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Chronic abdominal pain, fatigue and inflammatory bowel disease in children

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STELLINGEN

1. A fecal calprotectin result below 50 µg/g reduces the likelihood of IBD in children to such an extent that doctors should refrain from endoscopy.
2. Compared to fecal calprotectin, a normal calgranulin C result is equally reliable to rule out intestinal inflammation.
3. A raised fecal calprotectin is insufficient proof of IBD.
4. A combination of gastrointestinal symptoms, CRP, haemoglobin and calprotectin is highly accurate to consider the diagnosis IBD in children.
5. Testing of disease activity, anxiety and depression, and functional capacity are essential components of a personalised management of fatigue in paediatric IBD.
6. Fatigued and non-fatigued IBD patients are more similar than different in haemoglobin and fecal calprotectin levels.
7. Children with IBD and fatigue have a compromised quality of life.
8. Minds are like parachutes: they only function when open - Thomas Dewar- cfr Professor J Ramet.
9. The important thing is not to stop questioning. Curiosity has its own reason for existing – Albert Einstein.
10. Als je tijd geeft aan moeilijk, dan wordt moeilijk gemakkelijk. - Ish Ait Hamou.