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## The Secret Life of Mitochondria

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# APPENDIX

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**Summary**

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## Summary

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**M**itochondrion is an essential organelle that functions both intracellularly and extracellularly. Previous literatures have been demonstrated the crucial role of intracellular mitochondria in energy production, calcium homeostasis, antioxidative stress, and cell death pathways. Moreover, mitochondria are observed to move among cells. However, it remains unknown whether their functionality after being transported. Therefore, this thesis aims to uncover the innovative biological function of mitochondrial transfer, focusing on three key mechanisms: free mitochondria, extracellular vesicles (EVs), and tubular structures.

Mitochondrial transplantation (MT) is a novel therapeutic method for addressing a variety of disease conditions and preventing cell death. Healthy mitochondria, freshly isolated from cells or tissues, serve as the primary source for MT. These mitochondria are directly incubated with cells or injected into tissues, where they work to repair the damage. We investigated the therapeutic potential of healthy mitochondria in rescuing neuronal cells from ferroptosis. Extracellular mitochondria were observed to incorporate into both healthy and ferroptotic neurons. The incorporated mitochondria in healthy neurons were able to ameliorate mitochondrial respiration in recipient cells. In the ferroptotic neurons, extracellular mitochondria alleviated oxidative stress, decreased cell death, and restored the fragmentation of neuronal networks. The mechanism behind neuroprotective effects of extracellular mitochondria on ferroptosis were attributed to the enzymatic complexes embedded in electron transport chain of mitochondria, with complex I, III, and V identified as the primary contributors. Furthermore, using microfluidic devices, we were able to separate cell bodies and networks of primary cortical neurons (PCNs). Through application of extracellular mitochondria to only the networks of PCNs, we observed their transport to the cell bodies. This finding highlights a potential clinical application aspect: mitochondria could be administered peripherally to repair in central compartments, provided some axonal connections remain intact and undamaged.

Free mitochondria are not the unique format of extracellular mitochondria released from donor cells. Alternatively, they can also be encapsulated into lipid membrane structures—EVs. EVs are shown to carry not only functionally intact mitochondria but also mitochondrial components, including proteins and nucleic acid. The alteration of mitochondrial contents in EVs offers insights into cellular health that potentially serves as biomarkers for diagnosing and monitoring disease conditions. We next focused on the proteomic analysis on EVs derived from neural progenitor cells (NPCs) from a patient with *presenilin 1 (PSEN1) ΔE9* mutation, a mutation related to familial Alzheimer's disease (AD). Through analyzing the protein contents within EVs, we identified several proteins upregulated in AD EVs compared to isogenic EVs, including complement factor (CFB), protein tyrosine phosphatase receptor type C (PTPRC), pregnancy zone protein (PZP), alkaline phosphatase (ALPL), lysyl oxidase-like 4 (LOXL4), inter-alpha-trypsin inhibitor heavy chain 5 (ITIH5), alpha-2-antiplasmin (SERPINF2), periostin (POSTN), apolipoprotein C-III (APOC3), and transferrin (TF). The upregulation of these proteins indicates the involvement of neuroinflammation, extracellular matrix (ECM) remodeling, lipid metabolism, and iron metabolism in AD pathogenesis, underscoring the pivotal role of EVs in the progression of AD.

With a special focus on mitochondrial proteins, we found the upregulated proteins in AD EVs were mainly coming from mitochondrial matrix, while the upregulated proteins in isogenic EVs were mainly from mitochondrial membranes. Moreover, AD NPCs exhibited impaired mitochondrial function compared with isogenic NPCs. The encapsulation of mitochondrial matrix proteins in EVs reflects an attempt to manage mitochondrial dysfunction. These EVs could potentially propagate stress signals, contributing to the spread of mitochondrial dysfunction and cellular damage in recipient cells.

Mitochondria are released regardless of the presence or absence of membranes, yet tubular structures also function as highways for transporting mitochondria between cells. Next, we focused on understanding the biological role of mitochondrial transport through these tubular structures. By co-culturing two cell types, we demonstrated that neuronal mitochondria can be transferred through cytoplasmic extensions to glioblastoma (GBM) cells, the cellular subunits of one of the most malignant brain tumors. The transferred mitochondria of neurons were found to alleviate the proliferation and mitochondrial respiration of the cancer cells. Using transwell inserts to prevent the formation of tunneling nanotubes (TNTs) and tumor microtubules (TMs), we showed that mitochondria transfer from neurons to GBMs primarily depends on tube formation. Our study provides new insights on the tumor survival strategy in the brain: hijacking mitochondria from neurons, the most abundant brain resident cell with intricate tubular networks.

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In summary, our study investigated three distinct mechanisms of mitochondrial transfer: free mitochondria, EVs, and tubular structures. Our findings demonstrate biological significance of mitochondria transfer in the brain, encompassing roles in neuroprotection, molecular biomarker discovery, as well as tumor facilitation. The functional outcomes of mitochondrial transfer attribute to the source of mitochondria. Healthy donor cells provide mitochondria that can rescue damage cells from cell death or enhance tumor proliferation. Conversely, cells from physiological condition secrete mitochondrial fractions as part of stress-response mechanism, where damaged components are expelled to mitigate intracellular dysfunction.

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## Samenvatting

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**D**e mitochondriën zijn organellen die zowel intracellulair als extracellulair essentiële functies uitvoeren. Uit eerdere studies is gebleken dat intracellulaire mitochondriën een cruciale rol spelen bij energieproductie, calciumhomeostase, antioxidatieve stress en celdood. Bovendien is waargenomen dat mitochondriën zich tussen cellen verplaatsen. Het is echter nog onduidelijk of hun functionaliteit behouden blijft na transport. Deze scriptie richt zich op het onthullen van innovatieve biologische functies van mitochondriale overdracht, met de nadruk op drie belangrijke transportmechanismen: vrije mitochondriën, membraanblaasjes (EV's) en tubulaire structuren.

Mitochondriale transplantatie (MT) is een nieuwe therapeutische methode om verschillende ziektes te behandelen en celdood te voorkomen. Gezonde mitochondriën, vers geïsoleerd uit cellen of weefsels, dienen als de primaire bron voor MT. Deze mitochondriën worden geïncubeerd met cellen of geïnjecteerd in weefsels, waar ze helpen schade te herstellen. We onderzochten de therapeutische potentie van gezonde mitochondriën om neuronale cellen te redden van ferroptose. Extracellulaire mitochondriën werden opgenomen in zowel gezonde als ferroptotische neuronen. In gezonde neuronen verbeterden de opgenomen mitochondriën de mitochondriale ademhaling in de ontvangende cellen. In ferroptotische neuronen verminderden extracellulaire mitochondriën oxidatieve stress en celdood. Ook droegen ze bij aan het herstel van de fragmentatie van neuronale netwerken. Het neurobeschermende effect van extracellulaire mitochondriën bij ferroptose werd toegeschreven aan de enzymcomplexen in de elektronentransportketen van mitochondriën, waarbij complex I, III en V als de belangrijkste bijdragers werden geïdentificeerd.

Verder hebben we met behulp van microfluidische technieken de cellichamen en netwerken van primaire corticale neuronen (PCN's) gescheiden. Door extracellulaire mitochondriën alleen toe te dienen aan de netwerken van PCN's, observeerden we hun transport naar de cellichamen. Deze bevinding benadrukt een potentiële klinische toepassing: mitochondriën kunnen perifeer worden



toegediend om centrale compartimenten te repareren, mits enkele axonale verbindingen intact en onbeschadigd blijven.

Vrije mitochondriën zijn niet de enige vorm van extracellulaire mitochondriën die door donorcellen worden vrijgegeven. Ze kunnen ook worden ingekapseld in lipidemembraanstructuren, EV's genaamd. EV's bevatten niet alleen functioneel intacte mitochondriën, maar ook mitochondriale componenten, waaronder eiwitten en nucleïnezuuren. De detectie van veranderingen in mitochondriale inhoud in EV's biedt inzichten in de cellulaire gezondheid en kan mogelijk dienen als biomarker voor het diagnosticeren en monitoren van ziektes.

Wij richtten ons vervolgens op de proteomische analyse van EV's afkomstig van neurale progenitorcellen (NPC's) van een patiënt met een *presenilin 1* (*PSEN1*)  $\Delta E9$ -mutatie, een mutatie die verband houdt met de familiale variant van de ziekte van Alzheimer (AD). Door de eiwitinhoud in EV's te analyseren, identificeerden we verschillende eiwitten die verhoogd waren in AD EV's in vergelijking met isogene EV's, complement factor (CFB), proteïn tyrosine fosfatase receptor type C (PTPRC), pregnancy zone proteïn (PZP), alkaline fosfatase (ALPL), lysyl oxidase-like 4 (LOXL4), inter-alpha-trypsin inhibitor heavy chain 5 (ITIH5), alpha-2-antiplasmin (SERPINF2), periostin (POSTN), apolipoproteïn C-III (APOC3), en transferrin (TF). De opregulatie van deze eiwitten duidt op de betrokkenheid van neuro-inflammatie, extracellulaire matrix (ECM)-remodellering, lipidenmetabolisme en ijzermetabolisme bij de pathogenese van AD.

Met een speciale focus op mitochondriale eiwitten ontdekten we dat de verhoogde eiwitten in AD EV's voornamelijk afkomstig waren uit de mitochondriale matrix, terwijl de verhoogde eiwitten in isogene EV's voornamelijk afkomstig waren van mitochondriale membranen. Bovendien vertoonden AD NPC's een verminderde mitochondriale functie in vergelijking met isogene NPC's. De inkapseling van mitochondriale matrixeiwitten in EV's weerspiegelt een poging om mitochondriale disfunctie te controleren. Deze EV's kunnen mogelijk stresssignalen verspreiden, wat bijdraagt aan de verspreiding van mitochondriale disfunctie en cellulaire schade in ontvangende cellen.

Mitochondriën worden uitgescheiden ongeacht de aanwezigheid of afwezigheid van membranen, maar tubulaire structuren functioneren wel als snelwegen voor het transport van mitochondriën tussen cellen. We richtten ons vervolgens op het begrijpen van de biologische rol van mitochondriaal transport via deze tubulaire structuren. Door twee celtypen samen te kweken, toonden we aan dat neuronale mitochondriën via cytoplasmatische extensies naar glioblastoma (GBM)-cellen kunnen worden overgedragen, een van de meest kwaadaardige hersentumoren.

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De overgedragen mitochondriën van neuronen bleken de proliferatie en mitochondriale ademhaling van kankercellen te verminderen. Met behulp van transwell-inserts om de vorming van tunneling nanotubes (TNT's) en tumor microtubes (TM's) te voorkomen, toonden we aan dat mitochondria-overdracht van neuronen naar GBM's voornamelijk afhankelijk is van de vorming van tubulaire structuren. Onze studie biedt nieuwe inzichten in de overlevingsstrategie van tumoren in de hersenen: mitochondriën stelen van neuronen, de meest voorkomende hersencellen, aan de hand van complexe tubulaire netwerken.

Samenvattend onderzochten we drie verschillende mechanismen van mitochondriale overdracht: vrije mitochondriën, EV's en tubulaire structuren. Onze bevindingen demonstreren het biologische belang van mitochondriale overdracht in de hersenen, met rollen in neuroprotectie, moleculaire biomarkerontdekking en tumorfacilitatie. De functionele resultaten van mitochondriale overdracht zijn afhankelijk van de bron van de mitochondriën. Gezonde donorcellen leveren mitochondriën die beschadigde cellen kunnen redden van celdood of tumor-groei kunnen bevorderen. Daarentegen scheiden cellen onder fysiologische omstandigheden mitochondriale fracties uit als onderdeel van een stressresponsmechanisme, waarbij beschadigde componenten worden uitgescheiden om intracellulaire disfunctie te verminderen.

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# Acknowledgement

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First, I want to thank myself. This journey was far from easy, but I'm proud of how far I've come and all that I've experienced along the way. I started during the COVID period—when everything was shut down and uncertain—immediately diving into an online animal course while adjusting to a new lab. It wasn't an ideal start, but after a month, I began lab work, slowly getting to know people despite restrictions. Though I was shy at first, surrounded by open-minded people and supportive environment soon made me feel at home. I loved every project I worked on, even when I faced failure most of the time. Each challenge taught me something valuable, and learning to navigate them gave me some of the best moments of my PhD. I once thought reaching the end of my PhD would bring only relief and sense of achievement, but now I find myself cherishing every moment from these past four years. Even the difficulties, though tough, feel precious in hindsight.

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#competitive#acceptit#alright

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笨拙得连球都接不到，到后来能够打出漂亮的高球，这一切都离不开你的耐心指导和满满的鼓励。你的专业和对工作的认真态度一直是我的榜样，你总是以最饱满的状态面对每一个挑战，这种坚持与专注深深地鼓舞着我，让我不断提醒自己要更努力、更自信。未来无论我们身在何方，我都会为你加油，为你祝福。愿你的一切都如你所愿，生活幸福美满，也愿你和樟平师兄未来携手同行，平安顺遂，永远幸福！

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enthusiasm on Karaoke. **晓宇**, 虽然我们认识的时间不算长, 但你的沉稳大气和优秀的性格给我留下了深刻的印象。祝你一切顺利, 无论是生活还是事业, 都能心想事成! **琪雯**, 很高兴认识你。你是一个善良可爱的小女生。祝你在未来的 PhD 顺利顺利。Due to the limitation of space, I also would like to express my thanks to **乐珊, 诗蕾, Barbro, Ayha, Pien, Rosa, Sara, Tiago, Gwenda, Habibie, Nadka, Chiara, Hoeke, Annet, Hoeke, Klaske, Iris, Manon, Hennrique, Nancy, Ana Lau, Maria, and Vicky.**

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## Friends and Family

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## About the author

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Tingting Chen (陈婷婷) was born on May 31st, 1995, in Mianyang City, Sichuan Province, China.

In 2013, she earned her bachelor's degree in veterinary medicine from Southwest University, China.

Driven by a strong passion for science, she pursued her master's degree at the same university under the guidance of Prof. Rendong Fang. She completed her master's degree in 2020, specializing in Preventive Veterinary Medicine. Her master's research primarily focused on the impact of foodborne pathogens on public health, with additional interests in bacterial infections and host defense mechanisms.



In 2021, Tingting began her Ph.D. studies at the University of Groningen, in the Department of Molecular Pharmacology, the Netherlands, under the supervision of Prof. Amalia Dolga and Prof. Ulrich Eisel. Her Ph.D. research focuses on investigating the role of extracellular mitochondria in neuroscience.

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# List of publications

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## During PhD study

1. **Chen, T.**, Majerníková, N., Marmolejo-Garza, A., Trombetta-Lima, M., Sabogal-Guáqueta, A. M., Zhang, Y., Ten Kate, R., Zuidema, M., Mulder, P. P. M. F. A., den Dunnen, W., Gosens, R., Verpoorte, E., Culmsee, C., Eisel, U. L. M., & Dolga, A. M. (2023). Mitochondrial transplantation rescues neuronal cells from ferroptosis. *Free radical biology & medicine*, 208, 62–72. <https://doi.org/10.1016/j.freeradbiomed.2023.07.034>
2. Sanghvi, S., Sridharan, D., Evans, P., Dougherty, J., Szteyn, K., Gabrilovich, D., Dyta, M., Weist, J., Pierre, S. V., Gururaja Rao, S., Halm, D. R., **Chen, T.**, Athanasopoulos, P. S., Dolga, A. M., Yu, L., Khan, M., & Singh, H. (2025). Functional large-conductance calcium and voltage-gated potassium channels in extracellular vesicles act as gatekeepers of structural and functional integrity. *Nature Comm.*, 2025,01. <https://www.nature.com/articles/s41467-024-55379-4#citeas>
3. D. Chen, C. Zhao, J. Zhang, C. W. J. Knol, A. Osipyan, N. Majerníková, **T. Chen**, Z. Xiao, J. Adriana, A. J. Griffith, A. S. Gamez, P. E. van der Wouden, R. P. Coppes, A. M. Dolga, H. J. Haisma, F. J. Dekker (2024). Small Molecule MIF Modulation Enhances Ferroptosis by Impairing DNA Repair Mechanisms. *Adv. Sci.*, 11, 2403963. <https://doi.org/10.1002/advs.202403963>
4. Zhang, Y., Shaabani, S., Vowinkel, K., Trombetta-Lima, M., Sabogal-Guáqueta, A. M., **Chen, T.**, Hoekstra, J., Lembeck, J., Schmidt, M., Decher, N., Dömling, A., & Dolga, A. M. (2024). Novel SK channel positive modulators prevent ferroptosis and excitotoxicity in neuronal cells. *Biomedicine & pharmacotherapy*. 2024, 171, 116163. <https://pubmed.ncbi.nlm.nih.gov/38242037/>



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6. Ortí-Casañ, N., Boerema, A. S., Köpke, K., Ebskamp, A., Keijser, J., Zhang, Y., **Chen, T.**, Dolga, A. M., Broersen, K., Fischer, R., Pfizenmaier, K., Kontermann, R. E., & Eisel, U. L. M. (2023). The TNFR1 antagonist Atrosimab reduces neuronal loss, glial activation and memory deficits in an acute mouse model of neurodegeneration. *Scientific reports*, 13(1), 10622. <https://doi.org/10.1038/s41598-023-36846-2>
7. de Ávila Narciso Gomes, R., Marmolejo-Garza, A., Haan, F. J., García, T. M., Chen, T., Mauthe, M., Moreira Franco Parisotto, Y. E., Murakami, M. M., Jr, Marie, S. K. N., Baptista, M. S., Dolga, A. M., & Trombetta-Lima, M. (2023). Mitochondrial dysfunction mediates neuronal cell response to DMMB photodynamic therapy. *Biochimica et biophysica acta. Molecular cell research*, 1870(3), 119429. <https://doi.org/10.1016/j.bbamcr.2022.119429>

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1. **Chen T**, Jiang J, Ye C, Xie J, Chen X, Xu D, Zeng Z, Peng Y, Hu DL, Fang R: Genotypic characterization and antimicrobial resistance profile of Salmonella isolated from chicken, pork and the environment at abattoirs and supermarkets in Chongqing, China. *BMC Vet Res.* 2019;15(1):456
2. Feng S, **Chen T**, Lei G, Jiang J, Peng Y, Fang R: The research progress in the regulation of intestinal flora by inflammasome - A review. *Chinese Journal of Preventive Veterinary Medicine* 2018,40(10):971-975 (in Chinese, share first author).
3. Feng S, **Chen T**, Lei G, Hou F, Jiang J, Huang Q, Peng Y, Ye C, Hu DL, Fang R: Absent in melanoma 2 inflammasome is required for host defence against *Streptococcus pneumoniae* infection. *Innate immunity* 2019, 25(7):412-419. (share first author)
4. Zhang T, Du H, Feng S, Wu R, **Chen T**, Jiang J, Peng Y, Ye C, Fang R: NLRP3/ASC/Caspase-1 axis and serine protease activity are involved in neutrophil IL-1 $\beta$  processing during *Streptococcus pneumoniae* infection. *Biochemical and biophysical research communications* 2019, 513(3):675-680.
5. Feng S, Huang Q, Ye C, Wu R, Lei G, Jiang J, **Chen T**, Peng Y, Fang R: Syk and JNK signaling pathways are involved in inflammasome activation in macrophages infected with *Streptococcus pneumoniae*. *Biochemical and biophysical research communications* 2018, 507(1-4):217-222.
6. Ye C, Huang Q, **Chen T**, Jiang J, Hou F, Xu D, Peng Y, Fang R, Chen J: First detection and genotypic analysis of goat enzootic nasal tumor virus 2 in Chongqing, China. *Archives of virology* 2019, 164(6):1647-1650.
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9. Xu D, Wu X, Peng L, **Chen T**, Huang Q, Wang Y, Ye C, Peng, Y, Hu, D, & Fang R. The Critical Role of NLRP6 Inflammasome in *Streptococcus pneumoniae* Infection In Vitro and In Vivo. *International journal of molecular sciences*, 2021, 22(8), 3876.

10. Peng L, Jiang J, **Chen T**, et al. Toxic Shock Syndrome Toxin 1 Induces Immune Response via the Activation of NLRP3 Inflammasome. *Toxins (Basel)*. 2021;13(1):68.

## Awards and conferences

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1. 2024 Targeting Mitochondria Best Poster Presentation Awards
2. 2022 BCN Winter Meeting Poster Prize
3. 2024 Second World Congress Targeting Extracellular Vesicles (Oral Presentation)
4. 2023 Dutch Neuroscience meeting (Poster Presentation)
5. 2024 Dutch Pharmacological Society Spring Meeting (Oral Presentation)
6. 2023 The Netherlands Society for Extracellular Vesicles (NLSEV) (Poster Presentation)
7. 2023 Ferroptosis: When metabolism meets cell death (Poster Presentation)
8. 2022 AD/PD meeting (Poster Presentation)
9. 2021 Dutch Medicines Days (Poster Presentation)



# THE SECRET LIFE OF MITOCHONDRIA

