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Flexibility of human walking

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Flexibility of Human Walking:
A study on Interlimb Coordination

To Frank & Rens

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RIJKSUNIVERSITEIT GRONINGEN

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A study on interlimb coordination**

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You're walking.
And you don't always realize it,
but you're always falling
With each step, you fall forward slightly
And then catch yourself from falling
Over and over, you're falling
And then catching yourself from falling
And this is how you can be walking and falling
at the same time.

Laurie Anderson; *Walking and falling*, Big Science, 1982

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