

## University of Groningen

### Staying on track

Stoter, Inge

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# **STAYING ON TRACK**

The road to elite performance in  
1500m speed skating.

Inge Stoter



See also the three minute animated video about this dissertation on

[www.stayingontrack.nl](http://www.stayingontrack.nl)

Research presented in this thesis has been conducted at the Center of Human Movement Sciences, part of the University Medical Center Groningen, University of Groningen, the Netherlands.

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university of  
 groningen

# Staying on track

The road to elite performance in 1500m speed skating

## PhD thesis

to obtain the degree of PhD at the  
 University of Groningen  
 on the authority of the  
 Rector Magnificus Prof. C. Wijmenga  
 and in accordance with  
 the decision by the College of Deans.

This thesis will be defended in public on

Monday 2 March 2020 at 14.30 hours

by

**Inge Klasina Stoter**

born on 5 November 1987  
 in Eindhoven

**Supervisors**

Dr. M.T. Elferink-Gemser

Prof. C. Visscher

Prof. F.J. Hettinga

**Assessment Committee**

Prof. K.A.P.M. Lemmink

Prof. G.J.P. Savelsbergh

Prof. R.P. Lamberts

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