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Intrapersonal factors, social context and health-related behavior in adolescence

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About the author



Zuzana Veselska was born on the 9th of December 1981 in Kosice, Slovak Republic. After finishing her secondary school in Kosice, she studied psychology at the Department of Psychology, University of Presov. She graduated at psychology in May 2006 and her Master thesis “Social competence and its association with aggressive behavior among adolescents” dealt with the connection between social competence and different types of aggressive behavior among youths. During her university studies she worked as a volunteer and consultant on the Child Help Line. After completing her university studies she started working at PJ Safarik University in Kosice, Slovak Republic in October 2006 and at the same time started her PhD studies at University of Groningen, The Netherlands. During her work at the university as well as in her PhD studies, she focused on intrapersonal factors associated with health-related behaviors among adolescents. In addition, she participated in the education process in the Faculty of Arts and in the Medical Faculty where she delivered the subjects Developmental Psychology and Communication in Medicine. She also participated as a lecturer in Social-psychological trainings for university students and supervised students’ bachelor theses. During this time she finished one-year training in relaxation-imaginative psychotherapy. Since 2009 she is a member of the HBSC (Health Behaviors in School-aged Children) national team and member of HBSC Positive Health Focus group. At present she is working at the Department of Health Psychology, Institute of Public Health, Medical Faculty, PJ Safarik University in Kosice as a researcher with some teaching duties. Her professional interest focuses on intrapersonal determinants associated with health and health-related behaviors among youths.

