penninx

Prof S.A. Reijneveld

Paranymphs

Bertus F. Jeronimus

Anna-Roos E. Zandstra

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