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Coronary heart disease from a psychosocial perspective

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About the author

Zuzana Škodová was born on February 5th, 1981, in Martin, Slovakia. In 2004 she defended her Master dissertation (An integrative approach to the risk factors in cardiovascular diseases) at the Department of Psychology, Faculty of Arts of the University of Presov.

In July 2004 she started to work as a researcher at the University of P.J.Safarik in Kosice while also starting her PhD studies at Groningen University. In addition, she also delivered lectures focused on improving the communication skills of students, supervised students working on bachelor degree dissertations and worked as an institutional coordinator of the international exchange program Erasmus. After finishing her training in relaxation-imaginative psychotherapy, she began leading a psychotherapeutic group for cardiac patients and has had several short-term contracts as a psychologist for the private sector.

Her professional interests focus on clinical health psychology, especially psychosocial factors contributing to coronary heart disease, as well as social-psychological training and improving communication skills.

