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Flexibility of human walking

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Flexibility of Human Walking:
A study on Interlimb Coordination

To Frank & Rens

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RIJKSUNIVERSITEIT GRONINGEN

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A study on interlimb coordination**

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You're walking.
And you don't always realize it,
but you're always falling
With each step, you fall forward slightly
And then catch yourself from falling
Over and over, you're falling
And then catching yourself from falling
And this is how you can be walking and falling
at the same time.

Laurie Anderson; *Walking and falling*, Big Science, 1982

Index

Chapter 1	Introduction and outline	9
Chapter 2	Coordination between arm and leg movements during locomotion	21
Chapter 3	Effects of limb loading and velocity on the relative phasing between arm and leg movements during walking	53
Chapter 4	Adaptations in arm movements for added mass to wrist or ankle during walking	81
Chapter 5	Interlimb coordination in prosthetic walking: Effects of asymmetry and walking velocity	97
Chapter 6	General discussion and summary	123
	References	135
	Nederlandse samenvatting (Dutch summary)	149
	Dankwoord (Acknowledgements)	155
	About the author	159

