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ABOUT THE AUTHOR

Astrid Tuinman was born on April 21, 1962, in Den Haag, the Netherlands. After graduating from high school (Sint-Maartenscollege, HAVO), she began her professional education in nursing at the Wilhelmina Hospital in Assen where she earned her vocational nursing degree in 1985. For a number of years, she was employed as a registered nurse in (inter)national hospitals. While working, she embarked on furthering her education in Public Health Nursing (Rijkshogeschool, Groningen) and received her bachelor nurse degree in 1989.



In 1990, Astrid continued her career as a district nurse and worked in several home healthcare organizations. After completing a training program in oncology in 1994, she began to develop and provide training to improve the quality of oncology nursing care. From 1998 to 2003, as a staff nurse in a large home healthcare organization (Thuiszorg Groningen), she was responsible for the professional development of (B)RNs and nursing assistants through training and supervision regarding oncological and palliative care, clinical reasoning, and quality of care and advised on policies in this area. In addition, she participated in various networks of the Netherlands Comprehensive Cancer Organisation (IKNL).

In 2001, Astrid earned her degree as a second-grade nursing teacher (Noordelijke Hogeschool, Leeuwarden). In 2003, she decided to focus entirely on nursing education and, until 2019, worked as a lecturer at the School of Nursing of the Hanze University of Applied Sciences. During that time, Astrid studied 'Nursing Science' at the University of Utrecht. Her master thesis was about the self-efficacy of nurses and nursing assistants in promoting the self-management of patients with COPD. Specifically, she developed a training program based on the Social Learning Theory of Bandura and evaluated the effect on nurses' self-efficacy in promoting the self-management of patients. After graduation in 2007, she became a member of the professorship Nursing Innovation and Positioning of the Hanze University of Applied Sciences where she commenced her PhD research in 2010 which resulted in this dissertation.

Currently, Astrid is employed as a lecturer in the department of Health and Well-being at the Windesheim University of Applied Sciences in Zwolle. She is a member and participates in research of ACENDIO, the Association for Common European Nursing Diagnoses, Interventions and Outcomes. She is board member of the Foundation for Nursing Diagnostics, Interventions, and Results (VIDR). Furthermore, she is affiliated with the Dutch professional association of nurses and nursing assistants (VenVN) and the Honor Society of Nursing, Sigma Theta Tau International (STTI), Rho Chi at-Large Chapter.

