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Improving quality of maternal and perinatal care in rural Tanzania

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**Safe Motherhood:
IMPROVING QUALITY OF MATERNAL AND
PERINATAL CARE IN RURAL TANZANIA**

Rob Mooij

Thesis, Rijksuniversiteit Groningen, The Netherlands.

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university of
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Improving quality of maternal and perinatal care in rural Tanzania

Safe Motherhood

PhD thesis

to obtain the degree of PhD at the
University of Groningen
on the authority of the
Rector Magnificus Prof. C. Wijmenga
and in accordance with
the decision by the College of Deans.

This thesis will be defended in public on

Wednesday 16 September 2020 at 9.00 hours

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TO ALL THE STRONG WOMEN OF TANZANIA

Kwa kweli kwa upande wa ushauri, lakini sasa kwa ile hali tu ya kawaida, kwa sababu nipo kwenye ndoa na kwenye ndoa kuna shida, sana kitu ambacho tulikuwa tunahangaikia ni mtoto kwangu mimi mwenyewe nilikuwa na hamu na mtoto na nilivyoambiwa kwamba nisijifungue moja kwa moja ilikuwa ni mtihani kwangu nilikubali kwa sababu wao ni madaktari wanajua na wana sababu za msingi kwaolakini sasa nilienda ki nyume si kihospital bali ni ki imani nikachukua hatua nikamwomba mungu nikalishirikisha kwa watumishi wangu wakanisaidia kimaombi nikalitegemeza mbele ya mungu na nikasema acha nijaribu, sababu watumishi nao walisimama wakaniombea na kitu kingine tunamwamini mungukwa kila kitu nikasema acha nijaribu kama ni makusudi ya mungu kuapata mtoto nitapata, kwa hiyo nilifanya kwa imani tu kwamba nifanye.

I received that advice, but the reality is, I am married, and inside a marriage we need a child and apart from that, I also wanted a child. I have been waiting for a baby for long. When they [the doctors] told me that I am not allowed to get pregnant directly, it was a very big challenge for me, although I accepted their advice because they were doctors and they know what they mean, I decided to go against it, because I am a human being and I have a child wish. So I made the decision to deal with faith, I prayed to God and I told my pastors and they helped me to pray together, I brought my problem to God and I said let me try because I am praying and also my pastors were praying for me. Besides, we have faith, I trust in God and I hope maybe he will help me. So I thought, if I am trying to get a baby, I will just do it with faith.

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