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Towards dietary assessment and interventions for patients with Inflammatory Bowel Disease

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Towards dietary assessment and interventions for patients with Inflammatory Bowel Disease

Vera Peters

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Cover picture: when preparing for my MD-PhD application, I got across this quote of Hippocrates: “Leave your drugs in the chemist’s pot if you can cure the patient with food”. I got mesmerized by it because it fitted my view on chronic diseases and nutrition perfectly, it still does. It feels symbolic to not only have started but also to finish my PhD with this quote. The vase represents this chemist’s pot of Hippocrates. The inside of the vase can be seen as a silhouette of a body of which one should take care with proper nutrition. The quote zickzacks as does the digestive system.

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