

University of Groningen

The long-term course of anxiety disorders

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**THE LONG-TERM COURSE
OF ANXIETY DISORDERS**

AN EPIDEMIOLOGICAL PERSPECTIVE

Ans Hovenkamp-Hermelink

The long-term course of anxiety disorders. An epidemiological perspective

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 groningen

The long-term course of anxiety disorders

An epidemiological perspective

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Johanna Hendrika Margaretha Hermelink

geboren op 17 juli 1960
 te Denekamp

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ANGST

Angst vor der Geschichte
Angst vor sich selbst,
Sich in sich zurückzuziehen
Aus Angst vor der Welt
Angst auszubrechen, sich zu blamier'n
Sich aufs Eis zu wagen, Angst zu erfrier'n

Einfach Angst zu verblöden vor der Endgültigkeit
Sich an alles zu gewöhnen, aus Angst vor der Zeit
Einfach Angst zu verblöden, bereits mundtot zu sein
Angst stellt ruhig, Angst kriegt klein

Angst braucht Waffen
Aus Angst vor dem Feind
Obwohl keiner so recht weiß: wer ist damit gemeint
Angst überholt zu werden, Angst vor Konkurrenz
Angst vor der Dummheit, vor ihrer Intelligenz

Angst als Methode angewandt
Das Einschüchtern ist geplant
Angst stellt ruhig, Angst kriegt klein

Angst voreinander
Angst rauszugehen
Wir sind uns alle verdächtig
Angst in die Augen zu sehen
Angst vor Gefühlen
Angst vor Zärtlichkeit
Angst aus Erfahrung
Zuviel Vertraulichkeit

Einfach Angst zu verblöden

Angst ferngelenkt zu werden
Angst vor dem Aus
Es allen recht zu machen
Angst frißt auf
Angst sich zu wehren
Angst alleine zu sein
Angst vor der Angst
Wir schlafen ein

Herbert Grönemeyer

Aus dem Album *Sprünge* (1986)

(Text verwendet mit freundlicher Genehmigung von Grönland Deutschland GmbH)

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