The flapping flight of birds
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Reliable Force Predictions for a Flapping-wing Micro Air Vehicle: A ’Vortex-lift’ Approach
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ABSTRACT

Vertical and horizontal force of a flapping-wing micro air vehicle (MAV) has been measured in slow-speed forward flight using a force balance. Detailed information on kinematics was used to estimate forces using a blade-element analysis. Input variables for this analysis are lift and drag coefficients. These coefficients are usually derived from steady-state measurements of a wing in translational flow. Previous studies on insect flight have shown that this method underestimates forces in flapping flight, mainly because it cannot account for additional lift created by unsteady phenomena. We therefore derived lift and drag coefficients using a concept for delta-wings with stably attached leading-edge vortices. Resulting lift coefficients appeared to be a factor of 2.5 higher than steady-flow coefficients, and match the results from previous (numerical) studies on instantaneous lift coefficients in flapping flight. The present study confirms that a blade-element analysis using force coefficients derived from steady-state wind tunnel measurements underestimates vertical force by a factor of approximately two. The equivalent analysis, using ‘vortex-lift’ enhanced coefficients from a delta-wing analogue, yields very good agreement with force balance measurements, and hence seems to be a good approximation for lift-enhancing flow phenomena when modelling flapping flight.
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INTRODUCTION

The desire to understand the aerodynamics of flapping flight in insects, birds and bats has been the motivation of many studies in the past. Early attempts applied the blade-element theory (BET), a theory often used to estimate thrust and torque of revolving propellers, to explain forces required during sustained insect hovering flight (Ellington, 1984a). The basis of this theory is a ‘quasi-steady’ approach that assumes the instantaneous forces of a flapping wing to be identical to the forces of the same wing under steady motion with identical angle of attack and velocity (Ellington, 1984a). The idea of the BET is to divide the wings into small elements along the wing span. For each element, the effective angle of attack as well as the instantaneous flow velocity is derived from detailed time-resolved information on the kinematics of the flapping wing. The forces created by each element can be calculated when lift and drag coefficients of the wing sections are known. Usually, these coefficients are derived from static force measurements of a series of angles of attack of the airfoils under steady-flow conditions in a wind tunnel. However, the application of the BET appeared to seriously underestimate the forces observed in flapping insect flight (Ellington, 1984a; Ennos, 1989; Zanker & Gotz, 1990). By studying the flow around flapping robotic insect wings, Ellington et al. (1996) identified an explanation for this discrepancy. In a scaled model of a hovering hawkmoth, they observed large vortices on top of the wings increasing the circulation and therefore the aerodynamic forces. These leading-edge vortices (LEVs) remain stably attached to the wing and contribute substantially to lift throughout the full downstroke by increasing the amount of bound circulation of the wing. Subsequent studies identified LEVs in other insects, robotic flapping-wing devices, hovering birds and slow-flying bats (e.g. Usherwood & Ellington, 2002a; Bomphrey et al., 2005; Warrick et al., 2005; Hubel & Tropea, 2010; Muijres et al., 2008). Lentink & Biewener (2010) suggest that LEVs are a universal and efficient high lift mechanism for slow flapping flight over a quite large range of animal sizes.

The amplifying effect of these vortices on the lift and drag coefficients during wing flapping (Bomphrey et al., 2005) is not present when determining lift coefficient ($C_L$) and drag coefficient ($C_D$) from steady-flow force measurements in a wind tunnel. Hence, forces calculated with a blade-element analysis underestimate forces of flapping wings. Although the discovery of LEVs in insect flight substantially contributed to understanding the mechanics of flapping flight, these vortices were well known to aircraft designers before they were found in nature: During relatively slow flight, delta-wing aircraft like the Concorde largely rely on lift created by additional circulation of stable leading-edge vortices (e.g. Polhamus, 1966). The sharp leading-edges of the wings of such aircraft induce flow separation, a feature that can also be found on insect and bird wings (e.g. Videler et al., 2004). In delta-wing aircraft, vortices are stabilized by the wing sweep.
which allows for a spanwise flow parallel to the swept leading-edge, convecting vorticity to the wing tip and preventing the LEV to grow and detach (Wu et al., 1991). Although the stabilization mechanisms for the LEVs in delta-wing aircraft and flapping insect wings are probably not exactly the same (e.g. Birch & Dickinson, 2001; Lentink & Dickinson, 2009), the flow phenomena and the aerodynamic effects of these vortices are analogous (Ellington et al., 1996). Lift coefficients for delta wings with attached vortical flow on top of the wing range from 4 to 6 (Wu et al., 1991), which is substantially higher than the lift coefficients of conventional wings.

Polhamus (1966) introduces a concept to predict lift coefficients of sharp-edge delta wings (up to an aspect ratio of 4) based on the combination of potential-flow lift and vortex lift. His theory includes a simple trigonometric relationship between the lift (respectively drag) coefficient and geometric angle of attack. The concept was verified by wind-tunnel measurements of sharp-edged, highly swept wings and provides a very good prediction of total lift (Polhamus, 1968) which may find wider application than for swept wings only.

In the present study, we measured lift and drag of a simple flapping-wing MAV. The MAV is equipped with bio-inspired wings which have a sharp leading-edge at the outer 2/3 of the wing and a round leading-edge close to the wing base. Three-dimensional flow patterns around the same type of wing during flapping were analysed in an earlier study, showing a prominent and stable leading-edge vortex that developed immediately at the beginning of the downstroke (Stamhuis et al., 2012). Classical lift and drag coefficients of this type of wing are obtained from steady-flow measurements in a wind tunnel. We use a blade-element analysis to estimate aerodynamic forces, by generating a set of force coefficients using the trigonometric relationship proposed for delta-wings (Polhamus, 1966) to account for the additional circulation enabled by LEVs. The results of the blade-element analysis using steady-flow force coefficients and force coefficients from a delta-wing analogue are compared to aerodynamic force measurements at the MAV.
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MATERIAL AND METHODS

MAV

The wings of the MAV (see Figure 6.1) are modelled from 3 mm closed-cell extruded polystyrene foam sheet (DEPRON). The planform is inspired by the wings of swiftlets (Collocalia linchi) with some camber at the base and a sharp leading-edge at the outer part of the wing. The total wing span (tip-to-tip) is 0.33 m with an average chord length of 40 mm and an aspect ratio of 8.3. The wings are mostly rigid showing only some aeroelastic bending near the tip at higher flapping frequencies, similar to the wings of swifts and swiftlets (Savile, 1950; Henningsson et al., 2008; Stamhuis et al., 2012). The wings each have two rotational degrees of freedom (shoulder joint: up and down wing excursion; and longitudinal joint: pro- / supination parallel to the spanwise axis, allowing the wings to change geometric angle of attack ($\alpha_{geo}$, see Figure 6.5) and are driven by a single small geared DC motor. Flapping frequency (0 - 9.5 Hz) was set by altering the voltage of a power supply. The specific arrangement of linkage elements makes the wings supinate during upstroke and pronate during downstroke, resulting in very similar kinematics as in an earlier study that focused on flow measurements (Stamhuis et al.,

Fig. 6.1: Flapping-wing MAV mounted on the force balance. Wing-span = 0.33 m, average chord length = 40 mm, aspect ratio = 8.3.


Fig. 6.2: Wing excursion (solid line) and geometric angle of attack (angle between $U_f$ and wing chord; dashed line). **A**: Wing kinematics for a flapping frequency of 3.65 Hz in 2.28 m/s flow. **B**: Wing kinematics for a flapping frequency of 7.61 Hz in 2.84 m/s flow. The kinematics change at increasing flapping frequency and free flow velocity due to increasing aerodynamic and inertial load and some elasticity in the mechanical design.

The change of geometric angle of attack and excursion throughout wing beat cycle is shown exemplary for two different situations in Figure 6.2. The stroke plane was set to 90° in relation to the free flow. To mimic slow-flight conditions, flow velocities between 2.28 m/s and 2.84 m/s were tested in an open jet low speed wind tunnel (test section diameter = 0.45 m; $U_{max} = 14$ m/s). The Reynolds number ($Re$), a measure for the importance of inertial vs. viscous forces, is calculated as

$$Re = \frac{\sqrt{v_{vert}^2 + U_f^2 \bar{c}}}{\nu} \quad (6.1)$$

where $v_{vert} = \text{mean vertical tip velocity}; U_f = \text{free flow velocity}; \bar{c} = \text{mean chord}; \nu = \text{kinematic viscosity}$

Measurements were done for $Re$ between $8 \cdot 10^3$ and $1.3 \cdot 10^4$. The advance ratio $J$, given by

$$J = \frac{U_f}{|v_{vert}|} \quad (6.2)$$

is a measure for forward flight speed vs. wing tip velocity in flapping flight. It ranges from 0.6 to 1.7 for the parameters tested in flapping flight, here.

**FLAPPING FLIGHT FORCE MEASUREMENTS**

Vertical ($F_V$, 'lift') and horizontal ($F_H$, 'thrust') force of the MAV was recorded with a 2-axes force balance (for details see Kesel, 2000), sampled at 1200 Hz, digitized with an
analogue-to-digital converter and processed with MATLAB and Excel. Instantaneous forces of eighteen successive full flapping cycles were recorded three times \((n = 3)\) for each setup. Flapping frequencies between 3.5 and 9.5 Hz were tested for three flow velocities \((2.28; 2.57; 2.84 \text{ m/s})\). Forces were integrated over the wing beat cycle to derive mean horizontal \((\bar{F}_H)\) and mean vertical force \((\bar{F}_V)\). The mean vertical force coefficient is derived by (Kim et al., 2009)

\[
C_V = \frac{2\bar{F}_V}{\rho U_I^2 A_{wing}}
\]

where \(\rho = \text{density}; A_{wing} = \text{total wing area}.\)

LIFT AND DRAG COEFFICIENTS

Steady-state lift and drag coefficients (subsequently denominated ‘steady’ coefficients) were obtained from measurements of lift and drag of the isolated wings in the same wind tunnel \((Re = 1.4 \cdot 10^4)\). Forces were sampled for geometric angles of attack between \(-45^\circ\) and \(65^\circ\) \((\text{step size } 1^\circ, n = 3)\). \(C_L\) and \(C_D\) were derived via

\[
C_L = \frac{2L}{\rho U_I^2 A_{wing}}; \quad \text{respectively } \quad C_D = \frac{2D}{\rho U_I^2 A_{wing}}
\]

where \(L = \text{lift}; D = \text{drag}.\)

Maximum lift coefficient \(C_{L,max}\) is \(1.01 \pm 0.01\) at \(11^\circ\) geometric angle of attack (see Figure 6.3). For the blade-element analysis, coefficients were stored in a lookup table, non-integer values were determined via linear interpolation. An additional set of lift and drag coefficients was created following Polhamus (1966) as explained in short earlier in this chapter (subsequently denominated ‘vortex-lift’ coefficients). For a delta-wing with stable leading-edge vortices, total lift coefficient can be approximated using

\[
C_L = K_p \sin \alpha \cos^2 \alpha + K_v \cos \alpha \sin^2 \alpha \cdot \frac{\alpha}{|\alpha|} + C_{L,o}
\]

where \(\alpha = \text{angle of attack}; K_p = \text{constant of proportionality in potential-flow lift term}; K_v = \text{constant of proportionality in vortex lift term}; C_{L,o} = \text{lift coefficient of the MAV wings at } 0^\circ\text{ geometric angle of attack.}\)

Polhamus (1966) calculated \(K_p\) and \(K_v\) for aspect ratios up to 4 using a modified Muhlthopp lifting-surface theory \((K_p = 3.35; K_v = 3.45)\). Drag coefficient due to lift is given as (Polhamus, 1968)

\[
\Delta C_D = C_L \tan \alpha
\]

Total drag coefficient can be approximated as

\[
C_D = \Delta C_D + C_{D,o}
\]
figure: "Steady coefficients". Lift (triangles) and drag (circles) coefficient of the wings in steady-flow for geometric angles of attack between $-45^\circ$ and $65^\circ$ ($Re = 1.4 \times 10^4$, step size $= 1^\circ$, $n = 3$)

where $C_{D_0}$ = drag coefficient of the MAV wings at $0^\circ$ geometric angle of attack.

Lift and drag coefficients derived with Equations 6.5 and 6.7 are plotted in Figure 6.4.

**BLADE-ELEMENT ANALYSIS**

We used a blade-element analysis to predict $\overline{F_V}$ and $\overline{F_H}$ of the flapping-wing MAV using data derived from the wing kinematics and the two different sets of force coefficients ('steady' and 'vortex-lift' coefficients). The wing planform was digitized and divided into 496 elements in spanwise direction. Lift $L_r$ and drag $D_r$ of each element at distance $r$ from the wing base (see Figure 6.5 for nomenclature) is calculated using the equation

$$L_r(t) = \frac{1}{2} \rho \left(v_r(t)\right)^2 A_r C_L(\alpha_{eff})$$  \hspace{1cm} (6.8)

where $v_r$ = effective velocity at $r$; $A_r$ = area of wing element $r$; $\alpha_{eff}$ = effective angle of attack
\[
\text{Coefficient}
\]

**Fig. 6.4: 'Vortex-lift' coefficients.** Lift (dashed line) and drag (solid line) coefficients for a wing with attached LEVs for geometric angles of attack between -45° and 65°.

and

\[
D_r(t) = \frac{1}{2} \rho (v_r(t))^2 A \alpha_{\text{eff}}
\]

Effective velocity was calculated as

\[
v_r(t) = \sqrt{(r\omega(t))^2 + U_f^2}
\]

where \(r\) = radial distance of the wing element to the base; \(\omega\) = angular velocity (derived from kinematics).

\(C_L\) and \(C_D\) depend on the effective angle of attack \((\alpha_{\text{eff}})\) of the blade element which is calculated following

\[
\alpha_{\text{eff},r}(t) = \alpha_{\text{geo}}(t) - \alpha_{\text{ind}}(t)
\]

where \(\alpha_{\text{geo}}\) = geometric angle of attack (derived from kinematics); \(\alpha_{\text{ind}}\) = induced angle of attack = \(\arctan \left( \frac{r \omega(t)}{U_f} \right)\).
Fig. 6.5: Forces and velocities on a blade-element: $\alpha_{\text{eff}} =$ effective angle of attack; $\alpha_{\text{geo}} =$ geometric angle of attack; $\alpha_{\text{ind}} =$ induced angle of attack; $U_f =$ free flow velocity; $v_r =$ effective velocity; $r =$ radial distance of wing element; $\omega =$ angular velocity of the wing; $L_r =$ lift; $D_r =$ drag; $F_{\text{res}} =$ resulting force; $F_H =$ horizontal force component; $F_V =$ vertical force component

$L_r$ and $D_r$ where integrated for all wing elements and resolved into horizontal ($F_H$) and vertical ($F_V$) force components:

$$F_V(t) = \cos(\alpha_{\text{ind}}) \cdot L_r(t) + \sin(\alpha_{\text{ind}}) \cdot D_r(t) \quad (6.12)$$

$$F_H(t) = \sin(\alpha_{\text{ind}}) \cdot L_r(t) - \cos(\alpha_{\text{ind}}) \cdot D_r(t) \quad (6.13)$$

As the stroke plane of the MAV was set to 90° with respect to $U_f$, the component of $F_V$ supporting the weight of the MAV changes with angular position of the wing only. Close to the upper or lower turning point of the wings, $F_V$ contributes less than when wings are at mid-down or mid-upstroke. This is accounted for using

$$F_{V,\text{net}}(t) = \cos(\Phi(t)) \cdot F_V \quad (6.14)$$

where $\Phi =$ excursion angle of the wing.

Integrating instantaneous forces over one wing beat cycle for two wings yields mean vertical force ($\overline{F_V}$) and mean horizontal force ($\overline{F_H}$) for two sets of force coefficients, and is compared with the results from mean force measurements at the MAV.
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RESULTS

FLAPPING-WING MAV FORCE MEASUREMENTS

In flapping flight, the MAV creates a force perpendicular to \( U_f \) (\( F_V \), 'lift') and a force parallel to \( U_f \) (\( F_H \), 'thrust'). Mean vertical force (\( F_V \)) and mean horizontal force (\( F_H \)) both increase with flapping frequency (see Figure 6.6). \( F_V \) is always positive for the setups that were tested; increasing \( U_f \) also increases maximal \( F_V \) measured (see Figure 6.6A). The mean horizontal force is a measure for net thrust. \( F_H \) is generally lower for high free flow velocities due to increased drag of the whole MAV system, but flapping frequencies > 8 Hz result in net thrust for all flow velocities under test (see Figure 6.6B). The mean vertical force coefficient increases substantially with decreasing advance ratio compared to the maximum steady-flow lift coefficient \((C_{L,\text{max}} = 1.01 \pm 0.01, n = 3)\) for all but two measurements (see Figure 6.7).

BLADE-ELEMENT ANALYSIS

Mean vertical force derived from the blade-element analysis using 'steady' \( C_L \) and \( C_D \) reveals a large defect in force (see Figure 6.8A-C and summarizing Figure 6.11). For flapping frequencies above 6 Hz, \( F_V \) is underestimated by the blade-element approach by a factor of about two. The defect is found in all free flow velocities. The slope of \( F_V \) vs. frequency calculated via 'steady' coefficients is very small, increasing flapping frequencies hardly produce additional \( F_V \). The defect is smaller for flapping frequencies < 6 Hz (see Figure 6.8A-C). In contrast, the results of the blade-element analysis using 'vortex-lift' coefficients are very similar to experimental results (see Figure 6.8A-C and Figure 6.11). The maximal difference between \( F_V \) calculated with 'vortex-lift' coefficients and the experimental data is 13\% (see Figure 6.9), excluding the data of the two lowest flapping frequencies, which was recorded very close to the resonant frequency of the balance system and is therefore probably not reliable. The mean difference in \( F_V \) of 'vortex-lift' coefficients is \( 2.9\% \pm 6.9\% \); 'steady' coefficients result in a mean difference of \( -41.6\% \pm 7.5\% \) (\( n = 23 \)).

The blade-element analysis using 'vortex-lift' coefficients gives a good estimate for the mean horizontal force (\( F_H \), see example in Figure 6.10A). At increasing flapping frequencies respectively increasing \( U_f \), the match between blade-element analyses and experimental results is less precise (see Figure 6.10B respectively Figure 6.11) but the deviation stays proportionally constant. The mean horizontal force predicted by 'vortex-lift' coefficients is higher than \( F_H \) determined with the force balance measurements under these circumstances.
Fig. 6.6: Mean forces of the flapping wings for different U_f (n = 3; squares = 2.28 m/s; triangles = 2.57 m/s; circles = 2.84 m/s). A: Mean vertical force (F_V) increases with flapping frequency. B: Mean horizontal force (F_H) increases with flapping frequency and becomes positive for high flapping frequencies. Here, the MAV creates ‘net thrust’.
Fig. 6.7: Mean vertical force coefficient ($\overline{C_V}$) vs. advance ratio. $\overline{C_V}$ peaks at about 1.74 for low advance ratio.

At high flapping frequencies, the blade-element analysis using 'steady' coefficients results in an underestimation of $F_H$ (see Figure 6.10B). This underestimation is most apparent for low free flow velocities (see Figure 6.11).
Fig. 6.8: Results of $\bar{F}_V$ for of the blade-element analysis with ‘steady’ (circles) and ‘vortex-lift’ (triangles) force coefficients compared to force balance measurements (dashed line). A: $U_f = 2.28 \text{ m/s}$ B: $U_f = 2.57 \text{ m/s}$ C: $U_f = 2.84 \text{ m/s}$. In all cases, ‘steady’ coefficients underestimate mean vertical force, whereas ‘vortex-lift’ coefficients show a good agreement.
Fig. 6.9: Force ratio: $\overline{F}_V$ (blade-element analysis) divided by $\overline{F}_V$ (experiment). Data for different free flow velocities was pooled. Circles: ‘Steady’ coefficients underestimate $\overline{F}_V$ by a factor of up to two. Triangles: ‘Vortex-lift’ coefficients deviate by maximally 13% (excluding measurements at frequencies close to the resonant frequency of the balance system), and on average by $2.9\% \pm 6.9\%$ (n = 23).
Fig. 6.10: A: Exemplary result for \( F_{\text{H}} \) of the blade-element analysis at \( U_f = 2.28 \, \text{m/s} \) with ‘steady’ (circles) and ‘vortex-lift’ (triangles) force coefficients compared to force balance measurements (dashed line). B: Force difference of \( F_{\text{H}} \) (blade-element analysis) minus \( F_{\text{H}} \) (experiment) for ‘steady’ force coefficients (circles) and ‘vortex-lift’ force coefficients (triangles). Data for different free flow velocities was pooled. At increasing flapping frequencies, ‘vortex-lift’ coefficients tend to overestimate \( F_{\text{H}} \), whereas ‘steady’ coefficients underestimate \( F_{\text{H}} \).
Fig. 6.11: Mean difference (averaged on flapping frequencies, n = 8) between mean forces measured with the force balance and mean forces calculated with the blade-element analysis using two sets of force coefficients. Hatched bars = ‘steady’ coefficients, solid bars = ‘vortex-lift’ coefficients. The mean difference can be regarded as an indicator for the offset between experimental measurements and blade-element analyses. In this context, the standard deviation (indicated by the error bars) is a measure for the match of the trend of $F_H$ (respectively $F_V$) vs. flapping frequency. In all cases, the standard deviation of the ‘vortex-lift’ coefficients is considerably lower (between 17% and 84% of the corresponding value from ‘steady’ coefficients) than the standard deviation of the ‘steady’ coefficients.
DISCUSSION

MICRO AIR VEHICLE

Vertical and horizontal force of a flapping-wing MAV was determined by means of a force balance. The wings create on average enough vertical and horizontal force to keep a small, fully equipped MAV airborne. Mean vertical force coefficient is inversely related to advance ratio. This is due to the fact that advance ratio decreases with increasing flapping frequency. The increase in flapping frequency causes an increase in the flow velocity over the wing and at the same time increases the effective angle of attack. These all contribute to an increase in aerodynamic force. The relation between mean vertical force coefficient and advance ratio as well as the magnitude of $C_V$ is very similar to the results reported by Kim et al. (2009). That study evaluated lift forces of a flapping wing MAV of a size similar to ours but with flexible foil wings, where airfoil camber could be changed using macro-fibre composite actuators. The performance of our MAV design in generating vertical force thus seems to be reliable.

BLADE-ELEMENT ANALYSIS USING ‘STEADY’ COEFFICIENTS: MEAN VERTICAL FORCE

Using data derived from kinematics, we applied a blade-element analysis to calculate forces using two different sets of force coefficients. Lift and drag coefficients from steady-flow measurements of the MAV’s wings applied to the blade-element theory underestimate mean vertical force by a factor of up to two. Previous studies using a similar method report comparable results: The ‘quasi-steady’ approach has been applied to insects (e.g. Ellington, 1984a; Ennos, 1989; Zanker & Gotz, 1990) and also to slow-speed flapping flight of cockatiels (Hedrick et al., 2002), where the wings are exposed to large effective angles of attack. However, in all cases the magnitude of aerodynamic forces observed could not be explained with ‘quasi-steady’ assumptions. This discrepancy can be related to the effective angle of attack ($\alpha_{\text{eff}}$) during the beat cycle, in particular close to the wing tip (see Figure 6.12). Our measurements of ‘steady’ coefficients show that $C_{L,\text{max}}$ peaks at $11^\circ$ geometric angle of attack; at higher angles of attack the lift decreases, as the wing stalls in a steady-flow environment. Hence, high flapping frequencies with relatively large $\alpha_{\text{eff}}$ will increasingly seriously underestimate $C_L$. The fact that in the blade-element model the vertical force still increases at increasing $\alpha_{\text{eff}}$ is because the wing drag starts to contribute to the vertical force with $\sin(\alpha_{\text{ind}})C_D$ (see Equation 6.12). For low flapping frequencies ($f < 5 \text{ Hz}$), the underestimation of the mean vertical force
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Fig. 6.12: Effective angle of attack as a function of spanwise position and flapping cycle. During downstroke and close to the wing tip, the effective angle of attack reaches 50° (see greyscale bar at the right).

is less prominent (see Figure 6.9), because α_eff is lower and the lift enhancing effect of leading-edge vortices is less pronounced under these circumstances.

**BLADE-ELEMENT ANALYSIS USING ’VORTEX-LIFT’ COEFFICIENTS: MEAN VERTICAL FORCE**

Several studies prove the existence of leading-edge vortices in flapping flight and the ability of stably attached vortices to augment lift (e.g. Ellington et al., 1996; Birch & Dickinson, 2001; Bomphrey et al., 2005; Muijres et al., 2008; Hubel & Tropea, 2010). Stamhuis et al. (2012) have shown that LEVs instantly developed on the same type of wing that was flapping with very similar kinematics. An appropriate concept to model C_L and C_D including additional lift created by LEVs was introduced by Polhamus (1966). Using this concept, we model C_{L,max} to be 2.5; a value much higher than C_{L,max} under steady-flow conditions. Lift coefficients that are much higher than C_L under steady-flow conditions seem to be typical for flapping and pitching airfoils. A numerical study on rapidly pitching airfoils (Re = 1700) reveals instantaneous lift coefficients of 2.4 to 3.2 (Liu & Kawachi, 1998). Similar lift coefficients were reported in a CFD simulation of fruit fly wings (Re < 1800), and the presence of a stable LEV is made responsible for increasing C_L.
Reliable force predictions for a flapping-wing MAV

up to a value of 3.2 at mid-downstroke of the insect wing (Wu & Sun, 2004). Modelling
\( C_L \) with a concept that accounts for the additional lift of attached leading-edge vortices
hence seems to be a good approximation of aerodynamic phenomena in flapping flight.
This is also supported by Dickson & Dickinson (2004) who conclude that a 'quasi-steady'
aerodynamic model may explain the force balance of a hovering insect when appropriate
force coefficients are used.

**BLADE-ELEMENT ANALYSIS: MEAN HORIZONTAL FORCE**

The blade-element analysis using 'vortex-lift' coefficients gives a good estimate of the
mean horizontal force (\( F_H \)). The decreasing precision of the match between \( F_H \) predicted
by the blade-element analysis using 'vortex-lift' coefficients and experimental data for
high flapping frequencies and free flow velocities (see Figure 6.10B and Figure 6.11)
is not necessarily a limitation of the blade-element model: In contrast to the balance
measurements, which quantify the total drag of the entire MAV system, the blade-element
analysis only accounts for the forces created by the wings. The present model does not
account for any interference drag generated by the flapping wings. It is very likely, that
the tip- and root vortices as well as the accelerated air in the wake of the wings interact
with the chassis and the mounting strut during force balance measurements (Barlow
et al., 1999). This situation will increase the total drag of the MAV, and hence decrease
the mean horizontal force (\( F_H \), 'thrust') measured. Our blade-element model does not
account for these effects; any result of the analysis using 'vortex-lift' coefficients will
therefore yield higher values for \( F_H \) in comparison with the balance measurements (see
Figure 6.10B). An indication of the order of magnitude of interference drag is hard to
find in literature as numerous parameters influence interference effects (Barlow et al.,
1999). Tucker (1990) proposes a model to quantify the magnitude of interference drag for
bird bodies and the mounting struts. The real drag of the bodies was determined to be
10 to 41% lower when taking the interference drag into account. In Tucker's model, the
percentage of interference drag depends amongst other parameters on the ratio of strut
drag and measured drag (the latter consists of the drag of the body, the drag of the strut
and the interference drag). If the drag of the mounting strut and the drag of the object
under test both increase with \( U_f \), the percentage of interference drag will essentially be
constant, and its magnitude will increase with the effective flow velocity (influenced by
both \( U_f \) and flapping frequency). In our study, the increasing difference of \( F_H \) vs. \( U_f \) and
flapping frequency of experimental measurements and the 'vortex-lift' blade-element
analysis shows a similar increasing trend (see Figure 6.10B and Figure 6.11), and might
therefore be related to the effect of interference drag. Measuring the interaction of e.g.
flapping wings with the chassis and the mounting strut is a challenging task (Barlow
et al., 1999), which may be circumvented by a more advanced balance design.
CONCLUSION

The aim of this study was to check the feasibility of extending a relatively simple blade-element approach to include additional lift-enhancing aerodynamic effects. A concept initially postulated for sharp-edged delta wings provides data on $C_L$ and $C_D$ under the presence of leading-edge vortices. The resulting maximal lift coefficient is a factor of 2.5 greater than typical steady-flow coefficients, and agrees well with data reported in earlier studies on flapping flight. The key requirement for the applicability of the ‘vortex-lift’ approach is the presence of a stable LEV. As Lentink & Dickinson (2009) suggest, LEVs in flapping flight are stabilized by the centripetal and Coriolis acceleration. As these accelerations are relatively independent of the Reynolds number (Lentink & Dickinson, 2009), it is likely, that the ‘vortex-lift’ approach is not limited to a small bandwidth of flapping wing devices, as long as the advance ratio is low and wing geometry and kinematics create sufficient centripetal and Coriolis accelerations to stabilize the LEV.

We believe that the approach presented in this study might be an appropriate tool to assess and predict forces of flapping-wing flyers and MAVs that operate at low advance ratio and potentially benefit from increased lift enabled by leading-edge vortices.