University of Groningen

Fighting fears by facing fears

de Jong, Rachel

DOI:
[10.33612/diss.190532225](https://doi.org/10.33612/diss.190532225)

IMPORTANT NOTE: You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.

Document Version
Publisher's PDF, also known as Version of record

Publication date:
2021

[Link to publication in University of Groningen/UMCG research database](#)

Citation for published version (APA):
de Jong, R. (2021). *Fighting fears by facing fears: towards improved exposure-based treatment for childhood anxiety disorders*. [Thesis fully internal (DIV), University of Groningen]. University of Groningen. <https://doi.org/10.33612/diss.190532225>

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FIGHTING FEARS BY FACING FEARS

Towards improved exposure-based treatment for childhood anxiety disorders

Rachel de Jong

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Fighting fears by facing fears: Towards improved exposure-based treatment for childhood anxiety disorders

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Provided by thesis specialist Ridderprint, ridderprint.nl

Printing: Ridderprint

Layout and design: Jesse Haaksman, persoonlijkproefschrift.nl

Cover illustration: Roos Heijerman

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Fighting fears by facing fears

Towards improved exposure-based treatment for childhood anxiety disorders

Proefschrift

ter verkrijging van de graad van doctor aan de
Rijksuniversiteit Groningen
op gezag van de
rector magnificus prof. dr. C. Wijmenga
en volgens besluit van het College voor Promoties.

De openbare verdediging zal plaatsvinden op

donderdag 11 november 2021 om 16:15 uur

door

Rachel de Jong

geboren op 3 mei 1991
te Ermelo

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