University of Groningen

'More at Home with Dementia' Effects of psychosocial interventions in the community and in nursing homes

Birkenhäger-Gillesse, Betty

DOI:
[10.33612/diss.182763262](https://doi.org/10.33612/diss.182763262)

IMPORTANT NOTE: You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.

Document Version
Publisher's PDF, also known as Version of record

Publication date:
2021

[Link to publication in University of Groningen/UMCG research database](#)

Citation for published version (APA):

Birkenhäger-Gillesse, B. (2021). *'More at Home with Dementia' Effects of psychosocial interventions in the community and in nursing homes*. [Thesis fully internal (DIV), University of Groningen]. University of Groningen. <https://doi.org/10.33612/diss.182763262>

Copyright

Other than for strictly personal use, it is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license (like Creative Commons).

The publication may also be distributed here under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license. More information can be found on the University of Groningen website: <https://www.rug.nl/library/open-access/self-archiving-pure/taverne-amendment>.

Take-down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

Downloaded from the University of Groningen/UMCG research database (Pure): <http://www.rug.nl/research/portal>. For technical reasons the number of authors shown on this cover page is limited to 10 maximum.

**‘More at Home with Dementia’
Effects of psychosocial interventions
in the community and in nursing homes**

Betty Birkenhäger - Gillesse

'More at Home with Dementia'

**Effects of psychosocial interventions in
the community and in nursing homes**

Betty Birkenhäger-Gillesse

The study of the effect of the 'More at Home with Dementia' intervention was funded by a grant of the ZonMw program Memorabel, project number 733050601. Part of this grant was provided for by 'Alzheimer Nederland'. ZonMw is the governmental Netherlands organization for health research and development. The study was also funded by the THEIA foundation of Zilveren Kruis health insurance and by Laurens Care Centers, Rotterdam, the Netherlands.

Painting cover	James Coates, Old Couple Walking
Layout	Renate Siebes Proefschrift.nu
Proofreading	Dr. Robert Sykes
Printed by	ProefschriftMaken Proefschriftmaken.nl

© 2021 **Betty Birkenhäger-Gillesse**

All rights reserved. No part of this thesis may be reproduced, stored or transmitted in any form or by any means, without prior permission of the author, or, when applicable, of the publishers of the scientific papers.

rijksuniversiteit
 groningen

‘More at Home with Dementia’ Effects of psychosocial interventions in the community and in nursing homes

Proefschrift

ter verkrijging van de graad van doctor aan de
Rijksuniversiteit Groningen
op gezag van de
rector magnificus prof. dr. C. Wijmenga
en volgens besluit van het College voor Promoties.

De openbare verdediging zal plaatsvinden op

woensdag 27 oktober 2021 om 11:00 uur

door

Elizabeth Gertrude Gillesse

geboren op 23 augustus 1959
te Grand Rapids, Verenigde Staten

Promotores

Prof. dr. S.U. Zuidema

Prof. dr. W.P. Achterberg

Copromotor

Dr. S.I.M. Janus

Beoordelingscommissie

Prof. dr. E.J. Finnema

Prof. dr. M.Y. Berger

Prof. dr. D.L. Gerritsen

Contents

Chapter 1	General introduction	7
------------------	----------------------	----------

PART 1

Chapter 2	Study protocol of the more at home with dementia program. The effects of training of caregivers of people with dementia on the well-being of the caregiver and the person with dementia, a randomised controlled study.	21
Chapter 3	Caregiver dementia training in caregiver-patient dyads: Process evaluation of a randomised controlled study	39
Chapter 4	Effects of caregiver dementia training in caregiver–patient dyads: A randomized controlled study Letter in response to “Effects of Caregiver Dementia Training in Caregiver–Patient Dyads”	59
Chapter 5	Cost-effectiveness of dementia training for caregivers in caregiver-patient dyads: A randomized controlled study	85
Chapter 6	Effects of caregiver dementia training in caregiver–patient dyads on psychotropic drug prescription: A randomized controlled study	105

PART 2

Chapter 7	Effects of psychosocial interventions for behavioral and psychological symptoms in dementia on the prescription of psychotropic drugs: A systematic review and meta-analyses	119
Chapter 8	General discussion	143
Chapter 9	Summary	165
	Samenvatting	170
	Dankwoord	177
	Curriculum vitae	189
	Publications	191
	Recent theses Research Institute SHARE	195